

**NH Indoor Track League**  
**UNH Afternoon Session**  
**Paul Sweet Oval - 12/23/2023**  
**Results**

**Girls 55 Meter Dash**  
**Top 6 Advance by Time**

Name	Year	School	Prelims	H#
<b>Preliminaries</b>				
1 Adigun, Fareedah	12	Salem	7.64q	2
2 Ortiz-Blanco, Leanny	10	Salem	7.66q	1
3 Thomas, Jhanelle	11	Nashua North	7.75q	3
4 O'Keefe, Ella	10	Bedford	7.77q	4
5 Beaudoin, Charlotte	10	Timberlane	7.80q	4
6 Frye, Allison	10	Nashua North	8.00q	5
7 Ducharme, Samantha	12	Bedford	8.06	2
8 Olson, Jennifer	12	Salem	8.08	5
9 Foxx, Libby	9	Bedford	8.21	5
10 Ross, Shannon	11	Coe-Brown	8.33	1 8.325
11 Bolduc, Averie	9	Salem	8.33	2 8.327
12 Kouchoukos, Tessa	9	Coe-Brown	8.34	3
13 Bekkering, Joy	9	Bedford	8.36	5
14 Aliberti, Avery	10	Salem	8.37	3 8.361
15 Escabi, Maggie	11	Coe-Brown	8.37	3 8.369
16 Thomas, Sadie	9	Bedford	8.39	4
17 Wright, Laurel	9	Windham	8.49	4
18 Ciruso, Emma	10	Bedford	8.51	2
19 Caruso, Jilian	11	Timberlane	8.54	1
20 Hall, Chloe	12	Windham	8.58	1 8.572
21 Forrester, Mackenzie	11	Bedford	8.58	3 8.576
22 Fitzgerald, Aubrey	9	Timberlane	8.62	2
23 Beeley, Madeline	11	Salem	8.66	1
24 Alperin, Taylor	10	Timberlane	8.81	5
25 Mijal, Mya	10	Bedford	8.83	4
26 Lobao, Aria	9	Timberlane	9.03	5
27 Diamantakis, Antonia	11	Timberlane	9.20	3
28 Tahtamoni, Rama	9	Salem	9.53	2

**Girls 55 Meter Dash**

Name	Year	School	Finals	Points
<b>Finals</b>				
1 Thomas, Jhanelle	11	Nashua North	7.58	10
2 Adigun, Fareedah	12	Salem	7.59	8
3 Ortiz-Blanco, Leanny	10	Salem	7.63	6
4 O'Keefe, Ella	10	Bedford	7.70	4
5 Beaudoin, Charlotte	10	Timberlane	7.83	2
6 Frye, Allison	10	Nashua North	7.98	1

**Girls 300 Meter Dash**

Name	Year	School	Finals	H#	Points
1 Barry, Mikita	10	Bedford	43.42	5	10
2 Beaudoin, Charlotte	10	Timberlane	45.76	5	8
3 Brown, Tiana	11	Nashua North	46.31	4	6
4 Juris, Christina	12	Nashua North	46.33	5	4
5 Ray, Anna	10	Bedford	46.66	2	2

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**....Girls 300 Meter Dash**

6 Escabi, Maggie	11	Coe-Brown	47.34	5	1
7 Caruso, Jilian	11	Timberlane	47.44	4	
8 Kouchoukos, Tessa	9	Coe-Brown	47.80	3	
9 Bekkering, Joy	9	Bedford	47.98	1	
10 Wright, Laurel	9	Windham	48.26	4	
11 Shirland, Bristol	9	Coe-Brown	48.50	2	
12 Fitzgerald, Aubrey	9	Timberlane	48.72	3	
13 Forrester, Mackenzie	11	Bedford	48.74	2	
14 Alperin, Taylor	10	Timberlane	49.09	3	
15 O'Keefe, Ella	10	Bedford	49.26	3	
16 Tutrone, Isabella	9	Salem	49.82	4	
17 Ross, Shannon	11	Coe-Brown	51.09	2	
18 Lobao, Aria	9	Timberlane	51.73	1	
19 Tahtamoni, Rama	9	Salem	58.02	1	

**Girls 600 Meter Run**

Name	Year	School	Finals	H#	Points
1 Ducharme, Samantha	12	Bedford	1:45.32	3	10
2 Madden, Darby	11	Windham	1:51.92	3	8
3 Murdough, Paige	11	Coe-Brown	1:55.17	3	6
4 Olson, Jennifer	12	Salem	1:55.69	3	4
5 Fronc, Julia	12	Timberlane	1:56.63	3	2
6 Foxx, Libby	9	Bedford	2:00.90	2	1
7 Adair, Whitney	10	Con-Val	2:01.72	2	
8 Perron, Samantha	11	Coe-Brown	2:02.02	2	
9 Thomas, Sadie	9	Bedford	2:02.03	2	
10 Hynes, Lauren	11	Windham	2:02.74	2	
11 Lovett, Annabelle	9	Coe-Brown	2:09.30	1	
12 Bergeron, Mary	10	Coe-Brown	2:10.16	1	
13 Sawyer, Emily	10	Timberlane	2:16.33	1	
14 Diamantakis, Antonia	11	Timberlane	2:19.82	1	

**Girls 1000 Meter Run**

Name	Year	School	Finals	Points
1 White, Laura	11	Nashua North	3:15.06	10
2 Witkoskie, Sonya	12	Nashua North	3:20.82	8
3 Klinger, Katherine	12	Windham	3:25.08	6
4 Faulkner, Lia	9	Salem	3:28.06	4
5 Ferguson, Francesca	12	Coe-Brown	3:44.92	2
6 Robinson, Abigail	10	Timberlane	3:46.95	1
7 Kerivan, Meredith	10	Coe-Brown	3:49.83	
8 Kasem, Sophia	12	Bedford	3:50.03	
9 Aubrey, Julia	9	Timberlane	4:29.71	
10 Mackie, Sara	10	Con-Val	4:41.45	
11 Watson, Amelia	10	Coe-Brown	5:45.52	

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**Girls 1500 Meter Run**

Name	Year	School	Finals	Points
1 Thomas, Lily	12	Salem	5:12.21	10
2 Reynolds, Kaitlyn	12	Timberlane	5:52.46	8
3 Reynolds, Julia	12	Timberlane	5:52.77	6
4 Morgan, Riley	12	Windham	5:54.57	4
5 Matson, Meredith	9	Bedford	6:03.49	2

**Girls 3000 Meter Run**

Name	Year	School	Finals	Points
1 Hayden, Annika	12	Nashua North	12:48.17	10

**Girls 55 Meter Hurdles**  
**Top 6 Advance by Time**

Name	Year	School	Prelims	H#
Preliminaries				
1 Scott, Anika	11	Bedford	8.60q	1
2 Shirland, Bristol	9	Coe-Brown	9.55q	3
3 Thomas, Jhanelle	11	Nashua North	9.67q	3
4 Brown, Tiana	11	Nashua North	9.86q	2
5 Juris, Christina	12	Nashua North	9.97q	2
6 Frye, Sarah	10	Nashua North	10.19q	1
7 Ortiz-Blanco, Leanny	10	Salem	10.19	2
8 Frye, Allison	10	Nashua North	10.76	2
9 Munsell, Kaya	11	Timberlane	10.96	3
10 Manning, Delaney	11	Coe-Brown	10.98	3
11 Spead, Montana	11	Coe-Brown	11.50	1
12 Beeley, Madeline	11	Salem	11.52	1

**Girls 55 Meter Hurdles**

Name	Year	School	Finals	Points
Finals				
1 Thomas, Jhanelle	11	Nashua North	8.68	10
2 Scott, Anika	11	Bedford	8.72	8
3 Shirland, Bristol	9	Coe-Brown	9.46	6
4 Brown, Tiana	11	Nashua North	9.82	4
5 Frye, Sarah	10	Nashua North	10.02	2
-- Juris, Christina	12	Nashua North	FS	

**Girls 4x160 Meter Relay**

School	Finals	H#	Points
1 Bedford	1:28.75	2	10
1) Ducharme, Samantha 12			
2) Barry, Mikita 10			
3) Foxx, Libby 9			
4) Scott, Anika 11			
2 Salem	1:29.88	3	8
1) Olson, Jennifer 12			
2) Aliberti, Avery 10			

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**....Girls 4x160 Meter Relay**

3) Ortiz-Blanco, Leanny 10	4) Adigun, Fareedah 12		
3 Nashua North	1:30.06	3	6
1) Brown, Tiana 11	2) Frye, Allison 10		
3) Frye, Sarah 10	4) Juris, Christina 12		
4 Timberlane	1:35.74	1	4
1) Beaudoin, Charlotte 10	2) Caruso, Jilian 11		
3) Fitzgerald, Aubrey 9	4) Munsell, Kaya 11		
5 Coe-Brown	1:36.46	1	2
1) Manning, Delaney 11	2) Escabi, Maggie 11		
3) Shirland, Bristol 9	4) Kouchoukos, Tessa 9		
6 Windham	1:38.23	2	1
1) Wright, Kelly 11	2) Wright, Laurel 9		
3) Hall, Chloe 12	4) George, Samantha 12		

**Girls 4x400 Meter Relay**

School	Finals	Points
1 Nashua North	4:34.23	10
1) Brown, Tiana 11	2) Frye, Allison 10	
3) Juris, Christina 12	4) Thomas, Jhanelle 11	
2 Bedford	4:39.90	8
1) Forrester, Mackenzie 11	2) Ciruso, Emma 10	
3) Bekkering, Joy 9	4) Ray, Anna 10	
3 Salem	4:49.82	6
1) Faulkner, Lia 9	2) Bolduc, Averie 9	
3) Tutrone, Isabella 9	4) Cianciolo, Julianna 11	
4 Coe-Brown	5:01.35	4
1) Kouchoukos, Tessa 9	2) Murdough, Paige 11	
3) Perron, Samantha 11	4) Lovett, Annabelle 9	
5 Timberlane	5:06.81	2
1) Alperin, Taylor 10	2) Fronc, Julia 12	
3) Diamantakis, Antonia 11	4) Lobao, Aria 9	

**Girls High Jump**

Name	Year	School	Finals	Points
1 Spead, Montana	11	Coe-Brown	4-06.00	10
2 Barry, Mikita	10	Bedford	J4-06.00	8
3 Mijal, Mya	10	Bedford	4-04.00	6
4 Rice, Erica	11	Bedford	4-02.00	4
5 Manning, Delaney	11	Coe-Brown	J4-02.00	2
6 O'Donnell, Katherine	10	Bedford	J4-02.00	1

**Girls Long Jump**

Name	Year	School	Finals	Points
1 Scott, Anika	11	Bedford	16-05.00	10
16-02	16-05	15-08.75	16-01	
2 O'Keefe, Ella	10	Bedford	15-00.00	8
12-11	14-03.25	14-03.25	15-00	

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**....Girls Long Jump**

3	Frye, Sarah	10	Nashua North	14-04.00	6
	13-07.25 14-04 13-00.75 14-00.50				
4	Bolduc, Averie	9	Salem	14-00.00	4
	12-06.50 13-00.75 12-01.50 14-00				
5	Olson, Jennifer	12	Salem	13-11.00	2
	13-07 13-11				
6	Wright, Kelly	11	Windham	13-07.75	1
	12-10.75 13-03.25 13-07.50 13-07.75				
7	Ross, Shannon	11	Coe-Brown	13-05.75	
	12-09.25 11-09.25 13-05.75				
8	Hall, Chloe	12	Windham	13-02.50	
	x 13-02.50 11-09.75				
9	Kouchoukos, Tessa	9	Coe-Brown	12-11.75	
	12-11.75 x				
10	Manning, Delaney	11	Coe-Brown	12-09.50	
	12-09.50 11-00.75 11-02.25				
11	George, Samantha	12	Windham	12-05.75	
	12-05.75 12-00.25				
12	Spead, Montana	11	Coe-Brown	12-02.50	
	11-00 11-00 12-02.50				
--	Kasem, Sophia	12	Bedford	ND	
	ND x				
--	Escabi, Maggie	11	Coe-Brown	ND	
	ND x				

**Girls Shot Put**

Name	Year	School	Finals	H#	Points
1	Foxx, Maggie	12 Bedford	33-03.75	2	10
	31-09.25 32-04 30-05 33-03.75				
2	Grenier, Isabelle	10 Coe-Brown	30-06.00	2	8
	26-07.25 28-08.25 29-06 30-06				
3	Kemp, Carolyn	10 Bedford	30-01.75	2	6
	29-04 30-01.75 30-01.75 28-05.25				
4	Wright, Kelly	11 Windham	28-03.25	2	4
	26-06 27-09.25 28-03.25 27-05.50				
5	Edwards, Charlotte	11 Nashua North	27-06.75	2	2
	24-09.75 25-03.25 27-06.75 26-06				
6	Johnson, Brynn	10 Windham	26-10.25	2	1
	26-10.25 26-05.75 26-08 26-07				
7	Avalo, Aaliyah	12 Bedford	26-03.75	2	
	25-00.25 24-02 25-10.50 26-03.75				
8	Fulton, Lila	12 Bedford	24-00.25	1	
	24-00.25 21-09.25 22-05.75 23-02.25				
9	Adigun, Fareedah	12 Salem	23-00.00	2	
	22-08.75 23-00 21-00.75 21-08.25				
10	Mello, Rebecca	12 Bedford	22-07.00	1	
	22-07 21-05.25 20-02.50				
11	Gallant, Jenna	12 Nashua North	21-05.75	1	
	x 21-05.75				
12	Marchesi, Ava	11 Salem	21-05.25	1	
	18-11 20-08 20-04 21-05.25				

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13	Marchesi, Amelia	10 Salem	20-10.25	1
	20-08.25	20-10.25	20-08.50	20-07.25
14	Amiss, Molly	10 Salem	20-05.25	1
	x 19-05.50	20-05.25	20-02.75	
15	Rafael, Kaya	9 Con-Val	18-04.00	1
	18-04	x		
16	Villa, Joelys	10 Salem	16-03.00	1
	16-03	x		

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Women - Team Rankings - 12 Events Scored

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1) Bedford	108	2) Nashua North	89
3) Salem	52	4) Coe-Brown	41
5) Timberlane	33	6) Windham	25