

NH Indoor Track League
UNH Afternoon Session
Paul Sweet Oval - 1/14/2024
Results

Boys 55 Meter Dash
Top 6 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1 Gentchos, Joshua	12	Bishop Brady	6.90q	1
2 Russell, Ledger	12	Bedford	6.94q	3
3 Janetos, Owen	10	Winnacunnet	6.98q	2
4 McCranie, Kody	11	Bow	7.02q	4
5 Corcoran, Brady	12	Winnacunnet	7.03q	7
6 Parshay, Jacob	10	Bishop Guertin	7.04q	5 7.034
7 Parshay, Tyler	10	Bishop Guertin	7.04	6 7.038
8 Lombara, Gavin	11	Monadnock	7.08	1
9 Kersten-Guiler, Thoren	11	Exeter	7.09	6
10 Huerta, Marley	11	Exeter	7.14	8 7.133
10 Mace, Benjamin	12	Winnacunnet	7.14	4 7.133
12 Morin, Casey	12	Epping	7.15	8
13 Petrie, Zachary	11	Bedford	7.16	7
14 Uzuyem, Divine	12	Bishop Guertin	7.23	3
15 Delisle, David	12	Goffstown	7.28	1
16 Uong, Ryan	11	Bishop Guertin	7.29	7
17 Boucher, Magnus	10	Dover	7.30	3 7.294
18 Lafond, Adam	11	Goffstown	7.30	5 7.298
19 Fay, Colin	12	Alvirne	7.32	2
20 Yi, Jeremiah	11	Alvirne	7.36	8
21 Powers, JJ	12	Bedford	7.42	2
22 Hamel, Quinn	12	Goffstown	7.45	8
23 Otero, Trenton	10	Bedford	7.47	4
24 D'Andrea, Tony	10	Dover	7.48	6
25 Branco, Matthew	12	Alvirne	7.58	6 7.574
26 Hergenbahn, Sam	10	Alvirne	7.58	3 7.579
27 Gauvin, Brady	10	Alvirne	7.59	4
28 Ball, Nicholas	10	Monadnock	7.60	6
29 Ware, Keagan	11	Bedford	7.61	1 7.603
30 Petrillo, Henry	10	Alvirne	7.61	5 7.610
31 Bourgeault, Avery	9	Exeter	7.64	7
32 Joy, Kayden	10	Dover	7.66	1
33 Guidry, James	9	Bishop Guertin	7.73	1
34 Cormier, Trenton	10	Bishop Guertin	7.85	4
35 Lewis, Devin	11	Goffstown	7.86	2
36 Eftimiou, Alex	11	Bishop Guertin	7.89	8
37 Locher, Asher	9	Winnacunnet	7.94	6
38 Higgins, Owen	11	Monadnock	8.02	8
39 Nicholls, Sean	12	Bow	8.04	5
40 Lazarz, Connor	10	Dover	8.18	2
41 Hohm, Logan	9	Bishop Guertin	8.33	2
42 Lara, Yuri	12	Winnacunnet	8.51	5
43 Davis, James	10	Dover	8.57	7
44 Page, Dylan	12	Alvirne	8.84	7
45 Darling, Luke	9	Bow	8.88	3

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Boys 55 Meter Dash

Name	Year	School	Finals	Points
Finals				
1 Gentchos, Joshua	12	Bishop Brady	6.72	10
2 Russell, Ledger	12	Bedford	6.91	8
3 Corcoran, Brady	12	Winnacunnet	6.97	6
4 Janetos, Owen	10	Winnacunnet	6.98	4
5 McCranie, Kody	11	Bow	7.02	2
6 Parshay, Jacob	10	Bishop Guertin	7.09	1

Boys 300 Meter Dash

Name	Year	School	Finals	H#	Points
1 McCranie, Kody	11	Bow	37.70	10	10
2 Plumley, Shane	10	Alvirne	37.76	10	8
3 Gentchos, Joshua	12	Bishop Brady	38.12	9	6
4 Janetos, Owen	10	Winnacunnet	38.20	9	4
5 Bekkering, Jared	12	Bedford	38.50	8	2
6 Jamison, Ryan	10	Winnacunnet	39.05	9	1
7 Colangelo, John	10	Bedford	40.18	7	
8 Cote, Logan	12	Goffstown	40.32	8	
9 Rice, Griffin	12	Exeter	40.40	7	
10 Mace, Benjamin	12	Winnacunnet	40.51	8	
11 Hamel, Quinn	12	Goffstown	40.56	8	
12 Russell, Ledger	12	Bedford	40.73	7	
13 Westcott, Dustin	11	Bedford	40.86	5	
14 Proto, Ethan	12	Dover	40.95	6	
15 Cote, Jaden	12	Bedford	41.10	5	
16 Cormier, Trenton	10	Bishop Guertin	41.17	7	
17 Flaherty, Aidan	12	Alvirne	41.35	6	
18 Uong, Ryan	11	Bishop Guertin	42.77	6	
19 Post, James	12	Con-Val	42.87	4	
20 Gauvin, Brady	10	Alvirne	42.96	6	
21 Morin, Casey	12	Epping	43.31	5	
22 Hergenbahn, Sam	10	Alvirne	43.32	4	
23 Martinez, Hector	9	Dover	43.82	4	
24 Winters, Donovan	12	Dover	44.05	4	
25 Wheatley, William	12	Dover	44.60	5	
26 Reeve, Austin	10	Exeter	44.61	3	
27 Leombruno, Ryan	10	Epping	45.04	3	
28 Ciriello, William	9	Epping	45.70	2	
29 Locher, Asher	9	Winnacunnet	47.07	3	
30 Dyer, Sam	9	Epping	47.81	1	
31 Desclos, Gavin	9	Goffstown	48.02	2	
32 Clark, Reilly	10	Epping	48.17	1	
33 Darling, Luke	9	Bow	49.47	2	
-- Marcotte, Joey	10	Alvirne	DQ	9	Lane Violation

Boys 600 Meter Run

Name	Year	School	Finals	H#	Points
1 Petrie, Zachary	11	Bedford	1:34.07	2	10

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....Boys 600 Meter Run

2	Dillon, Nathan	9	Winnacunnet	1:34.29	2	8	
3	Chong, Christopher	12	Bedford	1:36.84	2	6	
4	Sargent, Thomas	11	Bow	1:37.21	2	4	
5	Duffy, Sullivan	10	Winnacunnet	1:38.58	2	2	
6	Murdock, Gavan	11	Goffstown	1:38.68	2	1	
7	Reynoso-Santana, Harvey	10	Winnacunnet	1:38.75	2		
8	Fowler, Mason	10	Exeter	1:41.09	2		
9	Burke, Ryan	11	Alvirne	1:44.98	1		
10	Griffin, Dylan	10	Dover	1:45.43	1		
11	Fahey, Jake	12	Bedford	1:45.52	1		
12	Croft, Jackson	10	Bedford	1:46.56	1		1:46.551
13	Ware, Keagan	11	Bedford	1:46.56	1		1:46.557
14	Orleans, Colby	9	Exeter	1:46.80	1		
15	Abdulla, Jon	11	Alvirne	1:49.35	1		
16	Kurland, Seth	12	Winnacunnet	1:52.40	1		
17	Sawyer, Theo	10	Dover	1:54.04	1		
18	Towle, Ethan	9	Dover	1:59.97	1		
19	Tanner, Nathaniel	9	Monadnock	2:05.84	1		
20	Lunt, Aidan	11	Goffstown	2:06.70	1		

Boys 1000 Meter Run

Name	Year	School	Finals	H#	Points	
1	Zumbach, Ryan	11	Winnacunnet	2:43.54	2	10
2	Betterley, Alden	12	Bow	2:43.81	2	8
3	Johnson, Clayton	10	Dover	2:43.82	2	6
4	Joslyn, Peyton	10	Monadnock	2:46.52	2	4
5	Cote, Logan	12	Goffstown	2:48.71	2	2
6	Duffy, Oliver	12	Winnacunnet	2:52.42	2	1
7	Boldeia, Samuel	12	Bedford	2:54.24	2	
8	Casado, David	11	Bedford	2:55.02	2	
9	Post, James	12	Con-Val	2:55.75	1	
10	Joslyn, Jace	12	Monadnock	2:57.16	2	
11	Plante, Jacob	11	Alvirne	3:01.04	1	
12	Miller, Owen	12	Bow	3:01.88	2	
13	Lampinen, Carlton	12	Monadnock	3:02.00	2	
14	Neikam, William	10	Bedford	3:02.67	1	
15	Saraiya, Shivaan	10	Bedford	3:05.95	1	
16	Petrillo, Joey	10	Alvirne	3:06.01	1	
17	Ciriello, William	9	Epping	3:12.68	1	
18	Patterson, Wyatt	12	Winnacunnet	3:12.85	1	
19	Leombruno, Ryan	10	Epping	3:15.65	1	
20	Plante, Braden	11	Alvirne	3:18.51	1	
21	Dyer, Sam	9	Epping	3:25.38	1	
22	Bargdill, Aaron	9	Dover	4:06.45	1	

Boys 1500 Meter Run

Name	Year	School	Finals	H#	Points	
1	Mann, Spencer	11	Exeter	4:25.96	2	10
2	Tetu, Ben	12	Fall Mountain	4:30.10	2	8
3	Dunning, Brent	11	Alvirne	4:32.74	2	6

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....Boys 1500 Meter Run

4	Joslyn, Jace	12	Monadnock	4:34.97	2	4
5	Fiorenza, Ethan	12	Dover	4:35.17	2	2
6	Phemester, Braden	10	Bishop Guertin	4:37.49	2	1
7	Gagnon, Alexander	12	Goffstown	4:48.28	1	
8	Ciriello, Daniel	12	Epping	4:48.35	1	
9	Lampinen, Carlton	12	Monadnock	4:53.65	2	
10	Worcester, Wyatt	10	Bow	4:57.25	1	
11	Brunjes, Jacob	10	Monadnock	4:58.79	1	
12	Salmon, Jack	10	Bishop Guertin	5:00.17	2	
13	Brandt, Roarke	9	Alvirne	5:00.39	1	
14	White, Leonardo	11	Exeter	5:04.40	1	
15	Cresta, Matthew	9	Alvirne	5:06.71	1	
16	Ragazzo, Robert	10	Dover	5:23.22	1	
17	Gorman, Sam	10	Dover	5:23.40	1	

Boys 3000 Meter Run

Name	Year	School	Finals	Points
1	Redman, Jacob	12	Bedford	9:04.09 10
2	Tetu, Ben	12	Fall Mountain	9:38.41 8
3	Pulsifer, Ethan	11	Bedford	9:53.97 6
4	Fish, Patrick	12	Bedford	9:56.89 4
5	Bekkering, Jared	12	Bedford	10:05.01 2
6	Wanamaker, Ryder	11	Alvirne	10:12.22 1
7	Matson, Sam	10	Alvirne	10:17.43
8	Worcester, Wyatt	10	Bow	10:17.74
9	Schultz, Ethan	11	Alvirne	10:46.72
10	Jung, Ryan	11	Bedford	10:54.30

Boys 55 Meter Hurdles

Top 6 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1	Lombara, Gavin	11	Monadnock	8.38q 2 8.377
2	Chong, Christopher	12	Bedford	8.38q 1 8.379
3	Marelli, Erik	12	Winnacunnet	8.48q 2
4	Westcott, Dustin	11	Bedford	8.57q 2
5	Cote, Jaden	12	Bedford	8.59q 1
6	Jamison, Ryan	10	Winnacunnet	8.60q 3
7	Otero, Trenton	10	Bedford	8.94 1
8	Marcotte, Joey	10	Alvirne	8.95 2
9	Post, James	12	Con-Val	8.98 3
10	Bibeau, Jacob	12	Monadnock	9.02 3
11	Benincasa, Travis	12	Dover	9.04 3
12	Flaherty, Aidan	12	Alvirne	9.16 3
13	Ball, Nicholas	10	Monadnock	9.62 1
14	Zakos, Jack	10	Alvirne	9.80 2
15	Landies, Gabriel	9	Bedford	9.90 3
16	Duffy, Sullivan	10	Winnacunnet	10.15 1
17	Eastwood, Thomas	10	Exeter	10.81 2
18	Brandt, Gabriel	10	Alvirne	11.17 1

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Name	Year School	Finals	Points
Finals			
1 Chong, Christopher	12 Bedford	7.87	10
2 Lombara, Gavin	11 Monadnock	8.32	8
3 Jamison, Ryan	10 Winnacunnet	8.46	6
4 Marelli, Erik	12 Winnacunnet	8.56	4
5 Cote, Jaden	12 Bedford	8.58	2
6 Westcott, Dustin	11 Bedford	8.61	1

Boys 4x160 Meter Relay

School	Finals	H#	Points
1 Bedford	1:18.60	4	10
1) Russell, Ledger 12	2) Chong, Christopher 12		
3) Powers, JJ 12	4) Petrie, Zachary 11		
2 Alvirne	1:19.16	2	8
1) Plumley, Shane 10	2) Yi, Jeremiah 11		
3) Marcotte, Joey 10	4) Fay, Colin 12		
3 Exeter	1:19.95	3	6
1) Casey, Ben 10	2) Rice, Griffin 12		
3) Bourgeault, Avery 9	4) Kersten-Guiler, Thoren 11		
4 Monadnock	1:20.73	2	4
1) Lombara, Gavin 11	2) Ball, Nicholas 10		
3) Bibeau, Jacob 12	4) Joslyn, Peyton 10		
5 Winnacunnet	1:21.15	3	2
1) Corcoran, Brady 12	2) Marelli, Erik 12		
3) Reynoso-Santana, Harvey 10	4) Dillon, Nathan 9		
6 Bishop Guertin	1:21.16	4	1
1) Parshay, Tyler 10	2) Parshay, Jacob 10		
3) Cormier, Trenton 10	4) Uzuyem, Divine 12		
7 Dover	1:22.55	1	
1) Benincasa, Travis 12	2) D'Andrea, Tony 10		
3) McInnes, Brady 12	4) Boucher, Magnus 10		
8 Epping	1:29.51	1	
1) Ciriello, Daniel 12	2) Leombruno, Ryan 10		
3) Ciriello, William 9	4) Morin, Casey 12		

Boys 4x400 Meter Relay

School	Finals	Points
1 Bedford	3:55.97	10
1) Pulsifer, Ethan 11	2) Casado, David 11	
3) Boldeia, Samuel 12	4) Colangelo, John 10	
2 Bow	3:56.03	8
1) Miller, Owen 12	2) Sargent, Thomas 11	
3) McCranie, Kody 11	4) Betterley, Alden 12	
3 Alvirne	3:58.39	6
1) Flaherty, Aiden 12	2) Gauvin, Brady 10	
3) Zakos, Jack 10	4) Dunning, Brent 11	
4 Dover	4:09.02	4
1) Wheatley, William 12	2) Griffin, Dylan 10	

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....Boys 4x400 Meter Relay

3) Proto, Ethan 12

4) Johnson, Clayton 10

Boys High Jump

Name	Year	School	Finals	Points
1 Duffy, Oliver	12	Winnacunnet	5-08.00	10
5-00 5-02 5-04 5-06 5-08 5-10				
P P P P O XXX				
2 Uzuyem, Divine	12	Bishop Guertin	J5-08.00	7
5-00 5-02 5-04 5-06 5-08 5-10				
O O O XO O XXX				
2 Alderton, Berkeley	12	Bedford	J5-08.00	7
5-00 5-02 5-04 5-06 5-08 5-10				
P P P XO O XXX				
4 Fay, Colin	12	Alvirne	5-02.00	4
5-00 5-02 5-04				
P XO XXX				
-- Jamison, Ryan	10	Winnacunnet	NH	
5-00 5-02 5-04 5-06				
P P P XXX				
-- Eftimiou, Alex	11	Bishop Guertin	NH	
5-00				
XXX				
-- Eastwood, Thomas	10	Exeter	NH	
5-00				
XXX				

Boys Long Jump

Name	Year	School	Finals	H#	Points
1 McInnes, Brady	12	Dover	19-07.50	2	10
19-03.50 19-03 19-07 19-07.50					
2 Delisle, David	12	Goffstown	18-08.50	2	8
17-03.75 17-06.50 17-07 18-08.50					
3 Kersten-Guiler, Thoren	11	Exeter	18-06.25	2	6
FOUL 16-11.25 17-09 18-06.25					
4 McCranie, Kody	11	Bow	18-00.50	1	4
17-07.25 18-00.50 16-11 17-01.25					
5 Cote, Jaden	12	Bedford	18-00.00	2	2
FOUL 17-10 18-00 17-09					
6 Marcotte, Joey	10	Alvirne	17-08.50	2	1
17-05.75 17-00.50 17-08.50 17-02.25					
7 Parshay, Tyler	10	Bishop Guertin	17-08.00	2	
17-08 FOUL FOUL 17-04.50					
8 Post, James	12	Con-Val	17-06.00	1	
13-10.50 16-00.50 16-00 17-06					
9 Fay, Colin	12	Alvirne	17-05.00	2	
17-00.50 15-10 17-00 17-05					
10 Alderton, Berkeley	12	Bedford	17-01.75	2	
17-01.75 FOUL 16-08 FOUL					
11 Bibeau, Jacob	12	Monadnock	17-00.75	1	
15-08.50 17-00.75 FOUL 16-02					

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12	Parshay, Jacob	10	Bishop Guertin	17-00.00	2
	17-00 16-11.50	FOUL	FOUL		
13	Yi, Jeremiah	11	Alvirne	16-10.00	2
	16-04.50 16-04	16-10	16-03.50		
14	Petrillo, Henry	10	Alvirne	16-06.50	1
	14-10 16-01.50	16-06.50	16-01		
15	Bourgeault, Avery	9	Exeter	16-01.50	2
	16-01.50	FOUL	15-09.50	FOUL	
16	Warble, John	10	Bedford	16-01.00	1
	15-10.50 14-11.25	15-07	16-01		
17	Branco, Matthew	12	Alvirne	16-00.50	2
	16-00.50 15-04.50	14-07	15-01.50		
18	Hamel, Quinn	12	Goffstown	16-00.00	1
	14-09.25 14-09.50	16-00	15-05		
19	Lewis, Devin	11	Goffstown	15-07.00	1
	15-07 12-04	14-06.50	14-08.50		
20	Martinez, Hector	9	Dover	15-04.50	1
	14-06.75 14-09	14-10.50	15-04.50		
21	Nicholls, Sean	12	Bow	15-00.00	1
	14-01 15-00	14-05	13-03		
22	Wheatley, William	12	Dover	14-04.50	1
	14-04.50 14-02.50	12-07	13-05		
--	Darling, Luke	9	Bow	FOUL	1
	FOUL FOUL FOUL FOUL				

Boys Shot Put

Name	Year	School	Finals	H#	Points
1 Grudinskas, Alexander	12	Bedford	43-06.00	3	10
	38-04.75	42-04.75	43-01	43-06	
2 Lennon, Connor	12	Bishop Guertin	40-03.75	3	8
	37-06.25	39-08.25	40-03.75	39-06.75	
3 Nicholls, Sean	12	Bow	39-05.25	3	6
	38-02.75	39-05.25	38-07.50	FOUL	
4 Russell, Ledger	12	Bedford	39-03.25	3	4
	38-08.75	36-07.25	38-04.25	39-03.25	
5 Menger, Erik	12	Exeter	37-01.50	3	2
	FOUL	36-02	37-01.50	34-02	
6 Bateman, Kellen	11	Exeter	36-01.50	2	1
	36-01.50	33-04.50	FOUL	32-03	
7 Wrede, Mathias	12	Bedford	35-07.00	3	
	34-04.75	35-07	33-11.75	32-05.25	
8 Flaherty, Connor	10	Bedford	35-04.00	3	
	34-06.75	32-05.25	35-04	27-02.25	
9 Harding, Jake	12	Bedford	34-03.75	2	
	32-04.50	33-01	33-07	34-03.75	
10 Page, Dylan	12	Alvirne	33-10.50	2	
	FOUL	32-11.75	33-01.50	33-10.50	
11 Neal, Joseph	12	Bishop Guertin	33-06.25	3	
	33-01	31-09.50	33-06.25	FOUL	
12 Neal, Christian	11	Bishop Guertin	33-03.75	3	
	31-01	31-06.75	33-03.75	30-11.50	

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....Boys Shot Put

13 Cataldo, Alexander	10 Alvirne	32-02.00	3
32-02 31-00.25 FOUL 31-04.75			
14 Higgins, Brock	9 Dover	30-11.25	2
29-08.50 30-11.25 FOUL 27-01			
15 Lazarz, Connor	10 Dover	30-07.00	2
30-03 28-03 26-11 30-07			
16 Higgins, Owen	11 Monadnock	28-07.25	2
27-01.25 27-06.75 28-07.25			
17 Lara, Yuri	12 Winnacunnet	28-01.25	1
28-01.25 27-10 26-09.50			
17 Kurland, Seth	12 Winnacunnet	28-01.25	2
27-01.75 27-03.75 28-01.25			
19 Patterson, Wyatt	12 Winnacunnet	28-00.50	2
26-07.75 FOUL 28-00.50			
20 Johnson, Nathaniel	11 Epping	27-00.75	2
26-01.25 24-07.75 27-00.75			
21 Porembski, John	10 Alvirne	26-05.25	1
24-04.75 26-05.25 25-04.25			
22 Hebert, Joseph	11 Bishop Guertin	26-04.75	2
FOUL 25-07.50 26-04.75			
23 Guimond, Dylan	12 Alvirne	25-03.50	1
23-11 25-03.50 24-05.75			
24 Davis, James	10 Dover	25-03.00	1
FOUL 25-03 24-03.25			
25 McGowan, Benjamin	10 Alvirne	25-02.75	1
24-06.25 25-02.75 24-03.75			
26 Clark, Reilly	10 Epping	24-00.00	1
23-05.75 24-00 23-01.25			
27 Sander, Gregory	12 Bishop Guertin	22-11.50	2
22-11.50 21-09.25 22-09.50			
28 Rosberg, Ryan	9 Winnacunnet	22-03.50	1
19-09 20-11 22-03.50			
29 Noce, Jack	11 Bow	21-10.75	1
20-05.50 21-10.75 20-11.50			
30 Miller, Owen	12 Bow	21-04.00	1
20-04 20-03.50 21-04			

=====
Men - Team Rankings - 12 Events Scored
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1) Bedford	104	2) Winnacunnet	58
3) Bow	42	4) Alvirne	34
5) Exeter	25	6) Dover	22
7) Monadnock	20	8) Bishop Guertin	18
9) Fall Mountain	16	9) Bishop Brady	16
11) Goffstown	11		