

**COE-BROWN TRI-MEET**

Northwood, NH  
 Coe-Brown Northwood Academy  
 Weather: Sunny and windy  
 Host: Coe-Brown Northwood Academy  
 Thursday, August 31, 2023

**MEET OFFICIALS**

**Meet Director:**  
 Lucas Fisher  
**Timing:**  
 Speed Sport Timing

**OFFICIAL MEET REPORT**  
 printed: 8/31/2023 7:12 PM

**Race #1**  
**MEN • 5 Kilometers (3.11 Miles)**

**Final Results****RACE SUMMARY**

**Start Time:** 4:45 pm **Conditions:** Sunny with wind **Temp:** 72

**Meet Starter:** Chris Benson

**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Coe-Brown	17	1-2-3-5-6(7)(10)	1:33:14	18:39	3:30.5
2 Bow	44	4-8-9-11-12(13)(14)	1:43:10	20:38	1:56.3

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 LANO, Jamie	SR	642	Coe-Brown	1	16:30.0	---	5:18.3	3:18.0
2 KEROUAC, Luc	JR	641	Coe-Brown	2	17:42.5	1:13.5	5:41.6	3:32.5
3 MCLEAN, Liam	SR	643	Coe-Brown	3	19:00.5	2:31.5	6:06.7	3:48.1
4 BETTERLEY, ALDEN	SR	573	Bow	4	19:38.7	3:09.7	6:19.0	3:55.7
5 GALLENLINE, Joe	JR	637	Coe-Brown	5	20:00.4	3:31.4	6:26.0	4:00.1
6 PLOWMAN, Dylan	JR	644	Coe-Brown	6	20:00.4	3:31.4	6:26.0	4:00.1
7 FROBURG, Quinn	JR	636	Coe-Brown	(7)	20:04.5	3:35.5	6:27.3	4:00.9
8 CIMINESI, Aiden	SR	574	Bow	8	20:14.1	3:45.1	6:30.4	4:02.8
9 WORCESTER, Wyatt	SO	587	Bow	9	20:19.0	3:49.0	6:31.9	4:03.8
10 SARTIN, Bryce	JR	646	Coe-Brown	(10)	20:19.6	3:50.6	6:32.1	4:03.9
11 GRAVELINE, Landon	JR	638	Coe-Brown	-	20:24.7	3:55.7	6:33.8	4:04.9
12 DYJAK, Gavin	JR	633	Coe-Brown	-	20:39.1	4:10.1	6:38.4	4:07.8
13 FLETCHER, Sam	SO	634	Coe-Brown	-	20:45.6	4:16.6	6:40.5	4:09.1
14 JOBIN, Benjamin	FR	640	Coe-Brown	-	20:51.6	4:22.6	6:42.4	4:10.3
15 NOCE, Jack	JR	582	Bow	11	21:23.3	4:54.3	6:52.6	4:16.6
16 KOHL, Jack	JR	578	Bow	12	21:35.0	5:05.0	6:56.4	4:19.0
17 SARGENT, Thomas	JR	584	Bow	(13)	22:00.9	5:31.9	7:04.7	4:24.2
18 RICH, Anthony	JR	645	Coe-Brown	-	22:19.7	5:50.7	7:10.8	4:27.9
19 DONOVAN, Kru	JR	632	Coe-Brown	-	23:02.6	6:33.6	7:24.5	4:36.5
20 MCDOWELL, Ben	SR	579	Bow	(14)	23:02.6	6:33.6	7:24.6	4:36.5
21 INGRAM, Zachery	JR	577	Bow	-	23:07.7	6:38.7	7:26.2	4:37.5
22 FORTE, Gabe	JR	635	Coe-Brown	-	24:06.8	7:37.8	7:45.2	4:49.3
23 OWEN, David	SO	583	Bow	-	24:40.6	8:11.6	7:56.1	4:56.1
24 GARLAND, Charlie	FR	576	Bow	-	24:52.8	8:23.8	8:00.0	4:58.6
25 WILKENING, Asher	FR	586	Bow	-	24:53.0	8:23.0	8:00.1	4:58.6
26 DONOVAN, Cash	FR	631	Coe-Brown	-	26:53.0	10:23.0	8:38.6	5:22.6
27 MCDOWELL, Joe	SR	580	Bow	-	27:36.8	11:07.8	8:52.7	5:31.4
28 BECKMAN, Griffin	FR	629	Coe-Brown	-	28:11.0	11:41.0	9:03.7	5:38.2
29 SLAYTON, Lucas	FR	585	Bow	-	28:28.9	11:59.9	9:09.5	5:41.8