

NH Indoor Track League
Phillips Exeter Academy
Thompson Field House - 12/15/2021
Results

Event 1 Girls 1 Mile Run

| Name | Year | School | Finals | | |
|-----------------------|---------------------|-------------------|-------------------|-------------------|--|
| Finals | | | | | |
| 1 Tsai, Anika | 12 | Phillips Exeter | 6:07.57 | | |
| | 42.739 (42.739) | 1:25.933 (43.194) | 2:11.819 (45.886) | 2:59.195 (47.376) | |
| | 3:47.057 (47.862) | 4:35.819 (48.762) | 5:23.889 (48.070) | 6:07.561 (43.672) | |
| 2 Dwyer, Olivia | 11 | Sanborn Regional | 6:21.22 | | |
| | 44.151 (44.151) | 1:29.977 (45.826) | 2:17.725 (47.748) | 3:06.811 (49.086) | |
| | 4:44.245 (1:37.434) | 5:34.465 (50.220) | 6:21.215 (46.750) | 6:21.215 (0.000) | |
| 3 Aslani-Fair, Audrey | 12 | Phillips Exeter | 6:46.78 | | |
| | 44.446 (44.446) | 1:31.079 (46.633) | 2:21.291 (50.212) | 3:14.261 (52.970) | |
| | 4:08.365 (54.104) | 5:03.561 (55.196) | 5:58.155 (54.594) | 6:46.775 (48.620) | |

Event 3 Girls 55 Meter Hurdles

| Name | Year | School | Finals |
|----------------------|------|-----------------|--------|
| 1 Cousins, Charlotte | 12 | Oyster River | 8.98 |
| 2 Fontenot, Kirstin | 12 | Phillips Exeter | 10.15 |
| 3 Daniels, Ella | 12 | Oyster River | 10.44 |

Event 5 Girls 55 Meter Dash

| Name | Year | School | Finals | H# |
|----------------------------|------|--------------------|--------|---------|
| 1 Ajufo, Ifeoma | 12 | Phillips Exeter | 7.91 | 1 |
| 2 Kniestedt, Emilia | 10 | Phillips Exeter | 8.29 | 1 |
| 3 Scopel, Maia | 12 | Oyster River | 8.34 | 1 |
| 4 Clayton, Kahliyah | 10 | Phillips Exeter | 8.46 | 1 8.452 |
| 5 Glew, Kylie | 12 | Oyster River | 8.46 | 3 8.457 |
| 6 McClave, Cee | 10 | Phillips Exeter | 8.57 | 1 |
| 7 Ng, Hei Man(Jolie) | 11 | Phillips Exeter | 8.62 | 2 |
| 8 Szul, Zuzanna | 10 | Phillips Exeter | 8.79 | 2 |
| 9 Basu, Indrani | 12 | Phillips Exeter | 8.80 | 3 |
| 10 Gallagher, Sarah | 10 | Oyster River | 8.82 | 2 |
| 11 Dulin, Elie | 10 | Oyster River | 8.88 | 2 |
| 12 Deora, Naisha | 12 | Phillips Exeter | 8.91 | 1 |
| 13 Henriques, Mia | 11 | St. Thomas Aquinas | 8.99 | 1 |
| 14 Zhang, Nainwen(Alaysha) | 10 | Phillips Exeter | 9.13 | 2 |
| 15 Thompson, Ming | 11 | Phillips Exeter | 9.30 | 2 |
| 16 Fotin, Maria | 9 | Phillips Exeter | 9.61 | 3 |
| 17 Turnbull, Erin | 10 | Oyster River | 9.66 | 3 |
| 18 Previn, Lucy | 9 | Phillips Exeter | 9.72 | 3 |
| -- Lesiczka, Hannah | 9 | Sanborn Regional | DNS | 2 |
| -- Maguire, Jannah | 9 | Phillips Exeter | DNS | 1 |
| -- Morin, Lindsey | 9 | Oyster River | DNS | 2 |

Event 7 Girls 600 Meter Run

| Name | Year | School | Finals | H# |
|------------------|-----------------|-------------------|-------------------|----|
| 1 Ivanova, Daria | 10 | Phillips Exeter | 1:46.90 | 2 |
| | 33.890 (33.890) | 1:09.628 (35.738) | 1:46.894 (37.266) | |

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....Event 7 Girls 600 Meter Run

| | | | |
|----------------------|-----------------------|-------------------|----------------|
| 2 Burrus, Kate | 10 St. Thomas Aquinas | 1:47.05 | 2 |
| 33.660 (33.660) | 1:10.022 (36.362) | 1:47.044 (37.022) | |
| 3 Flowers, Kaitlyn | 12 Phillips Exeter | 1:51.47 | 2 |
| 36.246 (36.246) | 1:13.432 (37.186) | 1:51.470 (38.038) | |
| 4 Banafato, Talia | 10 Oyster River | 1:52.29 | 2 |
| 34.930 (34.930) | 1:12.698 (37.768) | 1:52.288 (39.590) | |
| 5 Murat, Alexa (Ale) | 12 Phillips Exeter | 1:59.95 | 1 |
| 33.774 (33.774) | 1:13.022 (39.248) | 1:59.950 (46.928) | |
| 6 Albertelli, Kate | 12 St. Thomas Aquinas | 2:12.05 | 2 |
| 37.914 (37.914) | 1:21.278 (43.364) | 2:12.048 (50.770) | |
| 7 Avilova, Phil | 11 Phillips Exeter | 2:12.86 | 1 |
| 38.614 (38.614) | 1:24.718 (46.104) | 2:12.858 (48.140) | |
| 8 Rockwell, Julia | 9 Sanborn Regional | 2:21.29 | 1 |
| 40.326 (40.326) | 1:28.668 (48.342) | 2:21.284 (52.616) | |
| -- Toye, Addie | 10 Oyster River | DQ | 2 Cut in Early |
| 35.328 (35.328) | 1:14.226 (38.898) | 1:55.590 (41.364) | |

Event 9 Girls 4x200 Meter Relay

| School | Finals | | |
|----------------------|-------------------|-------------------|-------------------|
| 1 St. Thomas Aquinas | | 2:07.04 | |
| 29.449 (29.449) | 1:02.315 (32.866) | 1:36.657 (34.342) | 2:07.031 (30.374) |
| 2 Oyster River | | 2:07.77 | |
| 26.551 (26.551) | 1:01.809 (35.258) | 1:35.693 (33.884) | 2:07.767 (32.074) |
| 3 Sanborn Regional | | 2:14.68 | |
| 35.211 (35.211) | 1:09.653 (34.442) | 1:42.309 (32.656) | 2:14.673 (32.364) |

Event 11 Girls 2 Mile Run

| Name | Year School | Finals | | |
|--------------------|--------------------|--------------------|--------------------|--|
| 1 Cook, Mackenzie | 9 Oyster River | 11:47.23 | | |
| 43.236 (43.236) | 1:25.690 (42.454) | 2:10.488 (44.798) | 2:52.916 (42.428) | |
| 3:37.546 (44.630) | 4:23.736 (46.190) | 5:09.520 (45.784) | 5:54.490 (44.970) | |
| 6:40.130 (45.640) | 7:25.598 (45.468) | 8:11.132 (45.534) | 8:55.854 (44.722) | |
| 9:40.296 (44.442) | 10:24.658 (44.362) | 11:07.762 (43.104) | 11:47.228 (39.466) | |
| 2 Kavanagh, Haley | 9 Oyster River | 11:47.70 | | |
| 43.572 (43.572) | 1:26.106 (42.534) | 2:10.982 (44.876) | 2:53.336 (42.354) | |
| 3:38.010 (44.674) | 4:24.194 (46.184) | 5:09.950 (45.756) | 5:55.026 (45.076) | |
| 6:40.572 (45.546) | 7:26.176 (45.604) | 8:11.530 (45.354) | 8:56.222 (44.692) | |
| 9:40.860 (44.638) | 10:25.572 (44.712) | 11:09.154 (43.582) | 11:47.696 (38.542) | |
| 3 Finelli, Annika | 10 Phillips Exeter | 13:30.75 | | |
| 44.360 (44.360) | 1:29.154 (44.794) | 2:17.634 (48.480) | 3:05.968 (48.334) | |
| 3:55.256 (49.288) | 4:44.602 (49.346) | 5:35.478 (50.876) | 6:27.082 (51.604) | |
| 7:19.518 (52.436) | 8:12.058 (52.540) | 9:04.056 (51.998) | 9:58.430 (54.374) | |
| 10:52.292 (53.862) | 11:45.624 (53.332) | 12:37.422 (51.798) | 13:30.746 (53.324) | |

Event 13 Girls 300 Meter Dash

| Name | Year School | Finals | H# |
|---------------------|--------------------|--------|----|
| 1 Ajufo, Ifeoma | 12 Phillips Exeter | 46.27 | 1 |
| 2 Fontenot, Kirstin | 12 Phillips Exeter | 47.53 | 3 |

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| | | | | | |
|----|-------------------------|----|--------------------|---------|---|
| 3 | Kniestedt, Emilia | 10 | Phillips Exeter | 48.72 | 1 |
| 4 | Scopel, Maia | 12 | Oyster River | 49.22 | 1 |
| 5 | Szul, Zuzanna | 10 | Phillips Exeter | 50.48 | 3 |
| 6 | Hennessey, Kaylin | 11 | St. Thomas Aquinas | 50.62 | 2 |
| 7 | Glew, Kylie | 12 | Oyster River | 50.92 | 1 |
| 8 | Ng, Hei Man(Jolie) | 11 | Phillips Exeter | 50.99 | 3 |
| 9 | O'Connor, Brigid | 11 | St. Thomas Aquinas | 51.20 | 1 |
| 10 | Albertelli, Kate | 12 | St. Thomas Aquinas | 53.20 | 2 |
| 11 | Thompson, Ming | 11 | Phillips Exeter | 53.48 | 2 |
| 12 | Basu, Indrani | 12 | Phillips Exeter | 53.57 | 3 |
| 13 | Zhang, Nainwen(Alaysha) | 10 | Phillips Exeter | 53.74 | 2 |
| 14 | Fotin, Maria | 9 | Phillips Exeter | 56.14 | 3 |
| 15 | Wright, Emily | 12 | St. Thomas Aquinas | 57.10 | 4 |
| 16 | Stasko, Hazel | 10 | Oyster River | 58.01 | 4 |
| 17 | Previn, Lucy | 9 | Phillips Exeter | 59.30 | 3 |
| 18 | Andrews, Sydney | 10 | St. Thomas Aquinas | 1:00.21 | 4 |
| -- | McClave, Cee | 10 | Phillips Exeter | DNS | 2 |
| -- | Maguire, Jannah | 9 | Phillips Exeter | DNS | 2 |
| -- | Lesiczka, Hannah | 9 | Sanborn Regional | DNS | 4 |
| -- | Deora, Naisha | 12 | Phillips Exeter | DNS | 1 |

Event 15 Girls 1000 Meter Run

| Name | Year | School | Finals | |
|------|---------------------|-------------------|---------------------|---------------------|
| 1 | Carty, Erin | 10 | Oyster River | 3:19.99 |
| | 34.457 (34.457) | 1:13.873 (39.416) | 1:57.451 (43.578) | 2:40.763 (43.312) |
| | 3:19.989 (39.226) | | | |
| 2 | Green, Sophia | 11 | Phillips Exeter | 3:30.45 |
| | 35.917 (35.917) | 1:16.701 (40.784) | 2:01.171 (44.470) | 2:47.517 (46.346) |
| | 3:30.443 (42.926) | | | |
| 3 | Brown, Tessa | 10 | Oyster River | 3:39.85 |
| | 36.447 (36.447) | 1:18.155 (41.708) | 2:04.231 (46.076) | 2:52.157 (47.926) |
| | 3:39.845 (47.688) | | | |
| 4 | McNulty, Kati | 10 | Sanborn Regional | 4:12.63 |
| | 41.191 (41.191) | 1:29.949 (48.758) | 2:24.783 (54.834) | 3:21.367 (56.584) |
| | 4:12.629 (51.262) | | | |
| 5 | Parisi, Isabella | 10 | St. Thomas Aquinas | 4:27.49 |
| | 44.147 (44.147) | 1:37.077 (52.930) | 2:36.193 (59.116) | 3:35.459 (59.266) |
| | 4:27.481 (52.022) | | | |
| 6 | Gross, Sophie | 12 | St. Thomas Aquinas | 4:50.79 |
| | 46.927 (46.927) | 1:42.931 (56.004) | 2:44.565 (1:01.634) | 3:48.093 (1:03.528) |
| | 4:50.783 (1:02.690) | | | |

Event 17 Girls 4x400 Meter Relay

| School | Finals | | | |
|--------|---------------------|---------------------|---------------------|---------------------|
| 1 | Oyster River | 4:50.34 | | |
| | 1:11.164 (1:11.164) | 2:24.466 (1:13.302) | 3:38.804 (1:14.338) | 4:50.334 (1:11.530) |
| 2 | St. Thomas Aquinas | 5:25.36 | | |
| | 1:25.034 (1:25.034) | 2:42.850 (1:17.816) | 4:16.016 (1:33.166) | 5:25.354 (1:09.338) |

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Event 19 Girls Pole Vault

| Name | Year School | Finals |
|---|-----------------------|---------|
| 1 Hennessey, Kaylin 5-00 5-06 O XXX | 11 St. Thomas Aquinas | 5-00.00 |

Event 21 Girls High Jump

| Name | Year School | Finals |
|--|---------------------|---------|
| 1 McClave, Cee 3-10 4-00 4-02 4-04 4-06 P P XO O XXX | 10 Phillips Exeter | 4-04.00 |
| 2 Maguire, Jannah 3-10 4-00 4-02 4-04 XO XO XXO XXX | 9 Phillips Exeter | 4-02.00 |
| -- Alley-Violette, Abhi 3-10 XXX | 10 Sanborn Regional | NH |
| -- Uwakwe, Catherine | 12 Phillips Exeter | DNS |

Event 23 Girls Long Jump

| Name | Year School | Finals |
|---|---------------------|----------|
| 1 Ajufo, Ifeoma FOUL 14-03.25 13-02.50 14-02.75 | 12 Phillips Exeter | 14-03.25 |
| 2 Deora, Naisha FOUL 13-08.50 FOUL 12-11.50 | 12 Phillips Exeter | 13-08.50 |
| 3 Tomany, Hanna FOUL 11-01.75 11-05.50 11-01.50 | 9 Sanborn Regional | 11-05.50 |
| 4 Alley-Violette, Abhi 11-04.25 11-03.25 10-04.25 11-02.25 | 10 Sanborn Regional | 11-04.25 |
| 5 Ng, Hei Man(Jolie) FOUL FOUL 8-11.25 FOUL | 11 Phillips Exeter | 8-11.25 |
| -- Cousins, Charlotte | 12 Oyster River | DNS |

Event 25 Girls Shot Put

| Name | Year School | Finals |
|---|-----------------------|----------|
| 1 Hastings, Avery 30-09 31-00 31-07.50 31-02.50 32-02 32-06 | 12 Phillips Exeter | 32-06.00 |
| 2 Fernandez, Sophie 25-04.25 26-05.50 25-07.25 24-06.50 25-06 25-07 | 12 Phillips Exeter | 26-05.50 |
| 3 Chesbro, Paige 24-02 FOUL 26-02.50 25-10 23-09.75 24-07 | 10 Sanborn Regional | 26-02.50 |
| 4 Coffey, Ava 24-04 23-04.50 25-03.50 23-08 23-11 25-05.25 | 12 St. Thomas Aquinas | 25-05.25 |
| 5 Serdar-Espinosa, Andrew 24-10.75 25-01.75 24-10.25 22-02 21-09.50 23-03.50 | 11 Phillips Exeter | 25-01.75 |
| 6 Deora, Krisha 20-07 22-09.50 21-11.50 22-00.50 18-03 24-07.25 | 12 Phillips Exeter | 24-07.25 |

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....Event 25 Girls Shot Put

| | | | | |
|----|-------------------------|----------------|------------------|----------|
| 7 | Lucas, Abbie | 11 | Sanborn Regional | 23-01.00 |
| | 21-09.50 22-01.50 23-01 | 22-11.50 21-11 | 21-07.25 | |
| 8 | Blaise, Corinne | 10 | Phillips Exeter | 22-08.00 |
| | 20-05.50 22-08 | 21-07.75 | | |
| 9 | Regis, Molly | 9 | Sanborn Regional | 21-04.00 |
| | 17-02.50 18-06.75 21-04 | | | |
| 10 | Lussier, Kate | 11 | Sanborn Regional | 17-08.00 |
| | 17-08 17-02 | 16-10.50 | | |
| 11 | Tomany, Hanna | 9 | Sanborn Regional | 16-10.50 |
| | 16-10.50 16-08 | 16-07.50 | | |