

**Dual Valley Meet No. 1 - 12/10/2024****Northbridge High School****Results****Event 2 Men 2 Mile Run Varsity**

| Name                | Year School    | Finals   | Points |
|---------------------|----------------|----------|--------|
| Finals              |                |          |        |
| 1 Chaudhary, Amer   | 10 Douglas     | 11:09.19 |        |
| 2 Vos, Michael      | 9 Whitinsville | 11:55.13 |        |
| 3 Auciello, Abraham | 11 Sutton      | 12:46.15 |        |
| 4 Mannino, Koda     | 12 Sutton      | 13:44.96 |        |
| 5 Zanchi, Cameron   | 10 Douglas     | 15:14.07 |        |

**Event 4 Men 50 Yard Hurdles Varsity**

| Name              | Year School       | Finals | Points |
|-------------------|-------------------|--------|--------|
| 1 Welch, Dylan    | 12 Sutton         | 8.37   |        |
| 2 Lefort, Cooper  | 9 Sutton          | 8.84   |        |
| 3 Winchell, Silas | 8 Douglas         | 9.36   |        |
| 4 Thompson, Ryan  | 10 Hopedale Jr/Sr | 10.04  |        |

**Event 6 Men 50 Yard Dash Varsity**

| Name                   | Year School        | Finals | H# | Points |
|------------------------|--------------------|--------|----|--------|
| 1 Sicurella, Gabriel   | 12 Nipmuc Regional | 6.00   | 2  |        |
| 2 Enoch, Enson         | 10 Whitinsville    | 6.07   | 2  |        |
| 3 Lucier, Aidan        | 12 Nipmuc Regional | 6.08   | 1  |        |
| 4 Nascimento, Daniel   | 12 Douglas         | 6.16   | 3  |        |
| 5 Swaim, Corbin        | 12 Whitinsville    | 6.21   | 3  |        |
| 6 Stone, Matt          | 9 Hopedale Jr/Sr   | 6.39   | 1  |        |
| 7 Maldonado, Alexis    | 12 Douglas         | 6.45   | 4  |        |
| 7 Hand, Ethan          | 11 Whitinsville    | 6.45   | 5  |        |
| 9 Kenney, Thomas       | 10 Douglas         | 6.49   | 2  |        |
| 10 O'Callaghan, Declan | 12 Sutton          | 6.57   | 1  |        |
| 11 Beatty, Jacob       | 9 Whitinsville     | 6.59   | 6  |        |
| 12 Focht, Eli          | 11 Whitinsville    | 6.61   | 4  |        |
| 13 Asselin, Nate       | 12 Nipmuc Regional | 6.63   | 4  |        |
| 14 Joyce lll, Stephen  | 12 Nipmuc Regional | 6.64   | 5  |        |
| 15 Johnson, Zachary    | 12 Nipmuc Regional | 6.67   | 6  |        |
| 15 Robbins, Thomas     | 9 Whitinsville     | 6.67   | 8  |        |
| 17 Ruddock, Kevin      | 11 Nipmuc Regional | 6.69   | 7  |        |
| 18 Ortiz, Ethan        | 9 Hopedale Jr/Sr   | 6.70   | 7  |        |
| 19 Gibbons, Brady      | 10 Nipmuc Regional | 6.77   | 8  |        |
| 20 Weden, Lucas        | 9 Whitinsville     | 6.78   | 9  |        |
| 21 Martin, Hunter      | 10 Hopedale Jr/Sr  | 6.90   | 2  |        |
| 22 Gazda-Tran, Alec    | 9 Whitinsville     | 7.12   | 9  |        |
| 23 Ho, Jared           | 7 Hopedale Jr/Sr   | 7.22   | 3  |        |
| 24 Perez, Elijah       | 9 Douglas          | 7.33   | 5  |        |
| 25 Bebawy, Bishop      | 10 Hopedale Jr/Sr  | 7.36   | 4  |        |
| 26 Thompson, Ryan      | 10 Hopedale Jr/Sr  | 7.78   | 5  |        |
| 27 Jankins, Lucas      | 9 Sutton           | 7.86   | 3  |        |
| 28 Scott, John         | 10 Nipmuc Regional | 8.24   | 9  |        |
| 29 Oliveira, Pedro     | 8 Douglas          | 8.36   | 7  |        |
| 30 Rinehart, Aidan     | 7 Hopedale Jr/Sr   | 8.50   | 6  |        |
| 31 Cades, Seth         | 9 Blackstone-M     | 8.61   | 1  |        |
| 32 Meshreky, Nofer     | 11 Hopedale Jr/Sr  | 8.71   | 7  |        |
| 33 Rondeau, Robert     | 8 Douglas          | 8.85   | 6  |        |

**Dual Valley Meet No. 1 - 12/10/2024****Northbridge High School****Results****....Event 6 Men 50 Yard Dash Varsity**

|                  |                  |      |   |
|------------------|------------------|------|---|
| 34 Hansen, Jacob | 7 Hopedale Jr/Sr | 9.43 | 8 |
|------------------|------------------|------|---|

**Event 8 Men 1 Mile Run Varsity**

| Name                   | Year | School          | Finals  | Points |
|------------------------|------|-----------------|---------|--------|
| 1 Ludwigson, Wes       | 11   | Nipmuc Regional | 5:18.35 |        |
| 2 Fragala, Trent       | 9    | Douglas         | 5:25.57 |        |
| 3 Evans, Thomas        | 12   | Nipmuc Regional | 5:34.77 |        |
| 4 Boormeester, Demetri | 10   | Whitinsville    | 5:35.94 |        |
| 5 Stadinski, Noah      | 12   | Sutton          | 5:51.19 |        |
| 6 Jakubiak, Ian        | 9    | Sutton          | 5:52.12 |        |
| 7 Rougemont, Benjamin  | 9    | Sutton          | 5:55.64 |        |
| 8 Acosta, Sebastian    | 10   | Douglas         | 5:57.97 |        |
| 9 Scott, Cillian       | 11   | Nipmuc Regional | 6:05.49 |        |
| -- Bell, Carter        | 9    | Nipmuc Regional | DNF     |        |
| -- Powell, Ben         | 10   | Hopedale Jr/Sr  | DNF     |        |
| -- Klinghard, Amsden   | 12   | Sutton          | DNF     |        |

**Event 10 Men 300 Meter Dash Varsity**

| Name                      | Year | School          | Finals | H# | Points |
|---------------------------|------|-----------------|--------|----|--------|
| 1 Lanzillo, Mason         | 11   | Sutton          | 43.30  | 2  |        |
| 2 Carvalho, Pedro         | 9    | Whitinsville    | 44.17  | 6  |        |
| 3 Chaudhary, Shaan        | 12   | Douglas         | 44.99  | 5  |        |
| 4 Cormier, Luke           | 11   | Nipmuc Regional | 45.15  | 3  |        |
| 5 Elliott, Benjamin       | 10   | Douglas         | 46.05  | 5  |        |
| 6 Weden, Lucas            | 9    | Whitinsville    | 46.50  | 4  |        |
| 7 Robbins, Thomas         | 9    | Whitinsville    | 47.03  | 1  |        |
| 8 Joyce lll, Stephen      | 12   | Nipmuc Regional | 47.05  | 5  |        |
| 9 Dennis, Logan           | 8    | Douglas         | 48.71  | 6  |        |
| 10 Martin, Hunter         | 10   | Hopedale Jr/Sr  | 49.05  | 3  |        |
| 11 Robertson, Alexander   | 9    | Douglas         | 49.96  | 2  |        |
| 12 Guthenberg, Brody      | 8    | Douglas         | 50.20  | 5  |        |
| 13 Ho, Jared              | 7    | Hopedale Jr/Sr  | 50.25  | 1  |        |
| 14 Rabidou, James         | 9    | Nipmuc Regional | 50.75  | 1  |        |
| 15 DeGrood, Oliver        | 10   | Nipmuc Regional | 50.89  | 2  |        |
| 16 Matera JR, Christopher | 9    | Sutton          | 51.11  | 1  |        |
| 17 Kim, John              | 12   | Whitinsville    | 51.59  | 6  |        |
| 18 Ashton, Jayden         | 9    | Whitinsville    | 51.68  | 4  |        |
| 19 Gazda-Tran, Alec       | 9    | Whitinsville    | 51.90  | 4  |        |
| 20 Condon, Cameron        | 10   | Nipmuc Regional | 53.27  | 2  |        |
| 21 Patel, Rudra           | 9    | Hopedale Jr/Sr  | 53.48  | 4  |        |
| 22 Jankins, Lucas         | 9    | Sutton          | 54.31  | 3  |        |
| 23 Rinehart, Aidan        | 7    | Hopedale Jr/Sr  | 59.08  | 6  |        |
| 24 Scott, John            | 10   | Nipmuc Regional | 59.57  | 3  |        |

**Event 12 Men 600 Meter Run Varsity**

| Name             | Year | School          | Finals  | Points |
|------------------|------|-----------------|---------|--------|
| 1 Pozzi, Joseph  | 11   | Douglas         | 1:41.28 |        |
| 2 Gamboni, Jorge | 12   | Nipmuc Regional | 1:41.64 |        |
| 3 Dani, Carter   | 12   | Whitinsville    | 1:41.67 |        |

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|                             |                    |         |
|-----------------------------|--------------------|---------|
| 4 Dalpe, Sam                | 10 Hopedale Jr/Sr  | 1:41.87 |
| 5 Fitzgibbon, Connor        | 10 Hopedale Jr/Sr  | 1:46.08 |
| 6 Vos, Michael              | 9 Whitinsville     | 1:48.65 |
| 7 Boormeester, Demetri      | 10 Whitinsville    | 1:48.79 |
| 8 Langkopf, Brayden         | 10 Sutton          | 1:52.27 |
| 9 Moore, Isaac              | 10 Sutton          | 1:55.57 |
| 10 Mannino, Koda            | 12 Sutton          | 1:59.21 |
| 11 Carvalho, Alexander      | 11 Nipmuc Regional | 2:00.06 |
| 12 Perez, Walter            | 12 Nipmuc Regional | 2:00.15 |
| 13 Giripratapsrivatsa, Kopp | 9 Nipmuc Regional  | 2:06.14 |
| 14 Bebawy, Bishop           | 10 Hopedale Jr/Sr  | 2:08.46 |

**Event 16 Men 1000 Meter Run Varsity**

| Name                   | Year School        | Finals  | Points |
|------------------------|--------------------|---------|--------|
| 1 Stone, Ben           | 10 Hopedale Jr/Sr  | 3:06.84 |        |
| 2 Cook, Quinn          | 8 Hopedale Jr/Sr   | 3:08.78 |        |
| 3 Telles, Neo          | 12 Douglas         | 3:08.80 |        |
| 4 Keyes, Charlie       | 11 Hopedale Jr/Sr  | 3:12.60 |        |
| 5 Vos, Nathanael       | 10 Whitinsville    | 3:14.83 |        |
| 6 Evans, Thomas        | 12 Nipmuc Regional | 3:14.98 |        |
| 7 Ludwigson, Wes       | 11 Nipmuc Regional | 3:15.88 |        |
| 8 Stone, Matt          | 9 Hopedale Jr/Sr   | 3:21.92 |        |
| 9 Jakubiak, Ian        | 9 Sutton           | 3:28.76 |        |
| 10 Stadinski, Noah     | 12 Sutton          | 3:29.17 |        |
| 11 Connell, Benjamin   | 10 Douglas         | 3:35.28 |        |
| 12 Connell, Aiden      | 12 Douglas         | 3:35.53 |        |
| 13 Rougemont, Benjamin | 9 Sutton           | 3:39.27 |        |
| 14 Ashton, Jayden      | 9 Whitinsville     | 3:44.20 |        |
| -- Zanchi, Cameron     | 10 Douglas         | DNF     |        |

**Event 18 Men 4x200 Meter Relay Varsity**

| School                       | Finals  | H# | Points |
|------------------------------|---------|----|--------|
| 1 Nipmuc Regional 'A'        | 1:48.75 | 2  |        |
| 2 Whitinsville Christian 'A' | 1:53.86 | 1  |        |
| 3 Sutton 'A'                 | 1:59.17 | 2  |        |
| 4 Douglas 'A'                | 2:03.09 | 1  |        |
| 5 Nipmuc Regional 'B'        | 2:07.03 | 1  |        |

**Event 20 Men 4x400 Meter Relay Varsity**

| School                       | Finals  | Points |
|------------------------------|---------|--------|
| 1 Whitinsville Christian 'A' | 4:18.37 |        |
| 2 Hopedale Jr/Sr 'A'         | 4:22.39 |        |
| 3 Sutton 'A'                 | 4:27.34 |        |
| 4 Douglas 'A'                | 4:29.59 |        |

**Dual Valley Meet No. 1 - 12/10/2024****Northbridge High School****Results****Event 22 Men Shot Put Varsity**

| Name                       | Year | School          | Finals   | Points |
|----------------------------|------|-----------------|----------|--------|
| 1 Levine, Ari              | 11   | Hopedale Jr/Sr  | 54-02.50 |        |
| 50-10 53-09 54-02.50       |      |                 |          |        |
| 2 Bettouche, Zach          | 11   | Hopedale Jr/Sr  | 44-08.50 |        |
| 39-07.25 44-08.50 42-11.50 |      |                 |          |        |
| 3 Najem, CJ                | 12   | Whitinsville    | 44-03.50 |        |
| 44-03.50 43-03 FOUL        |      |                 |          |        |
| 4 LaForest, Bryce          | 11   | Sutton          | 42-00.00 |        |
| 41-05.50 42-00 40-01       |      |                 |          |        |
| 5 Correia, Dashel          | 11   | Nipmuc Regional | 41-11.50 |        |
| 41-11.50 FOUL 39-08        |      |                 |          |        |
| 6 Reitz, Benjamin          | 12   | Nipmuc Regional | 36-09.00 |        |
| 25-02 36-09 26-07.50       |      |                 |          |        |
| 6 O'Callaghan, Declan      | 12   | Sutton          | 36-09.00 |        |
| 33-08 36-06 36-09          |      |                 |          |        |
| 8 Bailey, Sean             | 11   | Nipmuc Regional | 33-06.00 |        |
| 28-02.50 33-06 32-09.50    |      |                 |          |        |
| 9 Ferenczy, Justin         | 11   | Nipmuc Regional | 32-11.00 |        |
| 31-01.50 32-11 29-04       |      |                 |          |        |
| 10 Cubberley, Rhys         | 11   | Nipmuc Regional | 32-01.00 |        |
| 32-01 31-05.50 FOUL        |      |                 |          |        |
| 11 Carle, Jacob            | 10   | Nipmuc Regional | 31-02.50 |        |
| 30-05 31-02.50 29-05.50    |      |                 |          |        |
| 12 Aruajo, Sebastian       | 12   | Whitinsville    | 29-01.50 |        |
| 29-01.50 24-03 27-03.50    |      |                 |          |        |
| 13 Garrant, Noah           | 11   | Whitinsville    | 28-11.50 |        |
| 28-11.50 FOUL 28-06.50     |      |                 |          |        |
| 14 Moore, Isaac            | 10   | Sutton          | 28-02.00 |        |
| 22-11 28-02 27-04          |      |                 |          |        |
| 15 Guthenberg, Brody       | 8    | Douglas         | 24-03.00 |        |
| 24-03 24-03 22-02          |      |                 |          |        |
| 16 Terenzi, Sam            | 10   | Hopedale Jr/Sr  | 21-03.00 |        |
| 21-03 19-04.50 19-08       |      |                 |          |        |
| 17 Mannino, Koda           | 12   | Sutton          | 20-01.00 |        |
| 19-05.75 20-01 19-01       |      |                 |          |        |
| 18 Meshreky, Nofer         | 11   | Hopedale Jr/Sr  | 18-04.00 |        |
| 17-09.50 12-09 18-04       |      |                 |          |        |
| 19 Cades, Seth             | 9    | Blackstone-M    | 17-10.50 |        |
| 13-08.50 17-10.50 17-07.50 |      |                 |          |        |
| 20 Ortiz, Ethan            | 9    | Hopedale Jr/Sr  | 17-08.00 |        |
| 17-08 16-08 17-01.50       |      |                 |          |        |

**Event 24 Men High Jump Varsity**

| Name                               | Year | School       | Finals  | Points |
|------------------------------------|------|--------------|---------|--------|
| 1 Lefort, Cooper                   | 9    | Sutton       | 5-06.00 |        |
| 4-06 4-08 4-10 5-00 5-02 5-04 5-06 |      |              |         |        |
| P P O O O O XO                     |      |              |         |        |
| 2 Belucio, Daniel                  | 12   | Whitinsville | 5-04.00 |        |
| 4-06 4-08 4-10 5-00 5-02 5-04 5-06 |      |              |         |        |
| P P O XO O O XXX                   |      |              |         |        |

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|    |                                    |    |                 |         |
|----|------------------------------------|----|-----------------|---------|
| 2  | Ruddock, Kevin                     | 11 | Nipmuc Regional | 5-04.00 |
|    | 4-06 4-08 4-10 5-00 5-02 5-04 5-06 |    |                 |         |
|    | P P O XP XO O XXX                  |    |                 |         |
| 2  | Enoch, Enson                       | 10 | Whitinsville    | 5-04.00 |
|    | 4-06 4-08 4-10 5-00 5-02 5-04 5-06 |    |                 |         |
|    | P P P O O XXX                      |    |                 |         |
| 5  | Robertson, Alexander               | 9  | Douglas         | 5-00.00 |
|    | 4-06 4-08 4-10 5-00 5-02           |    |                 |         |
|    | XO O O O XXX                       |    |                 |         |
| 5  | Dani, Carter                       | 12 | Whitinsville    | 5-00.00 |
|    | 4-06 4-08 4-10 5-00 5-02           |    |                 |         |
|    | P P O O XXX                        |    |                 |         |
| 7  | Auciello, Abraham                  | 11 | Sutton          | 4-10.00 |
|    | 4-06 4-08 4-10 5-00                |    |                 |         |
|    | O O O XXX                          |    |                 |         |
| 7  | Langkopf, Brayden                  | 10 | Sutton          | 4-10.00 |
|    | 4-06 4-08 4-10 5-00                |    |                 |         |
|    | O O O XXX                          |    |                 |         |
| 9  | Condon, Cameron                    | 10 | Nipmuc Regional | 4-06.00 |
|    | 4-06 4-08                          |    |                 |         |
|    | O XXX                              |    |                 |         |
| -- | Vos, Michael                       | 9  | Whitinsville    | NH      |
|    | 4-06 4-08 4-10                     |    |                 |         |
|    | P P XXX                            |    |                 |         |
| -- | DeGrood, Oliver                    | 10 | Nipmuc Regional | NH      |
|    | 4-06                               |    |                 |         |
|    | XXX                                |    |                 |         |