

2024 Patriot League Spring Championship
Patriot League
Plymouth North High School - 5/15/2024
Results

Event 1 Boys 400 Meter Hurdles Varsity

PL Champ:	56.72	6/16/2019	Jeff Yang, Plymouth North			
Name	Year	School	Finals	H#	Points	

Finals

1	Francois, Jayden	11	North Quincy	57.27	3	10
2	Shaugnessy, Patrick (Pj)	12	Plymouth South	61.14	3	8
3	Steele, Andrew	11	Plymouth North	62.30	3	6
4	Jordan, Robbie	9	Marshfield	62.67	3	5
5	Monroe, Jack	10	Hingham	63.68	3	4
6	Halle, Owen	11	Hingham	63.70	3	3
7	Leonard, Kevin	9	Pembroke	64.68	2	2
8	Hine, Wesley	12	Scituate	65.23	2	1
9	Youngworth, Jason	12	Silver Lake	65.98	2	
10	Keyes, Nolan	11	Whitman-Hans	66.09	1	
11	Cooley, Sean	9	Pembroke	66.13	2	
12	Mutschler, Ryan	10	Hanover	68.81	2	
13	LaFond, Joseph	11	Silver Lake	68.89	2	
14	Shepler, Christopher	10	Duxbury	69.15	2	
15	Ryan, Joey	9	Plymouth North	69.53	1	
16	Wechter, Avery	12	Silver Lake	69.80	2	

Event 3 Boys 200 Meter Dash Varsity

PL Champ:	22.28	5/16/2023	Gavin Thomas, Duxbury			
Name	Year	School	Finals	H#	Points	

1	Looney, Nathan	11	Marshfield	22.37	4	10
2	Diallo, Mamadou	11	North Quincy	22.46	4	8
3	Lamar, Luke	11	Pembroke	22.92	4	6
4	Gould, Noah	12	Plymouth North	22.94	4	5
5	Reffue, Sam	11	Hingham	23.10	4	4
6	Toledo, Jacob	11	Plymouth North	23.11	4	3
7	Lamar, Gabe	11	Pembroke	23.13	4	2
8	Walden, Charlie	11	Silver Lake	23.22	4	1
9	Barton, Jacob	11	Plymouth South	23.83	3	
10	Branco, Jake	10	Hanover	23.92	3	
11	Carroll, Joshua	10	Silver Lake	24.30	2	
12	Silva, Robert	12	Whitman-Hans	24.34	3	
13	Gaughan, Ayden	11	Hingham	24.45	2	
14	Bradley, Mason	10	Whitman-Hans	24.61	2	
15	Burke, Colin	12	Hingham	24.69	3	
16	Beck, Aydin	11	Hingham	25.10	2	
17	Casado, Justin	10	Marshfield	25.17	1	
18	McLaughlin, Luke	11	Whitman-Hans	25.27	2	
19	Pena, Adrian	11	North Quincy	25.47	3	
20	Broderick, Charlie	11	Marshfield	25.56	1	

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Event 5 Boys 100 Meter Dash Varsity
Top 8 Advance by Time

PL Champ:	10.98	5/16/2022	Matt Wong, North Quincy		
Name	Year	School	Prelims	H#	

Preliminaries

1	Looney, Nathan	11	Marshfield	11.25q	4
2	Diallo, Mamadou	11	North Quincy	11.29q	2
3	Rodrigues-Smith, Marques	11	North Quincy	11.46q	1
4	Meyer, Jameson	11	Duxbury	11.48q	2
5	Reffue, Sam	11	Hingham	11.52q	3
6	Walden, Charlie	11	Silver Lake	11.56q	3
7	McNeil, Ian	10	Duxbury	11.71q	4
8	Kudrikow, Nick	12	Plymouth South	11.72q	2
9	Fickeisen, Lucas	9	Marshfield	11.73	4
10	Allard, Sam	12	Scituate	11.76	3
11	Mullin, Edward (Teddy)	11	Duxbury	11.97	1
12	Gnakou, John	10	North Quincy	12.00	1
13	Faucett, Tristan	11	Plymouth South	12.05	3
14	Burke, Colin	12	Hingham	12.06	4
15	Lynch, John	10	Silver Lake	12.17	2
16	Morrison, Tyler	11	Scituate	12.35	4
17	Broderick, Charlie	11	Marshfield	12.43	3
18	Jamali, Jackson	9	Marshfield	12.50	3
19	Ditulio, Jack	12	Plymouth North	12.54	2
20	Perez, Michael	11	Pembroke	12.67	2
21	Barry, Mason	11	Silver Lake	12.85	1
22	Hughes, John	10	Marshfield	12.96	4
23	Felix, Marvin	12	Hanover	16.78	3

Event 5 Boys 100 Meter Dash Varsity

PL Champ:	10.98	5/16/2022	Matt Wong, North Quincy		
Name	Year	School	Finals	Points	

Finals

1	Looney, Nathan	11	Marshfield	11.06	10
2	Diallo, Mamadou	11	North Quincy	11.07	8
3	Meyer, Jameson	11	Duxbury	11.33	6
4	Reffue, Sam	11	Hingham	11.40	5
5	McNeil, Ian	10	Duxbury	11.43	4
6	Rodrigues-Smith, Marques	11	North Quincy	11.45	3
7	Walden, Charlie	11	Silver Lake	11.54	2
8	Kudrikow, Nick	12	Plymouth South	11.72	1

Event 7 Boys 110 Meter Hurdles Varsity
Top 8 Advance by Time

PL Champ:	14.58	6/12/2021	Brian Fennelly		
Name	Year	School	Prelims	H#	

Preliminaries

1	Bishop, Oliver	12	Duxbury	15.21q	4
2	Francois, Jayden	11	North Quincy	15.45q	2
3	Barrett, Arthur	12	Hingham	15.98q	3

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....Event 7 Boys 110 Meter Hurdles Varsity

4 King, Cam	12 Duxbury	16.31q	1
5 Branco, Jake	10 Hanover	16.35q	1 16.342
6 MacNamara, William (Will)	12 Pembroke	16.35q	2 16.345
7 Shaugnessy, Patrick (Pj)	12 Plymouth South	16.37q	1
8 Landolfi, John	10 Plymouth South	16.88q	2
9 Cappelletti, Jake	12 Whitman-Hans	16.91	3
10 Leonard, Kevin	9 Pembroke	16.96	4
11 Wodzinski, Max	12 Plymouth North	16.99	3
12 Hogge, Zachary	10 Plymouth South	17.18	4
13 Tompkins, Cruz	11 Scituate	17.19	3
14 Jordan, Robbie	9 Marshfield	17.70	2
15 Youngworth, Jason	12 Silver Lake	17.88	3
16 Keyes, Nolan	11 Whitman-Hans	17.99	2
17 Tracy, Kyle	10 Pembroke	18.05	1
18 Hine, Wesley	12 Scituate	18.19	4
19 Griffin, Cian	11 Hingham	18.51	4
20 Monroe, Will	12 Hingham	19.10	2
21 Wechter, Avery	12 Silver Lake	19.31	1
22 Cooley, Sean	9 Pembroke	19.97	1
23 Enos, Brayden	9 Plymouth North	20.22	4

Event 7 Boys 110 Meter Hurdles Varsity

PL Champ: 14.58 6/12/2021 Brian Fennelly
 Name Year School Finals Points

Finals

1 Bishop, Oliver	12 Duxbury	15.04	10
2 Francois, Jayden	11 North Quincy	15.31	8
3 Barrett, Arthur	12 Hingham	15.63	6
4 MacNamara, William (Will)	12 Pembroke	15.91	5
5 Shaugnessy, Patrick (Pj)	12 Plymouth South	16.18	4
6 King, Cam	12 Duxbury	16.33	3
7 Branco, Jake	10 Hanover	16.45	2
8 Landolfi, John	10 Plymouth South	16.70	1

Event 9 Boys 1 Mile Run Varsity

PL Champ: 4:29.70 6/12/2021 Drew Pesko
 Name Year School Finals H# Points

1 Burm, Brendan	12 Hingham	4:35.43	2	10
1:07.237 (1:07.237)	2:17.559 (1:10.323)	3:27.172 (1:09.613)	4:35.424 (1:08.253)	
2 Amaral, Christian	12 Plymouth South	4:42.25	2	8
1:08.106 (1:08.106)	2:18.379 (1:10.274)	3:29.931 (1:11.552)	4:42.247 (1:12.316)	
3 Palmieri, Nathan	9 Pembroke	4:43.68	2	6
1:09.623 (1:09.623)	2:22.538 (1:12.915)	3:34.908 (1:12.370)	4:43.674 (1:08.767)	
4 Motta, Casey	11 Pembroke	4:46.84	2	5
1:09.051 (1:09.051)	2:22.077 (1:13.027)	3:36.246 (1:14.169)	4:46.833 (1:10.588)	
5 Lyons, Anthony	10 Plymouth South	4:47.05	2	4
2:23.439 (2:23.439)	3:39.694 (1:16.255)	4:47.046 (1:07.352)	4:47.046 (0.000)	
6 Wagner, Dylan	11 Pembroke	4:47.14	2	3
1:09.775 (1:09.775)	2:22.775 (1:13.000)	3:37.234 (1:14.459)	4:47.138 (1:09.905)	

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....Event 9 Boys 1 Mile Run Varsity

7	Pizano, Carter	12	Plymouth North	4:50.30	2	2
	1:10.566 (1:10.566)	2:22.387 (1:11.821)	3:36.778 (1:14.392)	4:50.300 (1:13.523)		
8	Anderson, Connor	11	Hingham	4:53.92	2	1
	1:10.921 (1:10.921)	2:24.691 (1:13.770)	3:42.448 (1:17.757)	4:53.917 (1:11.470)		
9	Aitsaid, Ryan	12	North Quincy	4:54.51	1	
	1:13.599 (1:13.599)	2:27.462 (1:13.864)	3:45.405 (1:17.944)	4:54.504 (1:09.099)		
10	Murphy, Colin	11	Pembroke	4:58.38	1	
	1:11.762 (1:11.762)	2:25.548 (1:13.787)	3:43.710 (1:18.163)	4:58.377 (1:14.667)		
11	Reiche, Mike	10	Plymouth South	5:00.15	2	
	1:11.802 (1:11.802)	2:26.014 (1:14.212)	3:43.840 (1:17.827)	5:00.141 (1:16.302)		
12	Williamson, Brennan	12	Pembroke	5:03.12	1	
	1:12.691 (1:12.691)	2:29.601 (1:16.910)	3:48.920 (1:19.319)	5:03.111 (1:14.192)		
13	McCarthy, Gavin	12	Silver Lake	5:08.13	1	
	1:12.475 (1:12.475)	2:29.843 (1:17.369)	3:50.503 (1:20.660)	5:08.130 (1:17.628)		
14	Barone, Ethan	11	Pembroke	5:08.87	1	
	1:12.270 (1:12.270)	2:29.555 (1:17.285)	3:50.634 (1:21.079)	5:08.863 (1:18.230)		
15	Glass, Parker	12	Pembroke	5:09.48	1	
	1:12.182 (1:12.182)	2:28.580 (1:16.398)	3:49.256 (1:20.676)	5:09.480 (1:20.225)		
16	Sawiski, Ryan	12	Plymouth North	5:12.95	1	
	1:16.930 (1:16.930)	2:38.668 (1:21.738)	3:59.355 (1:20.687)	5:12.942 (1:13.588)		
17	Sandifer, Oliver	9	Hingham	5:13.84	1	
	1:14.638 (1:14.638)	2:37.352 (1:22.715)	3:59.599 (1:22.247)	5:13.838 (1:14.239)		
18	Palmer, Will	11	Plymouth North	5:14.03	1	
	1:17.403 (1:17.403)	2:39.089 (1:21.687)	3:59.531 (1:20.443)	5:14.025 (1:14.494)		

Event 11 Boys 400 Meter Dash Varsity

=====						
PL Champ:	50.22	6/12/2021	Clay Macdonald, Marshfield			
Name		Year	School	Finals	H#	Points
=====						
1	Matthews, Will	11	Hingham	51.68	4	10
2	Shute, Alex	12	Pembroke	53.05	4	8
3	McCarthy, Matt	11	Hingham	53.20	4	6
4	Anderson, Aderay	12	Plymouth South	53.23	4	5
5	Antoine, Nate	11	Hingham	53.89	3	4
6	Diallo, Boubakar	12	North Quincy	54.00	3	3
7	Gallo, Kaz	9	Plymouth North	54.02	4	2
8	Gregory, Matt	11	Plymouth South	54.06	3	1
9	Morrison, Tyler	11	Scituate	54.27	3	
10	Webster, Andrew	11	Scituate	54.67	4	
11	Michelin, Elliot	11	Plymouth South	55.02	3	
12	Winn, Ryan	12	Marshfield	55.06	3	
13	Wernik, Ian	12	Plymouth South	55.11	4	
14	Cunningham, Rory	10	Silver Lake	55.77	2	
15	Chalifoux, Chase	10	Duxbury	56.06	2	
16	Fitzpatrick, Liam	11	Plymouth South	56.09	2	
17	Olson, Derek	12	Whitman-Hans	56.39	2	
18	Mangino, Trevor	12	North Quincy	56.72	2	
19	Youngworth, Jason	12	Silver Lake	57.46	2	
20	Nappellio, Gus	11	Silver Lake	57.56	1	
21	Allen, Max	12	Scituate	58.02	2	
22	Strand, Ethan	9	Marshfield	61.82	1	

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Event 13 Boys 800 Meter Run Varsity

=====						
PL Champ:	1:57.57	6/12/2021	James Joyce			
Name		Year	School	Finals	H#	Points
=====						
1 McCabe, Matt		11	Marshfield	1:55.71	2	10
	56.334 (56.334)		1:55.704 (59.370)			
2 Earle, Connor		10	Duxbury	2:01.63	2	8
	1:00.365 (1:00.365)		2:01.628 (1:01.264)			
3 Behan, Sean		12	Marshfield	2:02.05	2	6
	1:00.011 (1:00.011)		2:02.043 (1:02.032)			
4 Behan, Kyle		12	Marshfield	2:02.53	2	5
	56.509 (56.509)		2:02.526 (1:06.017)			
5 Harris, Ralph		11	Hingham	2:02.58	2	4
	1:00.188 (1:00.188)		2:02.580 (1:02.393)			
6 Michelin, Owen		12	Plymouth South	2:03.44	2	3
	58.354 (58.354)		2:03.434 (1:05.080)			
7 Gallagher, TJ		12	Pembroke	2:03.82	2	2
	2:03.815 (2:03.815)		2:03.817 (0.003)			
8 Simpson, Thomas		10	Hingham	2:04.00	2	1
	1:00.718 (1:00.718)		2:03.992 (1:03.274)			
9 Healey, Adam		11	Hingham	2:04.49	2	
	1:00.676 (1:00.676)		2:04.489 (1:03.813)			
10 Nielsen, Josh		11	Plymouth North	2:06.22	2	
	1:02.480 (1:02.480)		2:06.211 (1:03.731)			
11 Monteiro, Dylan		9	Plymouth North	2:08.18	1	
	1:04.102 (1:04.102)		2:08.179 (1:04.078)			
12 Madden, Michael		10	Pembroke	2:09.92	2	
	1:00.261 (1:00.261)		2:09.915 (1:09.654)			
13 Sherwin, Matthew		12	Hingham	2:10.57	2	
	1:02.131 (1:02.131)		2:10.565 (1:08.434)			
14 Wilshire, Matt		12	Pembroke	2:13.87	1	
	1:06.482 (1:06.482)		2:13.867 (1:07.386)			
15 Sullivan, Seamus		10	Plymouth South	2:13.91	1	
	1:06.782 (1:06.782)		2:13.909 (1:07.128)			
16 Donohoe, Jack		12	Plymouth North	2:14.60	1	
	1:07.134 (1:07.134)		2:14.598 (1:07.465)			
17 Paganis, Taso		9	Plymouth North	2:15.02	1	
	1:06.458 (1:06.458)		2:15.016 (1:08.558)			
18 Pratt, Cameron		9	Plymouth North	2:15.47	1	
	1:07.397 (1:07.397)		2:15.470 (1:08.073)			
19 Milroy, Bryce		9	Plymouth North	2:15.92	1	
	1:06.090 (1:06.090)		2:15.916 (1:09.827)			
20 Sawiski, Jack		10	Silver Lake	2:16.30	1	
	1:06.954 (1:06.954)		2:16.295 (1:09.342)			
21 Diab, Alex		12	Scituate	2:16.73	1	
	1:06.735 (1:06.735)		2:16.728 (1:09.993)			
22 Johnson, Shane		12	Whitman-Hans	2:18.84	1	
	1:07.670 (1:07.670)		2:18.837 (1:11.168)			
23 Pitts, Jake		9	Marshfield	2:22.48	1	
	1:08.168 (1:08.168)		2:22.476 (1:14.309)			
24 Pothier, PJ		11	Pembroke	2:24.05	1	
	1:11.053 (1:11.053)		2:24.044 (1:12.991)			

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Event 15 Boys 2 Mile Run Varsity

=====							
PL Champ:	9:55.84	5/14/2013	Derik Noland				
Name		Year	School	Finals	Points		
=====							
1	Heinrich, Graham	11	Marshfield	9:39.14	10		
	1:09.712 (1:09.712)	2:21.760 (1:12.049)	3:33.786 (1:12.026)	4:48.217 (1:14.432)			
	6:01.266 (1:13.049)	7:14.324 (1:13.058)	8:27.673 (1:13.350)	9:39.134 (1:11.461)			
2	Gibson, Niko	12	Hingham	10:03.64	8		
	1:12.159 (1:12.159)	2:27.432 (1:15.273)	3:44.865 (1:17.433)	5:01.627 (1:16.763)			
	6:18.665 (1:17.038)	7:34.368 (1:15.704)	8:50.754 (1:16.387)	10:03.637 (1:12.884)			
3	Ruttgers, Griffin	11	Duxbury	10:20.70	6		
	1:17.783 (1:17.783)	2:35.017 (1:17.235)	3:54.157 (1:19.140)	5:13.048 (1:18.891)			
	6:33.754 (1:20.707)	7:52.543 (1:18.789)	9:10.556 (1:18.014)	10:20.694 (1:10.138)			
4	Brilliant, Noah	11	Plymouth South	10:23.34	5		
	1:11.581 (1:11.581)	2:24.485 (1:12.904)	3:39.900 (1:15.416)	4:57.077 (1:17.177)			
	6:15.947 (1:18.870)	7:36.928 (1:20.981)	9:02.447 (1:25.519)	10:23.333 (1:20.887)			
5	Poitras, Mark	12	Marshfield	10:23.49	4		
	1:18.415 (1:18.415)	2:36.250 (1:17.835)	3:55.490 (1:19.240)	5:15.817 (1:20.328)			
	6:33.988 (1:18.171)	7:52.190 (1:18.203)	9:10.244 (1:18.054)	10:23.487 (1:13.244)			
6	Lyons, Anthony	10	Plymouth South	10:29.89	3		
	10:29.890 (10:29.890)	10:29.890 (0.000)					
7	Kehayias, Alexander	12	Whitman-Hans	10:36.26	2		
	10:36.252 (10:36.252)						
8	Mcnamee, Tucker	10	Marshfield	10:41.74	1		
	1:19.066 (1:19.066)	2:36.750 (1:17.685)	3:55.774 (1:19.025)	5:16.089 (1:20.315)			
	6:36.060 (1:19.972)	7:59.208 (1:23.148)	9:23.212 (1:24.005)	10:41.737 (1:18.526)			
9	Rubin, Jack	11	Duxbury	10:51.68			
	1:18.693 (1:18.693)	2:36.708 (1:18.015)	3:56.154 (1:19.447)	5:17.000 (1:20.847)			
	6:38.473 (1:21.473)	8:04.293 (1:25.820)	9:30.078 (1:25.786)	10:51.677 (1:21.599)			
10	Andrews, Benjamin	10	Whitman-Hans	10:56.93			
	10:56.929 (10:56.929)						
11	Clements, Kyle	12	North Quincy	10:58.18			
	10:58.176 (10:58.176)						
12	Sheehan, Aidan (Aj)	11	Scituate	11:10.71			
	11:10.703 (11:10.703)						
13	Handrahan, Finn	11	Plymouth North	12:05.86			
	12:05.856 (12:05.856)						
14	Risio, Alexander	12	Silver Lake	12:08.82			
	12:08.818 (12:08.818)						

Event 17 Boys 4x100 Meter Relay Varsity

=====					
PL Champ:	43.33	5/16/2023	Pembroke, Pembroke		
		A. Gleason, j	Tosone, R	Dunton, J	Leonard
School				Finals	Points
=====					
1	Pembroke			43.24	10
	1) Dunton, Riece 11		2) D'Angelo, Joseph T 12		
	3) Lamar, Luke 11		4) Leonard I, Jayden 11		
2	North Quincy			44.02	8
	1) Rodrigues-Smith, Marques 11		2) Gnakou, John 10		
	3) Francois, Jayden 11		4) Diallo, Mamadou 11		
3	Plymouth South			44.52	6
	1) Kudrikow, Nick 12		2) Faucett, Tristan 11		
	3) Volkringer, Dillon 12		4) LaChance, Justin 12		

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....Event 17 Boys 4x100 Meter Relay Varsity

4 Duxbury	45.46	5
1) Bizzozero, Nick 12	2) Meyer, Jameson 11	
3) Rees, Jack 11	4) Barr, Adam 12	
5 Scituate	45.86	4
1) Allard, Sam 12	2) Webster, Andrew 11	
3) Morrison, Tyler 11	4) Foley, Lawson 11	
6 Whitman-Hanson Regional	47.09	3
1) Brzuszek, Kevin 10	2) Lee, Matt 11	
3) Bradley, Mason 10	4) Souza, Mitchell 11	
7 Silver Lake Regional	47.38	2
1) Lynch, John 10	2) Lydon, Cameron 10	
3) Ruisi, Tyler 10	4) Carroll, Joshua 10	

Event 21 Boys 4x400 Meter Relay Varsity

=====						
PL Champ:	3:28.41	5/16/2023	Hingham, Hingham			
			B Botelho, G Coppola, R Gates, J Murtagh			
School				Finals	Points	
=====						
1 Marshfield	3:24.91	10				
1) Heinrich, Graham 11	2) McCabe, Matt 11					
3) Behan, Kyle 12	4) Behan, Sean 12					
1:44.665 (1:44.665)	2:35.456 (50.791)	3:24.903 (49.448)	3:24.903 (0.000)			
2 Plymouth North	3:30.11	8				
1) Toledo, Jacob 11	2) Gallo, Kaz 9					
3) Nielsen, Josh 11	4) Gould, Noah 12					
1:47.358 (1:47.358)	2:38.925 (51.568)	3:30.104 (51.179)	3:30.104 (0.000)			
3 Hingham	3:31.55	6				
1) McCarthy, Matt 11	2) Boutin, Craig 12					
3) Antoine, Nate 11	4) Matthews, Will 11					
1:46.953 (1:46.953)	2:39.744 (52.792)	3:31.546 (51.803)	3:31.546 (0.000)			
4 Plymouth South	3:42.04	5				
1) Gregory, Matt 11	2) Wernik, Ian 12					
3) Michelin, Elliot 11	4) Hogge, Zachary 10					
1:52.287 (1:52.287)	2:47.181 (54.894)	3:42.034 (54.853)	3:42.034 (0.000)			
5 Silver Lake Regional	3:42.91	4				
1) Krevosky, Andrew 10	2) Burke, Tommy 11					
3) Faherty, Jackson 11	4) Krevosky, Michael 12					
1:52.244 (1:52.244)	2:48.763 (56.519)	3:42.909 (54.147)	3:42.909 (0.000)			
6 Scituate	3:55.23	3				
1) Diab, Alex 12	2) Monahan, Graeme 10					
3) Allen, Max 12	4) Sheehan, Aidan (Aj) 11					
1:57.998 (1:57.998)	2:57.802 (59.805)	3:55.227 (57.426)	3:55.227 (0.000)			

Event 23 Boys High Jump Varsity

=====						
PL Champ:	6-03	5/16/2023	Jacey Ham, North Quincy			
Name		Year	School	Finals	H#	Points
=====						
1 Bishop, Oliver	12	Duxbury	6-00.00	2	9	
5-04 5-06 5-08 5-10 6-00 6-02						
O O O O O XXX						

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....Event 23 Boys High Jump Varsity

1	Barrett, Arthur	12	Hingham	6-00.00	2	9
	5-06 5-08 5-10 6-00 6-02					
	O O XO O XXX					
3	Beauchesne, Paul	10	Silver Lake	5-08.00	2	5.50
	5-04 5-06 5-08 5-10					
	O O XO XXX					
3	Steele, Carter	12	Hingham	5-08.00	2	5.50
	5-02 5-04 5-06 5-08 5-10					
	O O XO XO XXX					
5	Wodzinski, Max	12	Plymouth North	5-06.00	1	4
	5-02 5-04 5-06 5-08 5-10					
	O O O P XXX					
6	McLoone, Michael	12	Hanover	5-04.00	1	1
	5-00 5-02 5-04 5-06					
	O O XO XXX					
6	Mutschler, Ryan	10	Hanover	5-04.00	1	1
	5-02 5-04 5-06					
	O XXO XXX					
6	Royster, Altonio	9	Hanover	5-04.00	2	1
	5-00 5-02 5-04 5-06					
	O O XO XXX					
6	McNeil, Richard	12	Silver Lake	5-04.00	2	1
	5-04 5-06 5-08					
	O P XXX					
6	Norton, Kyle	12	Scituate	5-04.00	1	1
	5-02 5-04 5-06 5-08					
	O XXO P XXX					
6	Curry, Sean	11	Hingham	5-04.00	2	1
	5-04 5-06					
	O XXX					
12	Wernik, Ian	12	Plymouth South	5-02.00	2	
	5-02					
	O					
12	Allen, Nathan	10	North Quincy	5-02.00	1	
	5-00 5-02 5-04					
	O O XXX					
--	Jamali, Jackson	9	Marshfield	NH	1	
	5-04					
	XXX					

Event 25 Boys Long Jump Varsity

=====						
PL Champ:	23-09.25	5/14/2020	Andrew Bolze, Hingham			
Name		Year School	Finals	H#	Points	
=====						
1	Barrett, Arthur	12	Hingham	21-11.50	2	10
	19-10.50 20-08.25 21-02.25 20-07 19-09.50 21-11.50					
2	Looney, Nathan	11	Marshfield	21-06.50	2	8
	21-00 20-11.75 21-01.50 20-09.25 21-06.50 21-05.50					
3	Volkringer, Dillon	12	Plymouth South	20-06.50	2	6
	19-06.50 20-03 19-08 19-04.75 20-06.50 19-11.50					
4	Bishop, Oliver	12	Duxbury	20-04.50	2	5
	19-11 20-00 20-02 20-03 20-04.50					

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....Event 25 Boys Long Jump Varsity

5	Cappelletti, Jake	12	Whitman-Hans	20-00.50	2	4
	19-10.50 13-07.50 19-03 19-11.50 19-08 20-00.50					
6	Kudrikow, Nick	12	Plymouth South	19-08.00	2	3
	19-02 19-08 19-01.75 19-00 19-08.50 19-01					
7	Brzuszek, Kevin	10	Whitman-Hans	19-06.00	1	2
	17-10.50 18-09 19-06 18-01 17-10 17-07					
8	Foley, Lawson	11	Scituate	19-03.00	2	1
	19-03 19-01.50 18-06.75 19-00.50					
9	Shanley, Aidan	12	Marshfield	19-02.00	2	
	18-04.75 19-02 17-09					
10	Brilliant, Jake	11	Marshfield	19-01.00	1	
	19-01 18-06.50 18-03.75					
11	Broderick, Charlie	11	Marshfield	18-11.00	1	
	18-11 17-04.25 17-03.25					
11	LaChance, Justin	12	Plymouth South	18-11.00	2	
	18-00 18-11 x					
11	Hogge, Zachary	10	Plymouth South	18-11.00	1	
	16-08 18-11					
14	MacNamara, William (Will)	12	Pembroke	18-08.00	2	
	18-08 18-04					
15	Krevosky, Michael	12	Silver Lake	18-07.50	2	
	16-10 18-07.50 18-06.50					
16	Felix, Marvin	12	Hanover	18-06.25	1	
	18-06.25 18-01 18-01.50					
17	Queiros, Jake	9	Silver Lake	17-09.50	1	
	17-08 17-09.50					
18	McNeil, Ian	10	Duxbury	17-08.25	2	
	17-06 17-08.25					
19	Silva, Robert	12	Whitman-Hans	16-08.75	1	
	16-08.75 16-03 16-01					
20	Pomella, Hunter	11	Silver Lake	16-03.00	1	
	16-03 x x					
21	Markowski, Brady	11	Whitman-Hans	16-01.00	1	
	x 16-01					

Event 27 Boys Triple Jump Varsity

=====						
PL Champ:	42-06.50	5/16/2019	Alexander Loyd,	Silver Lake Regional		
Name		Year School		Finals	H#	Points
=====						
1	LaChance, Justin	12	Plymouth South	42-00.00	2	10
	40-04.50 39-11 42-00 40-01.50 PASS PASS					
2	Shanley, Aidan	12	Marshfield	40-08.00	2	8
	39-09 40-04 40-08 39-06.50 38-06 37-04					
3	Wodzinski, Max	12	Plymouth North	40-06.00	2	6
	40-03 40-01.50 39-07 40-06 39-10					
4	McNeil, Richard	12	Silver Lake	39-01.00	2	5
	FOUL FOUL 37-01.50 36-07 39-01					
5	Quackenbush, Zachary	10	Silver Lake	38-03.00	2	4
	38-03 38-00.50 36-05.50 36-10.50 FOUL 35-04					
6	Brilliant, Jake	11	Marshfield	37-10.00	2	3
	37-04 37-10 36-08 36-04 37-04 FOUL					
7	Cappelletti, Jake	12	Whitman-Hans	36-11.00	2	2
	FOUL FOUL 36-01 36-03.50 36-11 35-00					

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....Event 27 Boys Triple Jump Varsity

8	Butler, Joe	11	Pembroke	36-10.50	1	1
	36-09.50 36-10 36-02 36-10.50 FOUL 35-04					
9	Brzuszek, Kevin	10	Whitman-Hans	36-09.00	1	
	33-00 34-11.50 35-01.50 36-09 36-02 35-02					
10	Queiros, Jake	9	Silver Lake	34-10.00	1	
	34-00.50 FOUL 34-10					
11	Simpson, Thomas	10	Hingham	33-07.00	1	
	33-07 33-05 33-02					
12	Johnson, Shane	12	Whitman-Hans	32-10.50	1	
	30-02.50 32-05 32-10.50					
13	Ritchie, James	12	Hanover	32-09.00	1	
	32-08.50 32-02.50 32-09					
14	McLaughlin, Luke	11	Whitman-Hans	32-00.50	1	
	31-03.50 32-00.50 FOUL					

Event 29 Boys Discus Throw Varsity

=====						
PL Champ:		156-02	5/23/2016	Mike Munroe, Quincy		
Name		Year	School	Finals	H#	Points
=====						
1	Rodrigues, Gabe	12	North Quincy	156-05	2	10
	143-00 146-03 146-07 146-02 132-08 156-05					
2	Albert, Joshua	11	Marshfield	146-06	2	8
	143-00 146-06 140-03					
3	Norman, Patrick	12	Pembroke	140-11	2	6
	140-04 140-11					
4	Kelly, Matt	12	Hingham	138-07	2	5
	132-10 138-07 128-02 126-05 119-05 119-03					
5	Bongiolatti, Thomas	11	Marshfield	126-11	2	4
	126-11 119-00 126-02 111-09					
6	Larsen, Zack	11	Hingham	126-10	2	3
	113-09 121-01 119-01 126-10 118-05					
7	King, Cam	12	Duxbury	121-07	1	2
	99-00 101-07 121-07					
8	Hinkley, William	11	Silver Lake	121-05	2	1
	121-05 110-10 120-01 105-04 103-11 116-10					
9	Enokian, Oliver	10	Plymouth North	117-11	2	
	117-11 110-06 99-06					
10	Donovan, Sean	11	Whitman-Hans	116-02	2	
	116-02 104-02 100-09					
11	Crowley, Brady	11	Marshfield	112-01	2	
	112-01 x					
12	Bishop, Charles	11	Plymouth South	106-09	2	
	106-09 105-11					
13	Jones, Ely	9	Marshfield	102-05	1	
	101-07 94-02 102-05					
14	Hockenberry, Terrin	12	Plymouth South	101-06	1	
	100-03 96-04 101-06					
15	Sears, Jack	10	Marshfield	101-02	1	
	101-02 94-03 100-09					
16	Considine, Jeff	10	Pembroke	98-02	1	
	94-01 98-02					
17	Moynihan, Russell	12	Silver Lake	97-01	1	
	97-01 94-07 90-11					

1	Grady, Tyler				11 Hingham		143-00	2	10
	130-03	143-00	131-00	133-01	128-05	133-02			
2	McElwee, Gavin				11 Silver Lake		134-04	1	8
	130-01	130-04	134-04	125-04	128-08	122-00			
3	Kehayias, Alexander				12 Whitman-Hans		131-06	2	6
	129-01	131-06	118-06	124-11	113-03				
4	Carron, Sam				12 Whitman-Hans		130-01	2	5
	130-01	126-00	118-01	117-11	115-02	113-07			
5	Wong, Zach				10 Hingham		127-08	2	4
	127-08	96-01	120-02	124-04	110-11				
6	Devoe, Theo				12 Marshfield		126-04	2	3
	121-04	115-03	115-10	126-04	113-02	109-06			
7	Farrow, Max				11 Pembroke		124-06	2	2
	122-00	124-06	123-01	107-05	113-00	114-04			
8	Heim, Kevin				12 North Quincy		123-06	2	1
	123-06	119-10	106-04	105-00	117-09	116-10			
9	Sawiski, Ryan				12 Plymouth North		121-03	2	
	120-04	111-05	121-03	110-08	112-10	109-04			
10	Gordon, Evan				12 Plymouth South		116-03	2	
	113-01	116-03	116-00						
11	Jones, Ely				9 Marshfield		114-04	1	
	91-07	114-04	104-03						
12	Bizzozero, Nick				12 Duxbury		113-11	2	
	113-11	x							
13	Preston, Josh				12 Plymouth South		113-10	1	
	113-10	109-01	96-02						
14	Bergamesca, Reid				12 Marshfield		111-05	2	
	111-05	108-04	x						
15	Bishop, Lucas				11 Plymouth South		108-09	1	
	108-04	108-09	x						
16	Jones, Trevor				11 Duxbury		106-06	2	
	106-06	91-08							
17	Krevosky, Michael				12 Silver Lake		105-09	2	
	105-09	x							

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....Event 31 Boys Javelin Throw Varsity

18 Souza, Mitchell	11 Whitman-Hans	105-00	1
105-00 103-03 102-05			
19 Steele, Andrew	11 Plymouth North	102-03	1
102-01 102-03			
20 Mutschler, Ryan	10 Hanover	100-09	1
88-03 100-09 90-08			
21 Olson, Derek	12 Whitman-Hans	100-05	1
99-00 100-05			
22 Pomella, Hunter	11 Silver Lake	99-00	1
99-00 86-09 97-05			
23 Cunningham, Rory	10 Silver Lake	97-09	1
97-09 91-04			
24 Ala, Jonas	9 North Quincy	86-08	1
76-02 86-08 81-03			

Event 33 Boys Shot Put Varsity

=====										
PL Champ:		57-03	5/23/2016		Mike Munroe, Quincy					
Name		Year		School			Finals	H#	Points	
=====										
1	Bongiolatti, Thomas			11	Marshfield		47-02.25	2	10	
	47-02.25	45-05	45-09.50	45-11.50	46-11.50	FOUL				
2	Crowley, Brady			11	Marshfield		46-02.25	2	7	
	44-11.25	46-02.25	39-09.25	FOUL	42-02.50	45-01.50				
2	Rodrigues, Gabe			12	North Quincy		46-02.25	2	7	
	46-02.25	44-09.50	FOUL	45-04.75	41-04	FOUL				
4	Hinkley, William			11	Silver Lake		45-01.50	2	5	
	45-01.50	42-09.25	FOUL	43-06	42-01	40-11.75				
5	McCarthy, Nick			10	Pembroke		43-04.25	2	4	
	41-05	43-04.25	36-10.50	36-04	41-04.25	40-05				
6	Norman, Patrick			12	Pembroke		43-02.75	2	3	
	FOUL	40-01.75	42-10.75	42-00	FOUL	43-02.75				
7	Mahoney, Brian			12	Duxbury		42-02.25	2	2	
	40-02.75	FOUL	FOUL	40-01	41-11.50	42-02.25				
8	Ingeme, David			12	Plymouth North		40-07.50	2	1	
	40-07.50	39-03.50	37-01.25	39-11.75	37-06	36-10.75				
9	Griffin, Cole			12	Pembroke		39-11.75	1		
	39-09.75	39-11.75	39-02.75							
10	Murphy, Charlie			11	Scituate		39-11.25	2		
	FOUL	38-01	39-11.25							
11	Markowski, Brady			11	Whitman-Hans		38-07.00	1		
	37-07.75	38-07	37-07.50							
12	Schultz, Peter			11	Pembroke		38-01.25	1		
	38-01.25	37-00.75	37-06.50							
13	Larsen, Zack			11	Hingham		37-06.75	2		
	37-06.75	36-06.75	35-00.75							
14	Porter, Nathan			12	Plymouth South		36-10.50	1		
	35-01	36-10.50	36-10.50							
15	Watts, Logan			11	Plymouth South		36-09.25	2		
	35-00.50	35-09.75	36-09.25							
16	Grady, Tyler			11	Hingham		36-00.00	1		
	35-05.25	36-00	33-05							
17	Albert, Joshua			11	Marshfield		35-09.50	2		
	32-11.50	FOUL	35-09.50							

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....Event 33 Boys Shot Put Varsity

18	Frisoli, Adam	12	Hingham	35-00.75	1
	32-10 33-07.25 35-00.75				
19	Lanergan, William	12	North Quincy	34-08.25	1
	34-08.25 34-06 31-08.50				
20	Kelly, Matt	12	Hingham	33-02.50	1
	33-01 33-02.50 29-04				
21	Nicholson, Aidan	9	Marshfield	33-02.25	1
	33-02.25 30-00.75 31-09.25				
22	Wong, Zach	10	Hingham	31-07.00	1
	31-06 31-02 31-07				

Event 36 Boys 1 Mile Run Fresh/Soph

=====						
PL Champ:	5:03.94	5/16/2023	Jacob Evans, Marshfield			
Name		Year	School		Finals	
=====						
1	Laws, Graham	9	Silver Lake	5:01.65		
	1:09.145 (1:09.145)	2:25.972 (1:16.827)	3:45.282 (1:19.311)	5:01.641 (1:16.359)		
2	Parks, Jake	9	Plymouth South	5:02.86		
	1:13.371 (1:13.371)	2:34.198 (1:20.828)	3:55.376 (1:21.178)	5:02.860 (1:07.485)		
3	Gallo, Kenji	9	Plymouth South	5:02.95		
	1:14.060 (1:14.060)	2:34.396 (1:20.336)	3:55.530 (1:21.134)	5:02.942 (1:07.413)		
4	Brennan, Jack	9	Plymouth North	5:03.58		
	1:13.637 (1:13.637)	1:22.038 (8.401)	2:34.636 (1:12.598)	5:03.574 (2:28.938)		
5	Hughes, Owen	9	Silver Lake	5:12.34		
	1:12.980 (1:12.980)	2:33.918 (1:20.938)	3:55.313 (1:21.395)	5:12.338 (1:17.026)		
6	Goicoechea, David	9	Plymouth North	5:14.33		
	1:14.858 (1:14.858)	2:35.744 (1:20.887)	3:58.430 (1:22.686)	5:14.323 (1:15.894)		
7	Chen, Wilson	9	North Quincy	5:16.26		
	1:15.707 (1:15.707)	5:16.255 (4:00.548)				
8	Allsopp, Luke	9	Silver Lake	5:16.70		
	1:15.197 (1:15.197)	2:35.262 (1:20.066)	3:58.143 (1:22.881)	5:16.694 (1:18.551)		
9	Sullivan, Jack	10	Pembroke	5:27.09		
	1:16.339 (1:16.339)	5:27.082 (4:10.744)				
10	Watts, Will	9	Hingham	5:28.72		
	1:22.555 (1:22.555)	5:28.713 (4:06.158)				
11	Lynch, Joseph	10	Hanover	5:29.03		
	1:21.977 (1:21.977)	5:29.029 (4:07.052)				
12	Zhong, Jayden	9	North Quincy	5:32.27		
	1:19.482 (1:19.482)	5:32.261 (4:12.779)				
13	Vaughn, Griffin	10	Duxbury	5:34.71		
	1:22.837 (1:22.837)	5:34.702 (4:11.866)				
14	Malloy, Lukas	9	Duxbury	5:34.72		
	1:24.567 (1:24.567)	5:34.717 (4:10.150)				
15	Quon, Warrick	9	North Quincy	5:35.49		
	1:22.776 (1:22.776)	5:35.484 (4:12.709)				
16	Sota, Ryan	10	Duxbury	5:38.20		
	1:24.595 (1:24.595)	5:38.196 (4:13.601)				
17	Hamilton, James	9	Hingham	5:38.50		
	1:24.237 (1:24.237)	5:38.500 (4:14.264)				
18	Hadden, Josh	9	Whitman-Hans	5:43.54		
	1:24.273 (1:24.273)	5:43.532 (4:19.259)				
19	Marks, Brady	9	Hingham	5:45.53		
	1:25.320 (1:25.320)	5:36.675 (4:11.355)	5:45.523 (8.849)			

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....Event 36 Boys 1 Mile Run Fresh/Soph

20	Shea, Brady	10	Plymouth North	5:50.25
	1:21.047 (1:21.047)	5:50.246 (4:29.199)		
21	Geagan, Zach	9	Whitman-Hans	6:20.54
	1:25.137 (1:25.137)	6:20.531 (4:55.394)		

Event 38 Boys 100 Meter Dash Fresh/Soph

=====				
PL Champ:	11.74	5/16/2023	Marques Rodrigues-Smith, North Q	
Name	Year	School	Finals	H#
=====				
1	DuPuis, Nicholas	9	North Quincy	11.91 4
2	Tracy, Kyle	10	Pembroke	11.94 3
3	Anzalone, Robert	10	Plymouth South	11.99 4
4	Carroll, Joshua	10	Silver Lake	12.13 4
5	Brown, Gavin	9	North Quincy	12.17 4
6	Faulder, Giovanni	10	North Quincy	12.18 4
7	Ma, Bryan	10	Hingham	12.21 3
8	Duprey, Camden	9	Silver Lake	12.25 3
9	Tobiaz, Lexton	10	Whitman-Hans	12.30 2
10	Nguyen, Kyle	9	Plymouth South	12.32 3 12.320
10	Blackwood, Michael	9	Hingham	12.32 4 12.320
12	Lydon, Cameron	10	Silver Lake	12.33 2
13	Sheehan, Tiernan	10	Duxbury	12.35 2
14	Perez, Sammy	9	Pembroke	12.37 2
15	Wallace, Victor	10	Duxbury	12.38 3
16	Casado, Justin	10	Marshfield	12.40 4
17	D'Angelo, Matt	10	Pembroke	12.43 3
18	Magalhaes, Thiago	10	Whitman-Hans	12.46 3
19	Ford, Justin	10	Marshfield	12.58 3
20	Watson, Benjamin	9	Scituate	12.62 2
21	Milner, James	9	Plymouth North	12.69 1
22	Camarao, Carlos	9	Plymouth North	12.81 2
23	Tackitt, Benjamin	10	Duxbury	12.82 2
24	Gales, Ryan	9	Marshfield	13.11 2
25	Kenneway, Jacob	10	Scituate	13.50 1
26	Sauter, Harrison	9	Scituate	13.92 1
27	Puzatkin, Alexi	10	Hanover	14.45 1

Event 40 Boys 400 Meter Dash Fresh/Soph

=====				
PL Champ:	54.66	5/16/2023	Connor Earle, Duxbury	
Name	Year	School	Finals	H#
=====				
1	Young, Evan	10	Marshfield	54.72 3
2	Bongiolatti, Jameson	10	Marshfield	55.13 3
3	Contrino, Sebastian	10	Plymouth North	56.11 3
4	Willis, Benjamin	10	Hanover	56.43 3
5	Fox, CJ	9	Plymouth South	56.86 3
6	Robino, Jackson	9	Plymouth South	57.02 3
7	Anderson, Jayden	9	North Quincy	57.97 2
8	Kelley, Jack	10	Silver Lake	58.37 2
9	Trottier, London	9	Marshfield	58.47 2
10	Tomlinson, Tucker	10	Hingham	58.87 2
11	Christie, Michael	10	Pembroke	59.06 2

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....Event 40 Boys 400 Meter Dash Fresh/Soph

12 Monahan, Graeme	10 Scituate	59.11	3
13 Cote, Benjamin	9 Silver Lake	59.49	1
14 Bishop, Carter	9 North Quincy	59.70	2
15 Royster, Altonio	9 Hanover	59.73	2
16 Belfort, Alden	9 North Quincy	59.94	1
17 Benting, Ryan	9 Pembroke	60.44	1
18 Williams, Charlie	9 Pembroke	60.49	1
19 Peck, Joshua	10 Silver Lake	61.00	1
20 Poth, Caleb	10 Whitman-Hans	63.39	1
21 Lovell, Jack	9 Scituate	65.94	1

Event 44 Boys 4x800 Meter Relay Varsity

=====							
PL Champ:	8:25.40	5/16/2019	,	Hingham			
School					Finals	Points	
=====							
1 Hingham					8:40.33	10	
1) Sherwin, Matthew 12			2) Harris, Ralph 11				
3) Healey, Adam 11			4) Simpson, Thomas 10				
1:03.850 (1:03.850)	2:09.240 (1:05.390)	3:09.445 (1:00.206)	4:16.143 (1:06.698)				
5:19.371 (1:03.229)	6:26.707 (1:07.336)	7:32.435 (1:05.729)	8:40.321 (1:07.886)				
2 Duxbury					8:42.91	8	
1) Rubin, Jack 11			2) Sousa, Jack 10				
3) Sota, Ryan 10			4) Bates, Declan 10				
1:04.243 (1:04.243)	2:09.585 (1:05.343)	3:14.461 (1:04.876)	4:23.865 (1:09.405)				
5:32.146 (1:08.282)	6:35.737 (1:03.591)	7:15.568 (39.832)	8:42.910 (1:27.343)				
3 Plymouth South					8:45.35	6	
1) Brilliant, Noah 11			2) Anderson, Aderay 12				
3) Amaral, Christian 12			4) Michelin, Owen 12				
1:01.130 (1:01.130)	2:04.661 (1:03.531)	3:05.131 (1:00.471)	4:13.914 (1:08.784)				
5:17.770 (1:03.856)	6:30.230 (1:12.460)	7:35.720 (1:05.490)	8:45.342 (1:09.623)				
4 Marshfield					8:45.73	5	
1) Ciocca, Joe 11			2) Mcnamee, Tucker 10				
3) Young, Evan 10			4) Winn, Ryan 12				
1:04.371 (1:04.371)	2:10.640 (1:06.269)	3:14.891 (1:04.252)	4:23.459 (1:08.568)				
5:31.268 (1:07.810)	6:37.769 (1:06.501)	7:39.739 (1:01.970)	8:45.725 (1:05.987)				
5 North Quincy					9:31.29	4	
1) Diallo, Boubakar 12			2) Mangino, Trevor 12				
3) Anderson, Jayden 9			4) Aitsaid, Ryan 12				
1:07.100 (1:07.100)	2:18.630 (1:11.531)	3:28.807 (1:10.177)	4:44.347 (1:15.540)				
5:49.435 (1:05.089)	7:07.001 (1:17.566)	8:14.278 (1:07.277)	9:31.288 (1:17.011)				
6 Silver Lake Regional					9:35.73	3	
1) Sawiski, Jack 10			2) Laws, Graham 9				
3) Allsopp, Luke 9			4) Hughes, Owen 9				
1:06.535 (1:06.535)	2:18.949 (1:12.414)	3:29.588 (1:10.639)	4:46.786 (1:17.198)				
5:56.863 (1:10.077)	8:24.741 (2:27.878)	9:35.728 (1:10.988)	9:35.728 (0.000)				

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Men - Varsity - Team Rankings - 17 Events Scored

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1) Hingham	129.50	2) Marshfield	127
3) Plymouth South	79	4) North Quincy	70
5) Duxbury	68	6) Pembroke	65
7) Silver Lake Regional	41.50	8) Plymouth North	37
9) Whitman-Hanson Regional	24	10) Scituate	10

2024 Patriot League Spring Championship
Patriot League
Plymouth North High School - 5/15/2024
Results

....Event 44 Boys 4x800 Meter Relay Varsity
11) Hanover 5