

**NH Indoor Track League**  
**PSU Morning Session**  
**George E. Davis Track - 12/23/2023**  
**Results**

**Girls 55 Meter Dash**  
**Top 8 Advance by Time**

Name	Year	School	Prelims	H#
Preliminaries				
1 Giordano, Keely	12	Milford	7.58q	1
2 Sawyer, Macy	9	Gilford	7.80q	2
3 Lacasse, Ava	10	Belmont	7.85q	4
4 Laroche, Charlotte	10	Bow	7.99q	3
5 St. George, Alina	12	Milford	8.03q	6
6 Faria, Juliet	10	Kearsarge	8.13q	5 8.122
7 Lewis, Gizel	10	Goffstown	8.13q	6 8.128
8 Sayward, Camdyn	10	Milford	8.30q	7
9 Nicolosi, Reese	12	Pelham	8.34	7
10 Allen, Sarah	11	Bishop Brady	8.35	5
11 Kelly, Avery	9	Pembroke	8.40	3
12 Esteban Salazar, Sofia	10	Goffstown	8.52	4
13 Wilson, Camden	9	Bow	8.55	4 8.541
13 Lemire, Bree	9	John Stark	8.55	1 8.541
15 Wing, Teagan	10	Pembroke	8.57	1
16 Pietroniro, Ellis	10	Plymouth Regional	8.59	1
17 Weiss, Charlotte	9	Bow	8.65	2
18 Aguiar, Emily	9	Gilford	8.66	3
19 Valley, Ty	12	Pembroke	8.68	2 8.677
20 Robb, Kaiden	10	Winnisquam	8.68	3 8.680
21 Aregbesola, Favour	12	Manchester West	8.72	5 8.712
22 Ali, Simone	10	Goffstown	8.72	7 8.719
23 Ferren, Mara	10	Kearsarge	8.79	1
24 Blake, Jasmine	10	Pembroke	8.86	5
25 Boyd, Je'Nay	9	Manchester West	8.87	4
26 Kimball, Brook	12	Gilford	8.90	4
27 Martin, Addison	9	Pelham	8.93	4 8.925
28 Ingram, Joslyn	9	Kearsarge	8.93	6 8.928
29 Nyhan, Teagan	9	Pembroke	8.98	6
30 Tagliaferro, Evelyn	11	John Stark	9.08	3
31 Kolacz, Ava	10	Franklin	9.12	5
32 Bordonaro, Kayla	9	Pelham	9.18	3
33 Swett, Layla		Laconia	9.27	7 9.262
34 Maguire, Alayna	9	Pembroke	9.27	4 9.263
35 Searles, Alexis	12	Winnisquam	9.27	2 9.267
36 Brown, Alexis	9	Pembroke	9.30	7 9.291
37 Tagliaferro, Nora	9	John Stark	9.30	7 9.292
38 Hart, Maggie	9	Prospect Mountain	9.30	3 9.297
39 Baer, Katelynn	10	Goffstown	9.31	5
40 Damboise, Isabella	10	Goffstown	9.36	2
41 O'Donnell, Kaleigh	11	Pelham	9.40	2
42 Flanders, Alayna	9	Pembroke	9.47	6
43 Faria, Gabriela	11	Pelham	9.57	6
44 Rivera, Harmony	9	Belmont	9.63	5
45 Fay, Catherine	9	Gilford	9.68	1
46 McKeen, Meghan	9	Bow	9.73	6
47 Lamothe, Leah	10	Kearsarge	9.92	2
48 Aubrey, Morgan	9	Bow	10.04	1
49 Tonkin, Ava	11	Belmont	10.44	7

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**Girls 55 Meter Dash**

Name	Year	School	Finals	Points
Finals				
1 Giordano, Keely	12	Milford	7.54	10
2 Sawyer, Macy	9	Gilford	7.74	8
3 Lacasse, Ava	10	Belmont	7.87	6
4 Laroche, Charlotte	10	Bow	7.96	4
5 St. George, Alina	12	Milford	8.06	2
6 Faria, Juliet	10	Kearsarge	8.13	1
7 Lewis, Gizel	10	Goffstown	8.16	
8 Sayward, Camdyn	10	Milford	8.52	

**Girls 300 Meter Dash**

Name	Year	School	Finals	H#	Points
1 Sawyer, Macy	9	Gilford	43.55	7	10
2 Needham, isabel	10	Winnacunnet	46.55	7	8
3 St. George, Alina	12	Milford	46.73	7	6
4 Tschida, Kara	11	Goffstown	47.05	5	4
5 Clifford, Moxie	10	Winnacunnet	47.08	7	2
6 Christie, Isla	9	Winnacunnet	47.35	7	1
7 Pacheco, Liana	11	Winnacunnet	48.31	6	
8 Ouellette, Maeve	9	Winnacunnet	48.78	6	
9 Geddes, Madison	11	Merrimack Valley	49.17	6	
10 Lewis, Gizel	10	Goffstown	49.85	5	
11 Faria, Juliet	10	Kearsarge	49.85	6	
12 Valley, Ty	12	Pembroke	50.00	7	
13 Allen, Sarah	11	Bishop Brady	50.11	6	
14 Sayward, Camdyn	10	Milford	50.62	6	
15 Pietroniro, Ellis	10	Plymouth Regional	50.89	5	
16 Robb, Kaiden	10	Winnisquam	51.56	5	
17 Lemire, Bree	9	John Stark	51.75	3	
18 Beliveau, Ayris	11	John Stark	51.77	4	
19 Mucheru, Grace	9	Milford	52.36	5	
20 Aregbesola, Favour	12	Manchester West	52.52	4	
21 Tetreault, Emily	9	Pelham	53.09	3	
22 Jefferson, Reagon	9	Merrimack Valley	53.58	4	
23 Coppinger, Sarah	11	Pelham	54.46	4	
24 Bordonaro, Kayla	9	Pelham	54.55	3	
25 Blake, Jasmine	10	Pembroke	54.64	1	
26 Baer, Katelynn	10	Goffstown	54.95	4	
27 Tagliaferro, Nora	9	John Stark	55.11	3	
28 Tagliaferro, Evelyn	11	John Stark	55.44	4	
29 Swett, Layla		Laconia	55.51	2	
30 Tripple, Emily	10	Winnisquam	55.66	5	
31 VonKadich, Devyn	9	Belmont	56.06	2	
32 Kenney, Fiona	10	Pelham	56.14	2	
33 Maguire, Alayna	9	Pembroke	56.26	1	
34 Clairmont, Hailey	10	Belmont	57.26	2	
35 Fay, Catherine	9	Gilford	57.51	3	
36 Kolacz, Ava	10	Franklin	57.90	2	
37 Faria, Gabriela	11	Pelham	58.21	3	
38 Cleaveland, Naomi	12	Kearsarge	59.07	1	

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**....Girls 300 Meter Dash**

39 Hart, Maggie	9 Prospect Mountain	1:01.47	2
40 Ellsworth, Samantha	10 Pembroke	1:03.17	1

**Girls 600 Meter Run**

Name	Year	School	Finals	H#	Points
1 Clifford, Maitri	11	Winnacunnet	1:51.63	2	10
2 Pawlowski, Hannah	11	Bow	1:52.67	2	8
3 Lefebvre, Amelia	12	Kearsarge	1:52.99	2	6
4 Nialetz, Jaelyn	11	Belmont	1:53.11	2	4
5 Spack, Sydney	10	Merrimack Valley	1:55.39	2	2
6 Rooney, Teagan	11	Winnacunnet	1:56.02	2	1
7 Insana, Lexi	11	Bow	2:02.09	2	
8 Carter, Catriona	11	Milford	2:02.72	1	
9 Pietroniro, Ellis	10	Plymouth Regional	2:02.86	1	
10 Defrancesco, Emilie	12	Belmont	2:02.92	1	
11 Papadopolulos, Eleni	12	Belmont	2:03.08	1	
12 Olson, Ella	12	Winnacunnet	2:05.50	1	
13 Edgren, Rebekah	11	Belmont	2:06.39	1	
14 Duquette, Autumn	9	John Stark	2:12.00	1	

**Girls 1000 Meter Run**

Name	Year	School	Finals	Points
1 Tschida, Kara	11	Goffstown	3:15.00	10
35.562 (35.562)	1:12.108 (36.546)	1:51.802 (39.694)	2:34.226 (42.424)	
3:14.992 (40.766)				
2 Pawlowski, Hannah	11	Bow	3:16.03	8
37.018 (37.018)	1:16.424 (39.406)	1:56.797 (40.373)	2:37.871 (41.074)	
3:16.029 (38.158)				
3 Hou, Julia	10	Bow	3:19.49	6
37.602 (37.602)	1:17.713 (40.111)	1:58.628 (40.915)	2:40.415 (41.787)	
3:19.490 (39.075)				
4 Mariotti, Carson	11	Winnacunnet	3:20.23	4
38.104 (38.104)	1:17.167 (39.063)	1:57.186 (40.019)	2:38.461 (41.275)	
3:20.229 (41.768)				
5 Sutherland, Reagan	11	Plymouth Regional	3:24.74	2
39.404 (39.404)	1:20.330 (40.926)	2:02.141 (41.811)	2:43.268 (41.127)	
3:24.737 (41.469)				
6 Kelly, Kylie	10	Gilford	3:31.02	1
40.333 (40.333)	1:20.969 (40.636)	2:04.861 (43.892)	2:49.338 (44.477)	
3:31.018 (41.680)				
7 Geddes, Madison	11	Merrimack Valley	3:34.06	
37.924 (37.924)	1:19.870 (41.946)	2:04.483 (44.613)	2:50.716 (46.233)	
3:34.056 (43.340)				
8 Vanderhoof, Lydia	8	Wilton-Lyndeborough	3:35.92	
41.034 (41.034)	1:27.982 (46.948)	2:33.090 (1:05.108)	3:35.911 (1:02.821)	
3:35.911 (0.000)				
9 Bernard, Sabrina	12	Bow	3:36.61	
39.926 (39.926)	1:21.458 (41.532)	2:04.020 (42.562)	2:51.634 (47.614)	
3:36.609 (44.975)				

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**....Girls 1000 Meter Run**

10 Burness, Ava	12 Winnacunnet	3:40.15	
40.649 (40.649)	1:23.046 (42.397)	2:08.638 (45.592)	2:55.570 (46.932)
3:40.149 (44.579)			
11 Ellsworth, Reagan	12 Pembroke	4:31.79	
47.131 (47.131)	1:39.196 (52.065)	2:37.823 (58.627)	3:36.823 (59.000)
4:31.782 (54.959)			

**Girls 1500 Meter Run**

Name	Year School	Finals	Points
1 Ellison, Molly	12 Kearsarge	5:13.60	10
20.198 (20.198)	1:01.180 (40.982)	1:43.489 (42.309)	2:27.152 (43.663)
3:10.843 (43.691)	3:54.006 (43.163)	4:35.736 (41.730)	5:13.592 (37.856)
2 Chasse, Anna	9 John Stark	5:44.91	8
21.171 (21.171)	1:04.883 (43.712)	1:50.807 (45.924)	2:40.175 (49.368)
3:28.966 (48.791)	4:17.915 (48.949)	5:04.587 (46.672)	5:44.908 (40.321)
3 Barnard, Rylee	10 John Stark	5:45.57	6
20.995 (20.995)	1:05.239 (44.244)	1:51.445 (46.206)	2:40.676 (49.231)
3:29.499 (48.823)	4:18.356 (48.857)	5:05.052 (46.696)	5:45.569 (40.517)
4 Sweet, Fahren	11 Goffstown	6:24.37	4
21.377 (21.377)	1:05.727 (44.350)	1:53.230 (47.503)	2:45.952 (52.722)
3:41.608 (55.656)	4:39.579 (57.971)	5:35.544 (55.965)	6:24.369 (48.825)

**Girls 3000 Meter Run**

Name	Year School	Finals	Points
1 Barriere, Kayla	10 John Stark	12:08.18	10
40.551 (40.551)	1:24.617 (44.066)	2:11.457 (46.840)	2:59.521 (48.064)
3:48.642 (49.121)	4:37.328 (48.686)	5:25.822 (48.494)	6:16.625 (50.803)
7:07.067 (50.442)	7:57.547 (50.480)	8:48.739 (51.192)	9:40.031 (51.292)
10:30.966 (50.935)	11:21.628 (50.662)	12:08.175 (46.547)	

**Girls 55 Meter Hurdles****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Nicolosi, Reese	12 Pelham	9.52Q	1
2 Adams, Hayden	12 Winnacunnet	9.68Q	2
3 Takantjas, Adeline	11 Belmont	10.34Q	3
4 Grote, Lola	9 Winnacunnet	10.43Q	3
5 Aguiar, Emily	9 Gilford	10.63Q	1
5 Wing, Teagan	10 Pembroke	10.63Q	2
7 Lauder, Eshaya	11 Manchester West	10.70q	2
8 Lefebvre, Amelia	12 Kearsarge	10.84q	1
9 Brown, Alexis	9 Pembroke	11.08	1
10 Beliveau, Ayris	11 John Stark	11.27	3
11 Kelly, Avery	9 Pembroke	11.44	3
12 Cornaro, Isabella	11 Milford	11.81	2
13 Bradbury, Abby	10 Kearsarge	11.94	1
14 Aregbesola, Favour	12 Manchester West	12.00	3

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**....Girls 55 Meter Hurdles**

15 Ferren, Mara	10 Kearsarge	12.03	2
16 Ellsworth, Reagan	12 Pembroke	12.68	2
17 Ingram, Joslyn	9 Kearsarge	12.73	1
18 Lamothe, Leah	10 Kearsarge	12.89	3
19 Flanders, Alayna	9 Pembroke	13.09	2
-- Bernard, Sabrina	12 Bow	DNF	3

**Girls 55 Meter Hurdles**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Nicolosi, Reese	12 Pelham	9.32	10
2 Adams, Hayden	12 Winnacunnet	9.46	8
3 Takantjas, Adeline	11 Belmont	10.29	6
4 Lauder, Eshaya	11 Manchester West	10.39	4
5 Grote, Lola	9 Winnacunnet	10.40	2
6 Wing, Teagan	10 Pembroke	10.58	1
7 Lefebvre, Amelia	12 Kearsarge	10.73	
8 Aguiar, Emily	9 Gilford	10.89	

**Girls 4x200 Meter Relay**

School	Finals	Points
1 Winnacunnet	1:57.27	10
1) Adams, Hayden 12	2) Clifford, Moxie 10	
3) Christie, Isla 9	4) Clifford, Maitri 11	
2 Milford	1:59.97	8
1) Giordano, Keely 12	2) Cornaro, Isabella 11	
3) Sayward, Camdyn 10	4) St. George, Alina 12	
3 Belmont	2:01.13	6
1) Nialetz, Jaelyn 11	2) Edgren, Rebekah 11	
3) Takantjas, Adeline 11	4) Lacasse, Ava 10	
4 Bow	2:06.93	4
1) Fauteux, Emily 11	2) McKeen, Meghan 9	
3) Wilson, Camden 9	4) Larochelle, Charlotte 10	
5 Gilford	2:07.79	2
1) Fay, Catherine 9	2) Aguiar, Emily 9	
3) Kimball, Brook 12	4) Sawyer, Macy 9	
6 Pembroke	2:10.65	1
1) Blake, Jasmine 10	2) Kelly, Avery 9	
3) Maguire, Alayna 9	4) Nyhan, Teagan 9	

**Girls 4x400 Meter Relay**

School	Finals	H#	Points
1 Bow	4:39.71	2	10
1) Insana, Lexi 11	2) Hou, Julia 10		
3) Bernard, Sabrina 12	4) Pawlowski, Hannah 11		
2 Kearsarge	4:40.04	2	8
1) Ellison, Molly 12	2) Bradbury, Abby 10		
3) Faria, Juliet 10	4) Lefebvre, Amelia 12		

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**....Girls 4x400 Meter Relay**

3 Winnacunnet	4:45.57	2	6
1) Pacheco, Liana 11	2) Rooney, Teagan 11		
3) Burness, Ava 12	4) Wadell, Ella 11		
4 Belmont	4:45.62	1	4
1) Takantjas, Adeline 11	2) Papadopolulos, Eleni 12		
3) Defrancesco, Emilie 12	4) Lacasse, Ava 10		
5 John Stark	4:47.10	2	2
1) Barnard, Rylee 10	2) Barriere, Kayla 10		
3) Beliveau, Ayris 11	4) Chasse, Anna 9		
6 Milford	4:59.79	1	1
1) Carter, Catriona 11	2) Cornaro, Isabella 11		
3) Demmons, Katherine 11	4) Mucheru, Grace 9		
7 Pelham	5:04.88	1	
1) Coppinger, Sarah 11	2) Kenney, Fiona 10		
3) Martin, Addison 9	4) Nicolosi, Reese 12		

**Girls High Jump**

Name	Year	School	Finals	Points
1 Lefebvre, Amelia	12	Kearsarge	4-08.00	10
4-00 4-02 4-04 4-06 4-08 4-10				
P P O O O XXX				
2 Lauder, Eshaya	11	Manchester West	J4-08.00	8
4-00 4-02 4-04 4-06 4-08 4-10				
P P O O XO XXX				
3 Raynes, Riley	9	Kearsarge	4-06.00	6
4-00 4-02 4-04 4-06 4-08				
O O O XO XXX				
4 Wilson, Camden	9	Bow	4-04.00	4
4-00 4-02 4-04 4-06				
O O XO XXX				
5 Blake, Jasmine	10	Pembroke	J4-04.00	2
4-00 4-02 4-04 4-06				
O O XXO XXX				
6 Adams, Hayden	12	Winnacunnet	4-02.00	1
4-00 4-02 4-04 4-06				
O O P XXX				

**Girls Long Jump**

Name	Year	School	Finals	H#	Points
1 Lauder, Eshaya	11	Manchester West	16-10.00	1	10
15-08 FOUL 16-10 16-07					
2 Adams, Hayden	12	Winnacunnet	15-11.75	1	8
15-08.75 FOUL 15-11.75 15-09					
3 Laroche, Charlotte	10	Bow	15-09.00	1	6
15-09 15-08 15-06 FOUL					
4 Clifford, Moxie	10	Winnacunnet	15-05.75	1	4
15-05.75 14-08 14-11 14-04					
5 Needham, isabel	10	Winnacunnet	15-00.00	1	2
15-00 14-02.50 13-00 13-07					

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**....Girls Long Jump**

6 Sawyer, Macy	9 Gilford	14-11.00	2	1
13-11 FOUL 14-11 14-00				
7 Bradbury, Abby	10 Kearsarge	13-10.00	1	
13-10 FOUL 13-05				
8 Aguiar, Emily	9 Gilford	13-08.00	2	
12-09 FOUL 13-08				
9 Christie, Isla	9 Winnacunnet	13-06.00	2	
13-06 FOUL FOUL				
10 Allen, Sarah	11 Bishop Brady	13-01.00	1	
FOUL FOUL 13-01				
11 Nyhan, Teagan	9 Pembroke	13-00.00	1	
13-00 12-04 FOUL				
12 Sayward, Camdyn	10 Milford	12-10.00	2	
12-10 12-08 12-07				
13 Ali, Simone	10 Goffstown	J12-10.00	2	
12-06 FOUL 12-10				
14 Coppinger, Sarah	11 Pelham	12-02.00	1	
FOUL 12-01 12-02				
15 Swett, Layla	Laconia	11-02.00	2	
FOUL 11-02 FOUL				
16 Fay, Catherine	9 Gilford	9-07.00	2	
FOUL FOUL 9-07				
-- Demmons, Katherine	11 Milford	FOUL	2	
FOUL FOUL FOUL				

**Girls Shot Put**

Name	Year	School	Finals	H#	Points
1 Keller, Addison	11	Pelham	28-04.00	1	10
25-00 25-03 28-04 26-09					
2 Kenyon, Abby	12	Gilford	27-05.00	1	8
25-03 27-01 FOUL 27-05					
3 Bernard, Sabrina	12	Bow	26-10.00	1	6
FOUL 26-10 25-02 FOUL					
4 Perigny, Ayden	9	Winnacunnet	25-05.00	1	4
23-05 24-07 25-05 25-05					
5 Lamb, Gabrielle	11	Kearsarge	25-01.00	1	2
22-09 25-01					
6 Cuddy, Laura	11	Goffstown	24-02.00	1	1
24-02 x x					
7 Weiss, Charlotte	9	Bow	24-01.00	1	
24-01 x					
8 Tetreault, Samantha	11	Pelham	23-08.00	2	
23-08 FOUL FOUL					
9 Damboise, Isabella	10	Goffstown	22-05.00	2	
FOUL 22-05 FOUL					
10 Kimball, Brook	12	Gilford	21-05.00	1	
21-05 x x					
11 Witham, Jazmine	9	Prospect Mountain	21-02.00	1	
21-02 x x					
12 Desmarais, Deanna	11	Franklin	21-01.00	1	
21-01 x					

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**....Girls Shot Put**

12 Tonkin, Ava	11 Belmont	21-01.00	1
21-01 x x			
14 Kelly, Kylie	10 Gilford	20-08.00	1
20-08 x			
15 Rivera, Harmony	9 Belmont	20-06.00	2
20-06 FOUL			
16 Ellsworth, Samantha	10 Pembroke	20-01.00	1
20-01 x x			
17 Ellsworth, Reagan	12 Pembroke	19-11.00	1
19-11 x			
18 Gosselin, Bryanna	12 Pelham	19-04.00	2
19-04 FOUL FOUL			
19 Wing, Teagan	10 Pembroke	18-08.00	1
18-08 x x			
20 Aubrey, Morgan	9 Bow	17-09.00	2
17-09 FOUL FOUL			
21 VonKadich, Devyn	9 Belmont	15-09.00	2
15-09 FOUL FOUL			
21 Boyd, Je'Nay	9 Manchester West	15-09.00	2
15-09 FOUL FOUL			
23 Abrahamson, Cilla	10 Bishop Brady	15-06.00	2
15-06 FOUL FOUL			
24 Groulx, Victoria	10 Goffstown	13-08.00	2
13-08 FOUL FOUL			
25 Zorrilla, Misel	9 Manchester West	13-01.00	2
13-01 FOUL FOUL			
26 Mohamed, Waad	9 Manchester West	13-00.00	2
13-00 FOUL FOUL			
27 Flanders, Alayna	9 Pembroke	12-05.00	2
12-05 FOUL FOUL			

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Women - Team Rankings - 12 Events Scored

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1) Winnacunnet	71	2) Bow	56
3) Kearsarge	43	4) Gilford	30
5) Milford	27	6) Belmont	26
6) John Stark	26	8) Manchester West	22
9) Pelham	20	10) Goffstown	19
11) Pembroke	4	12) Plymouth Regional	2
12) Merrimack Valley	2		