

NH Indoor Track League
UNH Morning Session
Paul Sweet Oval - 1/15/2023
Results

Boys 55 Meter Dash**Top 6 Advance by Time**

Name	Year	School	Prelims	H#
Preliminaries				
1 Espo, Jordan	12	Newmarket	6.94q	1
2 Jones, Samuel	12	Salem	7.09q	2
3 Kabel, Luca	10	Merrimack	7.18q	3
4 Sheppard, Tayshawn	11	Somersworth	7.28q	5
5 Robillard, Jason	12	Newmarket	7.29q	4
6 Hyde, Reimello	12	Merrimack	7.31q	6
7 Daigle, Nick	10	Salem	7.37	5 7.365
8 Wood, Parker	10	Prospect Mountain	7.37	1 7.367
9 Guarracino, Leo	9	Portsmouth	7.44	6
10 Ciglar, Jon	11	Conant	7.47	6
11 Centrella, Aidan	11	Merrimack	7.51	1
12 Lander, Ethan	10	Portsmouth	7.54	3
13 Mujawar, Sahil	10	Merrimack	7.55	5
14 Strob, Boston	10	Salem	7.58	2
15 Gotlieb, Cal	10	Portsmouth	7.61	6
16 Toscano, Dominick	10	Salem	7.74	2
17 Smith, Colby	10	Merrimack	7.83	4
18 Pekalsky, Caleb	10	Raymond	7.91	4
19 Lewicki, Cameron	10	Milford	7.93	2 7.922
20 Struble, AJ	10	Portsmouth	7.93	3 7.928
21 Cushing, Andrew	12	Somersworth	8.17	1 8.163
22 Saab, Jacob	10	Salem	8.17	3 8.166
23 Dunphy, Tyler	11	Raymond	8.36	1
24 Torres, Mario	9	Newmarket	8.37	2 8.365
25 Edwards, CJ	9	Portsmouth	8.37	6 8.369
26 Cortez, Jose	10	Salem	8.40	5
27 Gouin, Perry	9	Portsmouth	8.61	3
28 Woodard, Evan	12	Merrimack	8.67	5
29 Duquette, Brayden	9	Portsmouth	8.92	4
30 Henriquez, Jhon	9	Salem	8.95	4
31 Goldberg, Lucas	10	Merrimack	10.40	6
32 Brindamour, Boston	9	Portsmouth	11.38	5

Boys 55 Meter Dash

Name	Year	School	Finals	Points
Finals				
1 Espo, Jordan	12	Newmarket	6.91	6
2 Jones, Samuel	12	Salem	7.00	5
3 Kabel, Luca	10	Merrimack	7.08	4
4 Sheppard, Tayshawn	11	Somersworth	7.19	3
5 Hyde, Reimello	12	Merrimack	7.32	2
6 Robillard, Jason	12	Newmarket	7.34	1

Boys 300 Meter Dash

Name	Year	School	Finals	H#	Points
1 Jones, Samuel	12	Salem	38.79	8	6

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2	Robillard, Jason	12	Newmarket	41.18	7	5	
3	Daigle, Nick	10	Salem	41.97	8	4	
4	Strob, Boston	10	Salem	42.41	5	3	
5	Cutter, Bronson	10	Conant	43.84	6	2	
6	Deschene, Cooper	10	Salem	43.94	5	1	43.938
7	Wood, Parker	10	Prospect Mountain	43.94	1		43.940
8	Johnson, Tate	10	Portsmouth	44.25	4		
9	Lewicki, Cameron	10	Milford	44.62	2		
10	Pekalsky, Caleb	10	Raymond	44.88	1		
11	Cruz, Jacob	10	Conant	44.96	4		
12	Drakatos, Lucas	11	Portsmouth	45.29	3		
13	Cevasco, Charles	11	Milford	45.38	4		
14	Cushing, Andrew	12	Somersworth	45.64	3		
15	Angove, Lenny	10	Conant	45.77	3		
16	Saab, Jacob	10	Salem	45.94	3		
17	Torres, Mario	9	Newmarket	47.97	2		
18	Fischer, Nicholas	10	Portsmouth	50.21	2		
19	Woodard, Evan	12	Merrimack	51.87	2		
20	Pekalsky, Theodore	9	Raymond	55.30	1		
--	Amend, Zac	11	Portsmouth	DQ	6		Finished out of lane
--	Ciglar, Jon	11	Conant	DQ	7		Stepped on the line
--	Napoletano, Tyler	12	Newmarket	DQ	6		Finished out of lane

Boys 600 Meter Run

Name	Year	School	Finals	H#	Points
1 Holodowski, Adam	12	Milford	1:30.75	3	6
2 Safstrom, Tyler	12	Merrimack	1:31.04	3	5
3 Lantz, Ethan	12	Portsmouth	1:31.27	3	4
4 Parrott, Brody	12	Portsmouth	1:32.93	3	3
5 Napoletano, Tyler	12	Newmarket	1:35.27	2	2
6 Forrest, Owen	11	Merrimack	1:37.18	3	1
7 Spence, Evan	10	Salem	1:42.19	2	
8 Vance, Jake	9	Portsmouth	1:43.90	2	
9 Ranali, Nico	10	Portsmouth	1:43.99	2	
10 Chouinard, Kenneth	10	Salem	1:50.42	1	
11 Alexander, Wayne	10	Merrimack	1:50.69	2	
12 Ayala, Nathaneil	11	Salem	1:53.79	1	
13 Noble, Aadit	9	Portsmouth	1:54.15	1	
14 Larson, Vaughn	9	Somersworth	1:59.04	1	
15 Kirby, Colin	9	Milford	2:34.21	1	
-- Coyle, Dylan	10	Salem	DQ	2	Interference

Boys 1000 Meter Run

Name	Year	School	Finals	H#	Points
1 Beauregard, Nathan	12	Merrimack	2:51.23	2	6
2 Bergen, Nathaniel	10	Merrimack	2:52.94	2	5
3 Pincince, Jacob	11	Somersworth	2:56.16	2	4
4 Gannon, Jackson	10	Salem	2:59.02	2	3
5 Whitley, Will	9	Milford	2:59.16	2	2
6 Cramer, Clayton	10	Raymond	2:59.87	2	1

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7	Richard, Austen	11	Conant	3:00.79	2
8	Dalbec, Daniel	10	Kearsarge	3:11.65	1
9	Cayot, Alexander	10	Merrimack	3:13.39	1
10	Brown, Ronan	9	Merrimack	3:17.20	2
11	Kozak, Seth	10	Portsmouth	3:19.64	1
12	Sopha, Tucker	10	Raymond	3:20.05	1
13	Kindstedt, Thatcher	9	Portsmouth	3:20.43	1
14	Ryan, Jason	9	Salem	3:25.93	2
15	Hill, Sawyer	9	Newmarket	3:26.03	1
16	Capone, Rocky	11	Portsmouth	3:26.60	1
17	Horner, Richard	10	Newmarket	3:43.23	1

Boys 1500 Meter Run

Name	Year	School	Finals	Points
1 Lagrasse, Ben	10	Salem	4:37.92	6
2 Fricano, Cosimo	11	Merrimack	4:55.90	5
3 Tascono, John	12	Salem	4:57.67	4
4 Fredette, Cameron	12	Merrimack	5:02.76	3
5 Cote, Cooper	9	Milford	5:21.76	2
6 Croteau, Ben	9	Portsmouth	5:35.90	1
7 Thomas, Nathan	11	Merrimack	5:50.24	
8 Kohler, Owen	9	Portsmouth	6:04.30	
9 Cicoria, Thomas	10	Kearsarge	6:14.20	
10 Smith, Anthony	9	Portsmouth	7:18.10	

Boys 3000 Meter Run

Name	Year	School	Finals	Points
1 Sixon, Daniel	11	Milford	9:33.36	6
2 Plumb, Tristan	11	Merrimack	10:14.17	5
3 Korthals, Logan	9	Milford	10:16.31	4
4 Slade, Jacob	10	Salem	10:35.01	3
5 Alajajian, Nathan	10	Conant	10:35.26	2
6 Koss, Aidan	10	Merrimack	10:56.29	1

Boys 55 Meter Hurdles**Top 6 Advance by Time**

Name	Year	School	Prelims	H#
Preliminaries				
1 Lovern, Jake	12	Portsmouth	9.16q	2
2 Kelly, Josh	10	Portsmouth	9.19q	3
3 Yeaton, Jason	12	Portsmouth	9.37q	1
4 Colby, Kaden	11	Conant	9.47q	3
5 Olsen, Ollie	11	Portsmouth	9.94q	1
6 Carrigan, Wilder	10	Portsmouth	10.23q	1
7 Fitzpatrick, Oliver	10	Portsmouth	10.24	2
8 Lytle, Chandler	11	Merrimack	10.34	2
9 Saqib, Ayaan	9	Salem	10.50	3
10 Cevasco, Charles	11	Milford	10.61	3

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11 Grimes, Matthew	9 Salem	10.73	2
12 Grimes, Ryan	9 Salem	11.09	1
13 Tobin, John	10 Portsmouth	11.13	2
-- Guarracino, Leo	9 Portsmouth	FS	1

Boys 55 Meter Hurdles

Name	Year School	Finals	Points
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Finals

1 Yeaton, Jason	12 Portsmouth	8.81	6
2 Lovern, Jake	12 Portsmouth	8.98	5
3 Colby, Kaden	11 Conant	9.46	4
4 Kelly, Josh	10 Portsmouth	9.63	3
5 Olsen, Ollie	11 Portsmouth	9.68	2
6 Carrigan, Wilder	10 Portsmouth	10.19	1

Boys 4x160 Meter Relay

School	Finals	Points
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1 Merrimack	1:21.21	12
1) Centrella, Aidan 11	2) Mujawar, Sahil 10	
3) Kabel, Luca 10	4) Hyde, Reimello 12	
2 Salem	1:21.95	10
1) Deschene, Cooper 10	2) Daigle, Nick 10	
3) Strob, Boston 10	4) Jones, Samuel 12	
3 Portsmouth	1:30.93	8
1) Jackson, Gunner 12	2) Worster, Cam 11	
3) Durkin, Max 11	4) Whisler, Luke 12	

Boys 4x400 Meter Relay

School	Finals	H#	Points
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1 Milford	3:56.29	2	12
1) Holodowski, Adam 12	2) Whitley, Will 9		
3) Cevasco, Charles 11	4) Sixon, Daniel 11		
2 Portsmouth	3:58.41	2	10
1) Amend, Zac 11	2) Parrott, Brody 12		
3) Lantz, Ethan 12	4) Vance, Jake 9		
3 Merrimack	3:59.70	1	8
1) Lytle, Chandler 11	2) Forrest, Owen 11		
3) Fricano, Cosimo 11	4) Safstrom, Tyler 12		
4 Conant	4:16.91	2	6
1) Alajajian, Nathan 10	2)		
3)	4) Cruz, Jacob 10		
5 Salem	4:20.84	1	4
1) Lagrasse, Owen 10	2) Henriquez, Jhon 9		
3) Cortez, Jose 10	4) Coyle, Dylan 10		
6 Raymond	4:30.08	1	2
1) Caleb, Pekalsky 10	2) Cramer, Clayton 10		
3) Dunphy, Tyler 11	4) Sopha, Tucker 10		

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Boys High Jump

Name	Year School	Finals	Points	
1 Kelly, Josh	10 Portsmouth	J5-00.00	6	Won on Jump Off 5-2
5-00 5-02				
O O				
2 Lytle, Chandler	11 Merrimack	J5-00.00	5	
5-00 5-02				
O X				
-- Tapscott, Caden	10 Portsmouth	NH		
5-00				
XXX				
-- Cutter, Bronson	10 Conant	NH		
5-00				
XXX				
-- Cevalasco, Charles	11 Milford	NH		
5-00				
XXX				

Boys Long Jump

Name	Year School	Finals	H#	Points
1 Sheppard, Tayshawn	11 Somersworth	17-08.00	1	6
17-04.50 16-04 15-09 17-08				
2 Deschene, Cooper	10 Salem	16-02.50	1	5
16-02.50 14-02.50 12-02 11-00				
3 Lytle, Chandler	11 Merrimack	15-08.00	2	4
15-08 14-08 14-02.50 PASS				
4 Grimes, Matthew	9 Salem	15-05.50	2	3
15-05.50 FOUL 14-05.25 FOUL				
5 Cramer, Clayton	10 Raymond	15-04.50	2	2
13-00 14-02 15-04.50 FOUL				
6 Grimes, Ryan	9 Salem	15-00.00	2	1
15-00 14-11.75 14-05 14-06.50				
7 Smith, Colby	10 Merrimack	14-04.50	2	
12-07.50 13-02 FOUL 14-04.50				

Boys Shot Put

Name	Year School	Finals	H#	Points
1 Krupp, Frank	12 Portsmouth	43-01.00	1	6
43-01 40-05.75 41-05.75 40-05.25				
2 Rezaoui, Zacharia	11 Merrimack	42-03.50	1	5
41-00.75 FOUL 41-07.25 42-03.50				
3 Aviezri, Ethan	12 Portsmouth	39-03.00	1	4
36-06 32-07 34-11 39-03				
4 Whisler, Luke	12 Portsmouth	J39-03.00	1	3
FOUL FOUL FOUL 39-03				
5 Franqui, Nicholas	10 Merrimack	39-02.00	1	2
39-02 35-04.25 39-01.25 FOUL				
6 Wood, Parker	10 Prospect Mountain	37-01.50	2	1
30-10.25 34-04.50 34-06.25 37-01.50				

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....Boys Shot Put

7	Jackson, Gunner	12	Portsmouth	35-11.25	1
	32-09.25 34-11.50 35-11.25 35-11				
8	Toscano, Dominick	10	Salem	35-08.00	1
	35-02.25 35-08 34-02.25 34-10.75				
9	Colon III, Ivan	10	Salem	34-08.00	1
	31-11 0.25 34-08 34-06.75				
10	Durkin, Max	11	Portsmouth	33-09.50	1
	FOUL 0.25 33-09.50 0.25				
11	Blanchette, Gage	10	Conant	31-08.00	2
	28-10.75 31-08 31-02.75 31-06				
12	Todt, Ryan	9	Salem	31-04.25	1
	31-03.50 31-04.25 28-03 30-01				
13	Curtis, Charles-Riley	10	Milford	30-03.00	2
	FOUL 30-02.50 30-03				
14	Mason, Aaron	10	Salem	28-10.75	2
	28-10.75 x x				
15	Troiani, Zachary	10	Merrimack	27-00.75	2
	FOUL 27-00.75				
16	Overton, Jathan	10	Salem	23-01.00	2
	23-01 x x				
17	Boyd, Grant	9	Newmarket	22-08.00	2
	22-08 FOUL				

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Men - Team Rankings - 12 Events Scored

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1) Merrimack	73	2) Portsmouth	62
3) Salem	58	4) Milford	32
5) Newmarket	14	5) Conant	14
7) Somersworth	13	8) Raymond	5
9) Prospect Mountain	1		