

**NH Indoor Track League**  
**UNH Afternoon Session**  
**Paul Sweet Oval - 2/5/2023**  
**Results**

**Boys 55 Meter Dash**  
**Top 6 Advance by Time**

Name	Year	School	Prelims	H#
<b>Preliminaries</b>				
1 Stevens, Chris	11	Keene	6.80q	1
2 Brooks, Kevin	11	Windham	6.86q	2
3 Ogbunamiri, Malik	11	Bishop Guertin	6.94q	2
4 Jones, Samuel	12	Salem	6.99q	4
5 Menezes, Michael	11	Nashua South	7.00q	3 6.994
6 Croteau, David	12	Windham	7.00q	2 7.000
7 Russell, Ledger	11	Bedford	7.03	1
8 Marino, Quinn	12	Concord	7.07	4
9 Jackson, Taishaun	12	Alvirne	7.08	3 7.074
10 Mangala, Demerce	11	Manchester Central	7.08	1 7.079
11 Beland, Brandon	12	Windham	7.12	2 7.111
12 Mourgenos, Caden	11	Dover	7.12	3 7.112
13 McInnes, Brady	11	Dover	7.15	4 7.147
14 Rivera, Alexis	12	Manchester Memorial	7.15	4 7.149
15 Guarnaccia, Jojo	12	Windham	7.19	1
16 Hines, Deagan	9	Concord	7.20	3
17 Rivera, Alexander	12	Manchester Memorial	7.22	2
18 Collins, Alex	12	Bishop Guertin	7.24	1
19 Rivera, Jose	12	Manchester Memorial	7.54	3

**Boys 55 Meter Dash**

Name	Year	School	Finals
<b>Finals</b>			
1 Stevens, Chris	11	Keene	6.73
2 Brooks, Kevin	11	Windham	6.77
3 Menezes, Michael	11	Nashua South	6.86
4 Ogbunamiri, Malik	11	Bishop Guertin	6.93
5 Croteau, David	12	Windham	6.99
6 Jones, Samuel	12	Salem	7.00

**Boys 300 Meter Dash**

Name	Year	School	Finals	H#
1 Stevens, Chris	11	Keene	37.30	5
2 Jones, Samuel	12	Salem	38.14	5
3 Beland, Brandon	12	Windham	38.92	3
4 Savage, Michael	10	Timberlane	39.02	4
5 Chong, Christopher	11	Bedford	39.13	5
6 Guarnaccia, Jojo	12	Windham	39.14	2
7 Sebastien, AJ	11	Manchester Memorial	39.21	3
8 Croteau, David	12	Windham	39.54	4
9 ODonnell, Keith	12	Nashua South	40.15	4
10 Mangala, Demerce	11	Manchester Central	40.26	1
11 Marino, Quinn	12	Concord	40.69	3
12 Colangelo, John	9	Bedford	40.80	2
13 Powers, JJ	11	Bedford	41.18	1
14 Menezes, Michael	11	Nashua South	41.43	2

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**Boys 600 Meter Run**

Name	Year	School	Finals	H#
1 Nolan, Erik	12	Keene	1:31.79	2
2 Jung, Ryan	10	Bedford	1:32.47	2
3 Letendre, Ty	12	Bedford	1:32.89	1
4 Allard, Micah	10	Nashua South	1:33.20	1
5 Gleason, Liam	12	Concord	1:33.42	2
6 Conrad, Jack	12	Windham	1:34.57	2
7 White, Liam	11	Concord	1:34.79	2
8 Soucy, Joshua	12	Manchester Memorial	1:35.06	1
9 Beaudoin, Hunter	11	Timberlane	1:36.06	2
10 Akili, Mathayo	11	Manchester Central	1:40.16	1
11 Atilano, John	10	Windham	1:44.13	1

**Boys 1000 Meter Run**

Name	Year	School	Finals
1 Redman, Jacob	11	Bedford	2:35.92
2 Fifield, Shaun	12	Concord	2:46.28
3 Brien, Camdon	10	Nashua South	2:49.38
4 Carter, Logan	12	Windham	2:50.54
5 Patronick, Cameron	10	Nashua South	2:51.99
6 Gannon, Jackson	10	Salem	2:56.46
7 Dunning, Brent	10	Alvirne	2:57.86
8 Bessada, Aidan	11	Nashua South	2:57.87
9 McIntyre, Daniel	11	Keene	2:58.46
10 Berdecia, Melo	9	Dover	3:00.46
11 Motherway, Matthew	9	Nashua South	3:01.34
12 Farnell, Zachary	10	Timberlane	3:04.55

**Boys 1500 Meter Run**

Name	Year	School	Finals
1 Marcotte, Nicholas	12	Alvirne	4:21.56
2 Fischer, Carson	10	Bishop Guertin	4:24.79
3 Conley, Josiah	9	Concord	4:25.22
4 Theodore, Connor	12	Nashua South	4:27.66
5 Fish, Patrick	11	Bedford	4:27.75
6 Johnson, Clayton	9	Dover	4:28.57
7 Castellano, Dante	11	Nashua South	4:32.32
8 Davis, Owen	11	Manchester Memorial	4:32.58
9 Lagrasse, Ben	10	Salem	4:32.97
10 Fiorenza, Ethan	11	Dover	4:37.97
11 Gower-Hall, Isaac	12	Windham	4:38.39
12 Penumatsa, Vedanth	11	Nashua South	4:46.49
13 Mathson, Joshua	10	Nashua South	5:12.69

**Boys 3000 Meter Run**

Name	Year	School	Finals
1 DuVarney, Ryan	10	Nashua South	9:58.22

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**Boys 55 Meter Hurdles**  
**Top 6 Advance by Time**

Name	Year	School	Prelims	H#
<b>Preliminaries</b>				
1 Ntoro, Henry	12	Windham	8.66q	2
2 Powers, JJ	11	Bedford	9.07q	2
3 Leppanen, Justin	11	Windham	9.11q	2
4 Dillavou, Jason	12	Nashua South	9.13q	1
5 Kirk, Aidan	12	Dover	9.24q	1
6 Fricker, Rudy	11	Manchester Memorial	9.30q	3
7 Rivera, Jose	12	Manchester Memorial	9.40	2
8 Guarnaccia, Jojo	12	Windham	9.42	2
9 Wittta, Sami	12	Nashua South	9.51	3
10 Flaherty, Aiden	11	Alvirne	9.57	3
11 McGahan, Connor	10	Concord	9.75	1
12 Marcotte, Joey	9	Alvirne	9.80	1
-- Chong, Christopher	11	Bedford	DQ	1
-- Benincasa, Travis	11	Dover	DQ	3

**Boys 55 Meter Hurdles**

Name	Year	School	Finals	H#
<b>Finals</b>				
1 Powers, JJ	11	Bedford	8.41	
2 Ntoro, Henry	12	Windham	8.59	
3 Dillavou, Jason	12	Nashua South	8.94	
4 Kirk, Aidan	12	Dover	8.95	
5 Leppanen, Justin	11	Windham	9.12	
6 Fricker, Rudy	11	Manchester Memorial	9.59	

**Boys 4x160 Meter Relay**

School	Finals	H#
1 Windham	1:17.24	4
1) Croteau, David 12		
2) Brooks, Kevin 11		
3) Guarnaccia, Jojo 12		
4) Beland, Brandon 12		
2 Bedford	1:17.70	4
1) Powers, JJ 11		
2) Snow, Colby 12		
3) Rice, Kieran 12		
4) Russell, Ledger 11		
3 Bishop Guertin	1:19.41	3
1) Lafontaine, Austin 10		
2) Lafontaine, Austin 10		
3) Collins, Alex 12		
4) Collins, Alex 12		
4 Alvirne	1:19.64	2
1) Jackson, Taishaun 12		
2) Marcotte, Joey 9		
3) Yi, Jeremiah 10		
4) Fay, Colin 11		
5 Concord	1:20.96	3
1) Hines, Deagan 9		
2) Kuepper, Meier 12		
3) Foulds, Sam 12		
4) Marino, Quinn 12		
6 Nashua South	1:21.25	3
1) Long, Henry 9		
2) Reeves, Ethan 9		
3) Dillavou, Jason 12		
4) Emery, Xavier 12		
7 Timberlane	1:21.95	1

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**....Boys 4x160 Meter Relay**

1) Chiccino, Tyler 11	2) Gleckman, Parker 11	
3) Olsen, Nate 10	4) Savage, Michael 10	
-- Dover		DQ 2 standing before zone
1) McInnes, Brady 11	2) Boucher, Magnus 9	
3) Marvich, Josh 9	4) Berdecia, Melo 9	
-- Manchester Central		DQ 1 cut in early
1) Mangala, Demerce 11	2) Akili, Mathayo 11	
3) Kaedin, Gagne 10	4) Ngemonza, Angelo 10	

**Boys 4x400 Meter Relay**

School	Finals	H#
1 Bedford	3:50.93	3
1) Redman, Jacob 11	2) Letendre, Ty 12	
3) Foulis, Patrick 11	4) Chong, Christopher 11	
2 Alvirne	3:54.08	3
1) Flaherty, Aiden 11	2) Dunning, Brent 10	
3) Plumley, Shane 9	4) Marcotte, Nicholas 12	
3 Concord	3:54.68	2
1) White, Liam 11	2) Hines, Deagan 9	
3) Fifield, Shaun 12	4) Gleason, Liam 12	
4 Dover	3:54.72	1
1) Benincasa, Travis 11	2) Proto, Ethan 11	
3) Kirk, Aidan 12	4) Mourgenos, Caden 11	
5 Nashua South	3:57.08	2
1) Cadete, Gabriel 12	2) Menezes, Michael 11	
3) ODonnell, Keith 12	4) Rao, Karthik 12	
6 Manchester Memorial	4:00.00	2
1) Soucy, Joshua 12	2) Fricker, Rudy 11	
3) Wheeler, Caleb 11	4) Davis, Owen 11	
7 Keene	4:03.34	3
1) Nolan, Erik 12	2) Bates, Jack 11	
3) Gillis, Nolan 10	4) Stevens, Chris 11	
8 Timberlane	4:15.37	1
1) Beaudoin, Hunter 11	2) Berardinangelo, Jacob 10	
3) Conte, Matthew 11	4) Farnell, Zachary 10	

**Boys High Jump**

Name	Year School	Finals	H#
1 Witta, Sami	12 Nashua South	6-00.00	2
2 Perry, Barion	11 Nashua South	5-10.00	2
3 Rivera, Alexander	12 Manchester Memorial	J5-08.00	1
4 Ogbunamiri, Malik	11 Bishop Guertin	J5-08.00	2
5 Rice, Kieran	12 Bedford	5-06.00	2
6 Chiccino, Tyler	11 Timberlane	J5-04.00	2
7 Tanka, Kosay	10 Nashua South	J5-04.00	1
8 Daigle, Nick	10 Salem	J5-04.00	1
9 Cutrer, Carter	10 Concord	5-02.00	1
9 McInnes, Brady	11 Dover	5-02.00	1

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**Boys Long Jump**

Name	Year	School	Finals
1 McInnes, Brady	11	Dover	20-02.00
	18-10.25	19-05.25	20-02
	18-07.25	19-07	19-08.25
2 Rivera, Alexis	12	Manchester Memorial	19-11.25
	16-05	18-06	19-11.25
	19-03.50	17-11.50	
3 Fay, Colin	11	Alvirne	18-11.50
	17-09.75	18-00.50	18-04.75
	18-01	18-04.25	18-11.50
4 Biswas, Shayan	11	Windham	18-10.00
	18-05	18-05.75	18-03.75
	18-06	18-10	18-03.75
5 Witta, Sami	12	Nashua South	18-07.75
	18-02	18-03.25	18-04
	17-08	12-06	18-07.75
6 Snow, Colby	12	Bedford	18-06.25
	17-10.50	18-06.25	16-05
	16-08	17-06	
7 Gleckman, Parker	11	Timberlane	18-03.25
	16-07	18-03.25	17-03.50
	16-03	17-05.50	17-03.75
8 Mangala, Demerice	11	Manchester Central	16-10.50
	16-10.50	16-09.25	15-11.50
9 Williams, Cameron	10	Windham	15-05.75
	15-03.75	15-05.75	15-04.75
10 Gillis, Nolan	10	Keene	15-04.00
	15-04	11-01	15-03

**Boys Shot Put**

Name	Year	School	Finals	H#
1 Martinez, Antonio	12	Nashua South	46-05.50	1
	46-05.50	44-10.25	38-06	46-02.50
	46-05.50		46-05.50	
2 An, Tiger	11	Windham	43-03.50	1
	41-05.50	40-01.25	42-01.25	43-03.50
	42-06.25	42-00.25		
3 Ismael, Ayoob	12	Concord	42-05.50	1
	40-11	41-11.50	40-10.50	41-06.25
	42-05.50		42-05.50	
4 Bellemore, Joey	12	Bedford	41-11.50	1
	40-11.50	38-06.75	41-11.50	39-01.25
	41-00	41-11.50		
5 Snow, Colby	12	Bedford	41-10.75	1
	41-10.75	40-00.25	39-00	37-11.50
	38-11.75	37-06.75		
6 Harding, Matthew	12	Nashua South	39-08.25	2
	38-05	38-04.75	39-08.25	36-10.75
	37-10	38-11.25		
7 Grudinskas, Alexander	11	Bedford	39-08.00	2
	39-08	37-02.75	38-00.75	
8 Colon III, Ivan	10	Salem	38-08.25	2
	38-08.25	37-05.75	35-07.25	
9 Gilliam, Burley	12	Nashua South	38-01.25	1
	35-04.50	38-01.25		
10 Goldstein, Jackson	11	Bishop Guertin	38-00.50	2
	37-06.50	36-07.50	38-00.50	
11 Gallagher, Liam	10	Nashua South	37-09.00	1
	37-09	34-09.25	36-06.75	
12 Whalen, DJ	11	Bishop Guertin	37-05.00	2
	35-09	35-08	37-05	
13 Barbee, Nicholas	10	Manchester Central	36-09.00	2
	28-05.25	31-03.50	36-09	

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**....Boys Shot Put**

14 Raymond, Camren	12 Bedford	36-08.50	1
36-08.50			
15 Ntoro, Henry	12 Windham	36-06.25	1
35-08.50 36-06.25 33-11			
16 Gier, Brennan	12 Dover	35-05.75	2
35-05.75 34-03.75			