

Dual Valley Conference - 2/6/2024**Indoor Championship****Northbridge High School****Results****Men 50 Yard Dash****Top 8 Advance by Time**

DVC CHAMP: C 6.04 1/17/2017 Saralynn Spear, Blackstone Millv

DVC Season: S 5.6h 1/14/2010 Mark Hill, Sutton

Name	Year	School	Prelims	H#
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Preliminaries

1	Lucier, Aidan	11	Nipmuc Regional	C 5.96q	1
2	Enoch, Ethan	12	Whitinsville	C 6.04q	2
3	Buivydas, Darius	12	Douglas	6.07q	3
4	Sicurella, Gabriel	11	Nipmuc Regional	6.15q	5
5	Hooper, Logan	12	Douglas	6.19q	4
6	Mattson, John	12	Nipmuc Regional	6.22q	3
7	Nascimento, Daniel	11	Douglas	6.39q	2
8	O'Callaghan, Declan	11	Sutton	6.44q	4
9	Carvalho, Pedro	9	Whitinsville	6.52	4
10	Welch, Dylan	11	Sutton	6.66	3
11	Mitchell, Declan	11	Whitinsville	7.09	1
12	Osborne, Liam	8	Blackstone-M	7.21	1
13	Rogale, John	9	Blackstone-M	7.52	5
14	Bebawy, Bishoy	9	Hopedale	7.58	2
15	Borodinas, Gabriel	9	Hopedale	7.66	3
16	Brault, Evan	8	Hopedale	7.83	5
17	Stadinski, Patrick	9	Sutton	9.01	5

Men 50 Yard Dash

DVC CHAMP: C 6.04 1/17/2017 Saralynn Spear, Blackstone Millv

DVC Season: S 5.6h 1/14/2010 Mark Hill, Sutton

Name	Year	School	Finals	H#
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Finals

1	Lucier, Aidan	11	Nipmuc Regional	5.97C	1
2	Enoch, Ethan	12	Whitinsville	6.05	1
3	Buivydas, Darius	12	Douglas	6.08	1
4	Sicurella, Gabriel	11	Nipmuc Regional	6.12	1
5	Hooper, Logan	12	Douglas	6.14	2
6	Mattson, John	12	Nipmuc Regional	6.18	2
7	Nascimento, Daniel	11	Douglas	6.51	2

Men 300 Meter Dash

DVC CHAMP: C 38.42 2/6/2012 Jake Foynes, Douglas

DVC Season: S 37.80 1/20/2011 Jake Foynes, Douglas

Name	Year	School	Finals	H#
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1	Lucier, Aidan	11	Nipmuc Regional	39.85	1
2	Buivydas, Darius	12	Douglas	40.08	1
3	Enoch, Ethan	12	Whitinsville	40.18	1
4	Swaim, Corbin	11	Whitinsville	40.61	2
5	Rossi, Dominic	12	Douglas	41.02	2
6	Morin, Thomas	12	Sutton	42.87	2
7	Belucio, Nicolas	12	Whitinsville	42.89	3
8	Kovacs, Carter	12	Nipmuc Regional	44.51	3
9	Pomavilla, Jose	12	Hopedale	44.60	4

Dual Valley Conference - 2/6/2024**Indoor Championship****Northbridge High School****Results****....Men 300 Meter Dash**

10 Demps, Jake	11 Hopedale	44.89	4
11 Elliott, Benjamin	9 Douglas	45.91	5
12 Gleason, Ryan	11 Sutton	46.79	4
13 Joyce III, Stephen	11 Nipmuc Regional	47.48	3
14 Matera JR, Christopher	8 Sutton	51.93	5
15 Murphy, Jack	8 Hopedale	53.33	5

Men 600 Meter Run

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DVC CHAMP: C 1:28.23	2/1/2014	Jason Dimmick, Sutton		
DVC Season: S 1:26.20	2/1/2014	Alec Goldenberg, Douglas		
Name	Year	School	Finals	H#
=====				
1 Aubut, Samuel	12	Nipmuc Regional	1:31.98	1
2 Hand, Evan	12	Whitinsville	1:34.84	1
3 Gava, Colin	12	Whitinsville	1:36.13	1
4 Squier, Colin	12	Douglas	1:36.17	1
5 Gamboni, Jorge	11	Nipmuc Regional	1:37.02	1
6 Seaver, James	12	Hopedale	1:43.53	1
7 Pozzi, Joseph	10	Douglas	1:45.37	2
8 Hand, Ethan	10	Whitinsville	1:46.07	2
9 Mannino, Koda	11	Sutton	1:49.96	2
10 George, Max	9	Douglas	1:53.17	2
11 Auciello, Abraham	10	Sutton	1:56.50	2
12 Scott, Cillian	10	Nipmuc Regional	2:02.20	2
13 Behawy, Bishoy	9	Hopedale	2:14.93	2

Men 1000 Meter Run

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DVC CHAMP: C 2:42.88	1/23/2018	Brandon Hall, Hopedale		
DVC Season: S 2:42.88	1/23/2018	Brandon Hall, Hopedale		
Name	Year	School	Finals	H#
=====				
1 Vos, Justin	12	Whitinsville	2:58.62	1
2 Hand, Evan	12	Whitinsville	3:04.44	1
3 Klansek, Garet	8	Douglas	3:04.90	1
4 Telles, Neo	10	Douglas	3:10.35	1
5 Langkopf, Brayden	9	Sutton	3:11.19	1
6 Stadinski, Noah	11	Sutton	3:17.03	2
7 Boormeester, Demetri	9	Whitinsville	3:20.23	1
8 Perez, Oscar	10	Nipmuc Regional	3:21.08	2
9 Overholt, James	12	Nipmuc Regional	3:28.44	2
10 Connell, Benjamin	9	Douglas	3:32.29	2
11 Thompson, Matthew	11	Hopedale	3:35.89	2
12 Moore, Isaac	9	Sutton	3:45.70	2

Men 1 Mile Run

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DVC CHAMP: C 4:46.40	1/31/2015	Thomas Spillers, Hopedale		
DVC Season: S 4:43.60	1/19/2012	Paul Maurais, Hopedale		
Name	Year	School	Finals	
=====				
1 Hunt, Jackson	12	Hopedale	4:48.10	
2 Vos, Justin	12	Whitinsville	5:01.12	

Dual Valley Conference - 2/6/2024**Indoor Championship****Northbridge High School****Results****....Men 1 Mile Run**

3 Carlin, Jack	11 Whitinsville	5:06.04
4 Carbo, Alex	12 Hopedale	5:10.11
5 Fragala, Trent	8 Douglas	5:18.63
6 Evans, Thomas	11 Nipmuc Regional	5:23.90
7 Ludwigson, Wes	10 Nipmuc Regional	5:40.21
8 Thompson, Matthew	11 Hopedale	6:00.08
9 Bisson, Joshua	7 Douglas	6:04.28
10 Stadinski, Noah	11 Sutton	6:06.69
11 Acosta, Sebastian	10 Douglas	6:10.52
12 Carvalho, Alexander	10 Nipmuc Regional	6:13.25

Men 2 Mile Run

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DVC CHAMP: C 10:06.13 1/23/2020 Daniel Dezutter, Nipmuc
DVC Season: S 10:05.50 1/9/2017 Brandon Hall, Hopedale

Name	Year School	Finals
=====	=====	=====
1 Hunt, Jackson	12 Hopedale	10:34.88
2 Carlin, Jack	11 Whitinsville	10:51.78
3 Aubut, Samuel	12 Nipmuc Regional	10:57.86
4 Stone, Benjamin	9 Hopedale	11:00.77
5 Overholt, James	12 Nipmuc Regional	12:10.49
6 Chaudhary, Amer	9 Douglas	12:12.13
7 Scott, Cillian	10 Nipmuc Regional	12:18.00
8 Boormeester, Demetri	9 Whitinsville	12:23.54
9 Vos, Nathanael	9 Whitinsville	12:38.36
10 Mannino, Koda	11 Sutton	13:07.35
11 Connell, Aiden	11 Douglas	15:46.37

Men 50 Yard Hurdles**Top 8 Advance by Time**

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DVC CHAMP: C 6.87 2/6/2012 Mark Hill, Sutton
DVC Season: S 6.6h 1/17/2011 Christopher Coffin, Blackstone-M

Name	Year School	Prelims	H#
=====	=====	=====	=====
Preliminaries			
1 Rossi, Dominic	12 Douglas	7.62q	1
2 Tucker, Nate	12 Hopedale	7.86q	3
3 Enoch, Enson	9 Whitinsville	8.03q	2
4 Spargo, William	12 Nipmuc Regional	8.06q	3
5 Szewczynski, Maverick	12 Nipmuc Regional	8.10q	2
6 Rock, Ryan	12 Nipmuc Regional	8.63q	1
7 White, Tadele	9 Sutton	8.72q	1
8 Ewing, Erik	9 Sutton	9.35q	2
9 Thompson, Ryan	9 Hopedale	10.29	2
10 Winchell, Silas	7 Douglas	10.49	3

Dual Valley Conference - 2/6/2024
Indoor Championship
Northbridge High School
Results

Men 50 Yard Hurdles

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DVC CHAMP: C 6.87 2/6/2012 Mark Hill, Sutton
DVC Season: S 6.6h 1/17/2011 Christopher Coffin, Blackstone-M
Name Year School Finals H#
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Finals

1 Enoch, Enson	9 Whitinsville	7.49	1
2 Rossi, Dominic	12 Douglas	7.51	1
3 Tucker, Nate	12 Hopedale	7.91	1
4 Spargo, William	12 Nipmuc Regional	8.02	1
5 Szewczynski, Maverick	12 Nipmuc Regional	8.30	2
6 Rock, Ryan	12 Nipmuc Regional	8.79	2
7 White, Tadele	9 Sutton	8.87	2
8 Ewing, Erik	9 Sutton	9.58	2

Men 4x200 Meter Relay

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DVC CHAMP: C 1:42.51 2/1/2014 Douglas, Douglas
DVC Season: S 1:42.51 2/1/2014 Douglas, Douglas
School Finals H#
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1 Whitinsville Christian 'A'	1:49.49	1
1) Swaim, Corbin 11	2) Belucio, Nicolas 12	
3) Carvalho, Pedro 9	4) Enoch, Enson 9	
2 Nipmuc Regional 'A'	1:52.37	1
1) Sicurella, Gabriel 11	2) Mattson, John 12	
3) Polanco, Leodices 12	4) Szewczynski, Maverick 12	
3 Douglas 'A'	1:52.55	1
1) Hooper, Logan 12	2) Maldonado, Alexis 11	
3) Kenney, Thomas 9	4) Nascimento, Daniel 11	
4 Sutton 'A'	1:56.84	2
1) Morin, Thomas 12	2) Gleason, Ryan 11	
3) Welch, Dylan 11	4) Walker, Declan 9	
5 Hopedale 'A'	1:59.87	2
1) Pomavilla, Jose 12	2) Demps, Jake 11	
3) Bettouche, Zachary 10	4) Levine, Ari 10	

Men 4x400 Meter Relay

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DVC CHAMP: C 3:54.12 1/31/2015 Blackstone-Millville, Black
DVC Season: S 3:49.90 1/15/2013 Whitinsville Christian, Whi
School Finals
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1 Hopedale 'A'	4:07.44
1) Seaver, James 12	2) Carbo, Alex 12
3) Tucker, Nate 12	4) Stone, Benjamin 9
2 Whitinsville Christian 'A'	4:08.44
1) Gava, Colin 12	2) Belucio, Daniel 11
3) Hand, Ethan 10	4) Vos, Nathanael 9
3 Douglas 'A'	4:10.64
1) Squier, Colin 12	2) Pozzi, Joseph 10
3) Telles, Neo 10	4) Klansek, Garet 8
4 Nipmuc Regional 'A'	4:24.87
1) Gamboni, Jorge 11	2) Evans, Thomas 11
3) Ludwigson, Wes 10	4) Kovacs, Carter 12

Dual Valley Conference - 2/6/2024
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Northbridge High School
Results

....Men 4x400 Meter Relay

5 Sutton 'A' 4:47.66
 1) Auciello, Abraham 10 2) Langkopf, Brayden 9
 3) Moore, Isaac 9 4) Matera JR, Christopher 8

Men High Jump

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DVC CHAMP: C		6-05	1/31/2015		Kevin Hack, Nipmuc				
DVC Season: S		6-08	1/7/2016		Kevin Hack, Nipmuc				
Name		Year School				Finals			
=====									
1	Rossi, Dominic				12	Douglas			5-10.00
	4-10	5-00	5-02	5-04	5-06	5-08	5-10	6-00	
	P	P	P	P	O	P	XO	XPP	
2	Belucio, Daniel				11	Whitinsville			5-04.00
	4-10	5-00	5-02	5-04	5-06				
	O	O	O	XXO	XXX				
3	Ruddock, Kevin				10	Nipmuc Regional			5-02.00
	4-10	5-00	5-02	5-04					
	O	XO	XXO	XXX					
4	Enoch, Enson				9	Whitinsville			4-10.00
	4-10	5-00							
	XXO	XXX							
--	Polanco, Leodices				12	Nipmuc Regional			NH
	4-10								
	XXX								
--	Ewing, Erik				9	Sutton			NH
	4-10								
	XPP								
--	Auciello, Abraham				10	Sutton			NH
	4-10								
	XXX								

Men Shot Put

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DVC CHAMP: C		49-11.50		2/23/2020		Curtis Roheleau, Suttton			
DVC Season: S		50-01.50		1/18/2024		Ari Levine, Hopedale			
Name				Year School				Finals	H#
=====									
1	Levine, Ari			10 Hopedale				48-04.50	2
	43-09.25	48-04.50	45-02.50	44-00	47-04.25	FOUL			
2	Rossi, Dominic			12 Douglas				43-08.25	2
	43-08.25	43-00.50	40-01	35-04.50					
3	Delgado, Gavin			12 Douglas				42-09.00	2
	FOUL	FOUL	40-06	42-09	42-07.50	FOUL			
4	Najem, CJ			11 Whitinsville				42-06.00	2
	40-08	41-04.50	42-06	41-09	41-04.50	41-07			
5	Bettouche, Zachary			10 Hopedale				40-11.25	2
	40-11.25	36-09	FOUL	40-02.75	40-08.50	39-05			
6	Correia, Dashel			10 Nipmuc Regional				38-10.75	2
	36-01	38-04	38-10.75	37-04.25	36-01	38-09.50			
7	Arthur, Cade			11 Nipmuc Regional				37-00.25	2
	35-09.25	36-07	37-00.25	35-03.50	33-03.50	34-11			
8	Sullivan, Ty			12 Nipmuc Regional				36-07.50	2
	35-02	35-08.50	36-07.50						
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Dual Valley Conference - 2/6/2024**Indoor Championship****Northbridge High School****Results****....Men Shot Put**

9	Johnson, Will	12	Whitinsville	36-00.50	1
	34-06 36-00.50 34-10.50				
10	O'Callaghan, Declan	11	Sutton	35-01.00	2
	FOUL FOUL 35-01				
11	Gleason, Ryan	11	Sutton	29-07.00	1
	29-07 24-04.25 29-01				
12	Osborne, Liam	8	Blackstone-M	27-02.00	1
	25-04 26-07.50 27-02				
13	LeBoeuf, Garrett	8	Douglas	26-08.50	1
	26-01.50 23-10 26-08.50				
14	Moore, Isaac	9	Sutton	25-09.50	1
	25-09.50 24-07 24-08.50				
15	Gava, Colin	12	Whitinsville	24-03.50	1
	24-03.50 24-00 23-06				
16	Rogale, John	9	Blackstone-M	23-07.00	1
	20-07 21-07 23-07				
17	Terenzi, Sam	9	Hopedale	21-03.00	1
	19-04.50 20-07.50 21-03				

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Men - Team Rankings - 11 Events Scored

1) Whitinsville Christian	116	2) Douglas	79
3) Nipmuc Regional	72	4) Hopedale	59
5) Sutton	10		