

NH Indoor Track League
UNH Morning Session
Paul Sweet Oval - 2/1/2025
Results

Girls 55 Meter Dash**Top 6 Advance by Time**

Name	Year	School	Prelims	H#
Preliminaries				
1 Brayall, Nora	11	Pinkerton	7.65q	1
2 Lacasse, Ava	11	Belmont	7.75q	2
3 Rapoza, Kylie	12	Kingswood	7.77q	3
4 Milks, Carolyn	11	Portsmouth	7.78q	5 7.774
5 Sawyer, Macy	10	Gilford	7.78q	4 7.778
6 Milks, Laura	11	Portsmouth	7.79q	6
7 Tetreault, Samantha	12	Pelham	7.83	8
8 Lovely, Maddox	12	Newport	7.84	5
9 Dart, Oriannah	10	Souhegan	7.86	6
10 McNulty, Camryn	10	Pinkerton	7.90	7
11 Carty, Elizabeth	10	Oyster River	7.92	7
12 Carter, Ella	11	Portsmouth	7.96	3 7.957
13 Faria, Juliet	11	Kearsarge	7.96	4 7.960
14 Coleman, Katie	10	Pinkerton	7.97	2
15 Martin, Anna	10	Trinity	7.98	8
16 Lutz, Jenney	12	Lebanon	7.99	3 7.990
16 Silva, Bailey	10	Pinkerton	7.99	5 7.990
18 Young, Hannah	11	Belmont	8.00	1
19 Sippel, Isabella	11	Pinkerton	8.02	4
20 Belisle, Lily	12	Kingswood	8.03	6
21 Kaur, Banipreet	10	Lebanon	8.04	4
22 McNicholas, Maeve	11	Oyster River	8.06	8
23 Allen, Sarah	12	Bishop Brady	8.10	4
24 Hawley, Katelyn	10	Hollis/Brookline	8.12	1
25 Yu, Amanda	12	Oyster River	8.15	2 8.141
26 Watson, Talia	12	Belmont	8.15	8 8.143
27 Hutt, Caterina	11	Portsmouth C	8.17	2
28 Sullivan, Aoife	10	Oyster River	8.18	5
29 Nield, Lila	10	Oyster River	8.20	6
30 Despres, Camdyn	12	Bishop Brady	8.21	6
31 Salmons, Adelynn	12	Portsmouth C	8.22	8
32 Eliessetch, Javiera	9	Kearsarge	8.24	2 8.235
33 Perkins, Brenna	9	Portsmouth	8.24	1 8.236
34 Monahan, Bea	9	Portsmouth C	8.27	7 8.268
35 Thibault, Adrienne	10	Hollis/Brookline	8.27	3 8.269
36 Ward, Livia	9	Hollis/Brookline	8.31	6 8.304
37 Kearney, Evelyn	10	Oyster River	8.31	1 8.308
38 Swenson, Lou	9	Hanover	8.32	5 8.314
38 Mercier, Kaiya	10	Oyster River	8.32	3 8.314
40 Ghosh, Aryana	10	Souhegan	8.42	3
41 Waters, Addison	10	Epping	8.47	8
42 Fay, Shannon	10	Kennett	8.53	7
43 McLeod, Sadie	11	Oyster River	8.68	4

Girls 55 Meter Dash

Name	Year	School	Finals
Finals			
1 Lacasse, Ava	11	Belmont	7.54

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2 Brayall, Nora	11 Pinkerton	7.55
3 Milks, Carolyn	11 Portsmouth	7.62
4 Rapoza, Kylie	12 Kingswood	7.70
5 Milks, Laura	11 Portsmouth	7.73
6 Sawyer, Macy	10 Gilford	7.85

Girls 300 Meter Dash

Name	Year	School	Finals	H#
1 Sawyer, Macy	10	Gilford	43.22	12
2 Lacasse, Ava	11	Belmont	43.66	12
3 Rapoza, Kylie	12	Kingswood	44.19	12
4 Sippel, Isabella	11	Pinkerton	44.42	11
5 Pawlowski, Hannah	12	Bow	44.54	10
6 Baryames, Alexa	11	Portsmouth	44.81	8
7 Coates, Rylee	9	Milford	44.82	2
8 Lutz, Jenney	12	Lebanon	44.96	9
9 McNulty, Camryn	10	Pinkerton	44.99	9
10 Milks, Carolyn	11	Portsmouth	45.04	10
11 Carty, Elizabeth	10	Oyster River	45.30	10
12 Lovely, Maddox	12	Newport	45.39	8
13 Silva, Bailey	10	Pinkerton	45.40	11
14 Brayall, Nora	11	Pinkerton	45.49	7
15 Milley, Ava	11	Pelham	45.60	8
16 Dow, Grace	11	Hollis/Brookline	45.66	11
17 Williams, Denessa	11	Winnisquam	46.02	6
18 Carter, Ella	11	Portsmouth	46.30	7
19 Milks, Laura	11	Portsmouth	46.47	6
20 Tomany, Hanna	12	Sanborn Regional	46.51	6
21 Monahan, Bea	9	Portsmouth C	46.64	7
22 Patterson, Lily	11	Portsmouth	46.72	5
23 Kearney, Evelyn	10	Oyster River	47.37	5
24 Hawley, Katelyn	10	Hollis/Brookline	47.39	5
25 Cubero, Gabriella	11	Kennett	47.45	4
26 Raynes, Riley	10	Kearsarge	47.66	4 47.651
27 Faria, Juliet	11	Kearsarge	47.66	4 47.655
28 Nield, Lila	10	Oyster River	47.81	2
29 Sullivan, Aoife	10	Oyster River	48.05	3
30 Flagg, Vita	9	Bow	48.20	1
31 Rogers, Nora	11	Oyster River	48.44	3
32 Lorenz, Katie	11	John Stark	49.02	3
33 Despres, Camdyn	12	Bishop Brady	49.10	2
34 Salmons, Adelynn	12	Portsmouth C	49.51	1
35 Swenson, Lou	9	Hanover	49.96	1

Girls 600 Meter Run

Name	Year	School	Finals	H#
1 Pawlowski, Hannah	12	Bow	1:41.66	4
2 Rzasas, Sarah	11	Pinkerton	1:41.92	4
3 Houghton, Maddy	11	Portsmouth	1:45.18	4
4 Lopashanski, Piper	12	Kennett	1:46.69	4

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5 Vinciguerra, Ginger	11 Portsmouth	1:48.83	4
6 Adair, Whitney	11 Con-Val	1:48.84	4
7 Geddes, Madison	12 Merrimack Valley	1:49.19	3
8 Cornaro, Isabella	12 Milford	1:53.62	3
9 Spack, Sydney	11 Merrimack Valley	1:54.00	3
10 Pekalsky, Addie	9 Raymond	1:54.62	3
11 Winther, Elsa	11 John Stark	1:55.04	3
12 Green, Audrie	12 Hollis/Brookline	1:55.32	2
13 Lemire, Rylie	9 Campbell	1:55.83	2
14 Houde, Rose	11 Goffstown	1:55.85	3
15 Flanagan, Brianna	11 Campbell	1:56.13	2
16 Carter, Catriona	12 Milford	1:56.25	2
17 Short, Emma	9 Monadnock	1:56.83	1
18 Ryan, Leah	11 St. Thomas Aquinas	1:59.70	2
19 Collins, Poppy	12 Hanover	1:59.72	2
20 Robb, Kaiden	11 Winnisquam	1:59.77	2
21 O'Meara, Keegan	9 Bow	2:01.95	1
22 Clairmont, Hailey	11 Belmont	2:04.73	1
23 Hubbard, Reanne	9 Bow	2:04.85	1
24 Lhermitte, Clemence	12 Belmont	2:05.04	1
25 Davidson, Kendra	12 Merrimack Valley	2:08.55	1
26 Stich, Abigail	12 Epping	2:09.40	1
27 Kaur, Jaskirat	11 Lebanon	2:09.90	1
28 Bauer, Sarah	11 Hollis/Brookline	2:11.01	1

Girls 1000 Meter Run

Name	Year School	Finals	H#
1 Kavanagh, Haley	12 Oyster River	2:57.85	5
2 Tschida, Kara	12 Goffstown	3:12.19	5
3 Folsom, Susannah	10 Pinkerton	3:12.74	4
4 Bedard, Gabrielle	11 Pinkerton	3:14.12	5
5 Cook, Madelyn	10 Oyster River	3:15.92	5
6 Knowlton, Parker	11 Pinkerton	3:16.05	5
7 Marzolf, Kalisan	11 Pinkerton	3:16.58	5
8 Reardon, Molly	11 Hollis/Brookline	3:18.55	4
9 Chasse, Anna	10 John Stark	3:18.57	4
10 Deeb, Aria	10 Hanover	3:19.27	5
11 Hou, Julia	11 Bow	3:20.78	4
12 Thurlow, Sophie	10 Sanborn Regional	3:25.24	4
13 Latulippe, Annaliese	9 Portsmouth C	3:27.95	4
14 Martin, Addison	10 Pelham	3:27.99	3
15 O'Shea, Kaitlin	11 Mascenic Regional	3:29.46	5
16 Houle, Jahrie	11 Oyster River	3:31.11	2
17 Campbell, Kelsey	11 Portsmouth	3:32.14	4
18 Ryan, Jenny	9 Portsmouth	3:33.69	2
19 Goldberg, Sadie	11 Oyster River	3:35.88	2
20 Brewitt, Ellie	10 Raymond	3:35.93	3
21 Davis, Kelsie	10 Kingswood	3:40.54	1
22 Foden, Isabel	10 Trinity	3:41.16	3
23 Duncan, Calleigh	9 Campbell	3:41.20	2
24 Johnson, Bridget	9 Pinkerton	3:41.44	2
25 Houde, Grace	11 Goffstown	3:42.32	3

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26 Barlow, Anna	11 Sanborn Regional	3:42.38	3
27 Smith, Brighton	11 Souhegan	3:42.63	2
28 Barnard, Rylee	11 John Stark	3:43.01	3
29 Jefferson, Reagan	10 Merrimack Valley	3:43.32	3
30 Ridings, Caroline	9 Souhegan	3:45.67	1
31 Stern, Natalie	9 Hollis/Brookline	3:46.64	1
32 Mormando, Lily	10 Conant	3:46.76	1
33 DiVirgilio, Etta	9 Hollis/Brookline	3:47.56	1
34 Barriere, Kayla	11 John Stark	3:54.36	2
35 Dunsmoor, Lucia	9 Hollis/Brookline	3:59.07	1
36 Baca, Emily	10 Merrimack Valley	3:59.61	1
37 Philipp, Samantha Priya	11 Pinkerton	4:06.41	3
-- Baker, Layla	11 Prospect Mountain	DNF	2

Girls 1500 Meter Run

Name	Year School	Finals	H#
1 O'Shea, Erin	11 Mascenic Regional	5:11.19	2
2 Stocker, Kaitlyn	11 Sanborn Regional	5:12.75	2
3 Unger, Leah	9 Raymond	5:14.82	2
4 Bergeron, Caitrin	9 Pembroke	5:19.22	2
5 LeBlanc, Althea	12 Pinkerton	5:24.72	1
6 Stewart, Elizabeth	7 Portsmouth C	5:26.29	1
7 Butler, Mae	11 Hollis/Brookline	5:27.60	2
8 Silliman, Anna	11 Kennett	5:28.17	1
9 Stewart, Grace	10 Hanover	5:29.22	2
10 Mohammed, Ava	12 Pinkerton	5:32.32	2
11 Carter, Chloe	10 Portsmouth	5:33.63	1
12 Mooney, Madelyn	10 Souhegan	5:43.03	1
13 Anderson, Jacklyn	12 Hanover	5:55.73	1
14 Hardy, Quinn	11 Hollis/Brookline	5:55.99	1

Girls 55 Meter Hurdles**Top 6 Advance by Time**

Name	Year School	Prelims	H#
Preliminaries			
1 Dow, Grace	11 Hollis/Brookline	8.90q	1
2 Milley, Ava	11 Pelham	9.39q	2
3 Flynn, Molly	10 Portsmouth	9.41q	3
4 Wheale, Mollie	11 Pinkerton	9.60q	4
5 Takantjas, Adeline	12 Belmont	9.96q	5
6 Bancroft, Jocelyn	12 Portsmouth	10.08q	1
7 Howell, Mary	12 Souhegan	10.12	4
8 Rogers, Nora	11 Oyster River	10.14	5
9 Waters, Addison	10 Epping	10.21	4
10 Aguiar, Emily	10 Gilford	10.29	2
11 DiMambro, Heidi	11 Souhegan	10.33	3
12 Bureau, Autumn	9 Bow	10.35	1
13 Higgins, Kristen	10 Lebanon	10.36	2 10.353
14 Perkins, Brenna	9 Portsmouth	10.36	5 10.357
15 Downes, Sophia	9 Laconia	10.43	3

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16 Beliveau, Ayris	12 John Stark	10.49	5
17 Bristol, Delilah	9 Sanborn Regional	10.51	1 10.502
17 Flag, Vita	9 Bow	10.51	2 10.502
19 Fauteux, Emily	12 Bow	10.73	3
20 Brown, Alexis	10 Pembroke	10.75	4
21 Cornaro, Isabella	12 Milford	10.88	4
22 McLeod, Sadie	11 Oyster River	10.95	1
23 Henrichsen, Daphne	9 Kearsarge	10.99	5 10.984
23 Ouellette, Jennifer	9 Campbell	10.99	3 10.984
25 Tapley, Emma	10 Souhegan	11.18	1

Girls 55 Meter Hurdles

Name	Year School	Finals
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Finals

1 Dow, Grace	11 Hollis/Brookline	8.84
2 Milley, Ava	11 Pelham	9.22
3 Wheale, Mollie	11 Pinkerton	9.52
4 Flynn, Molly	10 Portsmouth	9.55
5 Takantjas, Adeline	12 Belmont	9.78
6 Bancroft, Jocelyn	12 Portsmouth	10.06

Girls 4x800 Meter Relay

School	Finals	H#
1 Pinkerton	10:32.86	2
2 Portsmouth	10:39.82	2
3 Goffstown	10:52.65	2
4 John Stark	10:57.23	1
5 Hollis/Brookline	11:00.19	2
6 Hanover	11:05.46	2
7 Souhegan	11:16.07	1
8 Kennett	11:30.76	1
9 Campbell	11:47.01	1
10 Portsmouth Christian	11:55.39	2
11 Bow	12:01.23	1

Girls High Jump

Name	Year School	Finals
1 Tomany, Hanna	12 Sanborn Regional	4-10.00
4-02 4-04 4-06 4-08 4-10 5-00		
P O O O XO XXX		
2 Wilson, Camden	10 Bow	J4-10.00
4-02 4-04 4-06 4-08 4-10 5-00		
P O O XO XO XXX		
3 O'Meara, Keegan	9 Bow	4-08.00
4-02 4-04 4-06 4-08 4-10		
O O O XO XXX		

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3 Monahan, Bea	9 Portsmouth C	4-08.00
4-02 4-04 4-06 4-08 4-10		
O O O XO XXX		
3 Flynn, Molly	10 Portsmouth	4-08.00
4-02 4-04 4-06 4-08 4-10		
P P P XO XXX		
6 Lander, Emma	10 Portsmouth	J4-08.00
4-02 4-04 4-06 4-08 4-10		
P P XO XO XXX		
6 Sippel, Isabella	11 Pinkerton	J4-08.00
4-02 4-04 4-06 4-08 4-10		
P O XO XO XXX		
8 Bristol, Delilah	9 Sanborn Regional	4-06.00
4-02 4-04 4-06 4-08		
O O O XXX		
9 Fauteux, Emily	12 Bow	J4-06.00
4-02 4-04 4-06 4-08		
XO O O XXX		
10 Swanson, Anora	10 Souhegan	J4-06.00
4-02 4-04 4-06 4-08		
O O XXO XXX		
11 Blake, Jasmine	11 Pembroke	4-04.00
4-02 4-04 4-06		
O O XXX		
12 Eliessetch, Javiera	9 Kearsarge	J4-04.00
4-02 4-04 4-06		
XO XO XXX		
13 Paris, Ellie	10 Sanborn Regional	4-02.00
4-02 4-04		
O XXX		
13 Feng, Arwen	11 Hollis/Brookline	4-02.00
4-02 4-04		
O XXX		
13 Raynes, Riley	10 Kearsarge	4-02.00
4-02 4-04		
O XXX		
16 Ryan, Aleah	12 Bishop Brady	J4-02.00
4-02 4-04		
XXO XXX		
-- Leonard, Jordyn	9 Bow	NH
4-02		
XXX		
-- Hubbard, Reanne	9 Bow	NH
4-02		
XXX		

Girls Long Jump

Name	Year	School	Finals	H#
1 Coleman, Katie	10	Pinkerton	16-06.25	2
14-07.25 11-04.75 15-03.50 14-07.75 14-11.50			16-06.25	
2 Swanson, Anora	10	Souhegan	15-08.75	2
FOUL 12-09.75 14-03 15-02 14-10.50 15-08.75				

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....Girls Long Jump

3	Silliman, Autumn	9	Kennett	15-07.25	2
	14-06.50 14-03.75 15-07.25 14-09.25 14-07.25 14-08.50				
4	Allen, Sarah	12	Bishop Brady	15-05.25	2
	14-06.50 14-08.50 15-05.25 13-10.25 14-06.50 FOUL				
5	Wheale, Mollie	11	Pinkerton	15-04.00	2
	15-04 14-00.50 14-07.75 13-09.75 12-06.50 FOUL				
6	Lutz, Jenney	12	Lebanon	15-00.25	2
	14-00.75 15-00.25 14-10.25 14-08 14-06 14-00				
7	Martin, Anna	10	Trinity	14-08.75	2
	13-04.50 12-08.75 14-04.50 12-11.75 13-11.50 14-08.75				
8	Hutt, Caterina	11	Portsmouth C	14-07.75	2
	13-00.50 14-07.75 13-10.25 FOUL 14-06.75 13-05.75				
9	Howell, Mary	12	Souhegan	14-00.25	1
	13-00.50 13-10.50 14-00.25				
10	Barrington, Hannah	10	Merrimack Valley	13-10.50	1
	FOUL 13-10.50 FOUL				
11	Bureau, Autumn	9	Bow	13-09.25	2
	13-09.25 12-05.75 12-07.50				
12	Weiss, Charlotte	10	Bow	13-08.75	1
	13-08.75 FOUL 12-08.75				
13	Downes, Sophia	9	Laconia	13-00.25	1
	12-04.50 FOUL 13-00.25				
14	Nyhan, Teagan	10	Pembroke	12-09.50	1
	11-08.50 12-08 12-09.50				
15	Ryan, Aleah	12	Bishop Brady	12-08.75	1
	12-07.75 12-08.75 12-05.50				
16	Young, Hannah	11	Belmont	12-03.25	1
	11-06 11-11.25 12-03.25				

Girls Shot Put

Name	Year	School	Finals	H#
1 Dixon, Callie	11	Newport	31-06.75	2
	25-06.75 31-01 31-06.75 FOUL 30-08.75 26-00.50			
2 Haggett, Autumn	12	Pinkerton	31-06.50	2
	28-04.50 29-09.25 29-04 31-06.50 29-11.25 28-09.25			
3 Trask, Jameson	12	Pinkerton	31-04.25	2
	31-03 31-04.25 28-10.50 29-09.75 29-11.50 30-06			
4 Wheale, Mollie	11	Pinkerton	30-04.50	2
	27-09.50 30-01.25 29-05.50 30-04.50 28-09.50 27-05			
5 Trefrey, Morgan	9	Laconia	29-11.50	2
	FOUL 28-08.25 27-11.75 27-00.50 28-10.25 29-11.50			
6 Terrenzio, Juliana	12	Pinkerton	28-11.00	2
	28-03.75 28-02.75 26-07.25 FOUL 28-03.75 28-11			
7 Cuddy, Laura	12	Goffstown	28-10.75	1
	28-10.75 26-01.50 24-11.50 25-11.25 23-02.25 26-02.25			
8 Marzolf, Skylar	9	Pinkerton	28-01.75	2
	28-01.75 24-11.75 24-10 FOUL 26-04.75 27-02.25			
9 Wentworth, Emmie	11	Portsmouth	27-11.25	2
	27-03.50 27-11.25 27-07			
10 Hidalgo, Bridgette	12	Campbell	27-07.75	1
	26-11.50 27-07.75 26-09.50			

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11	Dunlop, Anabella	9 Merrimack Valley	26-11.25	2
	26-11.25 26-02.25 FOUL			
12	Lamb, Gabrielle	12 Kearsarge	26-10.75	1
	FOUL 24-11.50 26-10.75			
13	Panza, Gianna	11 Merrimack Valley	26-09.25	2
	25-05.50 26-09.25 25-11.25			
14	Weber, Caroline	11 Lebanon	26-06.50	1
	25-03.50 26-06.50 17-11.50			
15	Wishart, Cam	12 St. Thomas Aquinas	26-01.25	1
	26-01.25 25-02.75 25-01.75			
16	Pourby, Sydney	9 Kearsarge	25-02.25	1
	25-02.25 23-10.50 23-02.50			
17	Tonkin, Ava	12 Belmont	25-02.00	1
	24-05.50 22-04.25 25-02			
18	Rick, Zoe	11 Milford	24-11.75	2
	FOUL 24-11.75 21-03.50			
19	Murphy, Makenna	10 Sanborn Regional	24-11.50	1
	23-10.75 24-11.50 24-10			
20	D'Almeida, Celestyn	9 Laconia	24-03.00	1
	FOUL 23-03.50 24-03			
21	Witham, Jazmine	10 Prospect Mountain	24-00.25	1
	23-11.75 24-00.25 23-00			
22	Weiss, Charlotte	10 Bow	23-09.00	1
	23-07.50 22-11.25 23-09			
23	Fay, Shannon	10 Kennett	21-07.50	1
	21-01.75 21-04 21-07.50			