

NHWTL Relay Meet - 1/28/2024
Morning Session
Paul Sweet Oval - University Of New Hampshire
Results

Girls 55 Meter Dash Relay

Name	Year	School	Finals	H#
Finals				
1 Best, Alexis		Merrimack	7.41	3
2 Nada, Mariam		Portsmouth	7.48	1
3 Roberts, Eva		Pinkerton	7.53	1
4 Jenkins, Lily		Portsmouth	7.58	1
5 O'Keefe, Ella		Bedford	7.63	2
6 Brayall, Nora		Pinkerton	7.68	1
7 Cooper, Caroline		Concord	7.74	2
8 Conteh, Ballay		Concord	7.83	2
9 Rudy, Olivia		Alvirne	7.83	6
10 Rodriguez, Hannah		Manchester Memorial	7.87	3
11 Carter, Ella		Portsmouth	7.93	1
12 DeLorey, Eres		Londonderry	7.94	5
13 McBride, Martelle		Exeter	7.97	4
14 Tallman, Kaitlin		Spaulding	7.99	5 7.981
15 George, Ava		Pinkerton	7.99	1 7.983
16 Bilodeau, Sophia		Bishop Guertin	8.04	4 8.037
17 Christiana, Annie		Exeter	8.04	4 8.039
18 Ford, Victoria		Manchester Memorial	8.07	3 8.067
19 Foxx, Libby		Bedford	8.07	2 8.068
20 Aprile, Emerson		Timberlane	8.08	7
21 Amoo, Kaylin		Merrimack	8.13	3
22 Pacheco, Liana		Winnacunnet	8.18	6
23 Roy, Haylie		Merrimack	8.19	3
24 Gridley, Rachel		Concord	8.21	2
25 Goodwin, Natalia		Winnacunnet	8.21	6
26 Ernst, Isabelle		Exeter	8.24	4
27 Desjadon, Madeline		Bishop Guertin	8.25	4 8.244
28 Gatheral, Brooke		Bishop Guertin	8.25	4 8.249
29 Mohammad-Sidi, Nazmeen		Alvirne	8.26	6
30 Galeaz, Jaylin		Londonderry	8.27	5
31 Bekkering, Joy		Bedford	8.29	2
32 Takekoshi, Lela		Spaulding	8.33	5
33 Leone, Molly		Londonderry	8.36	5
34 Reynoso-Santana, Hayren		Winnacunnet	8.38	6
35 Junkins, Abby		Spaulding	8.42	5
36 DiLegge, Ashlan		Keene	8.47	7
37 Jackson, Charline		Manchester Memorial	8.47	3
38 Amadi, Lisa		Alvirne	8.51	6
39 Alperin, Taylor		Timberlane	8.60	7
40 Johnson, Isabella		Timberlane	8.67	7
41 Carey, Neela		Keene	8.86	7
42 Hildreth, Anna		Keene	8.89	7

Girls 55 Meter Hurdles Relay

Name	Year	School	Finals	H#
1 Ofori, Petrina		Alvirne	8.92	3
2 Doherty, Morgan		Concord	9.11	4
3 Nada, Mariam		Portsmouth	9.17	1
4 Adams, Hayden		Winnacunnet	9.58	2

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5 Kirk, Zoe	Dover	9.66	1
6 Bolobanic, Jordyn	Dover	9.71	1
7 MacVicar, Sydney	Exeter	9.94	2
8 Flynn, Molly	Portsmouth	10.23	1
9 Grote, Lola	Winnacunnet	10.46	2
10 Bancroft, Jocelyn	Portsmouth	10.58	1
11 LaBatt, Ava	Keene	10.65	3
12 Fowler, McKinley	Winnacunnet	10.66	2
13 Dean, Ellie	Exeter	10.68	2
14 Bartel, Colleen	Exeter	10.75	2
15 Castor, Maddox	Keene	10.81	3
16 Friend-Gray, Emeline	Dover	11.10	1
17 Makoviyz, Jane	Alvirne	11.70	3
18 DiLegge, Ashlan	Keene	11.91	3
-- Tobin, Addison	Alvirne	DQ	3 Hurdle violation

Girls 4x160 Meter Relay

School	Finals	H#
1 Nashua North 'A'	1:26.86	8
1) Frye, Sarah	2) Brown, Tiana	
3) Juris, Christina	4) Thomas, Jhanelle	
2 Nashua South 'A'	1:27.52	7
1) Chavarin, Alejandra	2) Eppolito, Nevaeh	
3) Musa, Nyahingiva (Nyah)	4) Ortiz, Myasiah (Mimi)	
3 Pinkerton 'A'	1:27.81	9
1) Roberts, Eva	2) Sprague, Aislinn	
3) Brayall, Nora	4) McNulty, Camryn	
4 Manchester Memorial 'A'	1:29.40	5
1) Courter, Jordan	2) Sanni, Ayomide	
3) Ford, Victoria	4) Rodriguez, Hannah	
5 Winnacunnet 'A'	1:30.05	6
1) Clifford, Maitri	2) Pacheco, Liana	
3) Ouellette, Maeve	4) Needham, Isabel	
6 Concord 'A'	1:30.17	8
1) Gridley, Rachel	2) Makee, Anna	
3) Conteh, Ballay	4) Cooper, Caroline	
7 Bedford 'A'	1:30.18	9
1) Foxx, Libby	2) O'Keefe, Ella	
3) Boll, Grace	4) Zimmerman, Paige	
8 Exeter 'A'	1:30.42	5
1) Christiana, Annie	2) Ernst, Isabelle	
3) McBride, Martelle	4) Bremer, Isabelle	
9 Bishop Guertin 'A'	1:30.69	6
1) Bilodeau, Sophia	2) Gatheral, Brooke	
3) Sinclair, Anna	4) Desjadon, Madeline	
10 Merrimack 'A'	1:31.76	4
1) Best, Alexis	2) Amoo, Kaylin	
3) Siik, Amelia	4) Roy, Haylie	
11 Spaulding 'A'	1:34.15	2
1) Takekoshi, Lela	2) Jacobs, Jailynn	
3) Junkins, Abby	4) Tallman, Kaitlin	
12 Londonderry 'A'	1:34.46	2

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1) Galeaz, Jaylin	2) DeLorey, Eres		
3) Plante, Madeleine	4) Leone, Molly		
13 Windham 'A'		1:34.79	3
1) Lee, Sedona	2) Wright, Laurel		
3) Wright, Kelly	4) Draeger, Sydney		
14 Dover 'A'		1:35.48	3
1) Cancilla, Nicole	2) Kirk, Zoe		
3) Bolobanic, Jordyn	4) Friend-Gray, Emeline		
15 Timberlane 'A'		1:37.06	1
1) Alperin, Taylor	2) Aprile, Emerson		
3) Johnson, Isabella	4) Munsell, Kaya		
16 Alvirne 'A'		1:38.51	4
1) Mohammad-Sidi, Nazmeen	2) Rudy, Olivia		
3) Amadi, Lisa	4) Ofori, Petrina		
17 Keene 'A'		1:39.10	1
1) Houston, Lucy	2) Hildreth, Anna		
3) LaBatt, Ava	4) Perry, Violet		
-- Portsmouth 'A'		DQ	7 Zone Violation
1) Timerman, Avery	2) Nada, Mariam		
3) Baryiames, Alexa	4) Jenkins, Lily		

Girls 4x400 Meter Relay

School		Finals	H#
1 Nashua North 'A'		4:14.90	4
1) Frye, Allison	2) Juris, Christina		
3) Brown, Tiana	4) Thomas, Jhanelle		
2 Exeter 'A'		4:15.91	4
1) Knab, Clara	2) Bremer, Isabelle		
3) Cross, Eli	4) Caron, Danica		
3 Bedford 'A'		4:17.25	4
1) Zimmerman, Paige	2) Ray, Anna		
3) Ducharme, Samantha	4) Barry, Mikita		
4 Pinkerton 'A'		4:20.47	4
1) Rzasa, Sarah	2) Blake, Nicole		
3) Sippel, Isabella	4) McNulty, Camryn		
5 Portsmouth 'A'		4:21.00	3
1) Carter, Ella	2) Patterson, Lily		
3) Vinciguerra, Ginger	4) Houghton, Maddy		
6 Nashua South 'A'		4:24.28	3
1) Ortiz, Myasiah (Mimi)	2) Melendez, Emely		
3) Eppolito, Nevaeh	4) Witta, Sarah		
7 Concord 'A'		4:27.69	3
1) Doherty, Morgan	2) Gualtieri, Gianna		
3) Goulas, Ella	4) Muller, Madeline		
8 Alvirne 'A'		4:35.68	2
1) Ofori, Petrina	2) Makoviyz, Jane		
3) Tobin, Addison	4) Martin, Ava		
9 Winnacunnet 'A'		4:37.43	3
1) Christie, Isla	2) Reynoso-Santana, Hayren		
3) Nardone, Sofia	4) Rooney, Teagan		
10 Timberlane 'A'		4:38.94	2
1) Robinson, Abigail	2) Fronc, Julia		

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3) Caruso, Jilian	4) Fitzgerald, Aubrey		
11 Londonderry 'A'	4:40.07	1	
1) Plante, Madeleine	2) Sherman, Drewanne		
3) DiBuono, Ella	4) Gregoire, Linsey		
12 Windham 'A'	4:45.34	1	
1) Lee, Sedona	2) Klinger, Katherine		
3) Wright, Laurel	4) Madden, Darby		
13 Keene 'A'	4:45.65	1	
1) Houston, Lucy	2) Hildreth, Anna		
3) LaBatt, Ava	4) Perry, Violet		
14 Dover 'A'	4:52.42	2	
1) Fiorenza, Lily	2) Bronson, Rose		
3) Pelletier, Noelle	4) Poulin, Janelle		
15 Merrimack 'A'	4:57.44	2	
1) Bedard, Melanie	2) Taylor, Ella		
3) McWhirter, Megan	4) Amoo, Kaylin		
16 Spaulding 'A'	5:02.31	1	
1) Dumont, Isabella	2) Morin, Emma		
3) Meulenbroek, Caroline	4) Boston, Caitlyn		

Girls 4x800 Meter Relay

School	Finals	H#
1 Exeter 'A'	10:06.29	2
1) Orleans, Amber	2) Paterna, Alexis	
3) Paterna, Brianna	4) Cross, Eli	
2 Pinkerton 'A'	10:19.79	2
1) Blake, Nicole	2) Bedard, Gabrielle	
3) Marzolf, Kalisan	4) Rzasas, Sarah	
3 Winnacunnet 'A'	10:35.70	1
1) Clifford, Maitri	2) Mariotti, Carson	
3) Burness, Ava	4) Koutalidis, Charlotte	
4 Portsmouth 'A'	10:44.34	2
1) Campbell, Kelsey	2) Baker, Mallory	
3) Sokolnicki, Sarah	4) Houghton, Maddy	
5 Dover 'A'	10:51.80	2
1) Spuler, Margaret	2) Bortz, Alyson	
3) McIntyre, Isabel	4) Poulin, Anique	
6 Bedford 'A'	10:57.11	2
1) Boll, Grace	2) Bekkering, Joy	
3) Sands, Ella	4) Ray, Anna	
7 Londonderry 'A'	10:58.76	2
1) DeLong, Gabriella	2) DiBuono, Ella	
3) LaBonte, Harper	4) Sherman, Drewanne	
8 Windham 'A'	11:08.79	1
1) Klinger, Katherine	2) Hynes, Lauren	
3) Madden, Darby	4) Morgan, Riley	
9 Merrimack 'A'	11:10.95	1
1) McWhirter, Megan	2) Vinson, Ella	
3) Taylor, Ella	4) Bedard, Melanie	
10 Alvirne 'A'	11:26.05	1
1) Martin, Ava	2) Quintiliani, Arrianna	
3) Burt, Zoe	4) Herbert, Jennifer	

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11 Nashua South 'A'	11:45.16	1
1) Marengo, Ariana	2) Kelly, Caroline	
3) Baez Alcantara, Genesis	4) Almonte, Jolina	
12 Timberlane 'A'	11:46.80	1
1) Hayes, Sarah	2) Reynolds, Kaitlyn	
3) Reynolds, Julia	4) Robinson, Abigail	
-- Nashua North 'A'	DNF	1
1) Hayden, Annika	2) Hewson, Skyler	
3) White, Laura	4) Witkoskie, Sonya	

Girls Long Jump

Name	Year	School	Finals	H#
1 Best, Alexis		Merrimack	17-02.00	2
16-09.50	16-05	17-02	FOUL	17-01
FOUL				FOUL
2 Nada, Mariam		Portsmouth	16-08.75	2
FOUL	15-11.25	FOUL	16-00	FOUL
FOUL				16-08.75
3 Adams, Hayden		Winnacunnet	16-03.00	2
15-05.50	FOUL	15-10.50	15-01	15-09.25
FOUL				16-03
4 Goulas, Ella		Concord	15-09.25	2
14-05.50	15-09.25	14-07.25	15-05.50	14-10
FOUL				PASS
5 Roberts, Eva		Pinkerton	15-08.00	1
FOUL	14-08.25	15-08	15-05.50	FOUL
FOUL				FOUL
6 O'Keefe, Ella		Bedford	15-05.00	2
13-01.50	14-02	15-01.50	14-09.75	15-03
FOUL				15-05
7 Doherty, Morgan		Concord	14-09.25	2
13-01.50	14-06.50	14-09.25	FOUL	14-06.50
FOUL				FOUL
8 MacVicar, Sydney		Exeter	14-02.50	1
13-00.25	12-08.50	14-02.50		
FOUL				
9 Tallman, Kaitlin		Spaulding	13-10.75	1
FOUL	FOUL	13-10.75		
FOUL				
10 Mikelson, Kelley		Concord	13-10.50	2
13-09	13-10.50	12-11		
FOUL				
11 Needham, Isabel		Winnacunnet	13-09.00	1
13-08	13-07	13-09		
FOUL				
12 Friend-Gray, Emeline		Dover	13-08.50	1
13-08.50	13-08	13-06.25		
FOUL				
13 Rudy, Olivia		Alvirne	13-03.25	1
12-09	13-03.25	12-11.50		
FOUL				
14 Knab, Evelyn		Exeter	13-01.50	1
12-08.25	11-11.50	13-01.50		
FOUL				
14 Coleman, Katie		Pinkerton	13-01.50	1
13-01.50	12-02	12-06.25		
FOUL				
16 Amadi, Lisa		Alvirne	12-11.00	1
12-11	11-11.50	12-04.50		
FOUL				
17 Ahern, Claire		Exeter	12-08.75	2
FOUL	12-08.75	FOUL		
FOUL				
18 Wright, Kelly		Windham	12-01.50	1
11-05.25	12-01.50	11-04		
FOUL				
-- McBride, Martelle		Exeter	FOUL	2
FOUL	FOUL	FOUL		
FOUL				