

**EXETER HOME MEET**

Exeter, NH  
 Stratham Hill Park  
 Weather: Sunny and warm  
 Host: Exeter High School  
 Tuesday, August 29, 2023

**MEET OFFICIALS**

Meet Director:  
 Joseph Mann  
 Timing:  
 Speed Sport Timing



OFFICIAL MEET REPORT  
 printed: 8/29/2023 8:05 PM

**Race #1**  
**Men's 4K**

**Final Results**

**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Spread
1 Exeter	21	1-2-3-5-10(11)(14)	1:09:43	1:10.9
2 Winnacunnet	49	7-8-9-12-13(15)(16)	1:13:58	1:03.5
3 Dover	64	4-6-17-18-19(20)(21)	1:20:15	3:50.5

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
1 MALARK, Gavin	SR	207	Exeter	1	13:29.5	---	5:25.1	3:22.4
2 MANN, Spencer	JR	208	Exeter	2	13:34.5	5.0	5:27.1	3:23.6
3 MIKULSKY, Nathan	SR	210	Exeter	3	13:37.6	8.1	5:28.3	3:24.4
4 FIORENZA, Ethan	SR	172	Dover	4	13:44.8	15.3	5:31.2	3:26.2
5 CLARK, Marcus	SO	198	Exeter	5	14:21.2	51.7	5:45.9	3:35.3
6 JOHNSON, Clayton	SO	177	Dover	6	14:21.5	52.0	5:46.0	3:35.4
7 ROY, Ethan	FR	687	Winnacunnet	7	14:21.9	52.4	5:46.1	3:35.5
8 RONNER-BLAND, Max	SR	686	Winnacunnet	8	14:31.4	1:01.9	5:49.9	3:37.8
9 WALL, Murphy	SR	688	Winnacunnet	9	14:32.3	1:02.8	5:50.3	3:38.1
10 DANGORA, Wally	SO	200	Exeter	10	14:40.3	1:10.8	5:53.5	3:40.1
11 LONG, Davis	SR	205	Exeter	(11)	14:59.2	1:29.7	6:01.1	3:44.8
12 MARTIN-BIGGS, Andrew	JR	682	Winnacunnet	12	15:07.2	1:37.7	6:04.3	3:46.8
13 GERMAIN, Merrick	JR	680	Winnacunnet	13	15:25.4	1:55.9	6:11.6	3:51.3
14 COTTRILL, Ian	SO	199	Exeter	(14)	15:29.2	1:59.7	6:13.2	3:52.3
15 GERMAIN, Mattais	JR	679	Winnacunnet	(15)	15:34.5	2:05.0	6:15.3	3:53.6
16 FABIANO, Jack	SR	202	Exeter	-	15:44.3	2:14.8	6:19.2	3:56.1
17 PAQUET, Landon	JR	212	Exeter	-	15:49.8	2:20.3	6:21.4	3:57.4
18 MOECKLIN, Marius	JR	685	Winnacunnet	(16)	16:17.7	2:48.2	6:32.6	4:04.4
19 ZOU, Aaron	SO	689	Winnacunnet	-	16:33.6	3:04.1	6:39.0	4:08.4
20 WHITE, Leonardo	JR	219	Exeter	-	16:34.4	3:04.9	6:39.4	4:08.6
21 DEPIPOPO, Nicholas	FR	676	Winnacunnet	-	16:50.3	3:20.8	6:45.7	4:12.6
22 MCMAHON, Eamonn	JR	683	Winnacunnet	-	16:52.3	3:22.8	6:46.5	4:13.1
23 TOOKER, Jackson	FR	218	Exeter	-	16:56.3	3:26.8	6:48.1	4:14.1
24 CROOKS, Cameron	JR	675	Winnacunnet	-	16:57.0	3:26.5	6:48.4	4:14.2
25 GAHM, Ethan	FR	678	Winnacunnet	-	17:01.7	3:32.2	6:50.3	4:15.4
26 RAGAZZO, Robert	SO	181	Dover	17	17:16.8	3:47.3	6:56.4	4:19.2
27 GRIFFIN, Dylan	SO	174	Dover	18	17:16.9	3:47.4	6:56.4	4:19.2
28 MCGEE, John	SR	179	Dover	19	17:35.2	4:05.7	7:03.8	4:23.8
29 NIRO, Aidan	SO	180	Dover	(20)	17:35.9	4:06.4	7:04.0	4:24.0
30 MACEK, Andrew	FR	206	Exeter	-	17:49.5	4:20.0	7:09.5	4:27.4
31 MESSIER, Aedan	JR	209	Exeter	-	18:16.8	4:47.3	7:20.5	4:34.2
32 FAILEY, Wyatt	FR	677	Winnacunnet	-	18:24.1	4:54.6	7:23.4	4:36.0
33 GOODRICH, Jake	FR	203	Exeter	-	19:04.7	5:35.2	7:39.7	4:46.2
34 RICE, Griffin	SR	215	Exeter	-	19:43.3	6:13.8	7:55.2	4:55.8
35 ELDRICH, Mason	FR	201	Exeter	-	20:02.0	6:31.5	8:02.7	5:00.5
36 MORRIS, Caden	FR	211	Exeter	-	20:02.3	6:32.8	8:02.8	5:00.6
37 DAVIS, James	FR	170	Dover	(21)	20:24.0	6:53.5	8:11.5	5:06.0
38 BARGDILL, Aaron	FR	169	Dover	-	20:32.1	7:02.6	8:14.8	5:08.0
39 ZUBA, Colin	FR	690	Winnacunnet	-	20:44.0	7:13.5	8:19.6	5:11.0
40 HAMLEN, Brody	FR	681	Winnacunnet	-	20:44.4	7:14.9	8:19.8	5:11.1

**EXETER HOME MEET**

Exeter, NH  
Stratham Hill Park  
Weather: Sunny and warm  
Host: Exeter High School  
Tuesday, August 29, 2023

**MEET OFFICIALS**

**Meet Director:**  
Joseph Mann  
**Timing:**  
Speed Sport Timing



**OFFICIAL MEET REPORT**  
printed: 8/29/2023 8:05 PM

**Race #1**  
**Men's 4K**

**Final Results**

**INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
41 MCMAHON, Owen	SO	684	Winnacunnet	-	22:38.3	9:08.8	9:05.5	5:39.6
42 HUGHES, Gavin	FR	175	Dover	-	23:55.9	10:26.4	9:36.7	5:59.0
43 BROWNING, Matteus	FR	674	Winnacunnet	-	29:06.6	15:37.1	11:41.4	7:16.6

**EXETER HOME MEET**

Exeter, NH  
 Stratham Hill Park  
 Weather: Sunny and warm  
 Host: Exeter High School  
 Tuesday, August 29, 2023

**MEET OFFICIALS**

Meet Director:  
 Joseph Mann  
 Timing:  
 Speed Sport Timing



OFFICIAL MEET REPORT  
 printed: 8/29/2023 8:05 PM

**Race #2**  
**Women's 4K**

**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Spread
1 Dover	32	3-4-6-7-12(13)(17)	1:25:06	1:15.3
2 Winnacunnet	44	1-5-9-10-19(20)(21)	1:26:57	1:52.0
3 Exeter	50	2-8-11-14-15(16)(18)	1:28:12	1:41.4

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
1 KOUTALIDIS, Charlotte	SR	226	Winnacunnet	1	16:33.3	---	6:38.9	4:08.3
2 MADDEN, Isabelle	SO	187	Exeter	2	16:37.9	4.6	6:40.7	4:09.5
3 POULIN, Anique	JR	165	Dover	3	16:39.3	6.0	6:41.3	4:09.8
4 BORTZ, Alyson	SR	156	Dover	4	16:40.1	6.8	6:41.6	4:10.0
5 MACE, Skyla	JR	227	Winnacunnet	5	16:45.4	12.1	6:43.7	4:11.3
6 SPULER, Margaret	SR	167	Dover	6	16:51.6	18.3	6:46.2	4:12.9
7 BACHRACH, Madeline	SR	153	Dover	7	17:00.3	27.0	6:49.8	4:15.1
8 CROSS, Eli	FR	184	Exeter	8	17:09.7	36.4	6:53.5	4:17.4
9 MARIOTTI, Carson	JR	228	Winnacunnet	9	17:34.7	1:01.4	7:03.5	4:23.7
10 BURNES, Ava	SR	221	Winnacunnet	10	17:38.2	1:04.9	7:05.0	4:24.5
11 ROACHE, Delaney	JR	193	Exeter	11	17:50.3	1:17.0	7:09.8	4:27.6
12 BRONSON, Isabella	SR	157	Dover	12	17:54.6	1:21.3	7:11.6	4:28.6
13 ALEXANDER, Evangeline	SR	152	Dover	(13)	18:08.4	1:35.1	7:17.1	4:32.1
14 WILLIAMS, Austin	FR	195	Exeter	14	18:14.2	1:40.9	7:19.4	4:33.5
15 ORLEANS, Amber	JR	189	Exeter	15	18:19.2	1:45.9	7:21.4	4:34.8
16 PATERNA, Alexis	FR	190	Exeter	(16)	18:21.1	1:47.8	7:22.2	4:35.3
17 BLANCHETTE, Anna	JR	155	Dover	(17)	18:21.3	1:48.0	7:22.2	4:35.3
18 PATERNA, Brianna	FR	191	Exeter	(18)	18:21.8	1:48.5	7:22.5	4:35.4
19 EATON, Carly	JR	222	Winnacunnet	19	18:25.2	1:51.9	7:23.8	4:36.3
20 KNAB, Clara	SR	186	Exeter	-	18:28.3	1:55.0	7:25.1	4:37.1
21 GLODE, Lily	FR	161	Dover	-	18:28.7	1:55.4	7:25.2	4:37.2
22 PELLETIER, Luisa	JR	164	Dover	-	18:53.0	2:18.7	7:35.0	4:43.2
23 FIORENZA, Lily	FR	160	Dover	-	18:59.9	2:26.6	7:37.8	4:45.0
24 QUEENAN, Riley	FR	232	Winnacunnet	(20)	19:17.8	2:44.5	7:44.9	4:49.4
25 GOUCHER, Samantha	SO	224	Winnacunnet	(21)	19:27.9	2:54.6	7:49.0	4:52.0
26 GARRITY, Ava	SR	185	Exeter	-	19:34.1	3:00.8	7:51.5	4:53.5
27 MERRILL, Kaitlin	SO	229	Winnacunnet	-	19:45.9	3:12.6	7:56.2	4:56.5
28 POULIN, Janelle	FR	166	Dover	-	19:56.7	3:23.4	8:00.6	4:59.2
29 YUN, Jan	FR	168	Dover	-	20:11.9	3:38.6	8:06.7	5:03.0
30 ELLSWORTH, Sophia	SR	223	Winnacunnet	-	20:24.9	3:51.6	8:11.9	5:06.2
31 MELAUGH, Tayleigh	SO	163	Dover	-	21:02.6	4:29.3	8:27.1	5:15.6
32 SCHERPF, Karli	JR	194	Exeter	-	22:06.6	5:33.3	8:52.8	5:31.6
33 BACHRACH, Rachel	JR	154	Dover	-	23:42.2	7:08.9	9:31.1	5:55.5
34 CAMPANO, Chloe	FR	158	Dover	-	23:42.9	7:09.6	9:31.4	5:55.7
35 MULDOON, Erin	SO	230	Winnacunnet	-	25:57.3	9:24.0	10:25.4	6:29.3
36 OBY, Peyton	FR	188	Exeter	-	27:34.2	11:00.9	11:04.3	6:53.5