

LAKE REGION CHAMPIONSHIPS

Holderness, NH
 Holderness School
 Host: Host: Holderness School
 Wednesday, November 1, 2023

MEET OFFICIALS

Meet Director:
 Jenna Simon
 Timing:
 Speed Sport Timing



OFFICIAL MEET REPORT
 printed: 11/2/2023 11:29 AM

Race #1
Girls

Final Results**RACE SUMMARY**

Start Time: 3:00 pm Conditions: Cool Temp: 41 Winds: Calm

TEAM SCORING SUMMARY**Varsity**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 St. Paul's School	16	2-6-8(9)(10)	1:06:02	22:01	2:20.6
2 Kimball Union Academy	19	1-5-13(23)	1:06:39	22:13	3:09.9
3 Holderness School	29	4-11-14(16)(19)	1:09:28	23:10	1:35.7
4 Proctor Academy	35	3-15-17(22)(24)	1:09:52	23:18	3:22.9
5 Tilton School	48	7-20-21(25)(27)	1:13:44	24:35	2:47.7
6 Dublin School	58	12-18-28(31)(32)	1:18:09	26:03	6:34.7
7 New Hampton School	85	26-29-30(33)	1:28:49	29:37	1:46.7

JV

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 St. Paul's School	6	1-2-3(4)(8)	1:11:27	23:49	0:55.0
2 Holderness School	18	5-6-7(9)(10)	1:16:40	25:34	0:12.4
3 Tilton School	36	11-12-13	1:28:14	29:25	0:39.1
4 Dublin School	45	14-15-16	1:38:11	32:44	3:02.2

INDIVIDUAL RESULTS

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km
1 LEBRETON, Isabelle	FR	346	Kimball Union Acad	1	20:32.2	---	6:36.2	4:06.4
2 KOURAKOS, Aedyn	SO	391	St. Paul's School (1)	2	20:34.7	2.5	6:37.0	4:06.9
3 COLE-JOHNSON, Niko	JR	362	Proctor Academy (1)	3	21:17.5	45.3	6:50.7	4:15.5
4 FISHER-SMITH, Georgea	SO	316	Holderness School	4	22:17.8	1:45.6	7:10.1	4:27.5
5 CONNORS, Eliza	SR	345	Kimball Union Acad	5	22:24.6	1:52.4	7:12.3	4:28.9
6 BLANCHARD, Olivia	JR	378	St. Paul's School (2)	6	22:31.9	1:59.7	7:14.7	4:30.4
7 ADAMS, Ahnay	SR	172	Tilton School (1)	7	22:46.7	2:14.5	7:19.4	4:33.3
8 BARRETTE, Mackenzie	SO	377	St. Paul's School (3)	8	22:55.2	2:23.0	7:22.2	4:35.0
9 BOYD, Brooks	FR	379	St. Paul's School (4)	(9)	23:05.0	2:31.8	7:25.3	4:37.0
10 CABOT, Alexandra	JR	380	St. Paul's School (5)	(10)	23:08.8	2:36.6	7:26.6	4:37.8
11 SCOTT, Katy	SR	399	St. Paul's School (1)	1	23:13.9	2:41.7	7:28.2	4:38.8
12 MALESKA, Marlena	SO	322	Holderness School	11	23:16.4	2:44.2	7:29.0	4:39.3
13 RASH, Morgan	SO	303	Dublin School (1)	12	23:21.0	2:47.8	7:30.5	4:40.2
14 CHEONG, Ella	SO	344	Kimball Union Acad	13	23:42.1	3:09.9	7:37.2	4:44.4
15 VIPRAKASIT, Patalie	FR	583	St. Paul's School	-	23:50.7	3:18.5	7:40.0	4:46.1
16 LAROCHE, Anika	SO	321	Holderness School	14	23:53.4	3:21.2	7:40.9	4:46.7
17 HADNOT, Natalie	FR	364	Proctor Academy (2)	15	23:53.4	3:21.2	7:40.9	4:46.7
18 MIELE, Kate		324	Holderness School	(16)	23:58.0	3:24.8	7:42.4	4:47.6
19 CHANG, Madeline	SR	383	St. Paul's School (2)	2	24:03.7	3:31.5	7:44.2	4:48.7
20 ZHANG, Sophia	FR	585	St. Paul's School (3)	3	24:08.8	3:36.6	7:45.8	4:49.8
21 GERMAN, Sophia	SR	363	Proctor Academy (3)	17	24:40.3	4:08.1	7:56.0	4:56.1
22 DZIEDZIC, Emelia	FR	299	Dublin School (2)	18	24:52.3	4:20.1	7:59.8	4:58.4
23 WONG, Lily	SR	332	Holderness School	(19)	25:11.5	4:39.3	8:06.0	5:02.3
24 MAGNUS, Sidney	SR	393	St. Paul's School (4)	(4)	25:20.9	4:48.7	8:09.0	5:04.2

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INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km
25 GALLEGO ALVAREZ, Emma	SR	190	Tilton School (2)	20	25:22.7	4:50.5	8:09.6	5:04.5
26 WIGGINS, Jade		331	Holderness School	5	25:28.8	4:56.6	8:11.6	5:05.7
27 CASEY, Mabel	FR	312	Holderness School	6	25:29.3	4:57.1	8:11.7	5:05.8
28 BLACKWOOD, Tish	SR	175	Tilton School (3)	21	25:34.4	5:02.2	8:13.4	5:06.9
29 DONOVAN, Reid	JR	314	Holderness School	7	25:41.1	5:08.9	8:15.5	5:08.2
30 ALEXANDER, Emily	FR	360	Proctor Academy (4)	(22)	26:14.5	5:42.3	8:26.2	5:14.9
31 CHU, Nausicaa	SO	385	St. Paul's School (5)	(8)	26:42.8	6:10.6	8:35.4	5:20.6
32 LATHROP, India	FR	392	St. Paul's School	-	26:55.0	6:21.8	8:39.3	5:23.0
33 HUTCHINSON, Katie	JR	318	Holderness School	(9)	27:10.1	6:37.9	8:44.1	5:26.0
34 WEINSTEIN, Grace	SO	347	Kimball Union Acad	(23)	27:15.5	6:43.3	8:45.9	5:27.1
35 CHU, Mary	FR	384	St. Paul's School	-	27:21.3	6:49.1	8:47.7	5:28.2
36 CALHOUN, Eloise	FR	361	Proctor Academy (5)	(24)	27:31.8	6:59.6	8:51.1	5:30.4
37 MILLER, Sophie	SR	325	Holderness School	(10)	27:44.4	7:12.2	8:55.1	5:32.9
38 ZHANG, Melody	FR	584	St. Paul's School	-	27:48.9	7:16.7	8:56.6	5:33.8
39 SUBASIC, Jelena	SR	366	Proctor Academy	-	27:55.3	7:23.1	8:58.7	5:35.1
40 STODDEN, Meghan	JR	327	Holderness School	-	27:57.1	7:24.9	8:59.2	5:35.4
41 RUBIRALTA KUNZE, Ari	FR	398	St. Paul's School	-	28:00.3	7:28.1	9:00.3	5:36.1
42 WEBSTER, Lily	SR	239	Tilton School (4)	(25)	28:20.8	7:48.6	9:06.8	5:40.1
43 ANDERSEN, Sol	JR	355	New Hampton Scho	26	28:30.4	7:58.2	9:09.9	5:42.1
44 LEGOULLON, Sophia	SR	191	Tilton School (5)	(27)	28:43.5	8:11.3	9:14.2	5:44.7
45 THORNTON, Alexa	JR	328	Holderness School	-	28:44.3	8:12.1	9:14.4	5:44.8
46 AZZUN, Michelle	JR	173	Tilton School	-	28:53.7	8:21.5	9:17.4	5:46.7
47 FONT-PASCUET, Mariona	FR	187	Tilton School (1)	11	29:10.9	8:38.7	9:23.0	5:50.2
48 PAQUIN, Gailine	FR	198	Tilton School (2)	12	29:12.8	8:40.6	9:23.6	5:50.5
49 JOHNSON, Isabelle		319	Holderness School	-	29:15.9	8:43.7	9:24.6	5:51.2
50 EDWARDS, Sammy	SR	315	Holderness School	-	29:16.9	8:44.7	9:24.9	5:51.4
51 WHELOCK, Lila		330	Holderness School	-	29:44.4	9:12.2	9:33.7	5:56.9
52 MELLON, Elizabeth		323	Holderness School	-	29:45.1	9:12.9	9:34.0	5:57.0
53 BERNAL, Lia	SR	174	Tilton School (3)	13	29:50.0	9:16.8	9:35.6	5:58.0
54 CANE, Charlie	FR	305	Dublin School (3)	28	29:55.6	9:23.4	9:37.4	5:59.1
55 O'NEILL, Ella	SR	357	New Hampton Scho	29	30:01.5	9:29.3	9:39.3	6:00.3
56 YAM, Martha		333	Holderness School	-	30:02.1	9:29.9	9:39.4	6:00.4
57 LAMOUREUX, Lucy		320	Holderness School	-	30:08.0	9:34.8	9:41.3	6:01.6
58 SMITH, Ava	FR	358	New Hampton Scho	30	30:17.0	9:43.8	9:44.2	6:03.4
59 PAQUETTE, Brooke	FR	396	St. Paul's School	-	30:24.3	9:52.1	9:46.6	6:04.9
60 FAN, Jin	JR	300	Dublin School (4)	(31)	30:25.6	9:53.4	9:47.0	6:05.1
61 THORNTON, Ella	JR	329	Holderness School	-	30:27.7	9:55.5	9:47.7	6:05.5
62 MEYER, Campbell	SR	301	Dublin School (5)	(32)	30:34.7	10:02.5	9:49.9	6:06.9
63 NEUTRA, Ruby	SO	302	Dublin School (1)	14	30:42.2	10:10.0	9:52.3	6:08.4
64 CASSIDY, Kate	SR	313	Holderness School	-	31:46.4	11:14.2	10:13.0	6:21.3
65 SIAS, Shea	SR	400	St. Paul's School	-	31:53.1	11:20.9	10:15.1	6:22.6
66 O'LEARY, Shannon	FR	356	New Hampton Scho	(33)	31:59.6	11:27.4	10:17.2	6:23.9
67 ONUOHA, Nicole		395	St. Paul's School	-	32:07.0	11:33.8	10:19.6	6:25.4
68 WOLAVER, Ash	JR	304	Dublin School (2)	15	33:43.7	13:11.5	10:50.7	6:44.7
69 DELWORTH, Avery	SO	298	Dublin School (3)	16	33:44.4	13:12.2	10:50.9	6:44.9
-- TCHEREPNIN, Clara	SO	582	St. Paul's School	-			---	---

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Girls**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. kM
-- KNIGHT, Eden	SR	390	St. Paul's School	-			---	---
-- CARYL-KLIKA, Arabella	JR	382	St. Paul's School	-			---	---
-- ILLOZOR, Chiza	FR	389	St. Paul's School	-			---	---
-- RIVERS, Henniyah	JR	326	Holderness School	-			---	---
-- DURADO, Allyson	SO	386	St. Paul's School	-			---	---
-- HUERTA, Gabriela	JR	388	St. Paul's School	-			---	---
-- EHLINGER, Lillian	SR	387	St. Paul's School	-			---	---
-- PRICE, Ava	SR	397	St. Paul's School	-			---	---
-- O'CONNELL, Maeve	SR	394	St. Paul's School	-			---	---
-- CAMPBELL, Lily	SO	381	St. Paul's School	-			---	---
-- ZUR MUHLEN, Lidia	SR	586	St. Paul's School	-			---	---
-- BERRETTINI, Alexis	SR	240	Vermont Academy	-			---	---
-- REYNOLDS, Boo	SR	365	Proctor Academy	-			---	---
-- GLADCHUN, Rio	JR	317	Holderness School	-			---	---