

EXETER HOME MEET

Exeter, NH
 Stratham Hill Park
 Weather: Sunny and warm
 Host: Exeter High School
 Tuesday, August 29, 2023

MEET OFFICIALS

Meet Director:
 Joseph Mann
 Timing:
 Speed Sport Timing



OFFICIAL MEET REPORT
 printed: 8/29/2023 8:42 PM

Race #1
Men's 4K
Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Spread
1 Exeter	21	1-2-3-5-10(11)(14)	1:09:43	1:10.9
2 Winnacunnet	49	7-8-9-12-13(15)(16)	1:13:58	1:03.5
3 Dover	64	4-6-17-18-19(20)(21)	1:20:15	3:50.5

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 MALARK, Gavin	SR	207	Exeter	1	13:29.5	---	5:25.1	3:22.4
2 MANN, Spencer	JR	208	Exeter	2	13:34.5	5.0	5:27.1	3:23.6
3 MIKULSKY, Nathan	SR	210	Exeter	3	13:37.6	8.1	5:28.3	3:24.4
4 FIORENZA, Ethan	SR	172	Dover	4	13:44.8	15.3	5:31.2	3:26.2
5 CLARK, Marcus	SO	198	Exeter	5	14:21.2	51.7	5:45.9	3:35.3
6 JOHNSON, Clayton	SO	177	Dover	6	14:21.5	52.0	5:46.0	3:35.4
7 ROY, Ethan	FR	687	Winnacunnet	7	14:21.9	52.4	5:46.1	3:35.5
8 RONNER-BLAND, Max	SR	686	Winnacunnet	8	14:31.4	1:01.9	5:49.9	3:37.8
9 WALL, Murphy	SR	688	Winnacunnet	9	14:32.3	1:02.8	5:50.3	3:38.1
10 DANGORA, Wally	SO	200	Exeter	10	14:40.3	1:10.8	5:53.5	3:40.1
11 LONG, Davis	SR	205	Exeter	(11)	14:59.2	1:29.7	6:01.1	3:44.8
12 MARTIN-BIGGS, Andrew	JR	682	Winnacunnet	12	15:07.2	1:37.7	6:04.3	3:46.8
13 GERMAIN, Merrick	JR	680	Winnacunnet	13	15:25.4	1:55.9	6:11.6	3:51.3
14 COTTRILL, Ian	SO	199	Exeter	(14)	15:29.2	1:59.7	6:13.2	3:52.3
15 GERMAIN, Mattais	JR	679	Winnacunnet	(15)	15:34.5	2:05.0	6:15.3	3:53.6
16 FABIANO, Jack	SR	202	Exeter	-	15:44.3	2:14.8	6:19.2	3:56.1
17 PAQUET, Landon	JR	212	Exeter	-	15:49.8	2:20.3	6:21.4	3:57.4
18 MOECKLIN, Marius	JR	685	Winnacunnet	(16)	16:17.7	2:48.2	6:32.6	4:04.4
19 ZOU, Aaron	SO	689	Winnacunnet	-	16:33.6	3:04.1	6:39.0	4:08.4
20 WHITE, Leonardo	JR	219	Exeter	-	16:34.4	3:04.9	6:39.4	4:08.6
21 DEPIPPPO, Nicholas	FR	676	Winnacunnet	-	16:50.3	3:20.8	6:45.7	4:12.6
22 MCMAHON, Eamonn	JR	683	Winnacunnet	-	16:52.3	3:22.8	6:46.5	4:13.1
23 TOOKER, Jackson	FR	218	Exeter	-	16:56.3	3:26.8	6:48.1	4:14.1
24 CROOKS, Cameron	JR	675	Winnacunnet	-	16:57.0	3:26.5	6:48.4	4:14.2
25 GAHM, Ethan	FR	678	Winnacunnet	-	17:01.7	3:32.2	6:50.3	4:15.4
26 RAGAZZO, Robert	SO	181	Dover	17	17:16.8	3:47.3	6:56.4	4:19.2
27 GRIFFIN, Dylan	SO	174	Dover	18	17:16.9	3:47.4	6:56.4	4:19.2
28 MCGEE, John	SR	179	Dover	19	17:35.2	4:05.7	7:03.8	4:23.8
29 NIRO, Aidan	SO	180	Dover	(20)	17:35.9	4:06.4	7:04.0	4:24.0
30 MACEK, Andrew	FR	206	Exeter	-	17:49.5	4:20.0	7:09.5	4:27.4
31 MESSIER, Aedan	JR	209	Exeter	-	18:16.8	4:47.3	7:20.5	4:34.2
32 FAILEY, Wyatt	FR	677	Winnacunnet	-	18:24.1	4:54.6	7:23.4	4:36.0
33 GOODRICH, Jake	FR	203	Exeter	-	19:04.7	5:35.2	7:39.7	4:46.2
34 RICE, Griffin	SR	215	Exeter	-	19:43.3	6:13.8	7:55.2	4:55.8
35 ELDRICH, Mason	FR	201	Exeter	-	20:02.0	6:31.5	8:02.7	5:00.5
36 MORRIS, Caden	FR	211	Exeter	-	20:02.3	6:32.8	8:02.8	5:00.6
37 DAVIS, James	FR	170	Dover	(21)	20:24.0	6:53.5	8:11.5	5:06.0
38 BARGDILL, Aaron	FR	169	Dover	-	20:32.1	7:02.6	8:14.8	5:08.0
39 ZUBA, Colin	FR	690	Winnacunnet	-	20:44.0	7:13.5	8:19.6	5:11.0
40 HAMLEN, Brody	FR	681	Winnacunnet	-	20:44.4	7:14.9	8:19.8	5:11.1

EXETER HOME MEET

Exeter, NH
Stratham Hill Park
Weather: Sunny and warm
Host: Exeter High School
Tuesday, August 29, 2023

MEET OFFICIALS

Meet Director:
Joseph Mann
Timing:
Speed Sport Timing



OFFICIAL MEET REPORT
printed: 8/29/2023 8:42 PM

Race #1
Men's 4K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
41 MCMAHON, Owen	SO	684	Winnacunnet	-	22:38.3	9:08.8	9:05.5	5:39.6
42 HUGHES, Gavin	FR	175	Dover	-	23:55.9	10:26.4	9:36.7	5:59.0
43 BROWNING, Matteus	FR	674	Winnacunnet	-	29:06.6	15:37.1	11:41.4	7:16.6