

LAKES REGION AT ST. PAULS

Concord, NH

St. Paul's School

Host: St. Paul's School

Wednesday, September 20, 2023

MEET OFFICIALS

Timing:

Speed Sport Timing

**OFFICIAL MEET REPORT**

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Race #4
Girls 5K**Final Results****TEAM SCORING SUMMARY****Varsity**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 St. Paul's School	8	1-2-5(7)	1:04:50	21:37	1:26.1
2 Holderness School	18	4-6-8(12)	1:07:27	22:29	0:52.2
3 Kimball Union Academy	29	3-10-16(19)	1:13:02	24:21	4:44.9
4 Proctor Academy	33	9-11-13(14)	1:13:18	24:26	1:51.0
5 Tilton School	50	15-17-18(20)	1:20:31	26:51	1:10.4
6 New Hampton School	69	22-23-24	1:37:52	32:38	5:43.7
7 Vermont Academy	72	21	29:33	29:33	

JV

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 St. Paul's School	6	1-2-3(4)	1:11:32	23:51	0:59.0
2 Holderness School	22	5-7-10(11)	1:18:51	26:17	2:33.0
3 Proctor Academy	23	6-8-9	1:19:56	26:39	1:44.1
4 Tilton School	39	12-13-14(15)	1:31:26	30:29	1:32.8

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 KOURAKOS, Aedyn	SO	113	St. Paul's School	1	20:53.6	---	6:43.1	4:10.7
2 BLANCHARD, Olivia	JR	100	St. Paul's School	2	21:36.7	43.1	6:56.9	4:19.3
3 LEBRETON, Isabelle	FR	69	Kimball Union Acad	3	21:56.7	1:03.1	7:03.3	4:23.3
4 FISHER-SMITH, Georgea	SO	33	Holderness School	4	22:02.1	1:08.5	7:05.1	4:24.4
5 O'CONNELL, Maeve	SR	116	St. Paul's School	5	22:19.7	1:26.1	7:10.7	4:27.9
6 GLADCHUN, Rio	JR	34	Holderness School	6	22:29.9	1:36.3	7:14.1	4:30.0
7 BOYD, Brooks	FR	101	St. Paul's School	(7)	22:35.5	1:41.9	7:15.8	4:31.1
8 LAROCHE, Anika	SO	41	Holderness School	8	22:54.3	2:00.7	7:21.9	4:34.9
9 SCOTT, Katy	SR	120	St. Paul's School	1	23:27.9	2:34.3	7:32.7	4:41.6
10 COLE-JOHNSON, Niko	JR	83	Proctor Academy	9	23:28.3	2:34.7	7:32.8	4:41.7
11 BARRETTE, Mackenzie	SO	99	St. Paul's School	2	23:37.3	2:43.7	7:35.7	4:43.4
12 CONNORS, Eliza	SR	67	Kimball Union Acad	10	24:23.4	3:29.8	7:50.5	4:52.7
13 VIPRAKASIT, Patalie	FR	123	St. Paul's School	3	24:26.9	3:33.3	7:51.6	4:53.4
14 GERMAN, Sophia	SR	84	Proctor Academy	11	24:30.1	3:36.5	7:52.7	4:54.0
15 CABOT, Alexandra	JR	102	St. Paul's School	(4)	24:38.4	3:44.8	7:55.4	4:55.7
16 BANNON, Stevie Lee	SR	27	Holderness School	(12)	24:47.2	3:53.6	7:58.2	4:57.4
17 CASEY, Mabel	FR	28	Holderness School	5	25:11.6	4:18.0	8:06.0	5:02.3
18 ZUR MUHLEN, Lidia	SR	126	St. Paul's School	-	25:15.0	4:20.4	8:07.1	5:03.0
19 REYNOLDS, Boo	SR	86	Proctor Academy	13	25:19.3	4:25.7	8:08.5	5:03.9
20 CALHOUN, Eloise	FR	82	Proctor Academy	(14)	25:36.0	4:41.4	8:13.9	5:07.2
21 HADNOT, Natalie	FR	85	Proctor Academy	6	25:38.8	4:45.2	8:14.8	5:07.8
22 CHANG, Madeline	SR	105	St. Paul's School	-	25:47.5	4:53.9	8:17.6	5:09.5
23 WONG, Lilly	SR	51	Holderness School	7	25:54.0	4:59.4	8:19.7	5:10.8
24 LATHROP, India	FR	114	St. Paul's School	-	25:59.0	5:04.4	8:21.3	5:11.8
25 ADAMS, Ahnay	SR	165	Tilton School	15	26:17.2	5:23.6	8:27.1	5:15.4
26 CHEONG, Ella	SO	66	Kimball Union Acad	16	26:41.5	5:47.9	8:34.9	5:20.3

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
27 BLACKWOOD, Tish	SR	168	Tilton School	17	26:46.5	5:52.9	8:36.5	5:21.3
28 ALEXANDER, Emily	FR	81	Proctor Academy	8	26:54.3	6:00.7	8:39.0	5:22.8
29 CHU, Mary	FR	106	St. Paul's School	-	26:58.6	6:05.0	8:40.4	5:23.7
30 ZHANG, Melody	FR	124	St. Paul's School	-	27:07.7	6:14.1	8:43.3	5:25.5
31 MAGNUS, Sidney	SR	115	St. Paul's School	-	27:21.9	6:28.3	8:47.9	5:28.4
32 SUBASIC, Jelena	SR	87	Proctor Academy	9	27:22.8	6:29.2	8:48.2	5:28.6
33 GALLEGO ALVAREZ, Emma	SR	171	Tilton School	18	27:27.5	6:33.9	8:49.7	5:29.5
34 KNIGHT, Eden	SR	112	St. Paul's School	-	27:38.5	6:44.9	8:53.3	5:31.7
35 HUTCHINSON, Katie	JR	38	Holderness School	10	27:44.6	6:51.0	8:55.2	5:32.9
36 THORNTON, Alexa	JR	48	Holderness School	(11)	27:49.0	6:54.4	8:56.6	5:33.8
37 MILLER, Sophie		45	Holderness School	-	27:57.2	7:03.6	8:59.3	5:35.4
38 RIVERS, Hennyiah	JR	46	Holderness School	-	28:27.9	7:34.3	9:09.2	5:41.6
39 BARNARD, Rebecca	SR	98	St. Paul's School	-	28:34.9	7:41.3	9:11.4	5:43.0
40 CARYL-KLIKA, Arabella	JR	104	St. Paul's School	-	28:46.8	7:53.2	9:15.2	5:45.4
41 WEINSTEIN, Grace	SO	70	Kimball Union Acad	(19)	28:58.4	8:04.8	9:19.0	5:47.7
42 WEBSTER, Lily	SR	176	Tilton School	(20)	29:20.4	8:26.8	9:26.0	5:52.1
43 FONT-PASCUET, Mariona	FR	170	Tilton School	12	29:30.2	8:36.6	9:29.2	5:54.0
44 BURNS, Dana	JR	650	Vermont Academy	21	29:32.1	8:38.5	9:29.8	5:54.4
45 CAMPBELL, Lily	SO	103	St. Paul's School	-	29:44.9	8:51.3	9:33.9	5:57.0
46 STODDEN, Meghan	JR	47	Holderness School	-	29:51.3	8:57.7	9:36.0	5:58.2
47 JOHNSON, Isabelle		39	Holderness School	-	29:51.4	8:57.8	9:36.0	5:58.3
48 EDWARDS, Sammy	SR	32	Holderness School	-	29:54.5	9:00.9	9:37.0	5:58.9
49 CASSIDY, Kate	SR	29	Holderness School	-	30:08.0	9:13.4	9:41.3	6:01.6
50 ANDERSEN, Sol	JR	77	New Hampton Scho	22	30:19.9	9:26.3	9:45.2	6:04.0
51 WHELOCK, Lila		50	Holderness School	-	30:46.8	9:53.2	9:53.8	6:09.3
52 MELLON, Elizabeth		43	Holderness School	-	30:47.0	9:52.4	9:53.9	6:09.4
53 AZZUN, Michelle	SR	166	Tilton School	13	30:52.7	9:59.1	9:55.7	6:10.5
54 YAM, Martha		52	Holderness School	-	30:53.8	10:00.2	9:56.1	6:10.7
55 LAMOUREUX, Lucy		40	Holderness School	-	30:55.5	10:01.9	9:56.6	6:11.1
56 LEGOULLON, Sophia	SR	172	Tilton School	14	31:02.9	10:09.3	9:59.0	6:12.6
57 O'LEARY, Shannon	FR	78	New Hampton Scho	23	31:28.3	10:34.7	10:07.2	6:17.7
58 BERNAL, Lia	SR	167	Tilton School	(15)	32:02.0	11:07.4	10:18.0	6:24.4
59 THORNTON, Ella		49	Holderness School	-	32:59.4	12:05.8	10:36.4	6:35.9
60 LEMAY, Lindsey	SO	173	Tilton School	-	34:09.1	13:15.5	10:58.9	6:49.8
61 PAQUETTE, Brooke	FR	117	St. Paul's School	-	34:52.7	13:59.1	11:12.9	6:58.5
62 SMITH, Ava	FR	79	New Hampton Scho	24	36:03.6	15:10.0	11:35.7	7:12.7
63 ILLOZOR, Chiza	FR	111	St. Paul's School	-	36:58.5	16:04.9	11:53.3	7:23.7
64 DURADO, Allyson	SO	108	St. Paul's School	-	37:12.6	16:19.0	11:57.9	7:26.5
65 ONUOMA, nicole	JR	107	St. Paul's School	-	37:27.5	16:33.9	12:02.7	7:29.5
66 PAQUIN, Gailine	FR	174	Tilton School	-	38:08.2	17:14.6	12:15.7	7:37.6
67 CALDWELL, Ireland	SO	169	Tilton School	-	38:15.8	17:22.2	12:18.2	7:39.2
68 YOUNG, Sophie	JR	177	Tilton School	-	40:10.4	19:16.8	12:55.0	8:02.1
69 SCOTT, Jamie	SO	175	Tilton School	-	44:17.0	23:22.4	14:14.3	8:51.4