

NH Indoor Track League
UNH Morning Session
Paul Sweet Oval - 1/26/2025
Results

Girls 55 Meter Dash
Top 6 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1 Lacasse, Ava	11	Belmont	7.69q	1
2 Sawyer, Macy	10	Gilford	7.76q	2
3 Bradley, Maeve	10	Hanover	7.81q	5
4 Martin, Anna	10	Trinity	7.82q	1
5 Rapoza, Kylie	12	Kingswood	7.91q	3
6 Carty, Elizabeth	10	Oyster River	7.92q	7
7 Lutz, Jenney	12	Lebanon	7.93	4 7.927
8 Lovely, Maddox	12	Newport	7.93	7 7.928
9 Lopashanski, Piper	12	Kennett	7.94	6
10 Faria, Juliet	11	Kearsarge	7.95	2
11 Baumgardt, Avery	11	Oyster River	7.97	4 7.964
12 Young, Hannah	11	Belmont	7.97	5 7.970
13 McNicholas, Maeve	11	Oyster River	8.04	1 8.031
14 Yu, Amanda	12	Oyster River	8.04	3 8.036
15 Allen, Sarah	12	Bishop Brady	8.08	6
16 Belisle, Lily	12	Kingswood	8.10	2 8.095
17 Shirley, Paige	9	Hollis/Brookline	8.10	1 8.098
18 Despres, Camdyn	12	Bishop Brady	8.11	5
19 Watson, Talia	12	Belmont	8.13	3 8.121
20 Hawley, Katelyn	10	Hollis/Brookline	8.13	6 8.128
21 Ghosh, Aryana	10	Souhegan	8.14	1 8.132
22 Hutt, Caterina	11	Portsmouth C	8.14	7 8.139
23 Kaur, Banipreet	10	Lebanon	8.15	2
24 Sullivan, Aoife	10	Oyster River	8.18	2 8.174
24 Eliessetch, Javiera	9	Kearsarge	8.18	5 8.174
26 Kearney, Evelyn	10	Oyster River	8.29	4
27 Thibault, Adrienne	10	Hollis/Brookline	8.30	7
28 Lorenz, Katie	11	John Stark	8.32	6
29 Mercier, Kaiya	10	Oyster River	8.33	6 8.327
30 Frechette, Isabelle	12	Kennett	8.33	3 8.328
31 Nield, Lila	10	Oyster River	8.33	5 8.330
32 Beamer, Zendaya	10	Souhegan	8.37	7 8.361
33 Swenson, Lou	9	Hanover	8.37	1 8.370
34 Ward, Livia	9	Hollis/Brookline	8.44	4
35 Williams, Denessa	11	Winnisquam	8.47	4
36 Fay, Shannon	10	Kennett	8.59	7
37 Waters, Addison	10	Epping	8.65	6
-- Monahan, Bea	9	Portsmouth C	FS	4

Girls 55 Meter Dash

Name	Year	School	Finals
Finals			
1 Lacasse, Ava	11	Belmont	7.64
2 Bradley, Maeve	10	Hanover	7.67
3 Sawyer, Macy	10	Gilford	7.72
4 Rapoza, Kylie	12	Kingswood	7.80
5 Martin, Anna	10	Trinity	7.87
6 Carty, Elizabeth	10	Oyster River	7.95

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Girls 300 Meter Dash

Name	Year	School	Finals	H#
1 Sawyer, Macy	10	Gilford	43.41	9
2 Rapoza, Kylie	12	Kingswood	44.19	9
3 Lutz, Jenney	12	Lebanon	45.24	8
4 Monahan, Bea	9	Portsmouth C	45.93	6
5 Dow, Grace	11	Hollis/Brookline	46.05	9
6 Lovely, Maddox	12	Newport	46.09	8
7 Carty, Elizabeth	10	Oyster River	46.28	8
8 Tomany, Hanna	12	Sanborn Regional	46.49	7
9 Kearney, Evelyn	10	Oyster River	47.21	6
10 Faria, Juliet	11	Kearsarge	47.26	3
11 Sullivan, Aoife	10	Oyster River	47.28	3
12 Williams, Denessa	11	Winnisquam	47.41	7
13 Bell, Alice	10	Hanover	47.46	5
14 Martin, Anna	10	Trinity	47.93	2
15 Collins, Poppy	12	Hanover	48.01	5
16 Nield, Lila	10	Oyster River	48.02	1
17 Ward, Livia	9	Hollis/Brookline	48.15	4
18 Raynes, Riley	10	Kearsarge	48.16	5
19 Allen, Sarah	12	Bishop Brady	48.22	7
20 Thibault, Adrienne	10	Hollis/Brookline	48.32	1
21 Lorenz, Katie	11	John Stark	48.35	4
22 Flagg, Vita	9	Bow	48.41	1
23 Wani, Destiny	12	Trinity	48.60	2
24 Sherrill, Ruthie	10	Portsmouth C	48.68	2
25 Rogers, Nora	11	Oyster River	48.81	4 48.802
26 Hawley, Katelyn	10	Hollis/Brookline	48.81	6 48.807
27 Despres, Camdyn	12	Bishop Brady	49.37	3
28 Shirley, Paige	9	Hollis/Brookline	50.82	7
29 Hutt, Caterina	11	Portsmouth C	50.90	8

Girls 600 Meter Run

Name	Year	School	Finals	H#
1 Pawlowski, Hannah	12	Bow	1:41.75	5
2 O'Shea, Kaitlin	11	Mascenic Regional	1:44.31	5
3 Tschida, Kara	12	Goffstown	1:45.10	4
4 Lopashanski, Piper	12	Kennett	1:45.15	5
5 Coates, Rylee	9	Milford	1:47.66	5
6 Adair, Whitney	11	Con-Val	1:50.02	4
7 Geddes, Madison	12	Merrimack Valley	1:50.15	5
8 Spack, Sydney	11	Merrimack Valley	1:50.55	4
9 Deeb, Aria	10	Hanover	1:51.72	5
10 Houde, Rose	11	Goffstown	1:53.18	3
11 Bergin, Annika	12	Hollis/Brookline	1:53.47	4
12 Cornaro, Isabella	12	Milford	1:54.07	3
13 Green, Audrie	12	Hollis/Brookline	1:54.38	3
14 Winther, Elsa	11	John Stark	1:54.70	4
15 Houde, Grace	11	Goffstown	1:55.17	4
16 Carter, Catriona	12	Milford	1:55.39	2
17 Lemire, Rylie	9	Campbell	1:55.58	3
18 Flanagan, Brianna	11	Campbell	1:56.79	2

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....Girls 600 Meter Run

19 Smith, Brighton	11 Souhegan	1:57.89	3
20 Brewitt, Ellie	10 Raymond	1:58.91	3
21 Robb, Kaiden	11 Winnisquam	2:00.01	2
22 Ridings, Caroline	9 Souhegan	2:00.34	1
23 Barlow, Anna	11 Sanborn Regional	2:00.75	1
24 Southworth, Grace	10 Gilford	2:01.42	1
25 Hubbard, Reanne	9 Bow	2:02.02	2
26 Short, Emma	9 Monadnock	2:02.71	2
27 Hooper, Emry	12 Newport	2:03.49	2
28 Bauer, Sarah	11 Hollis/Brookline	2:04.40	1
29 Kaur, Jaskirat	11 Lebanon	2:05.18	1
30 Davidson, Kendra	12 Merrimack Valley	2:09.92	1

Girls 1000 Meter Run

Name	Year School	Finals	H#
1 Reardon, Molly	11 Hollis/Brookline	3:16.42	2
2 Hou, Julia	11 Bow	3:18.59	2
3 Chasse, Anna	10 John Stark	3:20.35	2
4 Latulippe, Annaliese	9 Portsmouth C	3:21.88	2
5 Jordan, Alyssa	11 Goffstown	3:27.51	2
6 Stewart, Elizabeth	7 Portsmouth C	3:28.37	2
7 Martin, Addison	10 Pelham	3:28.56	2
8 Barnard, Rylee	11 John Stark	3:32.11	1
9 Stewart, Grace	10 Hanover	3:32.15	1
10 Duncan, Calleigh	9 Campbell	3:40.92	1
11 Goldberg, Sadie	11 Oyster River	3:41.86	1
12 Smith, Sarah	11 Lebanon	3:44.82	2
13 Barriere, Kayla	11 John Stark	3:45.43	1
14 Foden, Isabel	10 Trinity	3:47.45	2
15 Jefferson, Reagan	10 Merrimack Valley	3:52.16	2
16 Stern, Natalie	9 Hollis/Brookline	3:53.33	1
17 DiVirgilio, Etta	9 Hollis/Brookline	3:54.16	1
18 Curley, Brenna	9 Hollis/Brookline	3:57.44	1
19 Dunsmoor, Lucia	9 Hollis/Brookline	3:57.61	1
20 Mormando, Lily	10 Conant	3:58.05	1

Girls 1500 Meter Run

Name	Year School	Finals
1 Cook, Madelyn	10 Oyster River	5:12.59
2 Stocker, Kaitlyn	11 Sanborn Regional	5:15.38
3 O'Shea, Erin	11 Mascenic Regional	5:16.13
4 Unger, Leah	9 Raymond	5:17.45
5 Bergeron, Caitrin	9 Pembroke	5:20.17
6 Butler, Mae	11 Hollis/Brookline	5:26.09
7 Houle, Jahrie	11 Oyster River	5:36.16
8 Silliman, Anna	11 Kennett	5:36.65
9 Mooney, Madelyn	10 Souhegan	5:45.36
10 Hardy, Quinn	11 Hollis/Brookline	5:53.53
11 Nickerson, Gabby	12 Portsmouth C	5:56.35
12 Davis, Kelsie	10 Kingswood	6:03.24

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Girls 55 Meter Hurdles
Top 6 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1 Baumgardt, Avery	11	Oyster River	9.20q	1
2 Milley, Ava	11	Pelham	9.38q	3
3 Dow, Grace	11	Hollis/Brookline	9.55q	2
4 Pelletier, Norah	10	Kingswood	9.77q	4
5 Takantjas, Adeline	12	Belmont	9.92q	4
6 Flagg, Vita	9	Bow	10.27q	3
7 Aguiar, Emily	10	Gilford	10.28	2
8 Rogers, Nora	11	Oyster River	10.31	3
9 DiMambro, Heidi	11	Souhegan	10.49	4
10 Bristol, Delilah	9	Sanborn Regional	10.52	1
11 Waters, Addison	10	Epping	10.58	1
12 Brown, Alexis	10	Pembroke	10.63	3 10.622
13 Higgins, Kristen	10	Lebanon	10.63	4 10.624
14 Bureau, Autumn	9	Bow	10.64	2
15 Tapley, Emma	10	Souhegan	10.82	3
16 Cornaro, Isabella	12	Milford	10.87	4 10.869
16 McLeod, Sadie	11	Oyster River	10.87	2 10.869
18 Downes, Sophia	9	Laconia	10.99	2
19 Horak, Rachel	10	Lebanon	11.13	1
20 Henrichsen, Daphne	9	Kearsarge	11.21	4
21 Wooster, Kendra	12	Conant	11.41	3
22 Monahan, Bea	9	Portsmouth C	13.03	1
23 Ouellette, Jennifer	9	Campbell	13.62	2

Girls 55 Meter Hurdles

Name	Year	School	Finals
Finals			
1 Dow, Grace	11	Hollis/Brookline	8.83
2 Baumgardt, Avery	11	Oyster River	9.06
3 Milley, Ava	11	Pelham	9.35
4 Pelletier, Norah	10	Kingswood	9.47
5 Takantjas, Adeline	12	Belmont	9.77
6 Flagg, Vita	9	Bow	10.24

Girls 4x160 Meter Relay

School	Finals	H#
1 Belmont	1:29.81	7
2 Hollis/Brookline	1:30.03	6
3 Oyster River	1:30.17	7
4 Kennett	1:30.20	6
5 Portsmouth Christian	1:34.04	5
6 Souhegan	1:34.19	5
7 Lebanon	1:34.38	1
8 Goffstown	1:36.51	3
9 Trinity	1:37.55	1
10 Winnisquam	1:37.88	2

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....Girls 4x160 Meter Relay

11 Kearsarge	1:38.23	1
12 Merrimack Valley	1:38.38	2
13 Sanborn Regional	1:38.43	4
14 Campbell	1:39.95	3
15 Pelham	1:41.69	4

Girls 4x400 Meter Relay

School	Finals	H#
1 Hanover	4:30.53	3
2 Hollis/Brookline	4:33.02	3
3 Belmont	4:33.81	2
4 Milford	4:34.86	3
5 Bow	4:38.36	2
6 Portsmouth Christian	4:39.81	2
7 Gilford	4:40.63	2
8 John Stark	4:42.53	1
9 Oyster River	4:44.28	3
10 Souhegan	4:50.41	1
11 Pelham	4:50.93	1
12 Lebanon	4:52.55	3
13 Kearsarge	4:59.01	2
14 Monadnock	5:03.02	1
15 Kennett	5:06.76	1

Girls 4x800 Meter Relay

School	Finals
1 Oyster River	10:02.76
2 Goffstown	10:44.88
3 Portsmouth Christian	11:13.93
4 Sanborn Regional	11:53.26
5 Kennett	12:17.99
6 Belmont	12:33.16

Girls High Jump

Name	Year School	Finals
1 Lauder, Eshaya	12 Manchester West	4-09.00
4-03 4-05 4-07 4-09 4-11		
PPP O XO O XXX		
2 Wilson, Camden	10 Bow	J4-09.00
4-03 4-05 4-07 4-09 4-11		
PPP O O XXO XXX		
3 Swanson, Anora	10 Souhegan	J4-09.00
4-03 4-05 4-07 4-09 4-11		
O O XO XXO XXX		
4 Tomany, Hanna	12 Sanborn Regional	4-07.00
4-03 4-05 4-07 4-09		
PPP XO O XXX		

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....Girls High Jump

5	Eliessetch, Javiera	9 Kearsarge	J4-07.00
	4-03 4-05 4-07 4-09		
	O XXO XXO XXX		
6	Bristol, Delilah	9 Sanborn Regional	4-05.00
	4-03 4-05 4-07 4-09 4-11		
	O O PPP PPP XXX		
6	O'Meara, Keegan	9 Bow	4-05.00
	4-03 4-05 4-07		
	O O XXX		
8	Blake, Jasmine	11 Pembroke	4-03.00
	4-03 4-05		
	O XXX		
8	Ryan, Aleah	12 Bishop Brady	4-03.00
	4-03 4-05		
	O XXX		
10	Barnes, Hailey	11 Manchester West	J4-03.00
	4-03 4-05		
	XO XXX		
10	Hubbard, Reanne	9 Bow	J4-03.00
	4-03 4-05		
	XO XXX		
12	Feng, Arwen	11 Hollis/Brookline	J4-03.00
	4-03 4-05		
	XXO XXX		
12	Raynes, Riley	10 Kearsarge	J4-03.00
	4-03 4-05		
	XXO XXX		
--	Leonard, Jordyn	9 Bow	NH
	4-03		
	XXX		
--	Paris, Ellie	10 Sanborn Regional	NH
	4-03		
	XXX		

Girls Long Jump

Name	Year	School	Finals	H#
1 Lauder, Eshaya	12	Manchester West	16-04.25	2
	16-02.50	16-00.25	16-00.25 16-02 16-04.25	FOUL
2 Baumgardt, Avery	11	Oyster River	15-10.25	2
	15-10.25	15-08.75	FOUL 15-05.25	FOUL FOUL
3 Pelletier, Norah	10	Kingswood	15-04.25	2
	15-03.75	15-04.25	14-05.50 14-09.50	13-11 15-01
4 Bureau, Autumn	9	Bow	15-00.00	1
	14-06	10-09.50	15-00 14-03.75	FOUL FOUL
5 Silliman, Autumn	9	Kennett	14-11.00	2
	FOUL	14-07 14-11	14-01.75 14-00.75	14-08.25
6 Swanson, Anora	10	Souhegan	14-10.50	2
	13-03	14-10.50	13-11.50	
7 Martin, Anna	10	Trinity	14-08.50	1
	13-09.25	14-08.50	13-09	
8 Allen, Sarah	12	Bishop Brady	14-07.00	2
	FOUL	13-06.75	14-07 13-01	13-04.50 13-04.50

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....Girls Long Jump

9	Wani, Destiny	12	Trinity	14-06.50	1
	13-03.25 14-06.50 14-03.50				
10	Lutz, Jenney	12	Lebanon	14-04.25	2
	13-05.75 14-04.25 14-02.75				
11	Bouchard, Sophia	12	Trinity	14-03.25	1
	14-03.25 14-02.25 14-00.50				
12	Barrington, Hannah	10	Merrimack Valley	13-11.50	1
	FOUL 13-11.50 FOUL				
13	Eliessetch, Javiera	9	Kearsarge	13-06.00	1
	13-01.50 13-06 12-11.75				
14	Hutt, Caterina	11	Portsmouth C	13-05.25	2
	FOUL 13-05.25 FOUL				
15	Ryan, Aleah	12	Bishop Brady	13-04.00	2
	FOUL 13-04 12-08				
16	Nyhan, Teagan	10	Pembroke	12-10.25	1
	12-07.25 FOUL 12-10.25				
17	Tyler, Leticia	9	Manchester West	11-09.25	1
	11-09.25 11-07.50				
--	Downes, Sophia	9	Laconia	FOUL	1
	FOUL FOUL FOUL				

Girls Shot Put

=====									
Name		Year School				Finals		H#	
=====									
1	Donohue, Madelyn	11	Raymond				34-01.50	2	
	33-02.75 34-01.50 32-04.75 27-08 32-05 32-04								
2	Dixon, Callie	11	Newport				31-01.00	2	
	31-01 29-04.75 28-07.25 29-03.50 FOUL 30-03.75								
3	Keller, Addison	12	Pelham				30-02.00	2	
	28-05.50 25-02.50 27-09.50 26-07 30-02 27-08								
4	Panza, Gianna	11	Merrimack Valley				29-06.50	2	
	26-08.75 27-11 29-06.50 27-11.25 25-11.25 27-07.25								
5	Hidalgo, Bridgette	12	Campbell				27-08.75	2	
	23-07.25 24-02.50 27-08.75 25-08.75 27-07.50 27-05.50								
6	Tonkin, Ava	12	Belmont				26-07.75	1	
	26-07.75 25-03.25 26-05.25 26-00.75 25-06.75 25-08.25								
7	Weber, Caroline	11	Lebanon				26-06.75	1	
	25-11 24-09.50 26-06.25 25-02.50 26-06.75 26-02.25								
8	Murphy, Makenna	10	Sanborn Regional				26-02.25	1	
	23-03 24-04 26-02.25 24-08.25 25-03.75 24-02.75								
9	Lamb, Gabrielle	12	Kearsarge				25-02.75	1	
	22-08 25-02.75 23-06								
10	Wishart, Cam	12	St. Thomas Aquinas				25-00.75	2	
	23-05.50 24-11.50 25-00.75								
11	Dunlop, Anabella	9	Merrimack Valley				25-00.50	2	
	24-09 24-08 25-00.50								
12	Cuddy, Laura	12	Goffstown				25-00.25	2	
	23-01.75 25-00.25 24-04.50								
13	Witham, Jazmine	10	Prospect Mountain				24-02.75	1	
	19-00.25 22-10.50 24-02.75								
14	Fay, Shannon	10	Kennett				21-09.25	1	
	20-06.50 21-05.50 21-09.25								

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....Girls Shot Put

15	Dunsmoor, Lucia	9	Hollis/Brookline	21-04.75	1
	FOUL	21-04.75	20-08.50		