

**NH Indoor Track League  
Phillips Exeter Academy  
12/17/2022  
Results**

**Girls 55 Meter Dash**

Name	Year	School	Finals	H#	Points
<b>Finals</b>					
1 Best, Alexis	11	Merrimack	7.44	1	6
2 Adigun, Fareedah	11	Salem	7.59	1	5
3 MacNeil, Tasha	11	Con-Val	7.75	1	4
4 Ortiz-Blanco, Leanny	9	Salem	7.87	1	3
5 Kim, Anna	11	Phillips Exeter	7.97	2	2
6 Ahlers, Abigail	12	Salem	8.06	1	1
7 Campbell, Harmony	9	Dover	8.22	3	
8 Bennett, Kaylee	12	Phillips Exeter	8.23	1	
9 Larochele, Charlotte	9	Bow	8.24	4	
10 Farrell, Lilly	11	Merrimack	8.32	2	
11 Reyes, Delia	11	Phillips Exeter	8.37	2	
12 Maguire, Jannah	10	Phillips Exeter	8.38	2	
13 Roy, Hailey	11	Merrimack	8.40	2	
14 Olson, Jenny	11	Salem	8.44	1	
15 Davis, Aida	11	Con-Val	8.48	3	
16 Kelly, Tate	10	Phillips Exeter	8.57	2	
17 Ndubah, Akubah	11	Phillips Exeter	8.64	1	
18 Ng, Jolie		Phillips Exeter	8.69	3	
19 Cejka, Millie	12	Somersworth	8.70	5	
20 White, Lucille	11	Con-Val	8.76	4	
21 Coppinger, Sarah	10	Pelham	8.77	6	
22 Getchell, Mia	11	Merrimack	8.80	3	
23 Stein, Maddie	10	Phillips Exeter	8.80	2	
24 Insana, Lexi	10	Bow	8.81	4	
25 Bernard, Haylee	10	Salem	8.83	3	
26 Brogan, Madison	11	Somersworth	8.84	5	
27 Parzych, Riley	11	Merrimack	8.84	4	
28 Fauteux, Emily	10	Bow	8.91	6	
29 Collier, Abrielle	9	Merrimack	8.92	3	
30 Van Ham, Josie	9	Bow	9.03	5	
31 Espaillat, Sara	10	Salem	9.06	3	
32 Burke, Lily	10	Salem	9.08	3	
33 Cox, Angalina	11	Dover	9.14	4	
34 Dodds, Sarah	9	Merrimack	9.16	4	
35 Browning, Anna	11	Merrimack	9.26	4	
36 Malhotra, Nupur	11	Phillips Exeter	9.39	2	
37 Franklin, Sarah	10	Bow	9.51	5	
38 O'Donnell, Kaleigh	10	Pelham	9.51	4	
39 Antrim, Kaitlyn	9	Bow	9.86	5	
40 Faria, Gabriela	10	Pelham	9.89	5	
41 Vargas, Naomi	11	Pelham	10.33	6	
42 Carter, Ariana	10	Somersworth	11.05	5	

**Girls 300 Meter Dash**

Name	Year	School	Finals	H#	Points
1 Hock, Willa	12	Phillips Exeter	43.52	1	6
2 Marguie, Jannah		Phillips Exeter	45.13	1	5
3 Adigun, Fareedah	11	Salem	45.49	1	4
4 Kelly, Tate	10	Phillips Exeter	46.33	1	3

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**....Girls 300 Meter Dash**

5 Campbell, Harmony	9 Dover	48.06	3	2
6 Goard, Maxine	10 Dover	48.23	2	1
7 Kim, Anna	11 Phillips Exeter	48.23	1	
8 Friend-Gray, Emeline	10 Dover	48.31	3	
9 Davis, Aida	11 Con-Val	48.55	3	
10 Stein, Maddie	10 Phillips Exeter	49.05	2	
11 Larochele, Charlotte	9 Bow	49.42	5	
12 Ng, Jolie	Phillips Exeter	49.48	2	
13 Reyes, Delia	11 Phillips Exeter	49.54	2	
14 Lignos, Sierra	12 Portsmouth C	49.80	2	
15 Roy, Hailey	11 Merrimack	50.29	3	
16 Clairmont, Zayda	11 Dover	51.34	4	
17 Olson, Jenny	11 Salem	51.98	1	
18 Collier, Abrielle	9 Merrimack	53.08	3	
19 Wibowo, Bianca	9 Portsmouth C	53.39	3	
20 Van Ham, Josie	9 Bow	55.58	4	
21 Browning, Anna	11 Merrimack	56.02	4	
22 Malhotra, Nupur	11 Phillips Exeter	56.04	5	
23 Ndubah, Akubah	11 Phillips Exeter	56.11	2	
24 Faria, Gabriela	10 Pelham	59.24	5	
25 Cannon, Robin	11 Con-Val	59.51	4	

**Girls 600 Meter Run**

Name	Year School	Finals	H#	Points
1 Hyett, Kayla	10 Phillips Exeter	1:57.72	2	6
35.395 (35.395)	1:16.734 (41.339)	1:57.713 (40.979)		
2 Avilova, Phil	12 Phillips Exeter	2:09.52	2	5
40.511 (40.511)	1:25.538 (45.027)	2:09.512 (43.975)		
3 Taylor, Ella	9 Merrimack	2:11.67	2	4
1:25.608 (1:25.608)	2:11.664 (46.057)	2:11.664 (0.000)		
4 Hutt, Caterina	9 Portsmouth C	2:11.74	2	3
39.612 (39.612)	39.670 (0.058)	2:11.740 (1:32.070)		
5 Barry, Elizabeth	9 Salem	2:11.86	2	2
40.798 (40.798)	1:25.841 (45.044)	2:11.853 (46.013)		
6 Cole, Caitlin	11 Dover	2:24.69	1	1
45.640 (45.640)	1:35.460 (49.820)	2:24.682 (49.223)		
7 Otis, Lindsey	12 Dover	2:32.07	1	
44.981 (44.981)	1:37.513 (52.533)	2:32.069 (54.556)		
8 Dardari, Hajar	9 Dover	2:37.45	1	
48.893 (48.893)	1:41.946 (53.053)	2:37.446 (55.500)		

**Girls 1000 Meter Run**

Name	Year School	Finals	H#	Points
1 Malone, Brianna	12 Portsmouth C	3:01.67	2	6
36.465 (36.465)	1:11.057 (34.593)	1:47.172 (36.115)		2:25.611 (38.439)
3:01.670 (36.059)				
2 McIntyre, Isabel	11 Dover	3:05.78	2	5
36.721 (36.721)	1:11.692 (34.972)	1:48.403 (36.712)		2:27.316 (38.914)
3:05.777 (38.462)				

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**....Girls 1000 Meter Run**

3	Bachrach, Madeline	11	Dover	3:42.08	2	4	
	40.581 (40.581)	1:23.295 (42.715)		2:09.571 (46.276)		2:57.994 (48.424)	
	3:42.075 (44.082)						
4	Bronson, Isabella	11	Dover	3:44.94	2	3	
	40.688 (40.688)	1:23.330 (42.642)		2:09.757 (46.428)		2:58.651 (48.894)	
	3:44.932 (46.282)						
5	Iacobucci, Shaela	12	Phillips Exeter	3:48.93	2	2	
	42.353 (42.353)	1:28.903 (46.550)		2:17.026 (48.124)		3:04.181 (47.155)	
	3:48.925 (44.745)						
6	Bunnell, Hope	10	Salem	3:51.97	1	1	
	41.865 (41.865)	1:28.286 (46.422)		2:17.697 (49.412)		3:06.249 (48.553)	
	3:51.967 (45.718)						
7	Rozumek, Sophia	11	Salem	3:55.17	1		
	41.518 (41.518)	1:27.851 (46.334)		2:18.129 (50.278)		3:09.781 (51.653)	
	3:55.166 (45.385)						
8	Pelletier, Luisa	10	Dover	3:58.29	1		
	41.259 (41.259)	1:28.625 (47.366)		2:18.568 (49.944)		3:10.094 (51.526)	
	3:58.282 (48.189)						
9	O'Rourke, Heather	9	Salem	4:02.50	1		
	41.494 (41.494)	1:27.822 (46.329)		2:18.107 (50.285)		3:11.124 (53.017)	
	4:02.499 (51.376)						
10	Coler, Phoebe	9	Merrimack	4:06.16	2		
	41.285 (41.285)	1:30.357 (49.073)		2:23.165 (52.808)		3:16.755 (53.590)	
	4:06.151 (49.396)						
11	Marchesi, Ava	10	Salem	4:17.14	1		
	43.848 (43.848)	1:32.921 (49.074)		2:26.648 (53.727)		3:22.314 (55.666)	
	4:17.131 (54.818)						
12	Zhu, Sophie	9	Phillips Exeter	4:22.26	2		
	42.630 (42.630)	1:29.200 (46.570)		2:21.132 (51.933)		3:20.058 (58.927)	
	4:22.260 (1:02.202)						
13	Ulrich, Claire	10	Bow	4:43.30	1		
	43.406 (43.406)	1:38.646 (55.240)		2:42.209 (1:03.564)		3:45.475 (1:03.266)	
	4:43.299 (57.825)						

**Girls 1500 Meter Run**

Name	Year	School	Finals	Points	
1 Thomas, Lily	11	Salem	4:38.97	6	All Ran 1300 not 15
		19.417 (19.417)	1:00.869 (41.453)		2:31.663 (46.348)
		4:04.268 (1:32.606)	4:38.962 (34.694)		4:38.962 (0.000)
2 Insana, Lexi	10	Bow	4:39.62	5	All Ran 1300 not 15
		19.754 (19.754)	1:01.342 (41.588)		1:45.779 (44.438)
		2:32.163 (46.384)	4:39.616 (2:07.454)		
3 Marshall, Brooke	12	Dover	4:45.53	4	All Ran 1300 not 15
		19.438 (19.438)	1:00.637 (41.199)		2:31.428 (46.286)
		3:18.070 (46.643)	4:04.094 (46.024)		4:45.527 (41.434)
4 Hou, Julia	9	Bow	4:59.53	3	All Ran 1300 not 15
		20.859 (20.859)	1:01.998 (41.139)		2:33.399 (46.810)
		4:59.528 (2:26.129)			
5 Seymour, Emerson	9	Phillips Exeter	5:03.29	2	All Ran 1300 not 15
		20.945 (20.945)	1:03.773 (42.828)		5:03.286 (3:12.408)
			1:50.878 (47.106)		
6 Brochu, Delia	12	Bow	5:18.87	1	All Ran 1300 not 15
		20.565 (20.565)	1:03.388 (42.824)		5:18.869 (3:28.202)
			1:50.668 (47.280)		

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7 Amiss, Molly	9 Salem	5:44.86	All Ran 1300 not 15
21.798 (21.798)	5:44.853 (5:23.055)		
8 Neff, Grace	12 Bow	5:56.24	All Ran 1300 not 15
21.367 (21.367)	5:56.234 (5:34.867)		

**Girls 3000 Meter Run**

Name	Year School	Finals	Points
1 Brochu, Maya	12 Bow	11:24.35	6
38.598 (38.598)	1:19.295 (40.697)	2:03.297 (44.003)	2:48.531 (45.235)
3:33.956 (45.425)	4:19.790 (45.835)	5:05.897 (46.107)	5:52.519 (46.623)
6:39.686 (47.167)	7:27.246 (47.560)	8:14.888 (47.643)	9:03.369 (48.482)
9:51.580 (48.212)	9:51.580 (0.000)	11:24.350 (1:32.770)	
2 Bortz, Alyson	11 Dover	11:35.54	5
38.704 (38.704)	1:19.448 (40.745)	2:03.462 (44.015)	2:48.794 (45.332)
3:34.206 (45.413)	4:20.296 (46.090)	5:06.490 (46.195)	5:54.396 (47.906)
6:43.338 (48.943)	7:32.982 (49.645)	8:22.656 (49.674)	9:12.294 (49.638)
10:02.241 (49.948)	10:51.972 (49.732)	11:35.538 (43.566)	
3 Bedard, Melanie	10 Merrimack	11:42.20	4
39.189 (39.189)	1:21.135 (41.946)	2:04.935 (43.800)	2:50.575 (45.640)
3:36.808 (46.234)	4:24.025 (47.217)	5:11.930 (47.906)	6:00.382 (48.453)
6:49.796 (49.414)	7:40.218 (50.423)	8:30.579 (50.362)	9:18.325 (47.746)
10:09.888 (51.564)	10:58.309 (48.422)	11:42.195 (43.886)	
4 Spuler, Margaret	11 Dover	11:42.85	3
39.490 (39.490)	1:21.239 (41.749)	1:21.239 (0.000)	2:05.156 (43.917)
2:50.962 (45.807)	3:37.402 (46.440)	4:24.720 (47.318)	5:12.835 (48.115)
6:01.475 (48.640)	6:51.395 (49.920)	7:41.062 (49.668)	8:30.937 (49.875)
9:18.531 (47.595)	10:09.584 (51.053)	11:42.841 (1:33.258)	

**Girls 55 Meter Hurdles**

Name	Year School	Finals	H#	Points
1 Hock, Willa	12 Phillips Exeter	9.23	1	6
2 Nicolosi, Reese	11 Pelham	9.53	2	5
3 Crear, Chloe	12 Pelham	9.62	2	4
4 Kirk, Zoe	10 Dover	9.80	1	3
5 Tetreault, Samantha	10 Pelham	9.88	2	2
6 Dillon, Kailey	12 Merrimack	9.92	1	1
7 Ortiz-Blanco, Leanny	9 Salem	10.54	1	
8 Bolobanic, Jordyn	10 Dover	10.65	1	
9 Ahlers, Abigail	12 Salem	10.68	1	
10 Lignos, Sierra	12 Portsmouth C	10.75	1	
11 Olson, Jenny	11 Salem	10.95	1	
12 Collier, Abrielle	9 Merrimack	11.38	2	
13 Micklon, Emma	10 Salem	12.05	2	
14 Parzych, Riley	11 Merrimack	12.38	2	

**Girls 4x200 Meter Relay**

School	Finals	Points
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**....Girls 4x200 Meter Relay**

1 Merrimack					1:56.70	12
1) Roy, Hailey 11		2) Best, Alexis 11				
3) Farrell, Lilly 11		4) Dillon, Kailey 12				
30.452 (30.452)	57.515 (27.064)	1:29.566 (32.052)		1:56.697 (27.132)		
2 Dover				2:00.24	10	
1) Bolobanic, Jordyn 10		2) Goard, Maxine 10				
3) Friend-Gray, Emeline 10		4) Campbell, Harmony 9				
28.032 (28.032)	59.266 (31.235)	1:30.422 (31.156)		2:00.232 (29.810)		
3 Phillips Exeter				2:01.04	8	
1) Kelly, Tate 10		2) Bennett, Kaylee 12				
3) Ndubah, Akubah 11		4) Maguire, Jannah 10				
30.277 (30.277)	1:00.915 (30.638)	1:33.283 (32.368)		2:01.034 (27.752)		
4 Pelham				2:05.11	6	
1) Crear, Chloe 12		2) Faria, Gabriela 10				
3) Tetreault, Samantha 10		4) Nicolosi, Reese 11				
29.643 (29.643)	1:04.369 (34.726)	1:35.926 (31.558)		2:05.106 (29.180)		
-- Con-Val				DNF		
1) White, Lucille 11		2) Cannon, Robin 11				
3) Hatmaker, Sophia 12		4) Davis, Aida 11				
28.560 (28.560)						

**Girls 4x400 Meter Relay**

School		Finals	Points
1	Phillips Exeter	4:33.89	12
	1) Hock, Willa 12	2) Kim, Anna 11	
	3) Reyes, Delia 11	4) Stein, Maddie 10	
	1:05.873 (1:05.873)	2:18.821 (1:12.948)	3:30.237 (1:11.416)
			4:33.883 (1:03.647)
2	Dover	4:40.37	10
	1) Spuler, Margaret 11	2) Clairmont, Zayda 11	
	3) Bortz, Alyson 11	4) McIntyre, Isabel 11	
	1:11.949 (1:11.949)	2:25.924 (1:13.976)	3:37.138 (1:11.214)
			4:40.362 (1:03.225)
3	Portsmouth Christian	4:46.31	8
	1) Malone, Brianna 12	2) Lignos, Sierra 12	
	3) Hutt, Caterina 9	4) Wamberg, Lula 12	
	1:11.608 (1:11.608)	2:28.456 (1:16.848)	3:45.372 (1:16.917)
			4:46.302 (1:00.930)
4	Bow	4:52.00	6
	1) Fauteux, Emily 10	2) Laroche, Charlotte 9	
	3) Insana, Lexi 10	4) Bernard, Sabrina 11	
	1:14.472 (1:14.472)	2:26.169 (1:11.697)	3:38.256 (1:12.087)
			4:51.991 (1:13.736)
5	Merrimack	5:15.91	4
	1) Bedard, Melanie 10	2) Parzych, Riley 11	
	3) Taylor, Ella 9	4) Coler, Phoebe 9	
	1:10.867 (1:10.867)	2:33.814 (1:22.948)	4:02.080 (1:28.266)
			5:15.909 (1:13.829)

**Girls High Jump**

Name	Year	School	Finals	Points
1 Dillon, Kailey	12	Merrimack	5-00.00	6
4-00 4-02 4-04 4-06 4-08 4-10 5-00 5-01				
P P P O O O XO XXX				

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2	Hock, Willa	12 Phillips Exeter	4-06.00	5
	4-00 4-02 4-04 4-06 4-08			
	O O P O XXX			
3	Bernard, Sabrina	11 Bow	J4-06.00	4
	4-00 4-02 4-04 4-06 4-08			
	O XO O XO XXX			
4	Szczepanik, Mackenzie	10 Bow	4-04.00	3
	4-00 4-02 4-04 4-06			
	XP P O XXX			
5	Dodds, Sarah	9 Merrimack	4-02.00	2
	4-00 4-02 4-04			
	O O XXX			
6	Kirk, Zoe	10 Dover	J4-02.00	1
	4-00 4-02 4-04 4-06			
	O XO P XXX			
7	Morin, Katharine	10 Dover	J4-02.00	
	4-00 4-02 4-04			
	XO XO XXX			
8	Cox, Angalina	11 Dover	4-00.00	
	4-00 4-02			
	XO XXX			
--	Clairmont, Zayda	11 Dover	NH	
	4-00			
	XXX			
--	Taylor, Ella	9 Merrimack	NH	
	4-00			
	XXX			

**Girls Long Jump**

Name	Year	School	Finals	H#	Points
1 Best, Alexis	11	Merrimack	15-11.00	1	6
	15-06.50	15-11 15-07.75	FOUL FOUL		
2 Dillon, Kailey	12	Merrimack	15-05.25	1	5
	14-08.50	15-04.25 15-05.25 15-00.50	FOUL 15-01.75		
3 Tetreault, Samantha	10	Pelham	15-00.50	2	4
	12-09.75	12-10.75 14-02 15-00.50	14-01 13-08		
4 MacNeil, Tasha	11	Con-Val	14-04.50	1	3
	13-00.25	13-08 13-09 13-07.50	14-03.25 14-04.50		
5 Kirk, Zoe	10	Dover	14-02.50	2	2
	14-02.50	13-09.75 FOUL 13-07.50	13-10 13-07.50		
6 Laroche, Charlotte	9	Bow	14-02.00	2	1
	FOUL 13-09.25	13-05.75 FOUL 14-02	13-07		
7 Farrell, Lilly	11	Merrimack	13-04.75	1	
	12-03.50	12-08.50 13-04.75			
8 Brogan, Madison	11	Somersworth	13-04.00	1	
	13-04 13-03.75	FOUL			
9 Ortiz-Blanco, Leanny	9	Salem	13-03.00	1	
	13-03 12-06.25	FOUL			
10 Bolobanic, Jordyn	10	Dover	13-00.50	1	
	13-00.50	12-04.50 12-00.50			
11 Ng, Jolie		Phillips Exeter	12-11.50	2	
	12-04.50	12-11.50 12-11.25			

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12	Bernard, Sabrina	11	Bow	12-10.00	1
	FOUL 12-10 12-02.25				
13	Nicolosi, Reese	11	Pelham	12-08.25	2
	11-07.50 FOUL 12-08.25				
14	Shpak, Maeve	9	Salem	12-04.25	1
	FOUL 12-01.75 12-04.25				
15	Hutt, Caterina	9	Portsmouth C	12-00.00	2
	11-11.75 10-00.25 12-00				
16	Insana, Lexi	10	Bow	11-05.75	2
	9-11.25 10-03.50 11-05.75				
17	Coppinger, Sarah	10	Pelham	11-04.50	2
	11-04.50 FOUL 11-01				
18	Schoenrock, Olivia	9	Salem	11-03.50	1
	10-02.50 11-03.50 FOUL				
19	Dodds, Sarah	9	Merrimack	11-01.50	2
	FOUL 11-01.50 10-03.75				
20	Wibowo, Bianca	9	Portsmouth C	10-06.25	2
	10-04.25 FOUL 10-06.25				
21	Whipple, Alexi	9	Salem	10-06.00	1
	9-04.75 10-01.75 10-06				
--	Taylor, Ella	9	Merrimack	FOUL	2
	FOUL FOUL FOUL				

**Girls Shot Put**

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Name	Year School			Finals	H#	Points
=====						
1	Ahlers, Abigail	12	Salem	32-01.25	1	6
	31-03.50 30-08.75 31-01.50 32-01.25 31-05.75 31-02.50					
2	Getchell, Mia	11	Merrimack	31-11.00	1	5
	30-08 30-02.50 29-09.25 30-05 31-11 29-07.50					
3	MacNeil, Tasha	11	Con-Val	30-02.25	1	4
	28-02.25 29-11.50 29-05.25 30-02.25 28-09 25-02					
4	Anderson, Lilly	10	Merrimack	28-07.00	1	3
	27-07.50 26-05 28-07 27-10 27-09.75 28-00.75					
5	Bobb, Janelle	11	Phillips Exeter	28-02.50	1	2
	28-02.50 28-00.75 27-04 25-07 27-05.50 26-05.75					
6	Anderson, Sydney	11	Phillips Exeter	26-06.50	1	1
	26-06 25-00.75 26-06.50 18-06 25-02.50 26-03.50					
7	O'Leary, Abby	12	Pelham	25-02.00	1	
	23-10.50 24-10 25-02					
8	Kellar, Addison	10	Pelham	25-01.50	1	
	25-01.50 24-06.50 24-01.50					
9	Adigun, Fareedah	11	Salem	22-08.25	1	
	22-03.50 22-08.25 FOUL					
10	Harnois, Catherine	11	Salem	22-00.00	2	
	19-08 22-00 18-07.25					
11	Hatmaker, Sophia	12	Con-Val	21-03.50	1	
	21-00 21-02.25 21-03.50					
12	DeShane, Jennae	11	Con-Val	20-03.25	2	
	20-03.25 19-07.75 20-02.50					
13	Torrens, Miranda	10	Merrimack	20-01.75	2	
	18-03.75 19-02.75 20-01.75					

**NH Indoor Track League  
Phillips Exeter Academy  
12/17/2022  
Results**

**....Girls Shot Put**

14 Marchesi, Amelia	9 Salem	19-08.75	1
18-01.75 19-08.75 19-00			
15 Neff, Grace	12 Bow	18-02.00	2
18-02 17-09.25 17-09			
16 Whipple, Alexi	9 Salem	17-10.00	2
17-05.75 17-10 17-09.50			
17 Smith, Evelyn	9 Pelham	17-09.25	2
16-00 17-09.25 17-07.50			
18 Parzych, Riley	11 Merrimack	16-06.50	2
16-03.50 16-06.50 15-06.75			

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Men - Team Rankings - 12 Events Scored

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1) Phillips Exeter	95.50	2) Merrimack	53.50
3) Dover	42.50	4) Pelham	33
5) Salem	30.50	6) Portsmouth Christian	24
7) Con-Val	11	8) Bow	2