

Winnacunnet, Central @ Exeter - 4/17/2024**Live Results @ www.sstresults.com****Exeter High School****Results****Girls 100 Meter Dash**

Name	Year	School	Finals	H#	Points
Finals					
1 Lantaigne, Mia	10	Winnacunnet	13.40	1	6
2 Mann, Tianna	10	Manchester Central	13.96	1	4
3 Ouellette, Maeve	9	Winnacunnet	14.03	1	2
4 Rogers, Alexys	9	Exeter	14.19	1	1
5 Burrus, Anna	11	Winnacunnet	14.28	2	
6 Ahern, Claire	10	Exeter	14.59	2	
7 George, Ann	12	Exeter	14.67	1	
8 Postage, Riley	11	Exeter	14.79	1	
9 Kelley, Elizabeth	12	Manchester Central	14.89	4	
10 Koutalidis, Caitlyn	12	Winnacunnet	14.91	2	
11 O'Connor, Maeve	12	Winnacunnet	15.08	2	
12 Wheeler, Annabeth	12	Exeter	15.16	2	
13 Fortier, Sophia	9	Exeter	15.41	3	
14 Adams, Sophie	10	Winnacunnet	15.83	3	
15 Cora, Emma	12	Winnacunnet	15.93	3	
16 Gately, Brandi	9	Winnacunnet	16.08	3	
17 Christian, Julia	9	Winnacunnet	16.18	4	
18 Paluku, Furaha	11	Manchester Central	16.28	4	
19 Dionne, Rachel	10	Winnacunnet	16.44	3	
20 Ireland, Caroline	12	Exeter	16.61	2	

Girls 200 Meter Dash

Name	Year	School	Finals	H#	Points
1 Barber, Harriet	12	Manchester Central	25.99	1	6
2 Cenesca, Angela	10	Manchester Central	27.26	1	4
3 Lantaigne, Mia	10	Winnacunnet	27.72	1	2
4 Rogers, Alexys	9	Exeter	28.13	1	1
5 Clifford, Maitri	11	Winnacunnet	28.66	1	
6 Champney, Mackenzie	11	Winnacunnet	29.06	1	
7 Clifford, Moxie	10	Winnacunnet	29.60	2	
8 Grote, Lola	9	Winnacunnet	30.01	4	
9 Koutalidis, Caitlyn	12	Winnacunnet	30.32	3	
10 Knab, Evelyn	9	Exeter	30.52	3	
11 King, Marie	10	Exeter	30.54	2	
12 George, Ann	12	Exeter	30.63	2	
13 O'Connor, Maeve	12	Winnacunnet	31.03	3	
14 Fortier, Sophia	9	Exeter	31.28	3	
15 Hanson, Sarah	11	Exeter	31.37	2	
16 Wheeler, Annabeth	12	Exeter	31.44	2	
17 Olson, Ella	12	Winnacunnet	32.80	3	
18 Adams, Sophie	10	Winnacunnet	33.29	3	
19 Dionne, Rachel	10	Winnacunnet	33.33	4	
20 Gately, Brandi	9	Winnacunnet	33.99	4	
21 Christian, Julia	9	Winnacunnet	34.04	4	
22 Paluku, Furaha	11	Manchester Central	34.19	4	

Winnacunnet, Central @ Exeter - 4/17/2024**Live Results @ www.sstresults.com****Exeter High School****Results****Girls 400 Meter Dash**

Name	Year	School	Finals	H#	Points
1 Barber, Harriet	12	Manchester Central	58.69	1	6
2 Thompson, Rayna	12	Exeter	1:01.11	1	4
3 Knab, Clara	12	Exeter	1:02.37	1	2
4 Clifford, Maitri	11	Winnacunnet	1:02.77	1	1
5 Caron, Danica	10	Exeter	1:04.36	1	
6 Cenesca, Angela	10	Manchester Central	1:06.83	1	
7 Tremblay, Abigail	9	Exeter	1:08.10	2	
8 Jost, Lindsay	9	Winnacunnet	1:08.72	2	
9 Kells, Molly	9	Exeter	1:10.45	2	
10 Burrus, Anna	11	Winnacunnet	1:10.59	2	
11 King, Meaghan	10	Exeter	1:11.07	2	
12 Pacheco, Liana	11	Winnacunnet	1:13.84	1	

Girls 800 Meter Run

Name	Year	School	Finals	Points
1 Cross, Eli	9	Exeter	2:28.53	6
1:16.514 (1:16.514)	2:28.523 (1:12.009)			
2 Mariotti, Carson	11	Winnacunnet	2:34.51	4
1:16.454 (1:16.454)	2:34.504 (1:18.050)			
3 Orleans, Amber	11	Exeter	2:35.13	2
1:16.774 (1:16.774)	2:35.130 (1:18.356)			
4 Paterna, Brianna	9	Exeter	2:35.42	1
1:16.994 (1:16.994)	2:35.414 (1:18.420)			
5 Maher, Lily	10	Exeter	2:45.31	
1:19.976 (1:19.976)	2:45.305 (1:25.329)			
6 Spencer, Blake	9	Manchester Central	2:46.62	
1:18.378 (1:18.378)	2:46.620 (1:28.242)			
7 Nardone, Sofia	12	Winnacunnet	2:46.86	
1:20.199 (1:20.199)	2:46.859 (1:26.660)			
8 Burness, Ava	12	Winnacunnet	2:50.62	
1:19.579 (1:19.579)	2:50.615 (1:31.036)			
9 Stankiewicz, Grace	12	Manchester Central	3:08.13	
1:28.567 (1:28.567)	3:08.122 (1:39.555)			
10 Turner, Quinn	9	Manchester Central	3:10.70	
1:32.117 (1:32.117)	3:10.695 (1:38.578)			

Girls 1600 Meter Run

Name	Year	School	Finals	Points
1 Koutalidis, Charlotte	12	Winnacunnet	5:06.67	6
1:15.309 (1:15.309)	2:33.285 (1:17.976)	3:52.128 (1:18.843)	5:06.667 (1:14.539)	
2 Paterna, Alexis	9	Exeter	5:27.23	4
1:16.124 (1:16.124)	2:37.801 (1:21.677)	4:05.082 (1:27.281)	5:27.222 (1:22.140)	
3 Mariotti, Carson	11	Winnacunnet	5:29.51	2
1:17.569 (1:17.569)	2:41.444 (1:23.875)	4:06.838 (1:25.394)	5:29.509 (1:22.671)	
4 Roache, Delaney	11	Exeter	6:07.54	1
1:23.814 (1:23.814)	2:57.584 (1:33.770)	4:34.825 (1:37.241)	6:07.531 (1:32.706)	
5 Hanlon, Nora	9	Exeter	6:08.59	
1:24.170 (1:24.170)	2:58.611 (1:34.441)	4:38.580 (1:39.969)	6:08.586 (1:30.006)	

Winnacunnet, Central @ Exeter - 4/17/2024**Live Results @ www.sstresults.com****Exeter High School****Results****....Girls 1600 Meter Run**

6	Zagami, Celia	10	Exeter	6:19.67				
	1:25.393 (1:25.393)	3:01.331 (1:35.938)	4:42.835 (1:41.504)	6:19.668 (1:36.833)				
7	Ellsworth, Sophia	12	Winnacunnet	6:31.16				
	1:28.370 (1:28.370)	3:09.129 (1:40.759)	4:51.728 (1:42.599)	6:31.157 (1:39.429)				
8	Hamilton, Emma	9	Exeter	6:34.43				
	1:27.489 (1:27.489)	3:08.858 (1:41.369)	4:53.776 (1:44.918)	6:34.425 (1:40.649)				
9	Merrill, Kaitlin	10	Winnacunnet	6:42.53				
	1:33.524 (1:33.524)	3:17.269 (1:43.745)	5:00.395 (1:43.126)	6:42.530 (1:42.135)				
10	Hogan, Grace	9	Manchester Central	6:45.94				
	1:34.114 (1:34.114)	3:18.146 (1:44.032)	5:05.944 (1:47.798)	6:45.933 (1:39.989)				
11	Roux, Sophie	9	Manchester Central	7:17.90				
	1:46.990 (1:46.990)	3:43.578 (1:56.588)	5:35.765 (1:52.187)	7:17.897 (1:42.132)				
12	DuPaul, Charlotte	10	Manchester Central	7:20.13				
	1:44.082 (1:44.082)	3:40.613 (1:56.531)	5:33.420 (1:52.807)	7:20.129 (1:46.709)				
13	Gutierrez, Sheryl	10	Manchester Central	7:22.93				
	1:43.687 (1:43.687)	3:40.174 (1:56.487)	5:32.528 (1:52.354)	7:22.924 (1:50.396)				
14	Muldoon, Erin	10	Winnacunnet	8:01.24				
	1:53.868 (1:53.868)	4:03.107 (2:09.239)	6:07.295 (2:04.188)	8:01.231 (1:53.936)				

Girls 3200 Meter Run

Name	Year	School	Finals	Points
1 Eaton, Carly	11	Winnacunnet	14:12.01	6
	1:44.397 (1:44.397)	3:33.293 (1:48.896)	5:24.514 (1:51.221)	7:13.444 (1:48.930)
	9:05.469 (1:52.025)	10:55.655 (1:50.186)	12:44.687 (1:49.032)	14:12.009 (1:27.322)

Girls 100 Meter Hurdles

Name	Year	School	Finals	H#	Points
1 Adams, Hayden	12	Winnacunnet	17.28	1	6
2 Grote, Lola	9	Winnacunnet	18.32	2	4
3 MacVicar, Sydney	10	Exeter	18.71	1	2
4 Becker, Ava	10	Manchester Central	19.24	2	1
5 Bartel, Colleen	12	Exeter	19.57	2	
6 Postage, Riley	11	Exeter	19.95	1	
7 Hanson, Sarah	11	Exeter	20.19	1	
8 Kelley, Elizabeth	12	Manchester Central	20.57	2	
9 Champney, Mackenzie	11	Winnacunnet	21.41	1	

Girls 300 Meter Hurdles

Name	Year	School	Finals	Points
1 Mann, Tianna	10	Manchester Central	52.91	6
2 MacVicar, Sydney	10	Exeter	53.20	4
3 Becker, Ava	10	Manchester Central	58.76	2
4 Karam, Paige	10	Exeter	59.31	1

Winnacunnet, Central @ Exeter - 4/17/2024**Live Results @ www.sstresults.com****Exeter High School****Results****Girls 4x100 Meter Relay**

School	Finals	Points
1 Manchester Central	52.72	6
1) Mann, Tianna 10	2) Barber, Harriet 12	
3) Becker, Ava 10	4) Cenesca, Angela 10	
2 Winnacunnet	53.80	4
1) Clifford, Moxie 10	2) Ouellette, Maeve 9	
3) Lantaigne, Mia 10	4) Pacheco, Liana 11	
3 Exeter	56.38	
1) George, Ann 12	2) Wheeler, Annabeth 12	
3) Fortier, Sophia 9	4) Hanson, Sarah 11	

Girls 4x400 Meter Relay

School	Finals	Points
1 Winnacunnet	4:18.82	6
1) Clifford, Maitri 11	2) Ouellette, Maeve 9	
3) Koutalidis, Charlotte 12	4) Champney, Mackenzie 11	
2 Exeter	4:20.96	4
1) Caron, Danica 10	2) Knab, Clara 12	
3) Orleans, Amber 11	4) Tremblay, Abigail 9	
3 Manchester Central	4:22.51	
1) Cenesca, Angela 10	2) Mann, Tianna 10	
3) Spencer, Blake 9	4) Barber, Harriet 12	

Girls High Jump

Name	Year School	Finals	Points
1 Turner, Quinn	9 Manchester Central	4-06.00	5
4-00 4-02 4-04 4-06 4-08			
O O O O XXX			
1 Oates, Marley	10 Manchester Central	4-06.00	5
4-00 4-02 4-04 4-06 4-08			
O O O O XXX			
3 Melick, Jessica	10 Exeter	4-04.00	1
4-00 4-02 4-04 4-06			
O XO XO XXX			
3 Grote, Lola	9 Winnacunnet	4-04.00	1
4-00 4-02 4-04 4-06			
O XO XO XXX			
3 Adams, Hayden	12 Winnacunnet	4-04.00	1
4-00 4-02 4-04 4-06			
O XO XO XXX			
6 Kells, Molly	9 Exeter	4-02.00	
4-00 4-02 4-04			
O O XXX			
7 Knab, Evelyn	9 Exeter	4-02.00	
4-00 4-02 4-04			
O XO X			
8 Strandberg, Payton	9 Exeter	4-00.00	
4-00 4-02			
O XXX			

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8 Sipora, Nancy	10 Manchester Central	4-00.00
4-00 4-02		
O XXX		
-- Champney, Mackenzie	11 Winnacunnet	NH
4-00		
XXX		

Girls Pole Vault

Name	Year School	Finals	Points
1 Mercer, Keira	12 Manchester Central	6-06.00	6
6-00 6-06 7-00			
O O XXX			
2 Baut, Molly	10 Exeter	J6-06.00	4
6-00 6-06 7-00			
XO XO XXX			
3 Lessard, Acadia	10 Exeter	6-00.00	2
6-00 6-06			
XO XXX			
-- Tremblay, Abigail	9 Exeter	NH	
6-00			
XXX			

Girls Long Jump

Name	Year School	Finals	H#	Points
1 Adams, Hayden	12 Winnacunnet	14-11.50	2	6
14-09 14-11.50 13-10.25 14-02				
2 McBride, Martelle	10 Exeter	14-10.75	2	4
14-00 14-00.50 14-10.75 FOUL				
3 MacVicar, Sydney	10 Exeter	13-09.75	2	2
FOUL 13-09.75 12-11.50 13-05.25				
4 Postage, Riley	11 Exeter	13-04.00	1	1
12-07 13-04 12-05.50 FOUL				
5 Sipora, Nancy	10 Manchester Central	13-00.00	2	
13-00 12-03 FOUL				
6 Rogers, Alexys	9 Exeter	11-11.75	1	
11-11.75 11-10.25 11-05.25 11-02.25				
7 Gately, Brandi	9 Winnacunnet	11-07.75	2	
11-04.50 11-02.50 11-07.75 11-04				
8 Oates, Marley	10 Manchester Central	11-01.50	2	
11-01.50 FOUL 10-07.25				
9 Dionne, Rachel	10 Winnacunnet	10-05.00	1	
FOUL FOUL FOUL 10-05				
-- Ahern, Claire	10 Exeter	FOUL	2	
FOUL FOUL FOUL FOUL				
-- Ngira, Grace	9 Manchester Central	FOUL	1	
FOUL FOUL FOUL				
-- Adams, Sophie	10 Winnacunnet	FOUL	1	
FOUL FOUL FOUL FOUL				

Winnacunnet, Central @ Exeter - 4/17/2024**Live Results @ www.sstresults.com****Exeter High School****Results****Girls Triple Jump**

Name	Year	School	Finals	Points
1 Rogers, Alexys	9	Exeter	29-08.25	6
FOUL FOUL FOUL	29-08.25			
2 Bartel, Colleen	12	Exeter	29-06.00	4
28-00.50 29-06 28-10.75 28-08				
3 Melick, Jessica	10	Exeter	28-08.75	2
FOUL 25-06.50 27-09 28-08.75				
4 Strandberg, Payton	9	Exeter	26-01.00	1
FOUL FOUL 26-01 FOUL				
5 Karam, Paige	10	Exeter	26-00.00	
FOUL 26-00 25-11.50 24-04				
6 Knab, Evelyn	9	Exeter	25-04.00	
25-04 24-11.50 25-01.25 FOUL				
-- Muldoon, Lauren	12	Winnacunnet	FOUL	
FOUL FOUL FOUL FOUL				
-- Lessard, Acadia	10	Exeter	FOUL	
FOUL FOUL FOUL FOUL				
-- Kells, Molly	9	Exeter	FOUL	
FOUL FOUL FOUL FOUL				

Girls Shot Put

Name	Year	School	Finals	Points
1 Fabiano, Autumn	10	Exeter	32-02.00	6
32-00.50 32-02 28-11 31-07				
2 Beem, Lucille	10	Exeter	30-05.00	4
29-03 29-11 28-07.25 30-05				
3 Gilroy, Chloe	12	Manchester Central	27-02.50	2
27-02.50 26-06.50 26-10.25 FOUL				
4 Ulven, Josslyn	12	Exeter	25-11.00	1
23-05 22-05.25 25-11 23-02				
5 Perigny, Ayden	9	Winnacunnet	25-09.25	
24-08.25 25-09.25 25-01 24-11				
6 Oby, Peytin	9	Exeter	24-10.00	
24-10 22-09 24-09.50 24-07.25				
7 Morin, Taylor	9	Manchester Central	23-06.25	
23-06.25 22-04.25 22-02 21-04				
8 Gutowski, Samantha	9	Exeter	21-05.25	
FOUL 21-05.25 20-09 18-11.25				
9 Vandyke, Abby	10	Winnacunnet	19-03.75	
18-07.50 19-00.50 17-06.50 19-03.75				
10 Medina, Rebeca	11	Manchester Central	17-07.00	
15-08.25 15-11.75 17-07 16-00.50				
11 Abdullah, Sidra	9	Manchester Central	16-07.50	
15-01.50 16-07.50 14-09.50 15-01.50				
12 Adrien, Chelsea	9	Manchester Central	16-05.00	
16-00.50 15-11.50 15-07.50 16-05				
13 Noor, Norto	11	Manchester Central	13-09.50	
10-06.50 13-09.50 FOUL 13-05.25				
14 Cerna, Emily	10	Manchester Central	12-03.50	
12-00 11-08 12-03.50 12-01.75				

Winnacunnet, Central @ Exeter - 4/17/2024**Live Results @ www.sstresults.com****Exeter High School****Results****Girls Discus Throw**

Name	Year	School	Finals	H#	Points
1 Fabiano, Autumn	10	Exeter	95-09.50	2	6
75-02.25 71-11 95-09.50 81-10					
2 Ulven, Josslyn	12	Exeter	79-04	2	4
70-08 79-02 70-11 79-04					
3 Gutowski, Samantha	9	Exeter	78-10	2	2
FOUL 78-10 77-02 69-06					
4 Morin, Taylor	9	Manchester Central	77-11.50	2	1
61-11.25 77-11.50 FOUL 60-09					
5 Beem, Lucille	10	Exeter	72-04.50	1	
FOUL FOUL 72-04.50 FOUL					
6 Gilroy, Chloe	12	Manchester Central	60-10.50	2	
53-00.50 60-10.50 56-01.50 54-04					
7 Perigny, Ayden	9	Winnacunnet	60-04.75	2	
54-06.50 59-01.50 58-00.50 60-04.75					
8 Wheeler, Sophia	10	Exeter	57-11	2	
50-00.50 57-11 55-01.50 50-05					
9 Vandyke, Abby	10	Winnacunnet	57-06	1	
57-06 51-04 51-08 48-10					
10 Medina, Rebeca	11	Manchester Central	55-09.50	1	
47-00.50 FOUL 55-09.50 52-07					
11 Oby, Peyton	9	Exeter	55-00	2	
55-00 42-09 FOUL 52-07					
12 Thurlow, Claire	10	Exeter	37-10	1	
33-04.50 37-10 35-07 33-08					
13 Bermudas, Nyeelah	9	Exeter	34-04	1	
27-05 34-04 FOUL 32-01					
14 Adrien, Chelsea	9	Manchester Central	28-05.50	1	
FOUL FOUL 28-05.50 25-06.50					
15 Cerna, Emily	10	Manchester Central	21-00.50	1	
21-00.50 20-01 18-01 15-11					

Girls Javelin Throw

Name	Year	School	Finals	Points
1 Gilroy, Chloe	12	Manchester Central	103-11	6
103-11 x				
2 Perigny, Ayden	9	Winnacunnet	66-00	4
66-00 x x				
3 Melick, Nicole	10	Exeter	60-00	2
60-00 x x				
4 Melick, Jessica	10	Exeter	59-02	1
59-02 x x				
5 Clifford, Moxie	10	Winnacunnet	58-09	
58-09 x x				
6 Lessard, Acadia	10	Exeter	58-00	
58-00 x x				
7 Medina, Rebeca	11	Manchester Central	54-09	
54-09 x x				
8 Morin, Taylor	9	Manchester Central	47-08	
47-08 x x				

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Results

....Girls Javelin Throw

9 Vandyke, Abby	10 Winnacunnet	39-03
39-03 x x		
10 Noor, Norto	11 Manchester Central	35-06
35-06 x x		
11 Abdullah, Sidra	9 Manchester Central	35-02
35-02 x x		

Women - Team Rankings - 17 Events Scored

1) Exeter	86	2) Winnacunnet	61
3) Manchester Central	60		