

NH Indoor Track League
Phillips Exeter Academy Session
Boyce Thompson Fieldhouse - 2/3/2024
Results

Boys 55 Meter Dash
Top 8 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1 Morrison, Matthew	11	Pinkerton	6.58q	3
2 Cavallo, Travis	9	Pinkerton	6.60q	2
3 Stevens, Chris	12	Keene	6.71q	1
4 Isaac, Jamison	11	Pinkerton	6.75q	1
5 Kabel, Luca	11	Merrimack	6.77q	4 6.769
6 Michaud, Caden	12	Pinkerton	6.77q	2 6.770
7 Warner, Elias	10	Phillips Exeter	6.79q	4
8 Parker, Braydon	11	Pinkerton	6.81q	2
9 Corcoran, Brady	12	Winnacunnet	6.85	3
10 Barrah, Ugo	12	Phillips Exeter	6.87	3
11 Janetos, Owen	10	Winnacunnet	6.88	1
12 McAllister, Deondre	10	Portsmouth	6.89	4 6.883
13 Reardon, Phineas	11	Exeter	6.89	3 6.884
14 Mussulman, Dana	10	Phillips Exeter	6.93	2
15 Michaud, Ryson	9	Pinkerton	6.94	4
16 Wood, Noa	9	Phillips Exeter	6.98	4
17 Sahinoglu, Alex		Phillips Exeter	6.99	1
18 Kersten-Guiler, Thoren	11	Exeter	7.00	2 6.996
19 Palma, Lucas	10	Londonderry	7.00	1 7.000
20 Inglese, Jon	11	Londonderry	7.01	3
21 Newick, Ethan	10	Coe-Brown	7.03	3 7.022
22 Almonte, Anthony	12	Merrimack	7.03	1 7.027
23 Bates, Jack	12	Keene	7.04	2
24 Lee, Cameron	11	Coe-Brown	7.05	4
25 Guarracino, Leo	10	Portsmouth	7.06	3 7.059
26 Huerta, Marley	11	Exeter	7.06	1 7.060
27 Mace, Benjamin	12	Winnacunnet	7.19	2
28 Moore, Collin	10	Phillips Exeter	7.27	4
29 Nicholas, Andrew	12	Exeter	7.33	4

Boys 55 Meter Dash

Name	Year	School	Finals
Finals			
1 Morrison, Matthew	11	Pinkerton	6.54
2 Cavallo, Travis	9	Pinkerton	6.58
3 Stevens, Chris	12	Keene	6.59
4 Michaud, Caden	12	Pinkerton	6.71
5 Kabel, Luca	11	Merrimack	6.78
6 Warner, Elias	10	Phillips Exeter	6.80
7 Isaac, Jamison	11	Pinkerton	6.81
8 Parker, Braydon	11	Pinkerton	6.93

Boys 300 Meter Dash

Name	Year	School	Finals	H#
1 Morrison, Matthew	11	Pinkerton	36.21	5
2 Stevens, Chris	12	Keene	36.52	5

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3	Janetos, Owen	10	Winnacunnet	37.59	5
4	Isaac, Jamison	11	Pinkerton	37.66	4
5	Mussulman, Dana	10	Phillips Exeter	37.67	5
6	Catino, Briggs	11	Portsmouth	38.08	4
7	Parker, Braydon	11	Pinkerton	38.11	4
8	Wood, Noa	9	Phillips Exeter	38.17	3
9	Smith, Zackary	12	Pinkerton	38.19	5
10	Moore, Collin	10	Phillips Exeter	38.52	3
11	Bates, Jack	12	Keene	38.58	2
12	Sahinoglu, Alex		Phillips Exeter	38.79	4
13	Cavallo, Travis	9	Pinkerton	38.90	4
14	Botnick, Lukas	11	Winnacunnet	38.98	3
15	Barrah, Ugo	12	Phillips Exeter	39.02	1
16	Lander, Ethan	11	Portsmouth	39.07	3
17	Warner, Elias	10	Phillips Exeter	39.15	4
18	Inglese, Jon	11	Londonderry	39.30	2
19	Lee, Cameron	11	Coe-Brown	39.36	3
20	Bonesho, Nick	12	Winnacunnet	39.60	1
21	Epale, Cordel	12	Phillips Exeter	39.70	5
22	Wolthers, Ben	12	Pinkerton	39.71	3
23	Mace, Benjamin	12	Winnacunnet	39.82	2
24	Rice, Griffin	12	Exeter	39.86	2
25	Sartin, Bryce	11	Coe-Brown	40.19	1
26	Vieara-McCarthy, Aiden	11	Phillips Exeter	40.37	2
27	Blitz, Grant	9	Phillips Exeter	41.11	1

Boys 600 Meter Run

Name	Year	School	Finals	H#	
1	Binda, Nathan	12	Pinkerton	1:26.14	3
2	Beattie, Theo	11	Portsmouth	1:26.47	3
3	Dowd, Aiden	12	Pinkerton	1:26.68	3
4	Santomassimo, Cody	12	Pinkerton	1:27.65	3
5	Farrington, Aaron	11	Nashua North	1:28.61	2
6	Hart, Will	10	Portsmouth	1:30.02	2
7	Forrest, Owen	12	Merrimack	1:30.33	2
8	Dillon, Nathan	9	Winnacunnet	1:31.65	2
9	Smith, Chad(CJ)	10	Phillips Exeter	1:31.77	1
10	Pincince, Jacob	12	Somersworth	1:32.00	2
11	Sugianto, Jordan	10	Merrimack	1:33.10	1
12	Fabiano, Jack	12	Exeter	1:37.17	1
13	Cosgrove, Owen	9	Phillips Exeter	1:37.73	3
14	Carrigan, Wilder	11	Portsmouth	1:41.03	1

Boys 1000 Meter Run

Name	Year	School	Finals	H#	
1	Lano, Jamie	12	Coe-Brown	2:29.72	2
2	Lacombe, Max	12	Phillips Exeter	2:33.27	2
3	Nomula, Sanjith	12	Coe-Brown	2:37.72	2
4	Zumbach, Ryan	11	Winnacunnet	2:38.41	2
5	Malark, Gavin	12	Exeter	2:40.04	2

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....Boys 1000 Meter Run

6 Kerouac, Luc	11	Coe-Brown	2:40.08	2
7 Leopold, Thomas		Phillips Exeter	2:44.45	2
8 Twomey, Josh	10	Londonderry	2:45.11	1
9 Hayes, Sean	10	Pinkerton	2:48.87	1
10 Robie, Jason	9	Pinkerton	2:48.96	1
11 McDonald, Logan	12	Pinkerton	2:49.38	1
12 McIntyre, Daniel	12	Keene	2:49.79	1
13 D'Amelio, Oscar	9	Pinkerton	2:50.40	1
14 Mailloux, Trainor	10	Pinkerton	2:50.42	1
15 Ranalli, Nico	11	Portsmouth	2:51.24	1
16 Zhu, Michael	12	Phillips Exeter	2:54.62	2
17 Froburg, Quinn	11	Coe-Brown	3:03.23	1

Boys 1500 Meter Run

Name	Year	School	Finals	H#
1 Hutchins, Jack	12	Phillips Exeter	4:09.12	2
2 Christensen Kraft, Finn	12	Pinkerton	4:11.41	2
3 Rzasz, Jason	12	Pinkerton	4:13.20	2
4 Covert, Pearce	11	Phillips Exeter	4:17.24	2
5 Peters, Nolan	11	Portsmouth	4:19.46	2
6 Daigle, Noah	11	Pinkerton	4:22.32	1
7 DiBuono, Jack	10	Londonderry	4:25.70	2
8 Mann, Spencer	11	Exeter	4:27.49	2
9 Gustavson, Joseph	9	Pinkerton	4:28.39	2
10 Bergen, Nathaniel	11	Merrimack	4:33.68	1
11 Cipriano, Austin	10	Pinkerton	4:34.23	1
12 Clark, Marcus	10	Exeter	4:34.53	1
13 Nomula, Advay	12	Phillips Exeter	4:36.32	2
14 Chang, Colbert	12	Phillips Exeter	4:39.91	1
15 Buckley, William	12	Londonderry	4:41.71	1
16 Graveline, Landon	11	Coe-Brown	4:42.87	1
17 Plumb, Tristan	11	Merrimack	4:45.20	1
18 Dangora, Wally	11	Exeter	4:45.28	1
-- Burns, Cole	10	Nashua North	DNF	1

Boys 55 Meter Hurdles**Top 8 Advance by Time**

Name	Year	School	Prelims	H#
Preliminaries				
1 Morrison, Matthew	11	Pinkerton	7.83q	1
2 Child, John	10	Pinkerton	8.00q	2
3 Crowell, Wayne	10	Keene	8.12q	2
4 Jamison, Ryan	10	Winnacunnet	8.12q	1
5 Kelly, Josh	11	Portsmouth	8.28q	2
6 Marelli, Erik	12	Winnacunnet	8.28q	2
7 Vieira-McCarthy, Aiden	11	Phillips Exeter	8.69q	1
8 Dandeneau, Mason	10	Nashua North	8.77q	2
9 Lee, Cameron	11	Coe-Brown	8.82	1
10 Kasongo, Arnold	11	Londonderry	9.11	1
11 Edgecomb, Gavin	9	Pinkerton	9.47	1

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....Boys 55 Meter Hurdles

12 Carrigan, Wilder	11 Portsmouth	9.51	1
13 Grzybowski, Brogan	9 Coe-Brown	10.42	2
-- Duffy, Oliver	12 Winnacunnet	FS	2

Boys 55 Meter Hurdles

Name	Year School	Finals
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Finals

1 Morrison, Matthew	11 Pinkerton	7.75
2 Child, John	10 Pinkerton	8.02
3 Jamison, Ryan	10 Winnacunnet	8.13
4 Crowell, Wayne	10 Keene	8.18
5 Kelly, Josh	11 Portsmouth	8.26
6 Marelli, Erik	12 Winnacunnet	8.35
7 Dandeneau, Mason	10 Nashua North	8.39
8 Vieara-McCarthy, Aiden	11 Phillips Exeter	9.08

Boys 4x200 Meter Relay

School	Finals	H#
1 Pinkerton	1:32.83	3
1) Michaud, Caden 12	2) Smith, Zackary 12	
3) Parker, Braydon 11	4) Morrison, Matthew 11	
2 Winnacunnet	1:33.02	3
1) Corcoran, Brady 12	2) Janetos, Owen 10	
3) Jamison, Ryan 10	4) Duffy, Oliver 12	
3 Keene	1:36.01	3
1) Nelson, Isaac 12	2) Crowell, Wayne 10	
3) Bates, Jack 12	4) Stevens, Chris 12	
4 Portsmouth	1:38.78	2
1) Lander, Ethan 11	2) McAllister, Deondre 10	
3) Christo, Tyler 11	4) Guarracino, Leo 10	
5 Exeter	1:39.40	2
1) Casey, Ben 10	2) Kersten-Guiler, Thoren 11	
3) Nicholas, Andrew 12	4) Reardon, Phineas 11	
6 Merrimack	1:39.91	3
1) Centrella, Aidan 12	2) Kabel, Luca 11	
3) Cassetty, Austin 9	4) Almonte, Anthony 12	
7 Londonderry	1:40.94	1
1) Inglese, Jon 11	2) Palma, Carson 11	
3) Palma, Lucas 10	4) VanAvery, Devin 9	
8 Nashua North	1:41.30	1
1) Chea, Bunhour 9	2) Vazquez, Yaxiel 9	
3) Farrington, Aaron 11	4) Suchecki, Gavin 10	
9 Coe-Brown	1:44.55	2
1) Lee, Cameron 11	2) Newick, Ethan 10	
3) O'Neal, Harrison 10	4) Sartin, Bryce 11	
10 Newmarket	1:47.31	1
1) Dhariwal, Sarbeshwar 9	2) Barber, Aidan 11	
3) Mcguirk, Dexter 9	4) Dillip, Soumyan 12	

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Boys 4x400 Meter Relay

School	Finals	H#
1 Pinkerton	3:37.99	2
1) Binda, Nathan 12	2) Dowd, Aiden 12	
3) Smith, Zackary 12	4) Santomassimo, Cody 12	
2 Nashua North	3:39.97	2
1) Farrington, Aaron 11	2) Vazquez, Yaxiel 9	
3) Dandeneau, Mason 10	4) Suchecki, Gavin 10	
3 Portsmouth	3:40.50	2
1) Biddle, Sam 9	2) Hart, Will 10	
3) Catino, Briggs 11	4) Beattie, Theo 11	
4 Exeter	3:44.65	1
1) Bourgeault, Avery 9	2) Rice, Griffin 12	
3) Casey, Ben 10	4) Malark, Gavin 12	
5 Merrimack	3:46.88	1
1) Sugianto, Jordan 10	2) Forrest, Owen 12	
3) Felo, Luke 9	4) Basoli, Benjamin 12	
6 Coe-Brown	3:50.52	1
1) Kerouac, Luc 11	2) Szatko, Anthony 10	
3) Spina, Blake 10	4) Frobürg, Quinn 11	
7 Londonderry	3:52.44	1
1) Visconti, Matthew 12	2) McDonald, Finn 9	
3) Oljey, Aiden 12	4) Twomey, Josh 10	
8 Newmarket	3:58.11	1
1) Barber, Aidan 11	2) Wu, Aiden 9	
3) Hartshorne, Simon 9	4) Hill, Sawyer 10	
-- Winnacunnet	DQ	2 zone violation
1) Dillon, Nathan 9	2) Patterson, Wyatt 12	
3) Reynoso-Santana, Harvey 10	4) Duffy, Sullivan 10	

Boys 4x800 Meter Relay

School	Finals
1 Phillips Exeter	8:55.51
1) Nomula, Advay 12	2) Bedwick, Rex 12
3) Courchesne, Malcolm 12	4) Chen, Jonathan (Jonny) 12
2 Londonderry	8:58.24
1) Buckley, William 12	2) DiBuono, Jack 10
3) Oljey, Aiden 12	4) Vaccaro, Alexander 11
3 Exeter	9:08.34
4 Coe-Brown	9:23.68
1) Spina, Blake 10	2) Plowman, Dylan 11
3) Graveline, Landon 11	4) Frobürg, Quinn 11
5 Portsmouth	9:40.51
1) Boynton, Luke 9	2) Johnson, Tate 11
3) Carrigan, Wilder 11	4) Kindstedt, Thatcher 10
6 Merrimack	9:55.99
1) Plumb, Colin 9	2) Adams, Benjamin 9
3) Felo, Luke 9	4) Miller, Brayden 9

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Boys High Jump

Name	Year	School	Finals
1 Duffy, Oliver	12	Winnacunnet	6-04.25
5-00 5-02 5-04 5-06 5-08 5-10 6-00 6-02 6-04.25 6-05			
P P P P O XO PPP O XO XXX			
2 Gillis, Nolan	11	Keene	5-08.00
5-00 5-02 5-04 5-06 5-08 5-10			
P O O O O XXX			
3 VanAvery, Devin	9	Londonderry	J5-08.00
5-00 5-02 5-04 5-06 5-08 5-10			
O XO O XXO XO XXX			
4 Suchecki, Gavin	10	Nashua North	J5-08.00
5-00 5-02 5-04 5-06 5-08 5-10			
P P P XO XXO XXX			
5 Michaud, Caden	12	Pinkerton	5-06.00
5-00 5-02 5-04 5-06 5-08			
P P P XXO XXX			
6 Sheppard, Tayshawn	12	Somersworth	5-04.00
5-00 5-02 5-04 5-06			
P XO O XXX			
7 Bloom, Ben	10	Portsmouth	5-02.00
5-00 5-02 5-04			
P O XXX			
-- Breault, Griffin	9	Phillips Exeter	NH
5-00 5-02 5-04			
P P XXX			
-- Michaud, Ryson	9	Pinkerton	NH
5-00			
XXX			

Boys Long Jump

Name	Year	School	Finals	H#
1 Duffy, Oliver	12	Winnacunnet	22-01.00	1
19-07 19-06.50 FOUL 20-10.50 21-06 22-01				
2 Michaud, Caden	12	Pinkerton	20-08.50	1
18-08 19-00.50 20-08.50 18-02.50 17-11.75 19-05				
3 Kersten-Guiler, Thoren	11	Exeter	19-02.00	2
18-03.25 18-06 FOUL 18-07.75 19-02 19-01.75				
4 Lander, Ethan	11	Portsmouth	18-10.75	2
18-10.75 18-01.75 18-01 18-05.75 18-06.50 FOUL				
5 Kabel, Luca	11	Merrimack	18-07.00	1
18-05 18-05.25 18-07 18-05 18-02.25 16-03				
6 James, Ryan	12	Pinkerton	18-04.00	2
18-04 17-11.50 FOUL 17-06 16-02.50 17-08.50				
7 Suchecki, Gavin	10	Nashua North	18-03.25	2
18-03.25 17-03.75 17-04.25				
7 McAllister, Deondre	10	Portsmouth	18-03.25	1
FOUL 18-02.75 18-03.25				
9 Sartin, Bryce	11	Coe-Brown	18-01.25	2
FOUL FOUL 18-01.25				
10 Epale, Cordel	12	Phillips Exeter	18-00.50	1
FOUL FOUL 18-00.50				

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11 Sheppard, Tayshawn	12 Somersworth	18-00.00	2
FOUL 18-00 16-02.75			
12 Inglese, Jon	11 Londonderry	17-11.50	2
FOUL 17-11.50 16-04			
13 Cassetty, Austin	9 Merrimack	17-09.75	1
FOUL 17-09.75 FOUL			
14 Kasongo, Arnold	11 Londonderry	17-08.75	1
17-08.75 16-09.50 16-08.25			
15 Dandeneau, Mason	10 Nashua North	17-08.50	2
17-08.50 17-02.50 17-05			
16 Osanya, Joseph	10 Pinkerton	17-08.00	1
17-08 17-02.50 15-11.50			
17 Lin, Jacke	9 Pinkerton	16-11.50	2
16-08 16-11 16-11.50			
18 Palma, Lucas	10 Londonderry	16-02.50	2
15-11.50 16-00.50 16-02.50			

Boys Shot Put

Name	Year School	Finals	H#
1 Smith, Darius	11 Nashua North	51-11.75	1
51-11.75 50-08.75 50-09 50-08.25 49-10.75 FOUL			
2 Packowski, Joseph	12 Pinkerton	47-07.75	1
FOUL 41-03 47-07.75 FOUL 45-01.50 44-09.25			
3 Boulden, Tanner	12 Phillips Exeter	45-04.00	1
45-04 43-08.50 44-05.75 43-10.75 44-06.75 FOUL			
4 Rezaoui, Zachariah	12 Merrimack	45-02.75	1
45-02.75 FOUL FOUL FOUL FOUL FOUL			
5 Warner, Elias	12 Coe-Brown	45-01.00	1
44-08.50 42-09.50 42-05.75 45-01 FOUL 43-02.25			
6 Franqui, Nicholas	11 Merrimack	43-09.50	1
42-09.75 43-09.50 43-04.75 43-09.50 39-06.25 FOUL			
7 Premoli, Luan	11 Pinkerton	43-04.75	2
43-04.75 41-04 43-00.50			
8 Menger, Erik	12 Exeter	42-05.50	1
40-04 40-09 42-05.50			
9 Johnson, Carter	10 Phillips Exeter	41-07.00	1
41-04.50 38-09.50 41-07			
10 Terrenzio, Derek	11 Pinkerton	39-04.00	2
38-11.75 39-04 FOUL			
11 Pasterczyk, Noah	11 Nashua North	38-10.00	2
38-10 35-11 36-10			
12 Betts-Levine, Rex	12 Coe-Brown	37-10.50	2
35-09.50 37-10.50 FOUL			
13 Nelson, Joseph	12 Pinkerton	37-10.00	2
36-02 FOUL 37-10			
14 Briggs, Logan	11 Nashua North	37-09.75	2
36-00 37-09.75 29-08.25			
15 Martin, Ethan	11 Merrimack	37-06.25	2
36-07.25 37-00.25 37-06.25			
16 Cintron Arizmendi, Zarie	11 Nashua North	37-01.00	2
36-08 35-08.50 37-01			

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17 Connelly, Thomas	10 Pinkerton	35-10.25	2
35-10.25 32-07.25 30-01.50			
18 Bateman, Kellen	11 Exeter	35-09.50	2
35-09.50 35-04.50 FOUL			
19 Small, Thomas	12 Coe-Brown	35-06.25	1
33-05.25 FOUL 35-06.25			
20 Kimbark, Brodan	11 Pinkerton	35-00.50	2
35-00.50 33-03.25 32-10.75			
21 Connolly, Braden	9 Pinkerton	34-05.50	2
34-05.50 34-04.75 FOUL			
22 Abubakar, Shaib	10 Phillips Exeter	34-02.50	2
FOUL FOUL 34-02.50			
-- DeLangie, Luke	12 Pinkerton	FOUL	1
FOUL FOUL FOUL			