

Seacoast Championships - 5/19/2023Live results @ www.sstresults.com**Exeter High School****Results****Girls 100 Meter Dash****8 Advance: Top 1 Each Heat plus Next 3 Best Times**

MEET: \$ 12.26 5/22/2015 Dominique Twombly, Oyster River						
Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Carty, Erin	11	Oyster River	13.14	12.91Q	-3.0	4
2 Jenkins, Lily	11	Portsmouth	12.35	12.91Q	-4.0	1
3 Chavda, Anushka	12	Coe-Brown	12.53	12.98Q	-1.5	2
4 Woodard, Demaiyah	10	Dover	12.75	13.18Q	-3.3	3
5 Thompson, Rayna	11	Exeter	13.05	13.44Q	NWI	5
6 Milks, Carolyn	9	Portsmouth	13.03	13.56q	NWI	5
7 Yu, Amanda	10	Oyster River	13.36	13.97q	-4.0	1
8 Baumgardt, Avery	9	Oyster River	13.20	13.97q	-3.3	3
9 Comeau, Savanna	9	Somersworth	13.44	13.99	NWI	5
10 Campbell, Harmony	9	Dover	13.65	14.01	NWI	5
11 Nkounkou, Grace	12	Dover	13.86	14.07	-4.0	1
12 Castaldy, Carly	12	Exeter	13.40	14.10	-4.0	1
13 Ahern, Claire	9	Exeter	13.85	14.13	-1.5	2
14 Deane, Abby	12	Oyster River	13.22	14.16	-1.5	2
15 Cancilla, Nicole	9	Dover	13.53	14.18	-1.5	2
16 Konashuk, Dariia	9	Oyster River	13.71	14.19	-3.0	4
17 Carter, Ella	9	Portsmouth	13.61	14.25	-3.0	4
18 Junkins, Abby	9	Spaulding	13.68	14.29	NWI	5
19 George, Ann	11	Exeter	13.98	14.36	-3.0	4
20 Tallman, Kaitlin	10	Spaulding	14.09	14.40	-3.3	3
21 Barry, Kennis	10	Oyster River	14.24	14.42	NWI	5
22 McNicholas, Maeve	9	Oyster River	13.86	14.47	-4.0	1
23 Biddle, Emma	12	Portsmouth	14.27	14.48	-1.5	2
24 Barron, Shakey	11	Portsmouth	14.32	14.52	-3.3	3
25 Brogan, Madison	11	Somersworth	14.48	14.56	-4.0	1
26 Tracey, Abigail	10	Dover	14.05	14.58	-3.0	4
27 Welch, Aiyanna	10	Spaulding	14.60	14.66	-1.5	2
28 Meulenbroek, Caroline	9	Spaulding	14.67	14.70	-4.0	1
29 Postage, Riley	10	Exeter	14.41	14.83	-1.5	2
30 Pickering, Haley	12	Oyster River	14.28	14.87	-3.0	4
31 Blank, Harper	12	Somersworth	14.54	15.07	-3.0	4
32 Cejka, Millie	12	Somersworth	14.64	15.19	-3.3	3
33 Reichert, Allison	10	Exeter	14.71	15.23	NWI	5

Girls 100 Meter Dash

MEET: \$ 12.26 5/22/2015 Dominique Twombly, Oyster River						
Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1 Chavda, Anushka	12	Coe-Brown	12.98	12.66	-2.1	10
2 Carty, Erin	11	Oyster River	12.91	12.78	-2.1	8
3 Jenkins, Lily	11	Portsmouth	12.91	12.80	-2.1	6
4 Woodard, Demaiyah	10	Dover	13.18	12.92	-2.1	4
5 Thompson, Rayna	11	Exeter	13.44	13.35	-2.1	2
6 Milks, Carolyn	9	Portsmouth	13.56	13.53	-2.1	1
7 Yu, Amanda	10	Oyster River	13.97	13.85	-2.1	
8 Baumgardt, Avery	9	Oyster River	13.97	14.06	-2.1	

Seacoast Championships - 5/19/2023Live results @ www.sstresults.com**Exeter High School****Results****Girls 200 Meter Dash**

MEET: \$ 25.44 5/23/2014 Dominique Twombly, Oyster River							
Name	Year	School	Seed	Finals	Wind	H#	Points
1 Woodard, Demaiyah	10	Dover	26.38	27.50	-1.2	1	10
2 Thompson, Rayna	11	Exeter	27.72	28.00	-1.2	1	8
3 McBride, Martelle	9	Exeter	27.57	28.27	-1.2	1	6
4 Metcalf, Sienna	9	Portsmouth	28.00	28.42	-1.4	2	4
5 Nkounkou, Grace	12	Dover	27.97	28.54	-1.4	2	2
6 Seaman, Taylor	12	Exeter	28.98	28.54	-3.2	3	1
7 Milks, Carolyn	9	Portsmouth	27.62	28.64	-1.2	1	
8 Champney, Mackenzie	10	Winnacunnet	28.74	28.83	-3.2	3	
9 Hutt, Caterina	9	Portsmouth C	27.85	28.84	-1.4	2	
10 Clifford, Maitri	10	Winnacunnet	28.47	28.89	-1.4	2	
11 Johnson, Isabella	9	Timberlane	28.61	29.14	-3.2	3	
12 Bronson, Caleigh	11	St. Thomas Aquinas	27.91	29.36	-1.4	2	
13 Cancilla, Nicole	9	Dover	29.42	29.52	-3.7	4	
14 Prusia, Kylie	11	Coe-Brown	28.14	29.52	-1.4	2	
15 Sicard, Natalie	12	Coe-Brown	27.54	29.53	-1.2	1	
16 Yu, Amanda	10	Oyster River	28.53	29.56	-1.4	2	
17 Deane, Abby	12	Oyster River	28.98	29.62	-3.2	3	
18 Campbell, Harmony	9	Dover	28.51	29.63	-1.4	2	
19 Callahan, Maggie	9	Portsmouth	29.85	29.91	-3.7	4	
20 Konashuk, Dariia	9	Oyster River	28.83	29.97	-3.2	3	
21 Tracey, Abigail	10	Dover	29.67	30.01	-3.7	4	
22 Pacheco, Liana	10	Winnacunnet	29.00	30.06	-3.2	3	
23 Salvatore, Karoline	10	St. Thomas Aquinas	29.18	30.34	-3.2	3	
24 George, Ann	11	Exeter	29.33	30.41	-3.7	4	

Girls 400 Meter Dash

MEET: \$ 56.91 5/18/2012 Hannah Parker, Coe-Brown							
Name	Year	School	Seed	Finals	H#	Points	
1 Beaudoin, Charlotte	9	Timberlane	1:01.19	1:00.48	1	10	
2 Knab, Clara	11	Exeter	1:02.20	1:01.33	1	8	
3 Carty, Erin	11	Oyster River	1:02.54	1:01.82	1	6	
4 Clifford, Maitri	10	Winnacunnet	1:02.34	1:01.90	1	4	
5 Timerman, Avery	11	Portsmouth	1:02.35	1:02.32	1	2	
6 Jenkins, Lily	11	Portsmouth	59.53	1:02.49	1	1	
7 Clifford, Moxie	9	Winnacunnet	1:04.82	1:04.25	2		
8 Coleman, Casey	12	Winnacunnet	1:04.64	1:04.82	2		
9 Champney, Mackenzie	10	Winnacunnet	1:06.26	1:06.03	2		
10 Grant, Ainsley	12	Exeter	1:03.55	1:06.59	1		
11 Albertelli, Mia	10	Exeter	1:07.70	1:06.85	2		
12 Fronc, Julia	11	Timberlane	1:08.74	1:07.32	3		
13 Bergeron, Anna	11	Coe-Brown	1:07.92	1:07.67	2		
14 O'Neil, Delaney	11	Raymond	1:07.53	1:07.83	2		
15 Pacheco, Liana	10	Winnacunnet	1:05.75	1:07.85	2		
16 Chavda, Anushka	12	Coe-Brown	1:01.19	1:08.38	1		
17 Koutalidis, Caitlyn	11	Winnacunnet	1:07.97	1:08.86	3		
18 Karam, Paige	9	Exeter	1:08.36	1:09.26	3		
19 Salvatore, Karoline	10	St. Thomas Aquinas	1:07.79	1:09.30	2		

Seacoast Championships - 5/19/2023Live results @ www.sstresults.com**Exeter High School****Results****Girls 800 Meter Run**

MEET: \$ 2:08.21 5/23/2014 Hannah Parker, Coe-Brown						
Name	Year	School	Seed	Finals	H#	Points
1 Malone, Brianna	12	Portsmouth C	2:13.27	2:15.29	1	10
1:07.608 (1:07.608)	2:15.290 (1:07.682)					
2 Poulin, Anique	10	Dover	2:22.31	2:18.06	1	8
1:07.873 (1:07.873)	2:18.057 (1:10.185)					
3 Kavanagh, Haley	10	Oyster River	2:22.94	2:19.92	1	6
1:09.110 (1:09.110)	2:19.915 (1:10.805)					
4 Koutalidis, Charlotte	11	Winnacunnet	2:26.81	2:20.72	1	4
1:09.290 (1:09.290)	2:20.717 (1:11.427)					
5 Gregory, Meadow	12	Exeter	2:25.87	2:32.01	1	2
1:14.666 (1:14.666)	2:32.008 (1:17.342)					
6 Vera, Lea	12	Portsmouth	2:33.71	2:32.24	1	1
1:14.333 (1:14.333)	2:32.235 (1:17.902)					
7 Burrus, Kate	11	St. Thomas Aquinas	2:39.83	2:36.17	2	
1:19.060 (1:19.060)	2:36.161 (1:17.101)					
8 Orleans, Amber	10	Exeter	2:32.28	2:36.17	1	
1:15.933 (1:15.933)	2:36.170 (1:20.237)					
9 Perron, Samantha	10	Coe-Brown	2:36.06	2:37.80	1	
1:15.836 (1:15.836)	2:37.797 (1:21.961)					
10 Taylor, Mallory	12	Coe-Brown	2:39.64	2:38.75	2	
1:19.686 (1:19.686)	2:38.744 (1:19.059)					
11 Caron, Danica	9	Exeter	2:31.05	2:39.86	1	
1:15.698 (1:15.698)	2:39.858 (1:24.161)					
12 Haley, Megan	12	Portsmouth	2:40.99	2:44.16	2	
1:21.252 (1:21.252)	2:44.157 (1:22.906)					
13 Prochilo, Anabel	10	Spaulding	2:41.05	2:44.88	2	
1:21.639 (1:21.639)	2:44.878 (1:23.240)					
14 Muldoon, Lauren	11	Winnacunnet	2:44.82	2:46.03	2	
1:20.502 (1:20.502)	2:46.022 (1:25.520)					
15 Taylor, Madison	9	Coe-Brown	2:43.60	2:47.67	2	
1:25.807 (1:25.807)	2:47.667 (1:21.860)					
16 Cosgrove, Sophia	10	Portsmouth	2:43.80	2:52.57	2	
1:26.181 (1:26.181)	2:52.562 (1:26.382)					
17 Merrill, Kaitlin	9	Winnacunnet	2:44.00	2:59.13	2	
1:25.845 (1:25.845)	2:59.125 (1:33.280)					

Girls 1600 Meter Run

MEET: \$ 4:48.63 5/20/2016 Maegan Doody, Oyster River						
Name	Year	School	Seed	Finals	Points	
1 Kavanagh, Haley	10	Oyster River	5:17.32	5:13.94	10	
1:18.520 (1:18.520)	2:36.251 (1:17.732)	3:55.625 (1:19.375)	5:13.933 (1:18.308)			
2 Fisher, Sheldyn	12	Coe-Brown	5:29.22	5:31.97	8	
1:23.045 (1:23.045)	2:47.010 (1:23.965)	4:10.110 (1:23.100)	5:31.965 (1:21.855)			
3 Gregory, Meadow	12	Exeter	5:28.15	5:46.43	6	
1:22.697 (1:22.697)	2:48.887 (1:26.190)	4:17.115 (1:28.228)	5:46.430 (1:29.315)			
4 McIntyre, Isabel	11	Dover	5:10.24	5:49.41	4	
1:23.575 (1:23.575)	2:51.144 (1:27.570)	4:22.189 (1:31.045)	5:49.409 (1:27.220)			
5 Stocker, Kaitlyn	9	Sanborn Regional	5:40.66	5:50.78	2	
1:27.965 (1:27.965)	2:59.265 (1:31.300)	4:29.317 (1:30.053)	5:50.780 (1:21.464)			

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6	Murdough, Paige	10	Coe-Brown	5:58.07	5:52.55	1
	1:28.450 (1:28.450)	2:59.621 (1:31.171)	4:30.002 (1:30.381)	5:52.546 (1:22.545)		
7	Spuler, Margaret	11	Dover	5:48.78	5:53.31	
	1:27.100 (1:27.100)	2:56.360 (1:29.260)	4:27.081 (1:30.722)	5:53.309 (1:26.228)		
8	Reynolds, Julia	11	Timberlane	5:59.26	6:00.09	
	1:27.510 (1:27.510)	2:57.583 (1:30.073)	4:30.619 (1:33.036)	6:00.082 (1:29.464)		
9	Reynolds, Kaitlyn	11	Timberlane	5:59.92	6:06.84	
	1:27.913 (1:27.913)	2:59.981 (1:32.069)	4:34.422 (1:34.441)	6:06.834 (1:32.412)		
10	Roache, Delaney	10	Exeter	6:00.09	6:14.31	
	1:28.250 (1:28.250)	3:00.749 (1:32.499)	4:38.360 (1:37.611)	6:14.305 (1:35.946)		

Girls 3200 Meter Run

MEET: \$ 10:17.05 5/18/2018 Jacqueline Gaughan, Exeter						
Name	Year	School	Seed	Finals	Points	
1	Cook, Mackenzie	10	Oyster River	11:06.65	11:20.58	10
	1:16.344 (1:16.344)	2:32.176 (1:15.832)	3:48.371 (1:16.195)	5:04.467 (1:16.097)		
	6:21.642 (1:17.175)	7:38.976 (1:17.334)	8:57.797 (1:18.822)	11:20.576 (2:22.780)		
2	Reuss, Marisa	12	Winnacunnet	12:15.99	12:17.26	8
	1:16.989 (1:16.989)	2:33.025 (1:16.036)	3:50.275 (1:17.250)	5:08.825 (1:18.550)		
	6:27.686 (1:18.862)	7:48.767 (1:21.081)	9:09.685 (1:20.918)	12:17.259 (3:07.575)		
3	Bachrach, Madeline	11	Dover	13:00.24	12:54.87	6
	1:18.687 (1:18.687)	2:36.226 (1:17.539)	3:58.136 (1:21.910)	5:22.431 (1:24.295)		
	6:47.983 (1:25.553)	8:15.464 (1:27.481)	9:42.575 (1:27.111)	12:54.866 (3:12.291)		
4	Burness, Ava	11	Winnacunnet	13:00.00	13:15.80	4
	1:18.222 (1:18.222)	2:33.885 (1:15.663)	3:51.098 (1:17.214)	5:12.108 (1:21.010)		
	6:36.854 (1:24.746)	8:01.546 (1:24.692)	9:25.224 (1:23.679)	13:15.793 (3:50.570)		
5	Blanchette, Anna	10	Dover	12:45.00	13:17.82	2
	1:18.271 (1:18.271)	2:35.011 (1:16.740)	3:54.019 (1:19.008)	5:14.706 (1:20.688)		
	6:36.594 (1:21.888)	8:01.403 (1:24.810)	9:24.576 (1:23.173)	13:17.815 (3:53.240)		
6	Larson, Emma	12	Coe-Brown	12:58.70	13:49.26	1
	1:17.333 (1:17.333)	2:33.283 (1:15.950)	3:50.407 (1:17.125)	5:08.943 (1:18.536)		
	6:27.931 (1:18.989)	7:48.920 (1:20.989)	9:07.737 (1:18.818)	13:49.255 (4:41.518)		

Girls 100 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

MEET: \$ 14.85 5/20/2011 Ginny Lavallee, Sanborn Regi						
Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	Poulin, Rachel	11	Exeter	16.61	17.37Q	-0.6 2
2	Weeks, Caroline	12	Portsmouth	17.23	17.53Q	-2.7 3
3	Nada, Mariam	11	Portsmouth	16.06	17.53Q	1.0 1
4	Adams, Hayden	11	Winnacunnet	16.72	17.54q	-2.7 3
5	MacVicar, Sydney	9	Exeter	17.99	17.94q	-0.6 2
6	Lignos, Sierra	12	Portsmouth C	18.11	17.96q	1.0 1
7	Sicard, Natalie	12	Coe-Brown	17.19	18.10q	-0.6 2
8	Bonsaint, Cassidy	11	Somersworth	17.89	18.48q	1.0 1
9	Bolobanic, Jordyn	10	Dover	18.17	18.59	-0.6 2
10	Peterson-Matos, Devin	10	Spaulding	18.97	18.98	1.0 1
11	Munsell, Kaya	10	Timberlane	19.91	19.32	1.0 1
12	Schlosser, Ava	11	Portsmouth	18.98	19.32	-0.6 2

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13 Beland, Aiden	12 Portsmouth	18.90	19.45	1.0	1
14 Labelle, Audrey	11 Somersworth	18.53	19.50	-2.7	3
15 Postage, Riley	10 Exeter	19.59	19.68	1.0	1
16 Soares, Emma	12 Sanborn Regional	19.22	19.85	-2.7	3
17 Fournier, Cat	12 Raymond	19.46	19.88	-0.6	2
18 Kirk, Zoe	10 Dover	17.14	19.89	-2.7	3
19 Rosenbleeth, Clara	10 Exeter	19.94	20.17	-0.6	2
20 Bartel, Colleen	11 Exeter	19.24	20.25	-2.7	3

Girls 100 Meter Hurdles

MEET: \$ 14.85 5/20/2011 Ginny Lavallee, Sanborn Regi

Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1 Poulin, Rachel	11	Exeter	17.37	16.61	-2.9	10
2 Nada, Mariam	11	Portsmouth	17.53	17.13	-2.9	8
3 Adams, Hayden	11	Winnacunnet	17.54	17.39	-2.9	6
4 MacVicar, Sydney	9	Exeter	17.94	17.41	-2.9	4
5 Sicard, Natalie	12	Coe-Brown	18.10	17.52	-2.9	2
6 Weeks, Caroline	12	Portsmouth	17.53	17.62	-2.9	1
7 Lignos, Sierra	12	Portsmouth C	17.96	18.00	-2.9	
8 Bonsaint, Kassidy	11	Somersworth	18.48	18.82	-2.9	

Girls 300 Meter Hurdles

MEET: \$ 45.00 5/23/2014 Ann Sheehy, Winnacunnet

Name	Year	School	Seed	Finals	H#	Points
1 Lignos, Sierra	12	Portsmouth C	53.06	52.91	1	10
2 Carter, Ella	9	Portsmouth	52.55	53.27	1	8
3 Ross, Shannon	10	Coe-Brown	55.24	53.51	1	6
4 MacVicar, Sydney	9	Exeter	54.37	53.75	1	4
5 Boston, Caitlyn	11	Spaulding	53.52	53.78	1	2
6 Bartel, Colleen	11	Exeter	53.43	55.25	1	1
7 Bolobanic, Jordyn	10	Dover	55.99	55.28	2	
8 Weeks, Caroline	12	Portsmouth	55.17	56.73	1	
9 Labelle, Audrey	11	Somersworth	56.30	56.84	2	

Girls 4x100 Meter Relay

MEET: \$ 50.06 5/18/2018 Oyster River, Oyster River

A Concannon, L Gordon, D McClain, X Twombly

School	Seed	Finals	H#	Points
1 Portsmouth 'A'	50.02	51.03	1	10
1) Carter, Ella 9				
2) Milks, Carolyn 9				
3) Nada, Mariam 11				
4) Jenkins, Lily 11				
2 Dover 'A'	51.17	51.69	1	8
1) Cancilla, Nicole 9				
2) Woodard, Demaiyah 10				
3) Campbell, Harmony 9				
4) Nkounkou, Grace 12				
3 Exeter 'A'	51.68	52.02	1	6
1) Castaldy, Carly 12				
2) Seaman, Taylor 12				
3) McBride, Martelle 9				
4) Thompson, Rayna 11				

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Live results @ www.sstresults.com

Exeter High School

Results

....Girls 4x100 Meter Relay

4	Coe-Brown 'A'	51.83	52.35	1	4
	1) Malloy, Josephine 12			2) Ross, Shannon 10	
	3) Prusia, Kylie 11			4) Chavda, Anushka 12	
5	Oyster River 'A'	52.20	53.67	1	2
	1) Deane, Abby 12			2) Yu, Amanda 10	
	3) Baumgardt, Avery 9			4) Konashuk, Dariia 9	
6	Spaulding 'A'	54.24	55.94	1	1
	1) Boudreau, Sara 9			2) Jacobs, Jailyynn 10	
	3) Young, Natalie 10			4) Junkins, Abby 9	
7	Raymond 'A'	57.79	57.29		2
	1) Fournier, Cat 12			2) Donohue, Madelyn 9	
	3) Yockel, Abigail 10			4) Wells, Sydney 9	
8	Sanborn Regional 'A'	1:00.00	57.70		2
	1) Barlow, Anna 9			2) Dwyer, Olivia 12	
	3) Gibby, Lillian 12			4) Stocker, Kaitlyn 9	
--	Somersworth 'A'	55.88	DQ	2	Zone
	1) Brogan, Madison 11			2) Cejka, Millie 12	
	3) McKay, Sya 10			4) Comeau, Savanna 9	

Girls 4x400 Meter Relay

=====							
MEET: \$ 4:04.71 5/17/2019 Portsmouth, Portsmouth							
G Ripperger, P Betournay, E Baker, S Morin							
School		Seed		Finals		Points	
=====							
1	Exeter 'A'	4:09.57		4:12.14		10	
	1) Seaman, Taylor 12			2) Smith, Emma 12			
	3) Knab, Clara 11			4) Gregory, Meadow 12			
	1:00.989 (1:00.989)	2:07.903 (1:06.914)	3:11.372 (1:03.470)	4:12.140 (1:00.769)			
2	Portsmouth 'A'	4:10.98		4:13.12		8	
	1) Milks, Carolyn 9			2) Timerman, Avery 11			
	3) Metcalf, Sienna 9			4)			
	1:00.517 (1:00.517)	2:07.214 (1:06.697)	3:11.161 (1:03.948)	4:13.120 (1:01.960)			
3	Winnacunnet 'A'	4:16.57		4:15.02		6	
	1) Clifford, Maitri 10			2) Coleman, Casey 12			
	3) Clifford, Moxie 9			4) Koutalidis, Charlotte 11			
	1:02.626 (1:02.626)	2:09.575 (1:06.950)	3:13.359 (1:03.784)	4:15.019 (1:01.661)			
4	Dover 'A'	4:21.27		4:27.10		4	
	1) Woodard, Demaiyah 10			2) Campbell, Harmony 9			
	3) Poulin, Anique 10			4) McIntyre, Isabel 11			
	1:07.385 (1:07.385)	2:16.872 (1:09.487)	3:23.789 (1:06.918)	4:27.099 (1:03.310)			
5	Sanborn Regional 'A'	4:35.75		4:31.33		2	
	1) Stocker, Kaitlyn 9			2) Barlow, Anna 9			
	3) Tomany, Hanna 11			4) Tedford, Lily 11			
	1:07.069 (1:07.069)	2:17.457 (1:10.388)	3:24.929 (1:07.473)	4:31.327 (1:06.398)			
6	Coe-Brown 'A'	4:33.66		4:34.50		1	
	1) Perron, Samantha 10			2) Prusia, Kylie 11			
	3) Taylor, Mallory 12			4) Bergeron, Anna 11			
	1:04.734 (1:04.734)	2:16.608 (1:11.875)	3:25.778 (1:09.170)	4:34.492 (1:08.715)			
7	Spaulding 'A'	4:48.83		4:40.90			
	1) Faucher, Haley 12			2) Dion, Ainsley 12			
	3) Prochilo, Anabel 10			4) Boston, Caitlyn 11			
	1:04.774 (1:04.774)	2:19.174 (1:14.400)	3:31.737 (1:12.564)	4:40.898 (1:09.161)			

Seacoast Championships - 5/19/2023Live results @ www.sstresults.com**Exeter High School****Results****Girls 4x800 Meter Relay**

MEET: \$ 9:40.28 5/18/2012 Coe-Brown, Coe-Brown							
A Archambault, L Buiel, H Parker, K Terry							
School				Seed	Finals	Points	
1 Exeter 'A'				10:06.26	10:35.93	10	
1) Grant, Ainsley 12				2) Caron, Danica 9			
3) Orleans, Amber 10				4) Maher, Lily 9			
2:41.595 (2:41.595)	5:13.751	(2:32.156)	7:50.498	(2:36.747)	10:35.923	(2:45.425)	
2 Coe-Brown 'A'				10:24.49	10:48.47	8	
1) Perron, Samantha 10				2) Murdough, Paige 10			
3) Bergeron, Anna 11				4) Taylor, Mallory 12			
2:40.113 (2:40.113)	5:19.401	(2:39.289)	8:09.729	(2:50.329)	10:48.470	(2:38.741)	
3 Portsmouth 'A'				10:25.35	11:22.73	6	
1) Haley, Megan 12				2) Hodgson, Georgia 12			
3) Pataki, Kaitlyn 11				4) Raymond, Rebecca 12			
2:48.239 (2:48.239)	5:41.563	(2:53.325)	8:34.864	(2:53.302)	11:22.729	(2:47.865)	
4 Winnacunnet 'A'				10:55.00	11:29.79	4	
1) Burness, Ava 11				2) Merrill, Kaitlin 9			
3) Muldoon, Lauren 11				4) Eaton, Carly 10			
2:43.044 (2:43.044)	5:36.082	(2:53.038)	8:35.793	(2:59.711)	11:29.790	(2:53.998)	

Girls High Jump

MEET: \$ 5-01 5/18/2018 Sophie Merry-Carreiro, Sanborn Regi							
MEET: \$ 5-01 5/20/2011 Michaela Taffe, Timberlane							
Name	Year	School		Seed	Finals	Points	
1 Drew, Hannah	12	Spaulding		5-03.00	5-01.00\$	10	
4-03 4-05 4-07 4-09 4-11 5-01 5-04							
P P P O XO O XXX							
2 McKay, Sya	10	Somersworth		5-03.00	4-11.00	8	
4-03 4-05 4-07 4-09 4-11 5-01							
P O O O XXO XXX							
3 Comeau, Savanna	9	Somersworth		5-00.00	4-09.00	6	
4-03 4-05 4-07 4-09 4-11							
P O O O XXX							
4 Kirk, Zoe	10	Dover		4-10.00	4-07.00	4	
4-03 4-05 4-07 4-09							
P O O XXX							
5 MacKeen, Kiersten	11	Timberlane		4-10.00	J4-07.00	2	
4-03 4-05 4-07 4-09							
P O XO XXX							
6 Adams, Hayden	11	Winnacunnet		4-10.00	J4-07.00	1	
4-03 4-05 4-07 4-09							
XXO XXO XXO XXX							
7 Tomany, Hanna	11	Sanborn Regional		4-10.00	4-05.00		
4-03 4-05 4-07							
O O XXX							
8 Morin, Katharine	10	Dover		4-07.00	J4-05.00		
4-03 4-05 4-07							
O XO XXX							
9 Sartin, Noelle	12	Coe-Brown		4-06.00	J4-05.00		
4-03 4-05 4-07							
XO XO XXX							

Seacoast Championships - 5/19/2023**Live results @ www.sstresults.com****Exeter High School****Results****....Girls High Jump**

10 Coleman, Casey	12 Winnacunnet	4-08.00	J4-05.00
4-03 4-05 4-07			
O XXO XXX			
11 Koutalidis, Charlotte	11 Winnacunnet	4-10.00	J4-05.00
4-03 4-05 4-07			
XXO XXO XXX			
11 Foster, Emme	11 Portsmouth	4-06.00	J4-05.00
4-03 4-05 4-07			
XXO XXO XXX			
13 Kelly, Brooke	10 Dover	4-07.00	4-03.00
4-03 4-05			
O XXX			
14 Thorne, Anissa	12 Coe-Brown	4-06.00	J4-03.00
4-03 4-05			
XO XXX			
-- Brogan, Madison	11 Somersworth	4-06.00	NH
4-03			
XXX			

Girls Pole Vault

MEET: \$ 11-01 2008		Lindsey Patterson, Timberlane			
Name	Year	School	Seed	Finals	Points
1 Durant, Sophie	10	Oyster River	8-07.00	8-01.00	10
6-07 7-01 8-01 8-07					
O XO O XXX					
2 Nkounkou, Grace	12	Dover	7-00.00	J8-01.00	8
6-07 7-01 8-01 8-07					
O XO XXO XXX					
3 Higginbotham, Mia	10	Oyster River	7-06.00	J8-01.00	6
6-07 7-01 8-01 8-07					
O XXO XXO XXX					
4 Kelly, Brooke	10	Dover	7-06.00	7-01.00	4
6-07 7-01 8-01					
O O XXX					
5 Ross, Shannon	10	Coe-Brown	8-00.00	J7-01.00	2
6-07 7-01 8-01					
XXO O XXX					
6 Meulenbroek, Caroline	9	Spaulding	6-06.00	J7-01.00	1
6-07 7-01 8-01					
O XXO XXX					
7 Dulin, Elie	11	Oyster River	6-06.00	6-07.00	
6-07 7-01					
O XXX					
7 Barron, Shakey	11	Portsmouth	7-00.00	6-07.00	
6-07 7-01					
O XXX					
7 Pavlik, Elena	10	Oyster River	6-07.00	6-07.00	
6-07 7-01					
O XXX					
10 Houle, Emily	10	Spaulding	7-04.00	J6-07.00	
6-07 7-01					
XXO XXX					

Seacoast Championships - 5/19/2023Live results @ www.sstresults.com**Exeter High School****Results****....Girls Pole Vault**

10	Friend-Gray, Emeline	10	Dover	7-00.00	J6-07.00
	6-07 7-01				
	XXO XXX				
--	Hennessy, Kaylin	12	St. Thomas Aquinas	6-07.00	NH
	6-07				
	XXX				

Girls Long Jump

MEET: \$ 18-01 5/22/2009 Jocelyn Briggs, Winnacunnet							
Name	Year	School	Seed	Finals	Wind	H#	Points
1 Baumgardt, Avery	9	Oyster River	16-09.00	15-05.50	NWI	2	10
	15-04(NWI)	15-05.50(NWI)	14-11.50(NWI)	14-01.50(NWI)	14-03.50(NWI)	14-04(NWI)	
2 Poulin, Rachel	11	Exeter	15-09.50	14-09.25	NWI	2	8
	14-05.75(NWI)	14-08.50(NWI)	14-07.25(NWI)	14-04(NWI)	14-09.25(NWI)	14-03.75(NWI)	
3 Young, Natalie	10	Spaulding	15-00.00	14-08.00	NWI	1	6
	FOUL	FOUL	14-07.50(NWI)	14-02(NWI)	14-05(NWI)	14-08(NWI)	
4 Ahern, Claire	9	Exeter	15-11.00	J14-08.00	NWI	2	4
	14-08(NWI)	14-07.25(NWI)	FOUL	14-03.50(NWI)	FOUL	FOUL	
5 Adams, Hayden	11	Winnacunnet	15-07.50	J14-08.00	NWI	2	2
	FOUL	14-08(NWI)	14-04.50(NWI)	12-00.50(NWI)	FOUL	13-11(NWI)	
6 Smith, Emma	12	Exeter	16-04.00	14-05.00	NWI	2	1
	14-05(NWI)	14-03.75(NWI)	13-01.25(NWI)	14-00(NWI)	13-08.50(NWI)	12-02.50(NWI)	
7 Brogan, Madison	11	Somersworth	14-07.75	14-01.75	NWI	1	
	FOUL	13-06(NWI)	14-00.50(NWI)	13-09.50(NWI)	14-01.75(NWI)	13-08.75(NWI)	
8 Castaldy, Carly	12	Exeter	15-09.00	14-01.50	NWI	2	
	FOUL	10-02(NWI)	14-00(NWI)	13-02(NWI)	14-01.50(NWI)	FOUL	
9 Cowan, Alexis	12	Coe-Brown	14-08.00	13-10.25	NWI	1	
	13-04.25(NWI)	13-10.25(NWI)	13-10.25(NWI)				
10 Gibby, Lillian	12	Sanborn Regional	15-06.50	13-09.50	NWI	1	
	13-09.50(NWI)	13-08.50(NWI)	13-05(NWI)				
11 Clifford, Moxie	9	Winnacunnet	15-02.00	13-07.50	NWI	1	
	13-07.50(NWI)	13-07(NWI)	FOUL				
12 MacVicar, Sydney	9	Exeter	14-09.00	13-05.00	NWI	1	
	13-05(NWI)	11-09.75(NWI)	FOUL				
13 Metcalf, Sienna	9	Portsmouth	15-05.50	13-03.75	NWI	1	
	13-02.25(NWI)	13-03.75(NWI)	13-02(NWI)				
14 Fournier, Cat	12	Raymond	14-06.50	13-03.50	NWI	1	
	13-03.50(NWI)	12-07(NWI)	12-03.25(NWI)				
15 Tallman, Kaitlin	10	Spaulding	14-03.75	12-11.75	NWI	1	
	12-11.75(NWI)	12-10.75(NWI)	FOUL				
-- McBride, Martelle	9	Exeter	16-01.00	FOUL		2	
	FOUL	FOUL	FOUL				
-- Nada, Mariam	11	Portsmouth	16-06.75	FOUL		2	
	FOUL	FOUL	FOUL				

Girls Triple Jump

MEET: \$ 38-03 5/18/2012 Hillary Holmes, Exeter							
Name	Year	School	Seed	Finals	Wind	H#	Points
1 Malloy, Josephine	12	Coe-Brown	34-01.00	33-06.75	NWI	2	10
	33-06.75(NWI)	32-08.25(NWI)	33-00.50(NWI)	FOUL	32-06.50(NWI)	30-06.50(NWI)	

Seacoast Championships - 5/19/2023

Live results @ www.sstresults.com

Exeter High School

Results

....Girls Triple Jump

2	McKay, Sya	10 Somersworth	33-04.00	32-10.75	NWI	2	8
			31-02.50 (NWI)	32-02 (NWI)	32-10.75 (NWI)	31-08.50 (NWI)	31-06 (NWI) 31-11 (NWI)
3	Smith, Emma	12 Exeter	33-04.00	32-03.50	NWI	2	6
			30-11 (NWI)	31-01 (NWI)	31-10 (NWI)	30-10 (NWI)	32-03.50 (NWI) 32-00 (NWI)
4	Kirk, Zoe	10 Dover	32-07.75	31-10.50	NWI	2	4
			30-08 (NWI)	31-06 (NWI)	30-09.25 (NWI)	31-10 (NWI)	31-06.50 (NWI) 31-10.50 (NWI)
5	Boudreau, Sara	9 Spaulding	31-07.00	31-10.00	NWI	2	2
			30-06 (NWI)	30-11.75 (NWI)	28-11.50 (NWI)	29-10.75 (NWI)	31-02 (NWI) 31-10 (NWI)
6	Sicard, Natalie	12 Coe-Brown	33-00.50	31-07.50	NWI	2	1
			30-09.50 (NWI)	30-06.75 (NWI)	31-07.50 (NWI)	FOUL	29-08 (NWI) PASS
7	Cowan, Alexis	12 Coe-Brown	31-08.00	31-05.50	NWI	2	
			FOUL	30-10 (NWI)	30-02 (NWI)	30-11.50 (NWI)	31-05.50 (NWI) 30-06.50 (NWI)
8	Milks, Carolyn	9 Portsmouth	32-07.50	31-01.00	NWI	2	
			31-01 (NWI)	30-01 (NWI)	30-08 (NWI)	FOUL	30-08.75 (NWI) 30-04 (NWI)
9	Friend-Gray, Emeline	10 Dover	30-09.50	30-04.75	NWI	1	
			29-03.75 (NWI)	29-07.75 (NWI)	30-04.75 (NWI)		
10	Bartel, Colleen	11 Exeter	31-00.00	30-04.00	NWI	1	
			30-04 (NWI)	29-08.50 (NWI)	28-08 (NWI)		
11	MacKeen, Kiersten	11 Timberlane	30-04.00	J30-04.00	NWI	1	
			29-06 (NWI)	29-03.50 (NWI)	30-04 (NWI)		
12	Mahler, Abigail	11 Oyster River	30-07.25	29-03.00	NWI	1	
			29-03 (NWI)	27-07.50 (NWI)	27-10.50 (NWI)		
13	Junkins, Abby	9 Spaulding	30-08.00	29-01.75	NWI	1	
			26-04.75 (NWI)	27-05 (NWI)	29-01.75 (NWI)		
14	Gregory, Meadow	12 Exeter	31-02.00	29-01.00	NWI	1	
			29-00 (NWI)	29-01 (NWI)	24-07.50 (NWI)		
15	Bolobanic, Jordyn	10 Dover	29-04.50	26-06.50	NWI	1	
			FOUL	25-01.25 (NWI)	26-06.50 (NWI)		

Girls Shot Put

MEET: \$ 40-07.50 5/17/2019 Mady Buchalski, St. Thomas A							
Name	Year	School	Seed	Finals	H#	Points	
1 Kersten-Guiler, Runa	12	Exeter	30-05.50	29-09.00	2	10	
			28-06.25 29-08.75	28-08 27-06.50	27-09 29-09		
2 Grenier, Madeleine	12	Coe-Brown	30-01.75	29-01.00	2	8	
			28-07 28-09.50	FOUL	29-01 27-11	28-10	
3 Chesbro, Paige	11	Sanborn Regional	29-01.75	28-09.50	2	6	
			28-05.50 27-10	27-09.50 27-06	28-09.50 26-07		
4 Scruton, Sadie	9	Coe-Brown	28-03.50	28-04.00	2	4	
			27-01.50 28-04	26-07 25-10.25	26-04.50 25-11		
5 Henriques, Mia	12	St. Thomas Aquinas	28-03.50	28-00.50	2	2	
			25-03.50 24-10.50	28-00.50 25-05.50	27-03.50 25-07		
6 Donohue, Madelyn	9	Raymond	27-04.50	28-00.00	1	1	
			28-00 24-06.50	23-09 24-06	21-00 22-04		
7 Beem, Lucille	9	Exeter	27-08.00	27-07.50	2		
			25-09 27-07.50	27-02 25-06	24-08 25-04		
8 Sheely, Meredith	9	Timberlane	27-05.50	27-00.00	2		
			25-09 27-00	26-07 25-01	25-00.50 26-08		
9 Ulven, Josslyn	11	Exeter	25-01.00	26-09.50	1		
			26-09.50 24-06.50	23-05			
10 Grenier, Isabelle	9	Coe-Brown	27-03.50	26-02.00	1		
			26-02 25-01	24-08.50			

Seacoast Championships - 5/19/2023**Live results @ www.sstresults.com****Exeter High School****Results****....Girls Shot Put**

11	Drapeau, Riley	11	Oyster River	27-08.50	26-01.00	2
	26-00.50 24-00 26-01					
11	Fabiano, Autumn	9	Exeter	26-10.00	26-01.00	1
	26-01 24-09.50 25-07					
13	Bandouveres, Melina	10	Somersworth	27-10.00	26-00.00	2
	25-02 26-00 25-05					
14	Wheeler, Eliza	11	Oyster River	24-08.50	25-01.00	1
	23-09 22-06.50 25-01					
15	Wishart, Cam	10	St. Thomas Aquinas	24-05.00	24-11.00	1
	24-11 24-00.75 20-08					
15	Freer, Margaux	11	Portsmouth	24-09.50	24-11.00	1
	24-04 24-11 24-00					
17	Morrison, Makenna	11	Dover	25-01.00	22-11.00	1
	22-11 21-07 21-00					
18	Okon, Helen	9	Dover	24-04.25	22-07.00	1
	22-07 20-01 21-07					

Girls Discus Throw

MEET: \$ 125-08 5/19/2017 Kathleen Collins, Coe-Brown						
Name	Year	School	Seed	Finals	H#	Points
1 Grenier, Madeleine	12	Coe-Brown	103-10	93-05	2	10
	FOUL	FOUL 81-02 93-05 90-06	FOUL			
2 Chesbro, Paige	11	Sanborn Regional	90-01	89-03	2	8
	84-02 78-08 73-04 80-07 89-03	FOUL				
3 Grenier, Isabelle	9	Coe-Brown	87-05	84-04	2	6
	75-09 78-00 79-02 77-02 69-02 84-04					
4 Zeblisky, Emma	10	Coe-Brown	76-11	81-06	1	4
	78-03 73-11 74-06 75-08 81-06 71-01					
5 Sutton, Ava	11	Spaulding	77-08	80-01	1	2
	79-06 75-06 71-03 78-07 69-10 80-01					
6 Martin, Renee	11	Portsmouth	86-00	77-07	2	1
	FOUL 74-04 77-07 77-03 75-03	FOUL				
7 Wheeler, Eliza	11	Oyster River	88-08	77-04	2	
	FOUL 76-06 FOUL 71-09 FOUL 77-04					
8 Kilbreth, Ainsley	11	Coe-Brown	85-08	76-06	2	
	73-01 75-09 72-07 73-01 73-09 76-06					
9 Bandouveres, Melina	10	Somersworth	71-09	73-03	1	
	68-03 65-11 73-03					
10 Sheely, Meredith	9	Timberlane	80-07	70-04	2	
	70-04 68-05 68-06					
11 Whitney, Anna	12	Exeter	78-01.50	69-08	2	
	69-08 FOUL 69-05					
12 Scruton, Sadie	9	Coe-Brown	86-05	68-07	2	
	68-07 68-02 FOUL					
13 Fabiano, Autumn	9	Exeter	78-00	56-08	1	
	FOUL 56-08 FOUL					
14 Ulven, Josslyn	11	Exeter	77-06.25	54-11	1	
	FOUL FOUL 54-11					
15 Kersten-Guiler, Runa	12	Exeter	68-06	54-01	1	
	54-01 FOUL 53-04					
16 Jacobs, Jailynn	10	Spaulding	70-03	53-08	1	
	50-03 FOUL 53-08					

Seacoast Championships - 5/19/2023**Live results @ www.sstresults.com****Exeter High School****Results****....Girls Discus Throw**

16 Cejka, Millie 12 Somersworth 64-02 53-08 1
 FOUL 43-08 53-08

Girls Javelin Throw

MEET: \$ 134-04 5/21/2010 Krista Vincent, Somersworth									
Name	Year	School	Seed	Finals	H#	Points			
1 Poulin, Rachel	11	Exeter	112-07	115-00	2	10			
104-04 PASS PASS	98-09	89-02	115-00						
2 Castaldy, Carly	12	Exeter	89-00	103-00	2	8			
103-00 77-06 69-09	82-08	70-08	78-00						
3 Zeblisky, Emma	10	Coe-Brown	113-00	99-04	2	6			
88-10 67-01 FOUL	99-04	88-09	84-08						
4 Heilshorn, Jacqueline	11	Coe-Brown	90-00	95-11	2	4			
95-11 94-10 85-04	95-07	88-02	86-09						
5 Donohue, Madelyn	9	Raymond	98-00	93-11	2	2			
93-11 73-06 81-00	89-11	FOUL							
6 Macek, MarLie	11	Exeter	87-05	93-04	2	1			
85-07 FOUL 82-09	88-06	93-04	91-09						
7 Martin, Renee	11	Portsmouth	86-02	87-07	1				
77-06 87-07 84-07	80-08	83-00	79-07						
8 Sutton, Ava	11	Spaulding	81-06	83-02	1				
76-00 76-08 83-02	82-03	72-03	79-09						
9 McKay, Sya	10	Somersworth	82-02	82-11	1				
77-06 82-11 FOUL									
10 Drapeau, Riley	11	Oyster River	97-06	81-07	2				
71-00 81-07 FOUL									
11 Fournier, Cat	12	Raymond	86-04	75-07	1				
75-07 72-01 69-01									
12 Morrison, Makenna	11	Dover	81-02	75-00	1				
67-00 72-01 75-00									
13 Fletcher, Ella	10	Portsmouth	81-06	73-11	1				
72-03 73-11 72-03									
14 MacMillan, Emma	12	Spaulding	75-05	70-10	1				
67-00 58-04 70-10									
15 Merrill, Isabel	11	Raymond	80-07	70-09	1				
67-05 57-02 70-09									
16 Darling, Lily	10	Raymond	76-02	70-01	1				
FOUL 61-06 70-01									

Women - Team Rankings - 18 Events Scored

1) Exeter	126	2) Coe-Brown	96
3) Dover	68	3) Oyster River	68
5) Portsmouth	57	6) Winnacunnet	39
7) Spaulding	24	8) Somersworth	22
9) Portsmouth Christian	20	10) Sanborn Regional	18
11) Timberlane	12	12) Raymond	3
13) St. Thomas Aquinas	2		