

NH Indoor Track League
UNH Afternoon Session
Paul Sweet Oval - 1/19/2025
Results

Boys 55 Meter Dash**Top 6 Advance by Time**

Name	Year	School	Prelims	H#
Preliminaries				
1 Lombara, Gavin	12	Monadnock	6.81q	5
2 Janetos, Owen	11	Winnacunnet	6.82q	5
3 Edwards, Kendrick	12	Con-Val	6.85q	1
4 Glidden, Dennis	12	Raymond	6.87q	2
5 Manix, Will	12	Exeter	6.90q	1
6 Plourde, Quintin	12	Kennett	6.92q	4
7 Stephens, Ross	11	Con-Val	6.92	2
8 Kersten-Guiler, Thoren	12	Exeter	6.94	4
9 Buxton, Gavin	11	Bow	6.96	4
10 Gasque, Devin	12	Inter-Lakes	6.97	3
11 Sanchez, Breyden	11	Sanborn Regional	7.01	3
12 Richards, Landon	11	Inter-Lakes	7.03	5
13 McCranie, Kody	12	Bow	7.04	3
14 Roche, Nathan	11	Campbell	7.10	3
15 Chapman, Aiden	11	Sanborn Regional	7.13	1
16 Ternullo, Gabriel	11	Campbell	7.13	5
17 Hughes, Aaron	11	St. Thomas Aquinas	7.17	3
18 Roche, Liam	9	Campbell	7.24	4
19 Matthews, Derik	10	Belmont	7.26	1
20 Smith, Brock	11	Belmont	7.27	4
21 Rouleau, Christopher	10	Monadnock	7.28	2
22 Troon, Logan	12	Kennett	7.43	2
23 Truong, Kaeden	12	Pelham	7.43	5

Boys 55 Meter Dash

Name	Year	School	Finals
Finals			
1 Glidden, Dennis	12	Raymond	6.80
2 Janetos, Owen	11	Winnacunnet	6.81
3 Edwards, Kendrick	12	Con-Val	6.82
4 Manix, Will	12	Exeter	6.88
5 Lombara, Gavin	12	Monadnock	6.90
6 Plourde, Quintin	12	Kennett	7.06

Boys 300 Meter Dash

Name	Year	School	Finals	H#
1 Janetos, Owen	11	Winnacunnet	36.41	7
2 McCranie, Kody	12	Bow	36.55	7
3 Crear, Colby	12	Pelham	37.33	7
4 Proulx, Brodie	12	Exeter	39.31	7
5 Lurvey, Brandon	11	Pembroke	39.75	5
6 Hayes, Ethan	12	Spaulding	39.85	6
7 Goodwin, Brendan	12	Winnisquam	39.90	5
8 Nicoll, Ewan	10	Kingswood	40.04	6
9 Mcguirk, Dexter	10	Newmarket	40.16	3
10 Van De Moere, Lucas	9	Plymouth Regional	40.19	5

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11 Pekalsky, Caleb	12 Raymond	40.39	4
12 Buxton, Gavin	11 Bow	40.55	3
13 Abbott, Nolan	9 Winnisquam	40.57	2
14 Scamman, Brandon	11 Spaulding	40.60	4
15 Kulberg, Viktor	9 Winnacunnet	40.98	1
16 Schultz, Griffin	10 Con-Val	41.02	3
17 Truong, Kaeden	12 Pelham	41.61	2
18 Grugnale, Chase	9 Winnacunnet	41.88	1
-- Glidden, Dennis	12 Raymond	DQ	6 Lane Violation

Boys 600 Meter Run

Name	Year	School	Finals	H#
1 Ruger, Mason	12	St. Thomas Aquinas	1:31.01	3
2 Schartner, Oliver	11	St. Thomas Aquinas	1:32.47	2
3 Kelly, Seamus	10	Kingswood	1:34.20	2
4 Sutherland, George	9	Plymouth Regional	1:34.49	3
5 Thurston, Evan	11	Kingswood	1:34.95	3
6 Hill, Sawyer	11	Newmarket	1:35.59	3
7 Muller, Michael	12	Laconia	1:36.50	2
8 Carpenter, Mack	12	Kingswood	1:36.71	1
9 Ciriello, Will	10	Epping	1:36.99	1
10 Tierney, Jeffery	11	Kennett	1:37.14	1
11 Hartshorne, Simon	10	Newmarket	1:37.17	3
12 Kohl, George	9	Bow	1:37.34	1
13 Cramer, Clayton	12	Raymond	1:37.59	3
14 Jacques, Collin	12	Spaulding	1:38.37	1
15 Cormier, Trevor	12	Spaulding	1:38.42	2
16 Montiero, Charles	12	St. Thomas Aquinas	1:38.54	1
17 Lesiczka, Caleb	12	Sanborn Regional	1:41.03	1
18 Fowler, Mason	11	Exeter	1:42.12	2
19 Jordan, Marcus	10	Con-Val	1:42.21	1
20 Defossess, Alexander	12	Laconia	1:44.91	2

Boys 1000 Meter Run

Name	Year	School	Finals	H#
1 Zumbach, Ryan	12	Winnacunnet	2:35.23	2
2 Joslyn, Peyton	11	Monadnock	2:39.66	2
3 Bodanza, Elijah	10	Fall Mountain	2:43.17	2
4 Mann, Spencer	12	Exeter	2:45.76	1
5 Hayman, Tate	11	Plymouth Regional	2:47.20	1
6 Butka, Simon	12	Kingswood	2:47.32	1
7 Nudd-Homeyer, Isaac	12	Inter-Lakes	2:47.49	2
8 Martin-Biggs, Andrew	12	Winnacunnet	2:48.29	2
9 Barnes, Christian	11	Portsmouth C	2:49.15	1
10 Dillon, Nathan	10	Winnacunnet	2:50.27	2
11 LeCain, William	9	Pembroke	2:50.93	1
12 Cottrill, Ian	11	Exeter	2:53.24	1
13 Brunjes, Jacob	11	Monadnock	2:55.14	1
14 Stephens, Walter	9	Con-Val	2:56.90	1
15 Steele, Grady	11	Kingswood	2:59.47	1

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Boys 1500 Meter Run

Name	Year	School	Finals
1 Simard, William	12	Con-Val	4:10.85
2 Clark, Marcus	11	Exeter	4:41.49
3 Broyles, Anton	9	Spaulding	4:41.50
4 Petersons, Hayden	11	Pembroke	4:42.22
5 Dangora, Wally	11	Exeter	4:43.98
6 Holt, Brady	11	Portsmouth C	4:44.57
7 Vezina, Shawn	10	Conant	4:49.66
8 Sandahl, Ian	9	Bow	4:50.12
9 Saturley, Caleb	11	Pembroke	4:57.00

Boys 3000 Meter Run

Name	Year	School	Finals
1 Currier, Gunner	12	Mascoma Valley	9:22.96
2 Pitre, Jake	12	Sanborn Regional	9:38.90
3 Russell, Carl	10	Mascoma Valley	10:01.25
4 Maheu, Trevor	12	Mascoma Valley	10:01.97
5 Sargent, Thomas	12	Bow	10:01.98
6 Worcester, Wyatt	11	Bow	10:02.44
7 Kohl, Sam	9	Bow	10:18.34

Boys 55 Meter Hurdles**Top 6 Advance by Time**

Name	Year	School	Prelims	H#
Preliminaries				
1 Crear, Colby	12	Pelham	7.87q	1
2 Lombara, Gavin	12	Monadnock	8.00q	2
3 Jamison, Ryan	11	Winnacunnet	8.56q	3
4 Duarte, Sergio	12	Prospect Mountain	9.09q	3
5 Gonzalez, Jacob	11	Sanborn Regional	9.30q	1
6 Boston, Brody	11	Spaulding	9.58q	2
7 Tripp, David	12	Belmont	9.59	2
8 Wondal, Orlando	10	Somersworth	9.63	1
9 Hawkins, Dylan	11	Pembroke	9.76	3
10 Rouleau, Christopher	10	Monadnock	9.79	1
11 Miller, Liam	12	Bow	10.23	3
12 Sagirli, Enes	11	Belmont	10.44	1
13 Jukosky, Silas	11	Mascoma Valley	10.78	2

Boys 55 Meter Hurdles

Name	Year	School	Finals
Finals			
1 Crear, Colby	12	Pelham	7.71
2 Lombara, Gavin	12	Monadnock	7.86
3 Jamison, Ryan	11	Winnacunnet	8.42
4 Gonzalez, Jacob	11	Sanborn Regional	9.08
5 Duarte, Sergio	12	Prospect Mountain	9.32

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6 Boston, Brody 11 Spaulding 9.52

Boys 4x160 Meter Relay

School	Finals	H#
1 Exeter	1:18.26	3
2 Bow	1:19.88	3
1:19.875 (1:19.875)		
3 Sanborn Regional	1:20.21	2
4 Campbell	1:20.24	2
5 Belmont	1:23.48	1
6 Newmarket	1:24.23	1
7 Kennett	1:25.46	1

Boys 4x400 Meter Relay

School	Finals	H#
1 St. Thomas Aquinas	3:46.83	3
2 Monadnock	3:47.16	3
3 Inter-Lakes	3:47.36	3
4 Kingswood	3:54.15	3
5 Pembroke	3:58.11	2
6 Exeter	3:58.20	2
7 Laconia	3:59.16	2
8 Winnacunnet	3:59.28	3
9 Sanborn Regional	4:02.25	1
10 Bow	4:04.35	1
11 Winnisquam	4:04.36	2
12 Spaulding	4:04.79	2
13 Belmont	4:07.20	1
14 Kennett	4:10.09	1
15 Newmarket	4:13.15	1

Boys High Jump

Name	Year School	Finals
1 Benjamin, Eli	12 Spaulding	6-02.00
5-00 5-02 5-04 5-06 5-08 5-10 6-00 6-02 6-03.50		
PPP PPP PPP PPP O O O XXO XXX		
2 Kinsey-Turner, Sam	12 John Stark	5-08.00
5-00 5-02 5-04 5-06 5-08 5-10		
PPP PPP PPP PPP O XXX		
3 Schultz, Griffin	10 Con-Val	J5-08.00
5-00 5-02 5-04 5-06 5-08 5-10		
PPP PPP XO XXO XXO XXX		
4 Jamison, Ryan	11 Winnacunnet	5-04.00
5-00 5-02 5-04 5-06		
O XO O XXX		
5 Nicoll, Ewan	10 Kingswood	5-02.00
5-00 5-02 5-04		
O XO XXX		

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....Boys High Jump

6 Duarte, Sergio	12 Prospect Mountain	5-00.00
5-00 5-02		
XO XXX		
7 Carpenter, Mack	12 Kingswood	J5-00.00
5-00 5-02		
XXO XXX		

Boys Long Jump

Name	Year	School	Finals
1 Walker, David	11	Inter-Lakes	21-10.00
21-03 21-10 21-02.75 20-04.75 FOUL 19-06			
2 Glidden, Dennis	12	Raymond	19-10.50
18-00 19-03.50 18-11.25 17-07 19-10.50 18-09.50			
3 Sanchez, Breyden	11	Sanborn Regional	19-04.50
18-03.50 19-04.25 18-00.50 19-04.50 18-07 18-10.75			
4 Scarpa, Domenic	9	Prospect Mountain	18-11.25
16-07.25 18-10.75 18-11.25 17-10 18-05 18-08.50			
5 Kersten-Guiler, Thoren	12	Exeter	18-03.50
17-10.25 18-01.75 18-03.50 17-11.50 17-05.75 18-03.50			
6 Richards, Landon	11	Inter-Lakes	18-02.75
18-01 18-01.50 17-11.75 16-02.25 FOUL 18-02.75			
7 Smith, Brock	11	Belmont	17-07.75
16-10 17-00 16-08 17-06.50 16-11.25 17-07.75			
8 Bourgeault, Avery	10	Exeter	16-09.50
16-09.50 FOUL FOUL			
9 Zumbach, Ryan	12	Winnacunnet	16-07.75
16-06.50 16-04.25 16-07.75			
10 Roche, Liam	9	Campbell	16-05.00
FOUL FOUL 16-05			
11 Booth, Ari	12	Winnisquam	15-06.75
15-06.75 14-08 14-03.50			
-- Snell, Blake	10	Prospect Mountain	DQ

Boys Shot Put

Name	Year	School	Finals	H#
1 Douzanis, Joel	12	John Stark	49-04.50	2
42-08.50 49-04.50 FOUL 41-11 41-10 FOUL				
2 Wood, Parker	12	Prospect Mountain	48-09.75	2
47-01.50 44-06.50 48-09.75 47-05.50 FOUL FOUL				
3 Diehn, Barnaby	11	Mascoma Valley	48-04.00	2
47-04 45-03.50 48-04 45-11 43-04 FOUL				
4 Bateman, Kellen	12	Exeter	47-09.50	2
47-09.50 45-11.50 45-06.50 47-01.50 44-05.50 47-01.50				
5 Arias, Owen	12	Kennett	46-05.00	2
43-11.50 45-02 FOUL 45-11.75 46-05 43-11				
6 Filteau, Brady	11	Belmont	45-07.00	2
FOUL 45-07 FOUL FOUL FOUL FOUL				
7 Telofski, Maxx	12	Con-Val	44-01.00	2
41-01 42-02.50 44-01 41-00 43-10.50 42-09.50				

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8 Spooner, Grant	11 John Stark	42-11.75	2
42-11.75 36-02 40-05.50 FOUL 42-02.50 41-10			
9 Hill, Logan	11 Monadnock	42-05.00	1
39-03 40-01.50 42-05			
10 Rivera, Ethan	11 Belmont	41-10.50	2
41-10.50 FOUL 41-04.50			
11 Heichlinger, Zachery	11 Pembroke	40-01.00	1
40-01 37-02.50 39-03.50			
12 Dion, Owen	11 John Stark	39-08.00	2
36-07 35-00.50 39-08			
13 Myers, Colin	11 Mascoma Valley	39-04.00	2
FOUL FOUL 39-04			
14 Hopkins, Andrew	12 Monadnock	37-03.00	1
35-06 37-03 35-09			
15 Johnson, Morly	10 Con-Val	35-10.50	1
35-10.50 FOUL FOUL			
16 Culver, Emerick	9 Kennett	35-08.50	1
34-10 35-08.50 32-11			
17 OConnor, Evan	11 Campbell	35-01.00	1
33-08.50 35-01 33-04			
18 Carignan, Ayden	11 Prospect Mountain	33-03.00	1
FOUL 32-10.75 33-03			
19 Higgins, Owen	12 Monadnock	32-02.50	1
FOUL 32-02.50 29-04.50			
20 Hornbeck, Jason	11 Portsmouth C	31-07.50	1
29-10.50 31-07.50 31-00.50			
21 Sheehan, Evan	10 Newmarket	30-01.50	1
FOUL 29-01.50 30-01.50			