

NH Indoor Track League
UNH Morning Session
Paul Sweet Oval - 2/5/2023
Results

Girls 55 Meter Dash
Top 6 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1 Giordano, Keely	11	Milford	7.57q	1
2 MacNeil, Tasha	11	Con-Val	7.71q	3
3 Winslow, Emma	12	Belmont	7.72q	2
4 MacPhee, Lauren	12	Kingswood	7.80q	4
5 Nassy, Annalise	12	Milford	7.81q	4
6 Rapoza, Kylie	10	Kingswood	7.84q	1
7 Lacasse, Ava	9	Belmont	7.89	3
8 Tetreault, Samantha	10	Pelham	7.92	3
9 Konstantakos, Sage	12	Bow	7.99	1
10 Wall, Zoie	12	Pembroke	8.07	2
11 Faria, Juliet	9	Kearsarge	8.09	2
12 Sullivan, Shea	10	Oyster River	8.12	2
13 Young, Hannah	9	Belmont	8.15	1 8.146
14 Lutz, Jenney	10	Mascoma Valley	8.15	4 8.148
15 Johnson, Carley	11	Kingswood	8.18	3
16 Baumgardt, Avery	9	Oyster River	8.21	4
17 Kulengosky, Becc	12	Winnisquam	8.32	1
18 Nassy, Ellianna	10	Milford	8.37	2
19 Arthur, Maia	10	Hollis/Brookline	8.44	3

Girls 55 Meter Dash

Name	Year	School	Finals
Finals			
1 Giordano, Keely	11	Milford	7.54
2 MacNeil, Tasha	11	Con-Val	7.67
3 Winslow, Emma	12	Belmont	7.70
4 MacPhee, Lauren	12	Kingswood	7.80
5 Nassy, Annalise	12	Milford	7.81
6 Rapoza, Kylie	10	Kingswood	7.86

Girls 300 Meter Dash

Name	Year	School	Finals	H#
1 Rapoza, Kylie	10	Kingswood	44.87	6
2 Lovely, Maddox	10	Newport	44.90	6
3 Thomas, Maya	12	Goffstown	45.58	5
4 MacPhee, Lauren	12	Kingswood	45.95	6
5 Lutz, Jenney	10	Mascoma Valley	46.03	4
6 Nicolosi, Reese	11	Pelham	46.62	4
7 Carty, Erin	11	Oyster River	46.67	5
8 Crear, Chloe	12	Pelham	47.29	4
9 Johnson, Carley	11	Kingswood	48.77	3
10 Green, Audrie	10	Hollis/Brookline	48.91	1
11 Ballou, Claire	11	Hollis/Brookline	48.93	3
12 Laroche, Charlotte	9	Bow	49.11	2
13 Bagnato, Mia	11	Hanover	49.13	5
14 Ladd, Bella	11	Oyster River	49.32	1

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15 Nialetz, Jaelyn	10 Belmont	49.42	2
16 Lignos, Sierra	12 Portsmouth C	49.58	1
17 Arthur, Maia	10 Hollis/Brookline	49.59	3
18 Davis, Aida	11 Con-Val	49.81	2

Girls 600 Meter Run

Name	Year School	Finals	H#
1 Insana, Lexi	10 Bow	1:53.36	2
2 Wimer, Ellie	10 Kearsarge	1:54.63	2
3 Banafato, Talia	11 Oyster River	1:54.90	2
4 Collins, Poppy	10 Hanover	1:55.93	2
5 Simpson, Eva	11 Hanover	1:56.99	2
6 Spack, Sydney	9 Merrimack Valley	1:57.17	1
7 Devine, Riley	12 Souhegan	1:58.33	1
8 Kenyon, Allison	12 Gilford	1:58.58	2
9 Ryan, Leah	9 St. Thomas Aquinas	2:00.09	1
10 Vaillancourt, Mackenzie	10 Mascenic Regional	2:00.50	1
11 Dockham, McKayla	12 Kennett	2:01.25	1
12 Smith, Brighton	9 Souhegan	2:02.33	1

Girls 1000 Meter Run

Name	Year School	Finals
1 Littlefield, Audrey	12 Souhegan	3:27.70
2 Lefebvre, Amelia	11 Kearsarge	3:28.99
3 Hou, Julia	9 Bow	3:29.22
4 Sutherland, Reagan	10 Plymouth Regional	3:32.63
5 Smith, Sarah	9 Lebanon	3:36.05
6 Kimball, Samantha	12 Merrimack Valley	3:42.65
7 Davidson, Kendra	10 Merrimack Valley	3:50.85

Girls 1500 Meter Run

Name	Year School	Finals	H#
1 Malone, Brianna	12 Portsmouth C	4:43.83	2
2 Cook, Mackenzie	10 Oyster River	4:54.80	2
3 Kavanagh, Haley	10 Oyster River	4:59.73	2
4 Ellison, Molly	11 Kearsarge	5:14.11	2
5 Brochu, Maya	12 Bow	5:14.33	2
6 Schaumlöffel, Emma	11 Mascenic Regional	5:22.83	2
7 Hastings, Isabella	12 Lebanon	5:26.02	2
8 O'Shea, Erin	9 Mascenic Regional	5:33.07	1
9 O'Shea, Kaitlin	9 Mascenic Regional	5:34.03	2
10 Hill, Amelia	9 Conant	5:44.45	1
11 Barnard, Rylee	9 John Stark	5:50.24	1
12 Bahrakis, Sarah	11 Sanborn Regional	6:00.22	1
13 Shippee, Brielle	12 Mascenic Regional	6:06.59	1
14 Sweet, Fahren	10 Goffstown	6:14.00	1

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Girls 3000 Meter Run

Name	Year	School	Finals
1 Kelly, Kylie	9	Gilford	12:12.92
2 Bauer, Sarah	9	Hollis/Brookline	12:51.55
3 Scharr, Olivia	10	Trinity	13:07.98

Girls 55 Meter Hurdles
Top 6 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1 Nicolosi, Reese	11	Pelham	9.28q	1
2 Lovely, Maddox	10	Newport	9.43q	2
3 Wall, Zoie	12	Pembroke	9.57q	3
4 Carty, Erin	11	Oyster River	9.66q	3
5 Crear, Chloe	12	Pelham	9.99q	1
6 Tetreault, Samantha	10	Pelham	10.03q	2
7 Tschida, Kara	10	Goffstown	10.16	2
8 Takantjas, Adeline	10	Belmont	10.52	1
9 Lignos, Sierra	12	Portsmouth C	10.53	1
10 Sanderson, Ashley	12	Gilford	10.61	1
11 DiMambro, Heidi	9	Campbell	10.67	3
12 Trempe, Elena	12	Mascoma Valley	10.98	2
13 Ladd, Bella	11	Oyster River	11.31	3
14 Rowley, Michelle	11	Oyster River	11.34	2

Girls 55 Meter Hurdles

Name	Year	School	Finals
Finals			
1 Nicolosi, Reese	11	Pelham	9.00
2 Lovely, Maddox	10	Newport	9.37
3 Carty, Erin	11	Oyster River	9.69
4 Wall, Zoie	12	Pembroke	9.75
5 Crear, Chloe	12	Pelham	9.86
6 Tetreault, Samantha	10	Pelham	9.91

Girls 4x160 Meter Relay

School	Finals	H#
1 Kingswood	1:28.85	7
1) Rapoza, Kylie 10	2) DeNitto, Marcella 12	
3) Johnson, Carley 11	4) MacPhee, Lauren 12	
2 Pembroke	1:34.20	5
1) Insley, Rebecca 12	2) Valley, Ty 11	
3) Despres, Camdyn 10	4) Wall, Zoie 12	
3 Milford	1:34.33	7
1) Nassy, Annalise 12	2) Nassy, Ellianna 10	
3) Gelinis, Shyanne 12	4) Giordano, Keely 11	
4 Oyster River	1:34.51	6
1) Sullivan, Shea 10	2) Carty, Erin 11	

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3) Banafato, Talia 11	4) Baumgardt, Avery 9		
5 Bow	1:34.66	5	
1) Larochele, Charlotte 9	2) Fauteux, Emily 10		
3) Bernard, Sabrina 11	4) Konstantakos, Sage 12		
6 Belmont	1:36.17	1	
1) Young, Hannah 9	2) Nialetz, Jaelyn 10		
3) Lacasse, Ava 9	4) Edgren, Rebekah 10		
7 Kennett	1:36.43	4	
1) Light, Annabelle 12	2) VanDyne, Vanessa 10		
3) Cubero, Gabriella 9	4) Wheat, Aida 11		
8 Pelham	1:37.45	2	
1) Coppinger, Sarah 10	2) Crear, Chloe 12		
3) Nicolosi, Reese 11	4) Tetreault, Samantha 10		
9 St. Thomas Aquinas	1:38.95	3	
1) Bronson, Caleigh 11	2) Henriques, Mia 12		
3) Ryan, Leah 9	4) Hennessy, Kaylin 12		
10 Souhegan	1:40.79	3	
1) Krawiecki, Teresa 12	2) Devine, Riley 12		
3) Giannetti, Abigail 10	4) Littlefield, Audrey 12		
11 Mascoma Valley	1:43.30	1	
1) Trempe, Elena 12	2) Stone, Braelyn 10		
3) Buffington, Ann 10	4) Lutz, Jenney 10		
12 Lebanon	1:47.02	2	
1) Brown, Annelise 9	2) Kantor, Morgan 12		
3) Smith, Sarah 9	4) Ni, Vickie 12		
13 Hanover	1:47.32	6	
1) De Jesus, Evelyn 10	2) Letendre, Emma 11		
3) Robles, Taylor 10	4) Collins, Poppy 10		
14 Conant	1:47.73	4	
15 Hollis/Brookline	1:50.42	1	
1) Sorrell, Kylee 9	2) Broadhurst, Elise 9		
	4) Green, Audrie 10		

Girls 4x400 Meter Relay

School	Finals	H#
1 Oyster River	4:32.85	3
1) Banafato, Talia 11	2) Kavanagh, Haley 10	
3) Cook, Mackenzie 10	4) Carty, Erin 11	
2 Kearsarge	4:36.21	3
1) Ellison, Molly 11	2) Wimer, Ellie 10	
3) Faria, Juliet 9	4) Lefebvre, Amelia 11	
3 Belmont	4:41.84	3
1) Nialetz, Jaelyn 10	2) Papadopolulos, Helena 11	
3) Lacasse, Ava 9	4) Takantjas, Adeline 10	
4 Hollis/Brookline	4:51.38	3
1) Arthur, Maia 10	2) Bergin, Annika 10	
3) Ballou, Claire 11	4) Boudreau, Madeline 12	
5 Mascenic Regional	4:59.10	1
1) O'Shea, Erin 9	2) O'Shea, Kaitlin 9	
3) Schaumloffel, Emma 11	4) Smith, Amelia 11	
6 Mascoma Valley	5:00.66	1
1) Stone, Braelyn 10	2) Buffington, Ann 10	

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3) Dinsmore, Kaleigh 10	4) Trempe, Elena 12		
7 Bow		5:04.07	2
1) Hou, Julia 9	2) Brochu, Delia 12		
3) Brochu, Maya 12	4) Insana, Lexi 10		
8 Hanover		5:10.48	2
1) Simpson, Eva 11	2) Collins, Poppy 10		
3) Anderson, Jacklyn 10	4) Robles, Taylor 10		
9 Kennett		5:20.18	1
1) Dockham, McKayla 12	2) Schackford, Cathrine 11		
3) Smith, Hannah 9	4) Kendzierski, Stephanie 10		
10 Conant		5:27.36	2

Girls High Jump

Name	Year	School	Finals
1 Lovely, Maddox	10	Newport	5-00.00
2 Lefebvre, Amelia	11	Kearsarge	4-10.00
3 Hastings, Isabella	12	Lebanon	4-08.00
4 Baumgardt, Avery	9	Oyster River	4-06.00
4 Tomany, Hanna	10	Sanborn Regional	4-06.00
4 Trump, Amalie	9	Oyster River	4-06.00
7 Nassy, Ellianna	10	Milford	4-04.00
7 Sutherland, Reagan	10	Plymouth Regional	4-04.00

Girls Long Jump

Name	Year	School	Finals	H#
1 Baumgardt, Avery	9	Oyster River	15-05.75	2
14-00 14-01.50 13-05.50 15-00.25 15-05.75 15-02.50				
2 Nassy, Annalise	12	Milford	14-11.00	1
14-01.50 13-08.75 14-01.50 14-11 14-04				
3 Thomas, Maya	12	Goffstown	14-10.00	2
13-07 13-00.50 14-10 14-02.50				
4 Bernard, Sabrina	11	Bow	14-08.00	1
14-08 13-08.50 13-09.50 12-07.50 13-08.25 13-09				
5 Tetreault, Samantha	10	Pelham	14-06.50	2
13-05 13-07.50 12-09.50 12-10.75 14-06.50 12-10				
6 Tschida, Kara	10	Goffstown	13-10.50	1
13-02.75 13-08 13-10.50 12-10.50 11-02.75 12-01				
7 Nicolosi, Reese	11	Pelham	13-08.25	1
11-08 12-03 13-08.25				
8 Nassy, Ellianna	10	Milford	13-06.50	1
13-06.50 13-03.25 13-05				
9 Laroche, Charlotte	9	Bow	13-06.00	1
13-06 12-10 13-01				

Girls Shot Put

Name	Year	School	Finals	H#
1 Allen, Kylie	12	Milford	33-06.00	2
30-11.50 33-06 30-09 31-08.50 32-03.75 33-06				

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....Girls Shot Put

2	Lefebvre, Amelia	11	Kearsarge	30-03.25	2
	30-03.25	29-08.50	29-05.50	29-05.50	27-08 30-03.25
3	Kulengosky, Becc	12	Winnisquam	30-00.75	1
	26-02.25	27-08.50	30-00.75	27-11.50	24-04.25 27-05.50
4	Kellar, Addison	10	Pelham	29-07.25	2
	29-07.25	27-09	26-08.75	25-00	26-05 27-04.25
5	MacNeil, Tasha	11	Con-Val	28-04.00	2
	28-04				
6	Longacre, Natalie	12	Pembroke	28-00.75	1
	28-00.75	26-02.50	26-11.50	26-05	25-09.50 25-05.50
7	Lamb, Gabrielle	10	Kearsarge	27-09.75	2
	27-09.75	25-07.50	25-06.50	24-09	25-10.75
8	Jackson, Helena	12	Manchester West	27-06.50	1
	27-06.50	26-04.50	25-10	26-07.50	27-06.50
8	Leak, Victoria	12	Merrimack Valley	27-06.50	1
	27-05	27-06.50	25-02	24-08	25-06.25 27-06.50
10	Light, Annabelle	12	Kennett	26-07.25	1
	24-00	25-02.75	26-07.25		
11	O'Leary, Abby	12	Pelham	23-05.75	1
	23-05.75	23-04	23-00.25		
12	Lucas, Abbie	12	Sanborn Regional	23-03.00	1
	22-04.25	23-03			