

Dual Valley Conference meet 4 - 1/14/2025**Northbridge High School****Results****Boys 50 Yard Dash**

Name	Year School	Finals	H#	Points
Finals				
1 Lucier, Aidan	Nipmuc Regional	5.94	1	
2 Enoch, Enson	Whitinsville	5.97	1	
3 Sicurella, Gabriel	Nipmuc Regional	6.11	1	
4 Nascimento, Daniel	Douglas	6.17	1	
5 Martin, Colton	Hopedale Jr/Sr	6.21	2	
6 Maldonado, Alexis	Douglas	6.33	2	
7 Dexter, Calvin	Montachusett	6.41	2	
8 Lanzillo, Mason	Sutton	6.41	9	
9 Asselin, Nate	Nipmuc Regional	6.43	4	
10 Chartier, Bryston	Montachusett	6.48	3	
11 Alicea, Dawin	Montachusett	6.48	3	
12 Khedekar, Jacob	Montachusett	6.49	3	
13 Ackeifi, Jaden	Montachusett	6.53	2	
14 Focht, Eli	Whitinsville	6.55	4	
15 Johnson, Zachary	Nipmuc Regional	6.64	4	
16 Weden, Lucas	Whitinsville	6.71	5	
17 Peterson, Connor	Montachusett	6.84	8	
18 Gibbons, Brady	Nipmuc Regional	6.92	5	
19 McCallum, Ryan	Douglas	6.97	8	
20 Guthenberg, Brody	Douglas	7.04	6	
21 Letarte, Waylon	Montachusett	7.04	9	
22 Gazda-Tran, Alec	Whitinsville	7.07	6	
23 Matera JR, Christopher	Sutton	7.08	8	
24 Finch, Ian	Whitinsville	7.14	5	
25 Lungren, Rory	Montachusett	7.24	7	
26 White, Liam	Douglas	7.30	8	
27 Dorsainvil, Lens	Montachusett	7.50	9	
28 Langtry, Zach	Montachusett	7.90	9	
29 Cades, Seth	Blackstone-M	8.22	6	
30 Rinehart, Aidan	Hopedale Jr/Sr	8.48	7	
31 Terenzi, Sam	Hopedale Jr/Sr	8.58	6	
32 Ortiz, Ethan	Hopedale Jr/Sr	8.61	5	
33 Hansen, Jacob	Hopedale Jr/Sr	8.79	7	
34 Meshreky, Nofer	Hopedale Jr/Sr	8.83	7	

Boys 300 Meter Dash

Name	Year School	Finals	H#	Points
1 Swaim, Corbin	Whitinsville	40.77	1	
2 Lanzillo, Mason	Sutton	41.55	2	
3 Martin, Colton	Hopedale Jr/Sr	41.80	2	
4 Nascimento, Daniel	Douglas	43.14	8	
5 Carvalho, Pedro	Whitinsville	43.14	1	
6 Beatty, Jacob	Whitinsville	43.40	1	
7 Maldonado, Alexis	Douglas	44.10	8	
8 Focht, Eli	Whitinsville	44.25	2	
9 Hand, Ethan	Whitinsville	44.84	1	
10 Cormier, Luke	Nipmuc Regional	45.01	3	
11 Elliott, Benjamin	Douglas	45.10	2	
12 Lefort, Cooper	Sutton	45.32	7	
13 Leano, Jackson	Montachusett	45.38	3	

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14	Joyce lll, Stephen	Nipmuc Regional	45.71	3
15	Mannino, Koda	Sutton	47.85	9
16	Letarte, Waylon	Montachusett	48.43	4
17	Stadinski, Noah	Sutton	48.47	8
18	Martin, Hunter	Hopedale Jr/Sr	48.98	4
19	White, Liam	Douglas	49.29	4
20	Lungren, Rory	Montachusett	49.69	6
21	Stern, Julius	Montachusett	49.80	4
22	Kim, John	Whitinsville	50.44	5
23	Crespo, Angel	Montachusett	50.64	5
24	Comeau, Trevor	Montachusett	50.66	9
25	Dorsainvil, Lens	Montachusett	51.60	7
26	Perez, Elijah	Douglas	53.78	6
27	Matera JR, Christopher	Sutton	54.45	5
28	Langtry, Zach	Montachusett	54.49	9
29	Thompson, Ryan	Hopedale Jr/Sr	55.00	5
30	Langley, Trevor	Montachusett	55.90	7
31	Rinehart, Aidan	Hopedale Jr/Sr	57.86	6
32	Cades, Seth	Blackstone-M	59.04	6

Boys 600 Meter Run

Name	Year	School	Finals	H#	Points
1	Gamboni, Jorge	Nipmuc Regional	1:39.40	1	
2	Chaudhary, Shaan	Douglas	1:41.09	1	
3	Locke, Evan	Montachusett	1:43.04	1	
4	Auciello, Abraham	Sutton	1:48.00	2	
5	Vos, Michael	Whitinsville	1:48.44	1	
6	DeFelice, Nick	Montachusett	1:50.29	2	
7	Tran, Akhai	Montachusett	1:50.81	2	
8	Rougemont, Benjamin	Sutton	1:55.31	4	
9	George, Max	Douglas	1:57.08	1	
10	Ho, Jared	Hopedale Jr/Sr	1:57.34	2	
11	Ashton, Jayden	Whitinsville	1:57.88	4	
12	Holloway, Logan	Montachusett	1:59.45	4	
13	Patel, Rudra	Hopedale Jr/Sr	2:02.52	2	
14	Bebawy, Bishoy	Hopedale Jr/Sr	2:08.10	3	
15	Sicurella, Donato	Nipmuc Regional	2:09.14	3	
16	Rabidou, James	Nipmuc Regional	2:09.32	3	
17	Kim, John	Whitinsville	2:09.61	3	

Boys 1000 Meter Run

Name	Year	School	Finals	H#	Points
1	Cook, Quinn	Hopedale Jr/Sr	3:00.35	1	
2	Locke, Colin	Montachusett	3:03.12	1	
3	Kugel-MacKay, Malikai	Montachusett	3:08.44	1	
4	Vos, Michael	Whitinsville	3:11.51	1	
5	Fitzgibbon, Connor	Hopedale Jr/Sr	3:14.50	1	
6	Stone, Matt	Hopedale Jr/Sr	3:16.45	1	
7	Telles, Neo	Douglas	3:19.25	1	
8	Kane, Liam	Sutton	3:19.43	1	
9	Jakubiak, Ian	Sutton	3:19.58	1	

Dual Valley Conference meet 4 - 1/14/2025**Northbridge High School****Results****....Boys 1000 Meter Run**

10 Rigney, Andrew	Montachusett	3:28.55	1
11 Mannino, Koda	Sutton	3:33.08	2
12 Hodge, Evren	Nipmuc Regional	3:34.90	2
13 Pyne, Declan	Montachusett	3:36.60	2
14 Scott, Cillian	Nipmuc Regional	3:37.36	2
15 Bisson, Joshua	Douglas	3:45.65	2
16 Connell, Aiden	Douglas	3:51.52	2
17 Houde, Cameron	Whitinsville	3:53.45	2
18 Zanchi, Cameron	Douglas	4:22.70	2

Boys 1 Mile Run

Name	Year School	Finals	H#	Points
1 Stone, Ben	Hopedale Jr/Sr	4:59.76	1	
2 Locke, Colin	Montachusett	5:12.28	1	
3 Klinghard, Amsden	Sutton	5:16.75	1	
4 Kugel-MacKay, Malikai	Montachusett	5:21.41	1	
5 Evans, Thomas	Nipmuc Regional	5:23.69	1	
6 Boormeester, Demetri	Whitinsville	5:25.08	1	
7 Dalpe, Sam	Hopedale Jr/Sr	5:27.80	2	
8 Spangenberg, Jack	Nipmuc Regional	5:28.49	1	
9 Chaudhary, Amer	Douglas	5:33.57	2	
10 Vos, Nathanael	Whitinsville	5:34.08	1	
11 Jakubiak, Ian	Sutton	5:40.35	2	
12 Fragala, Trent	Douglas	5:41.73	1	
13 Murphy, Jack	Hopedale Jr/Sr	5:46.17	2	
14 Auciello, Abraham	Sutton	5:49.49	2	
15 DeFelice, Nick	Montachusett	5:51.17	2	
16 Rigney, Andrew	Montachusett	5:53.09	2	
17 Carvalho, Alexander	Nipmuc Regional	6:03.27	2	
18 Bisson, Joshua	Douglas	6:39.55	2	
19 Connell, Benjamin	Douglas	6:48.24	2	
20 Connell, Aiden	Douglas	7:01.19	2	

Boys 2 Mile Run

Name	Year School	Finals	H#	Points
1 Powell, Ben	Hopedale Jr/Sr	10:38.20	1	
2 Ludwigson, Wes	Nipmuc Regional	11:08.70	1	
3 Chaudhary, Amer	Douglas	11:30.60	1	
4 Fragala, Trent	Douglas	11:32.30	1	
5 Locke, Evan	Montachusett	11:59.90	1	
6 Rougemont, Benjamin	Sutton	12:11.70	1	
7 Telles, Neo	Douglas	12:13.46	2	
8 Stadinski, Noah	Sutton	12:17.20	1	
9 Tran, Akhai	Montachusett	12:40.93	2	
10 Holloway, Logan	Montachusett	12:58.50	1	
11 Bell, Carter	Nipmuc Regional	13:18.60	1	
12 Scott, Cillian	Nipmuc Regional	13:19.75	2	

Dual Valley Conference meet 4 - 1/14/2025**Northbridge High School****Results****Boys 50 Yard Hurdles**

Name	Year School	Finals	H#	Points
1 Dani, Carter	Whitinsville	7.98	3	
2 Welch, Dylan	Sutton	8.04	1	
3 Lefort, Cooper	Sutton	8.56	1	
4 McCallum, Ryan	Douglas	8.71	1	
5 Goguen Jr, Paul	Montachusett	8.92	2	
6 Martin, Hunter	Hopedale Jr/Sr	9.07	2	
7 DeGrood, Oliver	Nipmuc Regional	9.32	3	
8 Bushey, Jacob	Montachusett	9.59	3	
9 Thompson, Ryan	Hopedale Jr/Sr	9.82	2	
10 Condon, Cameron	Nipmuc Regional	10.48	2	
-- Winchell, Silas	Douglas	DNF	1	

Boys 4x200 Meter Relay

School	Finals	H#	Points
1 Nipmuc Regional 'A'	1:48.46	1	
2 Whitinsville Christian 'A'	1:48.84	1	
3 Montachusett Reg Voc Tech 'A'	1:52.73	2	
4 Hopedale Jr/Sr 'A'	1:56.79	2	
5 Montachusett Reg Voc Tech 'B'	1:59.46	2	
6 Nipmuc Regional 'B'	1:59.80	1	

Boys 4x400 Meter Relay

School	Finals	Points
1 Nipmuc Regional 'A'	4:09.29	
2 Whitinsville Christian 'A'	4:09.75	
3 Hopedale Jr/Sr 'A'	4:14.97	
4 Douglas 'A'	4:35.19	
5 Montachusett Reg Voc Tech 'A'	4:37.02	
6 Nipmuc Regional 'B'	4:50.88	

Boys High Jump

Name	Year School	Finals	H#	Points
1 Dani, Carter	Whitinsville	6-00.00	2	
5-04 5-06 5-08 5-10 6-00 6-02				
O O XO XO O XXX				
2 Belucio, Daniel	Whitinsville	5-06.00	2	
4-10 5-00 5-02 5-04 5-06 5-08 5-10				
O O O O O XP XXX				
3 Vos, Michael	Whitinsville	5-04.00	1	
4-06 4-08 4-10 5-00 5-02 5-04 5-06				
P O XO O O O XXX				
4 Enoch, Enson	Whitinsville	J5-04.00	2	
4-10 5-00 5-02 5-04 5-06				
O O O XO XXX				
4 Lefort, Cooper	Sutton	J5-04.00	2	
4-10 5-00 5-02 5-04 5-06				
O O O XO XXX				

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6	Ruddock, Kevin	Nipmuc Regional	J5-04.00	2
	4-10 5-00 5-02 5-04 5-06			
	XO O XO XO XXX			
7	Robertson, Alexander	Douglas	J5-04.00	2
	4-08 4-10 5-00 5-02 5-04 5-06			
	O O XXO XO XO XXX			
8	Tran, Akhai	Montachusett	4-10.00	2
	4-06 4-08 4-10 5-00			
	XO O O XXX			
8	Khedekar, Jacob	Montachusett	4-10.00	2
	4-06 4-08 4-10 5-00			
	O XO O XXX			
10	Holloway, Logan	Montachusett	J4-10.00	2
	4-06 4-08 4-10 5-00			
	XO XXO XXO XXX			
11	Auciello, Abraham	Sutton	4-06.00	2
	4-06			
	O			
--	DeGrood, Oliver	Nipmuc Regional	NH	1
	4-06			
	XXX			
--	Mannino, Koda	Sutton	NH	1
	4-06			
	XXX			
--	Condon, Cameron	Nipmuc Regional	NH	2
	4-06			
	XXX			
--	White, Liam	Douglas	NH	1
	4-06			
	XXX			

Boys Shot Put

Name	Year School	Finals	H#	Points
1 Levine, Ari	Hopedale Jr/Sr	55-00.00	2	
	FOUL 48-11 55-00			
2 Correia, Dashel	Nipmuc Regional	47-10.50	2	
	39-04 47-10.50 47-10			
3 Bettouche, Zach	Hopedale Jr/Sr	45-09.00	2	
	42-02.50 42-03 45-09			
4 Najem, CJ	Whitinsville	40-11.00	2	
	FOUL 36-11 40-11			
5 Johnson, Zachary	Nipmuc Regional	36-11.00	2	
	27-04 33-04.50 36-11			
6 Tessier, Reese	Montachusett	36-09.00	2	
	FOUL FOUL 36-09			
7 LaForest, Bryce	Sutton	36-03.00	2	
	36-03 22-02 28-01			
8 Bailey, Sean	Nipmuc Regional	36-02.50	2	
	35-04 36-02.50 32-07			
9 Carle, Jacob	Nipmuc Regional	33-11.00	2	
	33-10 33-02.50 33-11			
10 Martin, Colton	Hopedale Jr/Sr	29-06.00	2	
	28-02 29-06 29-04			

Dual Valley Conference meet 4 - 1/14/2025**Northbridge High School****Results****....Boys Shot Put**

11	Ferenczy, Justin	Nipmuc Regional	29-05.00	2
	29-05 28-05 FOUL			
12	Garrant, Noah	Whitinsville	28-11.00	2
	28-11 27-09.50 28-11			
13	Joseph, Matthew	Nipmuc Regional	28-04.50	1
	27-02 27-09.50 28-04.50			
14	Reitz, Benjamin	Nipmuc Regional	28-01.00	2
	23-08 22-02 28-01			
15	Aruajo, Sebastian	Whitinsville	27-10.50	2
	25-05.50 27-02 27-10.50			
16	Guthenberg, Brody	Douglas	25-10.00	1
	25-10 24-11 25-00			
17	Finch, Ian	Whitinsville	25-09.50	1
	24-00 25-09.50 21-10			
18	Langley, Trevor	Montachusett	25-07.50	1
	25-07.50 25-05 24-09.50			
19	Grisanti, Giacomo	Nipmuc Regional	24-03.00	1
	23-05 23-05 24-03			
20	Stern, Julius	Montachusett	23-11.00	1
	23-11 22-03 23-09			
21	Terenzi, Sam	Hopedale Jr/Sr	23-03.00	1
	23-03 23-02 22-11			
22	Adams, Will	Nipmuc Regional	22-08.00	1
	18-04 21-03.50 22-08			
23	Ortiz, Ethan	Hopedale Jr/Sr	20-02.50	1
	17-08.50 20-02.50 17-02			
24	Rinehart, Aidan	Hopedale Jr/Sr	19-02.00	1
	19-02 17-11 18-08			
25	Cades, Seth	Blackstone-M	17-00.50	1
	15-04 16-00 17-00.50			