

NH Indoor Track League
UNH Morning Session
Paul Sweet Oval - 1/12/2025
Results

Girls 55 Meter Dash**Top 6 Advance by Time**

=====				
	8.10	D1 Division 1 Qual		
	8.30	D2 Division 2 Qual		
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Ortiz-Blanco, Leanny	11	Salem	7.62qD1	1
2 Milks, Carolyn	11	Portsmouth	7.93qD1	2 7.921
3 Milks, Laura	11	Portsmouth	7.93qD1	8 7.923
4 Aliberti, Avery	11	Salem	7.96qD1	4
5 Faria, Juliet	11	Kearsarge	8.03qD1	5
6 Wright, Serenah	10	Merrimack	8.04qD1	7
7 Amoo, Kaylin	12	Merrimack	8.06 D1	6 8.053
8 Carter, Ella	11	Portsmouth	8.06 D1	3 8.059
9 Fugge, Annabella	9	Salem	8.08 D1	6
10 Raab, Amelia	12	Newmarket	8.14 D2	9
11 Eliessetch, Javiera	9	Kearsarge	8.24 D2	9
12 Yount, Reagan	10	Newmarket	8.32	5
13 Souphakhot, Kierra	12	Newmarket	8.34	3
14 Shaughnessy, Alexis (A)	9	Kearsarge	8.37	1
15 Barbetta, Clara	12	Milford	8.39	1
16 Blevins, Abby	9	Souhegan	8.41	7
17 Bolduc, Averie	10	Salem	8.42	8
18 Ghosh, Aryana	10	Souhegan	8.45	4
19 Powell, Naomi	9	Newmarket	8.50	2
20 Casado, Seriyah	9	Salem	8.60	7
21 Lessage, Leila	9	Milford	8.61	5
22 Bristol, Delilah	9	Sanborn Regional	8.63	3
23 Ingram, Joslyn	10	Kearsarge	8.64	8
24 McKnight, Deliah	9	Portsmouth	8.68	9
25 Blake, Jasmine	11	Pembroke	8.70	6
26 Briggs, Madelyn	10	Prospect Mountain	8.71	7 8.706
27 Campbell, Jenna	10	Salem	8.71	2 8.710
28 Collier, Abrielle	11	Merrimack	8.74	4
29 Breton, Lyla	9	Salem	8.77	5
30 Arigala, Sabrina	9	Merrimack	8.78	3
31 Nyhan, Teagan	10	Pembroke	8.80	8
32 Patel, Naveesha	11	Portsmouth	8.81	7
33 Thompson, Lillian	11	Newmarket	8.83	1
34 Chamberlain, Amber	10	Kearsarge	8.87	7
35 MacKenzie, Kora	9	Prospect Mountain	8.90	6
36 Eliessetch, Josefina	11	Kearsarge	8.92	3
37 Hiera, Grace	9	Newmarket	8.93	6 8.924
38 Markee, Lily	9	Sanborn Regional	8.93	4 8.927
39 Cuipa, Victoria	9	Merrimack	8.97	5
40 Raia, Avery	10	Kearsarge	9.05	2
41 Lesiczka, Hannah	12	Sanborn Regional	9.13	1
42 Maguire, Alayna	10	Pembroke	9.14	2 9.131
43 Bell, Briona	9	Portsmouth	9.14	4 9.140
44 Malone, Mason	12	Merrimack	9.15	8
45 Schwogler, Ava	12	Souhegan	9.28	9
46 Godfrey, Sarah	9	Newmarket	9.41	8 9.406
47 Hart, Maggie	10	Prospect Mountain	9.41	9 9.409
48 Makgale, Kutlo	12	Salem	9.53	9

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49 Jundt, Lexie Grace	10 Kearsarge	9.56	6
50 Bassett, Cadence	10 Merrimack	9.95	2
51 Ellsworth, Samantha	11 Pembroke	10.24	4

Girls 55 Meter Dash

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8.10 D1 Division 1 Qual

8.30 D2 Division 2 Qual

Name	Year School	Finals	Points
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Finals

1 Ortiz-Blanco, Lean	11 Salem	7.63 D1	10
2 Milks, Laura	11 Portsmouth	7.77 D1	8
3 Milks, Carolyn	11 Portsmouth	7.85 D1	6
4 Aliberti, Avery	11 Salem	7.87 D1	4
5 Faria, Juliet	11 Kearsarge	8.00 D1	2
6 Wright, Serenah	10 Merrimack	8.08 D1	1

Girls 300 Meter Dash

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47.50 D1 Division 1 Qual

48.00 D2 Division 2 Qual

Name	Year School	Finals	H#	Points
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1 Aliberti, Avery	11 Salem	46.18 D1	12	10
2 O'Shea, Kaitlin	11 Mascenic Regional	46.19 D1	12	8
3 Amoo, Kaylin	12 Merrimack	46.39 D1	10	6
4 Fugge, Annabella	9 Salem	46.91 D1	10	4
5 Wright, Serenah	10 Merrimack	47.30 D1	11	2
6 Cornaro, Isabella	12 Milford	47.60 D2	9	1
7 Tutrone, Isabella	10 Salem	47.67 D2	10	
8 Kelly, Avery	10 Pembroke	47.76 D2	11	
9 Ortiz-Blanco, Lean	11 Salem	47.78 D2	12	
10 Tomany, Hanna	12 Sanborn Regional	48.04	7	
11 Curran, Emersynn	9 Souhegan	48.82	6	
12 Redmond, Magnolia	11 Newmarket	49.26	9	
13 Powell, Naomi	9 Newmarket	49.30	9	
14 Curran, Averie	9 Souhegan	50.00	5	
15 Ward, Grace	10 Portsmouth	50.06	7	
16 Arigala, Sabrina	9 Merrimack	50.23	8	
17 Hochberg, Celia	9 Souhegan	50.91	7	
18 Barbetta, Clara	12 Milford	51.05	4	
19 Faria, Juliet	11 Kearsarge	51.09	11	
20 Maguire, Alayna	10 Pembroke	51.25	8	
21 Bancroft, Jocelyn	12 Portsmouth	51.40	6	
22 Lessage, Leila	9 Milford	51.61	4	
23 Lesiczka, Hannah	12 Sanborn Regional	52.32	5	
24 Markee, Lily	9 Sanborn Regional	52.45	4	
25 Chamberlain, Amber	10 Kearsarge	53.04	8	
26 MacKenzie, Kora	9 Prospect Mountain	53.24	3	
27 Eliessetch, Josefi	11 Kearsarge	53.73	5	
28 Brown, Alexis	10 Pembroke	55.19	3	
29 Lamothe, Leah	11 Kearsarge	55.86	2	
30 Hiera, Grace	9 Newmarket	56.59	1	

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31 Yockel, Abigail	12 Raymond	59.57	3	
32 Malone, Mason	12 Merrimack	1:00.21	1	
33 Breault, Ali	11 Souhegan	1:00.30	2	
34 Bassett, Cadence	10 Merrimack	1:00.83	1	
-- Nihan, Sarah	12 Sanborn Regional	DQ	2	Lane Violation

Girls 600 Meter Run

=====					
1:56.00 D1 Division 1 Qual					
2:05.00 D2 Division 2 Qual					
Name	Year	School	Finals	H#	Points
=====					
1 Houghton, Maddy	11	Portsmouth	1:45.58 D1	4	10
2 Baryames, Alexa	11	Portsmouth	1:46.38 D1	4	8
3 Thurlow, Sophie	10	Sanborn Regional	1:46.43 D1	4	6
4 Carter, Ella	11	Portsmouth	1:46.49 D1	4	4
5 McKenna, Eilis	12	Newmarket	1:50.74 D1	4	2
6 Stocker, Kaitlyn	11	Sanborn Regional	1:51.58 D1	3	1
7 Coates, Rylee	9	Milford	1:51.76 D1	3	
8 Parrott, Georgia	11	Portsmouth	1:53.91 D1	4	
9 Pekalsky, Addie	9	Raymond	1:55.46 D1	3	
10 Carter, Catriona	12	Milford	1:57.82 D2	2	
11 Kandel, Desiree	10	Merrimack	1:58.79 D2	3	
12 Brewitt, Ellie	10	Raymond	1:59.09 D2	3	
13 Taylor, Ella	11	Merrimack	1:59.17 D2	3	
14 Barlow, Anna	11	Sanborn Regional	1:59.66 D2	3	
15 Mucheru, Grace	10	Milford	2:05.26	2	
16 Henrichsen, Daphne	9	Kearsarge	2:05.36	2	
17 Heimark, Natalie	12	Souhegan	2:07.45	3	
18 Vinson, Ella	10	Merrimack	2:09.95	2	
19 Redmond, Sahalie	9	Newmarket	2:12.20	2	
20 Wolfson, Shayna	11	Souhegan	2:12.52	2	
21 Cuipa, Victoria	9	Merrimack	2:13.04	1	
22 Segee, Savannah	9	Sanborn Regional	2:13.61	2	
23 Taylor, Sadie	9	Merrimack	2:15.62	1	
24 Whitley, Leila	10	Milford	2:16.26	1	
25 Tahtamoni, Rama	10	Salem	2:16.39	1	
26 DiMambro, Heidi	11	Souhegan	2:17.22	2	
27 Hinson, Kyleigh	11	Sanborn Regional	2:20.75	1	
28 Briggs, Madelyn	10	Prospect Mountain	2:27.24	1	
29 Briggs, Alexis	10	Prospect Mountain	2:33.07	1	
30 Bergeron, Bianca	12	Raymond	2:42.27	1	

Girls 1000 Meter Run

=====					
3:40.00 D1 Division 1 Qual					
3:55.00 D2 Division 2 Qual					
Name	Year	School	Finals	Points	
=====					
1 O'Shea, Kaitlin	11	Mascenic Regional	3:17.65 D1	10	
2 Bedard, Melanie	12	Merrimack	3:22.55 D1	8	
3 Redmond, Magnolia	11	Newmarket	3:33.17 D1	6	
4 Mooney, Madelyn	10	Souhegan	3:40.06 D2	4	
5 Smith, Brighton	11	Souhegan	3:40.28 D2	2	

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....Girls 1000 Meter Run

6 Flynn, Molly	10 Portsmouth	3:40.52	D2	1
7 Remsen, Lily	11 Portsmouth	3:40.94	D2	
8 Ryan, Kayla	9 Portsmouth	3:41.17	D2	
9 McCormack, Natalie	10 Portsmouth	3:47.06	D2	
10 Ridings, Caroline	9 Souhegan	3:50.75	D2	
11 Krawczyk, Caysie	11 Pembroke	5:12.84		

Girls 1500 Meter Run

=====				
	5:55.00	D2	Division 2 Qual	
	5:55.00	D1	Division 1 Qual	
Name	Year	School	Finals	Points
=====				
1 O'Shea, Erin	11	Mascenic Regional	5:20.42 D2	10
2 Unger, Leah	9	Raymond	5:24.41 D2	8
3 McKenna, Eilis	12	Newmarket	5:34.12 D2	6
4 Stocker, Kaitlyn	11	Sanborn Regional	5:37.24 D2	4
5 Campbell, Kelsey	11	Portsmouth	5:43.34 D2	2
6 Carter, Chloe	10	Portsmouth	5:46.25 D2	1
7 Barlow, Anna	11	Sanborn Regional	6:16.59	
8 McWhirter, Megan	11	Merrimack	6:19.51	
9 Ridings, Caroline	9	Souhegan	6:21.87	
10 White, Lyndi	10	Prospect Mountain	6:50.44	

Girls 3000 Meter Run

=====				
	13:00.00	D2	Division 2 Qual	
	13:00.00	D1	Division 1 Qual	
Name	Year	School	Finals	Points
=====				
1 Cosgrove, Sophie	12	Portsmouth	11:07.29 D2	10
2 Carter, Chloe	10	Portsmouth	12:01.81 D2	8
3 Ryan, Jenny	9	Portsmouth	12:11.06 D2	6
4 Bergeron, Caitrin	9	Pembroke	12:20.83 D2	4
5 Campanile, Kira	9	Prospect Mountain	15:06.55	2

Girls 55 Meter Hurdles**Top 6 Advance by Time**

=====				
	10.60	D1	Division 1 Qual	
	11.20	D2	Division 2 Qual	
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Raab, Amelia	12	Newmarket	9.79qD1	2
2 Collier, Abrielle	11	Merrimack	10.21qD1	3
3 Bristol, Delilah	9	Sanborn Regional	10.40qD1	3
4 DiMambro, Heidi	11	Souhegan	10.67qD2	1
5 Bancroft, Jocelyn	12	Portsmouth	10.68qD2	4
6 Brown, Alexis	10	Pembroke	10.84qD2	2
7 Cornaro, Isabella	12	Milford	10.85 D2	1
8 Henrichsen, Daphne	9	Kearsarge	10.96 D2	2
9 Tapley, Emma	10	Souhegan	11.37	4
10 Beeley, Madeline	12	Salem	11.66	4

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11 Bowser, Tenley	12 Portsmouth	11.78	3
12 Arigala, Sabrina	9 Merrimack	11.93	2 11.923
13 Flanders, Alayna	10 Pembroke	11.93	1 11.925
14 Nihan, Sarah	12 Sanborn Regional	12.00	4
15 Beeley, Abby	11 Salem	12.02	3
16 Jundt, Lexie Grace	10 Kearsarge	12.28	1
17 Hinson, Kyleigh	11 Sanborn Regional	12.62	2
-- Lamothe, Leah	11 Kearsarge	DQ	3 Hooking

Girls 55 Meter Hurdles

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10.60 D1 Division 1 Qual

11.20 D2 Division 2 Qual

Name	Year	School	Finals	Points
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Finals

1 Raab, Amelia	12	Newmarket	9.80 D1	10
2 Collier, Abrielle	11	Merrimack	10.07 D1	8
3 Bancroft, Jocelyn	12	Portsmouth	10.26 D1	6
4 Brown, Alexis	10	Pembroke	10.40 D1	4
5 DiMambro, Heidi	11	Souhegan	10.76 D2	2
6 Bristol, Delilah	9	Sanborn Regional	15.69	1

Girls 4x160 Meter Relay

School	Finals	H#	Points
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1 Portsmouth	1:34.05	2	10
2 Souhegan	1:35.29	4	8
3 Pembroke	1:36.69	3	6
4 Milford	1:36.76	4	4
5 Merrimack	1:37.91	3	2
6 Sanborn Regional	1:41.99	2	1
7 Kearsarge	1:42.49	1	
8 Prospect Mountain	1:46.51	1	

Girls 4x400 Meter Relay

School	Finals	H#	Points
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1 Portsmouth	4:31.86	2	10
2 Milford	4:39.32	2	8
3 Sanborn Regional	4:49.43	2	6
4 Salem	4:51.01	1	4
5 Raymond	4:55.59	1	2
6 Souhegan	4:59.80	1	1
7 Newmarket	5:08.61	1	

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Girls High Jump

=====										
4-06.00		D1 Division 1 Qual								
4-04.00		D2 Division 2 Qual								
Name		Year School					Finals		Points	
=====										
1	Flynn, Molly	10 Portsmouth					4-09.00	D1	10	
	4-01	4-03	4-05	4-07	4-09	4-11				
	P	P	P	O	O	XXX				
2	Tomany, Hanna	12 Sanborn Regional					J4-09.00	D1	8	
	4-01	4-03	4-05	4-07	4-09	4-11				
	P	P	O	XO	XO	XXX				
3	Lander, Emma	10 Portsmouth					J4-09.00	D1	6	
	4-01	4-03	4-05	4-07	4-09	4-11				
	P	P	P	O	XXO	XXX				
4	Russo, Liv	10 Portsmouth					4-07.00	D1	4	
	4-01	4-03	4-05	4-07	4-09					
	P	P	P	O	XXX					
5	Eliessesetch, Javier	9 Kearsarge					J4-07.00	D1	2	
	4-01	4-03	4-05	4-07	4-09	4-11				
	XO	O	O	XXO	XP	XXX				
6	Swanson, Anora	10 Souhegan					J4-07.00	D1	1	
	4-01	4-03	4-05	4-07	4-09					
	XO	O	XO	XXO	XXX					
7	Dodds, Sarah	11 Merrimack					4-05.00	D2		
	4-01	4-03	4-05	4-07						
	O	O	XO	XXX						
8	Bristol, Delilah	9 Sanborn Regional					4-03.00			
	4-01	4-03								
	O	O								
8	Blake, Jasmine	11 Pembroke					4-03.00			
	4-01	4-03	4-05							
	O	O	XXX							
10	Segee, Savannah	9 Sanborn Regional					J4-03.00			
	4-01	4-03	4-05							
	XO	XXO	XXX							
11	Paris, Ellie	10 Sanborn Regional					4-01.00			
	4-01	4-03								
	XXO	XXX								
--	Taylor, Ella	11 Merrimack					NH			
	4-01									
	XXX									

Girls Long Jump

=====							
14-00.00		D1 Division 1 Qual					
13-06.00		D2 Division 2 Qual					
Name	Year School			Finals		H#	Points
=====							
1	Swanson, Anora	10	Souhegan	14-11.50	D1	1	10
	14-02.75	14-11.50	14-05.50	14-05.75			
2	Milks, Carolyn	11	Portsmouth	14-07.50	D1	1	8
	14-01.75	14-07.50	13-05	13-01			
3	Nyhan, Teagan	10	Pembroke	14-00.25	D1	1	6
	12-11	14-00.25	FOUL	12-10			

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....Girls Long Jump

4	Souphakhot, Kierra	12	Newmarket	13-09.00	D2	1	4
	13-09	12-08.50	13-06	12-09			
5	Eliessetch, Javier	9	Kearsarge	13-06.00	D2	1	2
	13-06	13-02	13-04	13-04.75			
6	Dodds, Sarah	11	Merrimack	13-01.75		2	1
	12-04	13-01.75	13-01	12-11.50			
7	Russo, Liv	10	Portsmouth	13-01.00		1	
	FOUL	13-01	FOUL	13-00.50			
8	Ward, Grace	10	Portsmouth	12-05.00		2	
	12-01.50	11-03.75	12-05	FOUL			
9	Eliessetch, Josefi	11	Kearsarge	12-04.50		2	
	FOUL	11-08.50	12-00	12-04.50			
10	Cuipa, Victoria	9	Merrimack	12-03.00		2	
	12-03	11-05.50	11-00.50	FOUL			
11	Segee, Savannah	9	Sanborn Regional	11-09.25		2	
	FOUL	FOUL	11-08	11-09.25			
12	Lamothe, Leah	11	Kearsarge	11-04.75		2	
	10-03.50	10-10.75	11-03.50	11-04.75			
13	Henrichsen, Daphne	9	Kearsarge	11-01.50		2	
	FOUL	FOUL	11-01.50	FOUL			
14	Brady, Anna	9	Portsmouth	11-00.00		2	
	FOUL	FOUL	FOUL	11-00			
15	Dalbec, Eliana	11	Kearsarge	10-10.25		2	
	FOUL	FOUL	10-10.25	10-10.25			
16	Campanile, Kira	9	Prospect Mountain	10-04.00		1	
	FOUL	10-04	FOUL	FOUL			
--	Markee, Lily	9	Sanborn Regional	FOUL		2	
	FOUL	FOUL	FOUL	FOUL			

Girls Shot Put

=====							
	25-00.00	D1	Division 1 Qual				
	24-00.00	D2	Division 2 Qual				
Name	Year	School	Finals	H#	Points		
=====							
1	Donohue, Madelyn	11	Raymond	32-04.75	D1	1	10
	31-10.50	32-04.75	31-02.75	30-08.25			
2	Anderson, Lilly	12	Merrimack	28-10.50	D1	1	8
	27-00.50	28-07.75	28-06	28-10.50			
3	Cassetty, Annabell	10	Merrimack	26-10.50	D1	1	6
	25-02.50	24-07.75	26-10.50	26-02.50			
4	Wentworth, Emmie	11	Portsmouth	26-06.75	D1	1	4
	25-11.25	26-03.75	25-09.50	26-06.75			
5	Witham, Jazmine	10	Prospect Mountain	26-06.00	D1	1	2
	23-08.50	25-02	25-03.75	26-06			
6	Rick, Zoe	11	Milford	26-05.75	D1	1	1
	25-07.50	24-03.25	26-05.75	24-05.75			
7	Lamb, Gabrielle	12	Kearsarge	26-04.50	D1	1	
	26-04.50	25-04.75	26-04.25	25-02.50			
8	Murphy, Makenna	10	Sanborn Regional	26-01.25	D1	1	
	25-07.50	26-01.25	PASS	PASS			
9	Pourby, Sydney	9	Kearsarge	24-06.50	D2	2	
	22-02	22-11	24-06.50	24-04.50			

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....Girls Shot Put

10 Dickinson, Ainsley	10 Souhegan	23-06.00	1
21-05.75	23-03 23-06 21-11		
11 Rezaoui, Moriah	11 Merrimack	23-02.50	1
FOUL	23-02.50 23-01 22-08		
12 Amiss, Molly	11 Salem	22-08.00	1
22-08 21-04 21-05 22-04			
13 Marchesi, Amelia	11 Salem	21-03.00	1
20-06.25 ND 20-07.75 21-03			
14 Flaherty, Megan	11 Sanborn Regional	20-11.50	2
18-07.75 20-01 ND 20-11.50			
15 Dalbec, Eliana	11 Kearsarge	J20-11.50	2
20-11.50 ND ND 20-01			
16 Schmidt, Payton	10 Salem	20-11.25	2
19-09.50 20-11.25 ND ND			
17 Paris, Ellie	10 Sanborn Regional	20-08.25	1
20-08.25 ND ND ND			
18 Marchesi, Ava	12 Salem	20-08.00	2
18-11 ND ND 20-08			
19 Addorisio, Jessica	12 Sanborn Regional	20-02.75	2
19-10 20-02.75 FOUL ND			
20 Mapelli, Benedetta	12 Milford	19-11.00	2
17-07 ND 19-11 19-10.50			
21 Nguyen, Julena	12 Salem	19-00.50	1
19-00.50 ND ND ND			
22 Radjavitch, Alyssa	12 Sanborn Regional	18-06.75	2
18-06.75 ND ND ND			
23 McIntosh, Jaquelin	11 Souhegan	17-02.00	2
17-02 ND ND ND			
24 Flanders, Alayna	10 Pembroke	16-08.75	2
16-08.75 ND ND ND			
25 Krawczyk, Caysie	11 Pembroke	14-03.00	2
14-03 ND ND ND			
26 Ellsworth, Samanth	11 Pembroke	14-00.00	2
14-00 ND ND ND			

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Women - Team Rankings - 12 Events Scored

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1) Portsmouth	122	2) Merrimack	42
3) Salem	32	4) Souhegan	28
4) Newmarket	28	4) Mascenic Regional	28
7) Sanborn Regional	27	8) Pembroke	20
8) Raymond	20	10) Milford	14
11) Kearsarge	6	12) Prospect Mountain	4