

Merrimack Valley Senior Day - 5/9/2024**Live Results @ www.sstresults.com****Merrimack Valley****Results****Girls 100 Meter Dash**

=====					
School:	12.50	2012	Meredith Ramsey, Merrimack Valley		
Name		Year School	Finals	H#	Points
=====					
Finals					
1 Kelly, Avery		9 Pembroke	13.32	1	8
2 Porter, Sophie		9 Merrimack Valley	13.81	1	6
3 Allen, Sarah		11 Bishop Brady	14.08	1	4
4 Trottier, Eila		12 Goffstown	14.17	2	2
5 Eastman, Emma		10 Goffstown	14.25	1	1
6 Lucas, Jada		10 Merrimack Valley	14.28	1	
7 Panza, Gianna		10 Merrimack Valley	14.33	4	
8 Hawkes, Riley		9 Coe-Brown	14.36	1	
9 Pszeny-Miller, Evelyn		9 Coe-Brown	14.50	2	
10 Barrington, Elizabeth		12 Merrimack Valley	14.54	2	
11 Cherwin, Ariane		9 Goffstown	14.81	2	
12 Tauscher, Grace		12 Bishop Brady	14.93	2	
13 Burdick, Bailey		11 Merrimack Valley	15.19	2	
14 Jefferson, Reagan		9 Merrimack Valley	15.51	4	
15 Boutin, Deziree		10 Merrimack Valley	15.77	3	
16 McAlpine, Madison		12 Pembroke	15.78	3	
17 Birch, Jazlynn		10 Pembroke	15.95	4	
18 Casey, Morgan		12 Bishop Brady	15.97	3	
19 Buckley, Madigan		9 Goffstown	16.03	4	
20 Picone, Mary		10 Goffstown	16.13	4	
21 Perron, Daizey		10 Merrimack Valley	16.15	3	
22 Fredyma, Stellan		9 Pembroke	16.26	3	
23 Melina, Emmy		11 Goffstown	16.37	3	

Girls 200 Meter Dash

=====					
School:	25.55	2013	Meredith Ramsey, Merrimack Valley		
Name		Year School	Finals	H#	Points
=====					
1 Kelly, Avery		9 Pembroke	27.73	1	8
2 Porter, Sophie		9 Merrimack Valley	29.35	1	6
3 Trottier, Eila		12 Goffstown	29.58	1	4
4 Allen, Sarah		11 Bishop Brady	29.73	1	2
5 Panza, Gianna		10 Merrimack Valley	29.97	4	1
6 Lucas, Jada		10 Merrimack Valley	30.10	1	
7 Burdick, Bailey		11 Merrimack Valley	30.38	2	
8 Eastman, Emma		10 Goffstown	30.61	2	
9 Nyhan, Teagan		9 Pembroke	30.70	3	
10 Pszeny-Miller, Evelyn		9 Coe-Brown	30.78	2	
11 Maguire, Alayna		9 Pembroke	31.33	4	
12 Cherwin, Ariane		9 Goffstown	31.34	2	
13 Jefferson, Reagan		9 Merrimack Valley	31.56	3	
14 Pelletier, Madeline		10 Goffstown	32.11	3	
15 McAlpine, Madison		12 Pembroke	32.27	3	
16 Hallee, Ava		10 Goffstown	32.37	3	
17 Buckley, Madigan		9 Goffstown	32.81	4	
18 Birch, Jazlynn		10 Pembroke	33.15	4	
19 Boutin, Deziree		10 Merrimack Valley	35.20	4	

Merrimack Valley Senior Day - 5/9/2024**Live Results @ www.sstresults.com****Merrimack Valley****Results****Girls 400 Meter Dash**

=====					
School: 56.26 2015		K. Schoffield, Merrimack Valley			
Name	Year	School	Finals	H#	Points
=====					
1 Main, Brooke	9	Coe-Brown	1:04.38	1	8
2 Escabi, Maggie	11	Coe-Brown	1:04.56	1	6
3 Lemay, Isabella	12	Coe-Brown	1:08.67	1	4
4 Houde, Rose	10	Goffstown	1:09.59	1	2
5 Delaney, Trinity	12	Merrimack Valley	1:12.21	2	1
6 Maguire, Alayna	9	Pembroke	1:12.77	3	
7 Quinn, Calleigh	9	Goffstown	1:13.22	2	
8 Pelletier, Madeline	10	Goffstown	1:14.72	1	
9 McAlpine, Madison	12	Pembroke	1:16.19	2	
10 Lynch, Tessa	10	Merrimack Valley	1:17.95	2	
11 Weddall, Lacey	12	Merrimack Valley	1:18.55	2	
12 Perron, Daizey	10	Merrimack Valley	1:18.72	2	
13 Castonguay, Blissany	9	Pembroke	1:19.76	3	
14 Fredyma, Stellah	9	Pembroke	1:20.27	3	
15 Boutin, Deziree	10	Merrimack Valley	1:21.73	3	

Girls 800 Meter Run

=====					
School: 2:06.90 2017		K. Schoffield, Merrimack Valley			
Name	Year	School	Finals	Points	
=====					
1 Tschida, Kara	11	Goffstown	2:27.18	8	
1:10.741 (1:10.741)	2:27.176 (1:16.435)				
2 Geddes, Madison	11	Merrimack Valley	2:39.42	6	
1:15.389 (1:15.389)	2:39.411 (1:24.022)				
3 Houde, Grace	10	Goffstown	2:44.91	4	
1:21.037 (1:21.037)	2:44.906 (1:23.869)				
4 Jones, Ava	12	Goffstown	2:46.72	2	
1:22.873 (1:22.873)	2:46.713 (1:23.840)				
5 Ferguson, Francesca	12	Coe-Brown	2:52.90	1	
1:25.753 (1:25.753)	2:52.896 (1:27.143)				
6 Zadakis, Olivia	10	Coe-Brown	2:54.34		
1:25.942 (1:25.942)	2:54.336 (1:28.394)				
7 McGlone, Honorah	12	Coe-Brown	2:54.87		
1:26.231 (1:26.231)	2:54.866 (1:28.635)				
8 Davidson, Kendra	11	Merrimack Valley	2:57.62		
1:26.275 (1:26.275)	2:57.613 (1:31.338)				
9 LaValley, Alyssa	12	Bishop Brady	2:59.22		
1:26.488 (1:26.488)	2:59.212 (1:32.724)				

Girls 1600 Meter Run

=====							
School:	4:54.67	2015	K. Schoffield, Merrimack Valley				
Name		Year	School	Finals	Points		
=====							
1	Tschida, Kara	11	Goffstown	5:28.71	8		
	1:11.553 (1:11.553)	2:32.984 (1:21.431)	4:00.810 (1:27.826)	5:28.701 (1:27.891)			
2	LaValley, Alyssa	12	Bishop Brady	6:39.74	6		
	1:34.107 (1:34.107)	3:17.134 (1:43.027)	5:00.803 (1:43.669)	6:39.739 (1:38.936)			
3	Emerson, Kaylin	11	Goffstown	6:54.36	4		
	1:33.589 (1:33.589)	3:22.559 (1:48.970)	5:13.325 (1:50.766)	6:54.356 (1:41.031)			

Merrimack Valley Senior Day - 5/9/2024**Live Results @ www.sstresults.com****Merrimack Valley****Results****....Girls 1600 Meter Run**

4 Sweet, Fahren	11 Goffstown	7:15.05	2
1:30.377 (1:30.377)	3:21.572 (1:51.195)	5:20.477 (1:58.905)	7:15.047 (1:54.570)
5 Castonguay, Blissany	9 Pembroke	7:24.14	1
1:37.094 (1:37.094)	3:34.939 (1:57.845)	5:41.109 (2:06.170)	7:24.139 (1:43.030)

Girls 3200 Meter Run

School:	10:54.33	2015	K. Schofffield, Merrimack Valley
Name	Year	School	Finals Points
1 Kerivan, Meredith	10 Coe-Brown	13:39.03	8
1:35.937 (1:35.937)	3:19.712 (1:43.775)	5:03.264 (1:43.552)	6:47.839 (1:44.575)
8:33.380 (1:45.541)	10:19.434 (1:46.054)	12:04.984 (1:45.550)	13:39.021 (1:34.037)
2 Taylor, Madison	10 Coe-Brown	13:50.88	6
1:36.009 (1:36.009)	3:21.721 (1:45.712)	5:08.033 (1:46.312)	6:54.269 (1:46.236)
8:42.328 (1:48.059)	10:29.834 (1:47.506)	12:17.497 (1:47.663)	13:50.877 (1:33.380)
3 Bergeron, Mary	10 Coe-Brown	13:51.72	4
1:36.033 (1:36.033)	3:21.739 (1:45.706)	5:08.004 (1:46.265)	6:54.198 (1:46.194)
8:42.356 (1:48.158)	10:29.810 (1:47.454)	12:17.134 (1:47.324)	13:51.716 (1:34.582)

Girls 100 Meter Hurdles

School:	14.78	2014	Nancy Taban, Merrimack Valley
Name	Year	School	Finals H# Points
1 Shirland, Bristol	9 Coe-Brown	16.75	1 8
2 Manning, Delaney	11 Coe-Brown	18.65	1 6
3 Brown, Alexis	9 Pembroke	19.08	1 4
4 Moser, Lily	10 Merrimack Valley	19.37	1 2
5 Delaney, Trinity	12 Merrimack Valley	19.60	1 1
6 Lynch, Tessa	10 Merrimack Valley	19.73	2
7 Wing, Teagan	10 Pembroke	20.16	1
8 Hallee, Ava	10 Goffstown	21.17	3
9 Annis, Gwendelynn	9 Goffstown	21.26	2
10 Cote, Keira	10 Merrimack Valley	21.56	2
11 Flanders, Alayna	9 Pembroke	21.59	3
12 Damboise, Isabella	10 Goffstown	21.72	2
13 Ellsworth, Reagan	12 Pembroke	21.77	3

Girls 300 Meter Hurdles

School:	45.73	2014	Nancy Taban, Merrimack Valley
Name	Year	School	Finals H# Points
1 Moser, Lily	10 Merrimack Valley	50.02	1 8
2 Shirland, Bristol	9 Coe-Brown	51.49	1 6
3 Manning, Delaney	11 Coe-Brown	52.71	1 4
4 Brown, Alexis	9 Pembroke	57.89	1 2
5 Wing, Teagan	10 Pembroke	1:00.26	2 1
6 Flanders, Alayna	9 Pembroke	1:04.64	2

Merrimack Valley Senior Day - 5/9/2024**Live Results @ www.sstresults.com****Merrimack Valley****Results****Girls 4x100 Meter Relay**

=====					
School:		49.07	2014	, Merrimack Valley	
School				Finals	Points
=====					
1	Coe-Brown 'A'			53.12	8
	1) Manning, Delaney 11		2) Prusia, Kylie 12		
	3) Shirland, Bristol 9		4) Ross, Shannon 11		
2	Pembroke 'A'			53.46	6
	1) Nyhan, Teagan 9		2) Kelly, Avery 9		
	3) Blake, Jasmine 10		4) Valley, Ty 12		
3	Merrimack Valley 'A'			54.83	4
	1) Lucas, Jada 10		2) Geddes, Madison 11		
	3) Porter, Sophie 9		4) Moser, Lily 10		
4	Goffstown 'A'			56.72	2
	1) Hallee, Ava 10		2) Cherwin, Ariane 9		
	3) Eastman, Emma 10		4) Trottier, Eila 12		
5	Merrimack Valley 'B'			x58.13	
	1) Barrington, Hannah 9		2) Delaney, Trinity 12		
	3) Burdick, Bailey 11		4) Jefferson, Reagan 9		

Girls 4x400 Meter Relay

=====					
School:		3:59.29	2014	, Merrimack Valley	
School				Finals	Points
=====					
1	Merrimack Valley 'A'			4:34.97	8
	1) Davidson, Kendra 11		2) Spack, Sydney 10		
	3) Geddes, Madison 11		4) Moser, Lily 10		
	1:10.271 (1:10.271)	2:24.016 (1:13.745)	3:30.832 (1:06.816)	4:34.969 (1:04.137)	
2	Goffstown 'A'			4:47.70	6
	1) Quinn, Calleigh 9		2) Jones, Ava 12		
	3) Houde, Grace 10		4) Houde, Rose 10		
	1:14.092 (1:14.092)	2:28.001 (1:13.909)	3:37.919 (1:09.918)	4:47.698 (1:09.779)	
3	Merrimack Valley 'B'			x5:02.90	
	1) Delaney, Trinity 12		2) Jefferson, Reagan 9		
	3) Perron, Daizey 10		4) Weddall, Lacey 12		
	1:10.451 (1:10.451)	2:24.804 (1:14.353)	3:40.004 (1:15.200)	5:02.898 (1:22.894)	

Girls High Jump

=====					
School:		5-04	2000	Tricia Coughlin, Merrimack Valley	
Name		Year	School	Finals	Points
=====					
1	Annis, Penelope		12 Goffstown	5-00.00	8
	3-10 4-00 4-02 4-04 4-06 4-08 4-10 5-00 5-02				
	P P P P P O O O XXX				
2	Blake, Jasmine		10 Pembroke	4-06.00	6
	3-10 4-00 4-02 4-04 4-06 4-08				
	P O O XO O XXX				
3	Casey, Morgan		12 Bishop Brady	J4-06.00	4
	3-10 4-00 4-02 4-04 4-06 4-08				
	O O XO XXO XO XXX				
4	Barrington, Elizabeth		12 Merrimack Valley	J4-06.00	2
	3-10 4-00 4-02 4-04 4-06 4-08				
	P XO O O XXO XXX				

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5	Cote, Keira	10	Merrimack Valley	J4-06.00	1
	3-10 4-00 4-02 4-04 4-06 4-08				
	P XO O XXO XXO XXX				
6	Spead, Montana	12	Coe-Brown	4-04.00	
	3-10 4-00 4-02 4-04 4-06				
	P O O XO XXX				
7	Houde, Grace	10	Goffstown	3-10.00	
	3-10 4-00				
	O XXX				
8	Houde, Rose	10	Goffstown	J3-10.00	
	3-10 4-00				
	XXO XXX				

Girls Pole Vault

=====					
	School:	9-06	2009	Kate Mullen, Merrimack Valley	
	Name		Year School	Finals	Points
=====					
1	Main, Brooke	9	Coe-Brown	7-00.00	8
	6-00 6-06 7-00 7-06				
	O O O XXX				
2	Ross, Shannon	11	Coe-Brown	6-06.00	6
	6-00 6-06 7-00				
	P O XXX				
--	Bachhuber, Brooke	10	Coe-Brown	NH	
	6-00				
	XXX				

Girls Long Jump

=====					
	School:	16-07	2014	Meredith Ramsey, Merrimack Valley	
	Name		Year School	Finals	Points
=====					
1	Barrington, Hannah	9	Merrimack Valley	15-01.00	8
	15-01 12-02 13-04 FOUL				
2	Valley, Ty	12	Pembroke	14-03.00	6
	13-04 13-03 14-03 13-02.50				
3	Brouillard-Smith, Bianca	9	Coe-Brown	13-10.50	4
	13-01.50 13-10.50 13-02.50 12-10				
4	Trottier, Eila	12	Goffstown	13-07.00	2
	FOUL 13-07 13-03 13-01.50				
5	Ferguson, Francesca	12	Coe-Brown	13-06.50	1
	13-06.50 12-10 13-02 13-00				
6	Nyhan, Teagan	9	Pembroke	13-04.00	
	13-04 9-05.50 8-10.50 9-10.50				
7	Prusia, Kylie	12	Coe-Brown	13-01.50	
	12-03 13-01.50 12-09				
8	Kouchoukos, Tessa	9	Coe-Brown	12-06.50	
	11-04 FOUL 12-06.50				
9	Lynch, Tessa	10	Merrimack Valley	12-05.00	
	12-03.50 FOUL 12-05				
10	Spead, Montana	12	Coe-Brown	12-02.50	
	11-11 11-08.50 12-02.50				

Merrimack Valley Senior Day - 5/9/2024**Live Results @ www.sstresults.com****Merrimack Valley****Results****....Girls Long Jump**

11 Cote, Keira	10 Merrimack Valley	12-00.00
11-03.50 12-00 11-03		
12 Perron, Daizey	10 Merrimack Valley	10-06.50
10-06.50 9-00 9-00.50		

Girls Triple Jump

School:	34-09.25	2015	K. Schoffield, Merrimack Valley		
Name		Year School		Finals	Points
1 Valley, Ty	12 Pembroke			31-09.00	8
30-01 31-03 FOUL 31-09					
2 Barrington, Hannah	9 Merrimack Valley			30-03.00	6
FOUL 30-03 FOUL 29-11					
3 Barrington, Elizabeth	12 Merrimack Valley			29-11.00	4
29-02.50 28-09 29-09.75 29-11					
4 Ross, Shannon	11 Coe-Brown			29-00.75	2
26-09 28-10 29-00.75 28-04.50					
5 Brouillard-Smith, Bianca	9 Coe-Brown			28-11.00	1
28-11 27-09.75 27-04.50 28-04.50					
6 Bachhuber, Brooke	10 Coe-Brown			27-11.00	
25-11 FOUL 27-11 FOUL					
7 Main, Brooke	9 Coe-Brown			26-05.00	
25-05.25 FOUL 26-05					
8 Quinn, Calleigh	9 Goffstown			22-07.00	
FOUL 22-07 22-06.50					

Girls Shot Put

School:	41-05	2012	J. Adejuyigbe, Merrimack Valley		
Name		Year School		Finals	Points
1 Prusia, Kylie	12 Coe-Brown			26-04.00	8
24-10 26-04 23-05 FOUL					
2 Ciarametaro, Abby	11 Merrimack Valley			23-00.50	6
21-08.50 21-00 23-00.50 19-11.50					
3 Barrington, Elizabeth	12 Merrimack Valley			21-10.50	4
21-06.50 21-01.50 21-03 21-10.50					
4 Groulx, Victoria	10 Goffstown			20-08.00	2
20-08 18-11.50 17-06 17-07.50					
5 Abrahamson, Cilla	10 Bishop Brady			20-02.50	1
19-09 19-03 20-00.50 20-02.50					
6 Ellsworth, Reagan	12 Pembroke			19-10.50	
19-10.50 FOUL 14-10 17-08					
7 Ellsworth, Samantha	10 Pembroke			19-06.50	
19-06.50 19-05.50 19-00.50 19-02					
8 Cruz, Rhianna	10 Merrimack Valley			19-03.50	
17-05 15-03 19-03.50					
9 Geoffrion, Nicole	10 Merrimack Valley			18-10.50	
18-10.50 18-06 18-00					
10 Wing, Teagan	10 Pembroke			18-09.00	
18-09 18-09 18-06					
11 Flanders, Alayna	9 Pembroke			18-03.50	
17-06 14-08.50 18-03.50					

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12	Dewitte, Ann	9	Merrimack Valley	17-08.50
	17-05 17-04.50 17-08.50			
13	Bean, Isabela	10	Merrimack Valley	17-02.00
	FOUL 17-02 17-01.50			
14	Krawczyk, Caysie	9	Pembroke	J17-02.00
	15-04 15-01.50 17-02			

Girls Discus Throw

School: 128-11 2010 S. Walsh, Merrimack Valley					
Name	Year School			Finals	Points
1 O'Brien, Shannon	12	Goffstown		91-07	8
	62-04 85-04 91-07 79-06				
2 Gunderson, Annika	12	Coe-Brown		80-06	6
	80-06 77-04 79-02 59-02				
3 Annis, Gwendelynn	9	Goffstown		73-06	4
	72-06 FOUL 73-06 FOUL				
4 Ciarametaro, Abby	11	Merrimack Valley		70-01	2
	43-05 68-07 68-01 70-01				
5 Geoffrion, Nicole	10	Merrimack Valley		65-09	1
	64-10 64-01 64-10 65-09				
6 Ellsworth, Reagan	12	Pembroke		59-07	
	56-01 59-07 56-03 FOUL				
7 Abrahamson, Cilla	10	Bishop Brady		58-11	
	55-07 55-00 58-11				
8 Viens, Robyn	12	Goffstown		53-07	
	53-07 48-02 49-03				
9 Ellsworth, Samantha	10	Pembroke		48-03	
	36-02 42-11 48-03				
10 LaValley, Olivia	12	Bishop Brady		47-11	
	47-11 47-11 47-05				
11 Cruz, Rhianna	10	Merrimack Valley		47-09	
	FOUL 45-03 47-09				
12 Groulx, Victoria	10	Goffstown		44-02	
	41-04 44-00 44-02				
13 Dewitte, Ann	9	Merrimack Valley		43-05	
	43-05 42-10 41-10				
14 Bean, Isabela	10	Merrimack Valley		41-08	
	41-07 41-08 40-01				
15 Krawczyk, Caysie	9	Pembroke		37-05	
	33-03 35-01 37-05				

Girls Javelin Throw

School: 124-09 2008 A. Dlubac, Merrimack Valley					
Name	Year School			Finals	H# Points
1 Gunderson, Annika	12	Coe-Brown		102-03	2 8
	102-03 95-10 86-09 91-07				
2 O'Brien, Shannon	12	Goffstown		77-06	2 6
	64-04 64-10 68-00 77-06				
3 Viens, Robyn	12	Goffstown		77-01	2 4
	71-05 73-06 75-05 77-01				

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4 Annis, Gwendelynn	9 Goffstown	72-05	2	2
52-10 50-10 50-07 72-05				
5 McAlpine, Madison	12 Pembroke	63-11	2	1
63-11 54-08 57-10 FOUL				
6 Ciarametaro, Abby	11 Merrimack Valley	55-10	2	
54-00 55-03 54-08 55-10				
7 Birch, Jazlynn	10 Pembroke	50-07	1	
44-04 50-07 44-02				
8 Abrahamson, Cilla	10 Bishop Brady	49-06	2	
49-06 48-05 38-11				
9 Bean, Isabela	10 Merrimack Valley	47-06	1	
43-03 41-07 47-06				
10 Geoffrion, Nicole	10 Merrimack Valley	45-08	1	
40-08 45-08 43-01				
11 LaValley, Olivia	12 Bishop Brady	43-11	1	
35-02 43-11 39-02				
12 Ellsworth, Samantha	10 Pembroke	43-08	2	
38-10 37-07 43-08				
13 Ellsworth, Reagan	12 Pembroke	41-03	1	
41-03 37-01 36-10				
14 Cruz, Rhianna	10 Merrimack Valley	39-07	1	
31-03 35-10 39-07				
15 Fredyma, Stellan	9 Pembroke	39-04	1	
32-07 39-04 36-06				
16 Krawczyk, Caysie	9 Pembroke	39-00	1	
37-01 35-08 39-00				
17 Dewitte, Ann	9 Merrimack Valley	38-10	1	
38-10 37-11 37-06				
18 Picone, Mary	10 Goffstown	33-11	1	
28-06 33-11 32-10				

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Women - Team Rankings - 17 Events Scored

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1) Coe-Brown	113	2) Goffstown	81
3) Merrimack Valley	77	4) Pembroke	51
5) Bishop Brady	17		