

PEMBROKE ACADEMY HOME MEET

Pembroke, NH

Pembroke Academy

Saturday, April 24, 2021

**OFFICIAL MEET REPORT**

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RESULTS

#14 Men's 110m Hurdles

		Wind: (+0.0)		
Pl	Name	Yr Team	Time	Pts
1	DUPUIS, James	SR Pembroke	15.86	5
	RHEAUME, Josh	SO Bow	DNS	

#1 Men's 100 Meters

Pl	Name	Yr Team	Time	H(Pl)	Pts
1	FURR, Izak	SR Bow	11.88 (NW)	5(1)	5
2	STICH, Jurgen	JR Bow	12.13 (NW)	5(2)	3
3	DUPUIS, James	SR Pembroke	12.26 (NW)	1(1)	2
4	LONGACRE, Logan	JR Pembroke	12.51 (NW)	5(3)	1
5	MCMINN, Riley	SO Bow	12.52 (NW)	4(1)	
6	RHEAUME, Josh	SO Bow	12.73 (NW)	3(1)	
7	DODGE, Alexander	JR Pembroke	12.86 (NW)	4(2)	
8	STRATTON, Perry	FR John Stark	12.91 (NW)	2(1)	
9	SOUTHER, Jackson	JR John Stark	13.12 (NW)	1(2)	
10	BENSOSME, Anthony	FR John Stark	13.55 (NW)	2(2)	
11	FREDYMA, Ethan	FR Pembroke	15.42 (NW)	3(2)	
12	COUTURE, Kaleb	FR Pembroke	15.45 (NW)	3(3)	

SECTION RESULTS

Pl	Name	Yr Team	Time
Section 1 of 5			Wind: (NW)
1	DUPUIS, James	SR Pembroke	12.26
2	SOUTHER, Jackson	JR John Stark	13.12
Section 2 of 5			Wind: (NW)
1	STRATTON, Perry	FR John Stark	12.91
2	BENSOSME, Anthony	FR John Stark	13.55
Section 3 of 5			Wind: (NW)
1	RHEAUME, Josh	SO Bow	12.73
2	FREDYMA, Ethan	FR Pembroke	15.42
3	COUTURE, Kaleb	FR Pembroke	15.45
Section 4 of 5			Wind: (NW)
1	MCMINN, Riley	SO Bow	12.52
2	DODGE, Alexander	JR Pembroke	12.86
Section 5 of 5			Wind: (NW)
1	FURR, Izak	SR Bow	11.88
2	STICH, Jurgen	JR Bow	12.13
3	LONGACRE, Logan	JR Pembroke	12.51

#9 Men's 1600 Meters

Pl	Name	Yr Team	Time	Pts
1	NEFF, Ben	SR Bow	4:40.37	5
	1:08.36 (1:08.36) 1:10.00 (2:18.36) 1:11.92 (3:30.28)			
2	ARICANLI, Adem	JR Bow	4:53.67	3
	1:10.51 (1:10.51) 1:14.56 (2:25.07) 1:15.62 (3:40.68)			
3	LEMIRE, Eli	FR John Stark	5:06.72	2

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RESULTS**#9 Men's 1600 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Pts
	1:11.14 (1:11.14)	1:15.82 (2:26.96)	1:21.76 (3:48.72)		
4	MILLER, Owen		FR Bow	5:12.17	1
	1:13.21 (1:13.21)	1:20.29 (2:33.50)	1:22.63 (3:56.12)		
5	PELLETIER, Michael		JR Bow	5:15.18	
	1:13.40 (1:13.40)	1:20.59 (2:33.99)	1:23.60 (3:57.59)		
6	GOYETTE, Hayden		SR Pembroke	5:39.58	
	1:12.78 (1:12.78)	1:22.49 (2:35.27)	1:35.37 (4:10.64)		
7	KEIRSTEAD, Alex		FR John Stark	5:44.38	
	1:12.29 (1:12.29)	2:58.89 (4:11.18)			

#17 Men's 4 x 100m Relay

Pl	Team	Time	Pts
1	Bow (A)	48.54	5
2	Pembroke (A)	49.17	3
3	John Stark (A)	50.24	

#5 Men's 400 Meters

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	WACHSMUTH, Connor		SR Bow	54.03	2(1)	5
2	ROUTHIER, Lincoln		JR Bow	55.89	3(1)	3
3	WEBER, Wyatt		SR Bow	56.97	1(1)	2
4	FURR, Izak		SR Bow	57.89	1(2)	1
5	NEFF, Ben		SR Bow	59.16	3(2)	
6	MONTGOMERY, Logan		FR John Stark	59.18	1(3)	
7	CURRIER, Gavin		FR Pembroke	1:10.64	2(2)	

SECTION RESULTS

Pl	Name	Yr	Team	Time
Section 1 of 3				
1	WEBER, Wyatt		SR Bow	56.97
2	FURR, Izak		SR Bow	57.89
3	MONTGOMERY, Logan		FR John Stark	59.18
Section 2 of 3				
1	WACHSMUTH, Connor		SR Bow	54.03
2	CURRIER, Gavin		FR Pembroke	1:10.64
Section 3 of 3				
1	ROUTHIER, Lincoln		JR Bow	55.89
2	NEFF, Ben		SR Bow	59.16

#15 Men's 300m Hurdles

Pl	Name	Yr	Team	Time	Pts
1	SCOTT, Nolan		JR John Stark	50.74	5

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#7 Men's 800 Meters

Pl	Name	Yr Team	Time	Pts
1	WEBER, Wyatt	SR Bow	2:16.41	5
2	TESTERMAN, David	JR Pembroke	2:20.73	3
3	PELLETIER, Michael	JR Bow	2:23.38	2
4	GOYETTE, Hayden	SR Pembroke	2:27.75	1
5	BETTERLY, Alden	FR Bow	2:28.70	
6	PATTERSON, Devin	JR John Stark	2:29.88	
7	LAWS, Tatum	JR Bow	2:31.27	
8	BARKER, Teddy	SO Bow	2:32.36	

#3 Men's 200 Meters

Pl	Name	Yr Team	Time	H(Pl)	Pts
1	STICH, Jurgan	JR Bow	25.59 (NW)	3(1)	5
2	DETRIO, Nick	JR Bow	26.78 (NW)	3(2)	3
3	DODGE, Alexander	JR Pembroke	27.12 (NW)	2(1)	2
4	STRATTON, Perry	FR John Stark	27.46 (NW)	1(1)	1
5	MCMINN, Riley	SO Bow	27.65 (NW)	4(1)	
6	SOUTHER, Jackson	JR John Stark	27.96 (NW)	1(2)	
7	BENSOSME, Anthony	FR John Stark	28.39 (NW)	2(2)	
8	COUTURE, Kaleb	FR Pembroke	31.43 (NW)	4(2)	
9	FREDYMA, Ethan	FR Pembroke	35.26 (NW)	3(3)	

SECTION RESULTS

Pl	Name	Yr Team	Time
Section 1 of 4			Wind: (NW)
1	STRATTON, Perry	FR John Stark	27.46
2	SOUTHER, Jackson	JR John Stark	27.96
Section 2 of 4			Wind: (NW)
1	DODGE, Alexander	JR Pembroke	27.12
2	BENSOSME, Anthony	FR John Stark	28.39
Section 3 of 4			Wind: (NW)
1	STICH, Jurgan	JR Bow	25.59
2	DETRIO, Nick	JR Bow	26.78
3	FREDYMA, Ethan	FR Pembroke	35.26
Section 4 of 4			Wind: (NW)
1	MCMINN, Riley	SO Bow	27.65
2	COUTURE, Kaleb	FR Pembroke	31.43

#11 Men's 3200 Meters

Pl	Name	Yr Team	Time	Pts
1	MILLER, Owen	FR Bow	12:02.27	5
2	BERKELEY, Isaiah	SO Pembroke	13:13.80	3

#19 Men's 4 x 400m Relay

Pl	Team	Time	Pts
1	Bow (A)	3:47.23	5
2	Pembroke (A)	3:57.88	3

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#19 Men's 4 x 400m Relay (cont'd)

Pl	Team	Time	Pts
3	John Stark (A)	4:01.84	

#21 Men's High Jump

Pl	Name	Yr	Team	Mark	4' 8"	4' 10"	5' 0"	5' 2"	5' 4"	5' 6"	F(Pl)	Pts
1	STICH, Jurgen	JR	Bow	5' 4"	O	O	O	O	O	XXX	2(1)	5
2	DETRIO, Nick	JR	Bow	5' 4"	O	O	O	O	XO	XXX	1(1)	3
3	DILULLO, Nik	JR	Pembroke	5' 2"	O	XO	XXO	O	XXX		1(2)	2
4	GAZAWAY, Dylan	JR	Bow	5' 2"	XO	O	O	XO	XXX		1(3)	1
5	SMITH, Evan	JR	Bow	4' 10"	O	O	XXX				2(2)	
	SOUTHER, Jackson	JR	John Stark	NH	XXX						2	
	PETERS, Nathaniel	SO	John Stark	NH	XXX						2	

FLIGHT RESULTS

Pl	Name	Yr	Team	Mark	4' 8"	4' 10"	5' 0"	5' 2"	5' 4"	5' 6"
Flight 1 of 2					4' 8"	4' 10"	5' 0"	5' 2"	5' 4"	5' 6"
1	DETRIO, Nick	JR	Bow	5' 4"	O	O	O	O	XO	XXX
2	DILULLO, Nik	JR	Pembroke	5' 2"	O	XO	XXO	O	XXX	
3	GAZAWAY, Dylan	JR	Bow	5' 2"	XO	O	O	XO	XXX	
Flight 2 of 2					4' 8"	4' 10"	5' 0"	5' 2"	5' 4"	5' 6"
1	STICH, Jurgen	JR	Bow	5' 4"	O	O	O	O	O	XXX
2	SMITH, Evan	JR	Bow	4' 10"	O	O	XXX			
	SOUTHER, Jackson	JR	John Stark	NH	XXX					
	PETERS, Nathaniel	SO	John Stark	NH	XXX					

#25 Men's Long Jump

Pl	Name	Yr	Team	Mark		Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	MONTGOMERY, Logan	FR	John Stark	17' 0"	(NW)	17' 0"	FOUL	16' 4"	16' 0 ¹ / ₂			5
2	DILULLO, Nik	JR	Pembroke	16' 3"	(NW)	16' 3"	15' 1"	15' 2"	15' 0"			3
3	GAZAWAY, Dylan	JR	Bow	15' 11 ¹ / ₂	(NW)	14' 4"	15' 3 ¹ / ₂	15' 11 ¹ / ₂				2
4	DETRIO, Nick	JR	Bow	15' 3"	(NW)	14' 6"	14' 1 ¹ / ₂	14' 10"	15' 3"			1
5	LONGACRE, Logan	JR	Pembroke	15' 0"	(NW)	12' 10"	14' 2"	15' 0"	13' 5"			
6	STRATTON, Perry	FR	John Stark	14' 1"	(NW)	14' 1"	FOUL	FOUL	FOUL			
7	LEMIRE, Eli	FR	John Stark	13' 2"	(NW)	FOUL	FOUL	13' 2"				
8	LAWS, Tatum	JR	Bow	9' 10"	(NW)	9' 10"	FOUL	FOUL	FOUL			
	PETERS, Nathaniel	SO	John Stark	NM		FOUL	FOUL	FOUL	FOUL			
	FREDYMA, Ethan	FR	Pembroke	NM		FOUL	FOUL	FOUL	FOUL			

#27 Men's Triple Jump

Pl	Name	Yr	Team	Mark		Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	SCOTT, Nolan	JR	John Stark	30' 9"	(NW)	29' 2"	29' 8 ¹ / ₂	29' 11"	30' 9"			5
2	GAZAWAY, Dylan	JR	Bow	29' 6 ¹ / ₂	(NW)	28' 11"	28' 4 ¹ / ₂	29' 6 ¹ / ₂	FOUL			3
3	PETERS, Nathaniel	SO	John Stark	28' 5"	(NW)	25' 5"	26' 7 ¹ / ₂	27' 4"	28' 5"			2

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RESULTS**#28 Men's Shot Put**

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	DUPUIS, James	SR Pembroke	48' 0"	48' 0"						5
2	HOOPER, Myles	JR John Stark	38' 5 $\frac{1}{2}$ "	38' 5 $\frac{1}{2}$ "						3
3	NICHOLLS, Ryan	SR Bow	35' 7"	35' 7"						2
4	NELSON, Jaden	JR John Stark	34' 8"	34' 8"						1
5	VALOTTO, Jimmy	SO Pembroke	32' 3"	32' 3"						
6	DRALEAUS, Vincent	SO John Stark	26' 9 $\frac{1}{2}$ "	26' 9 $\frac{1}{2}$ "						

#30 Men's Discus

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	DUPUIS, James	SR Pembroke	132' 7"	132' 7"						5
2	HOOPER, Myles	JR John Stark	99' 2"	99' 2"						3
3	NELSON, Jaden	JR John Stark	96' 2"	96' 2"						2
4	VALOTTO, Jimmy	SO Pembroke	83' 6 $\frac{1}{2}$ "	83' 6 $\frac{1}{2}$ "						1
5	NICHOLLS, Ryan	SR Bow	81' 0 $\frac{1}{2}$ "	81' 0 $\frac{1}{2}$ "						
6	DRALEAUS, Vincent	SO John Stark	69' 5"	69' 5"						
7	PETERS, Nathaniel	SO John Stark	69' 0 $\frac{1}{2}$ "	69' 0 $\frac{1}{2}$ "						
8	FOWLER, Josiah	FR John Stark	59' 1"	59' 1"						
9	FREDYMA, Ethan	FR Pembroke	56' 9 $\frac{1}{2}$ "	56' 9 $\frac{1}{2}$ "						
10	PAULSON, Brenden	JR John Stark	52' 4 $\frac{1}{2}$ "	52' 4 $\frac{1}{2}$ "						
11	FIFIELD, Nathan	JR John Stark	49' 4"	49' 4"						

#32 Men's Javelin

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	NICHOLLS, Ryan	SR Bow	137' 11"	137' 11"						5
2	HOOPER, Myles	JR John Stark	123' 2"	123' 2"						3
3	KREMZNER, Konrad	SR Bow	90' 10"	90' 10"						2
4	SCOTT, Nolan	JR John Stark	90' 5"	90' 5"						1
5	FIFIELD, Nathan	JR John Stark	80' 6"	80' 6"						
6	VALOTTO, Jimmy	SO Pembroke	72' 0"	72' 0"						
7	FOWLER, Josiah	FR John Stark	69' 7"	69' 7"						
8	NELSON, Jaden	JR John Stark	61' 11"	61' 11"						
9	PAULSON, Brenden	JR John Stark	58' 9"	58' 9"						
10	PATTERSON, Devin	JR John Stark	53' 2"	53' 2"						
11	FREDYMA, Ethan	FR Pembroke	51' 4"	51' 4"						

Men's Scores

Pl	Team	Code	Score
1	Bow	BOW	82
2	Pembroke	PEMB	39
3	John Stark	JOHN	33